

# Baker's Breakfast Cocoa

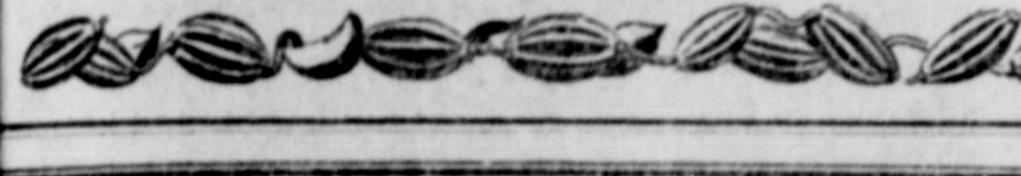
The Household Choice for many Generations

A delicious, pure and wholesome food beverage, made only of high grade cocoa beans, carefully blended and prepared by a perfect mechanical process, no chemicals being used

WALTER BAKER & CO. Limited DORCHESTER, MASS. Established 1780

Canadian Mills at Montreal

Booklet of Choice Recipes sent free



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does good work always—because it is built to do so. Even the less experienced operator finds good work easy, for the machine seems bound to turn out first class typing, however operated.

And don't forget the "natural touch" which makes its operation as easy, as simple, as natural as breathing or walking. To every typist we say "Try the touch." "The best ever," is the universal verdict.

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#### Steamship and Train

#### Service

Sailings from PRINCE RUPERT for VANCOUVER, VICTORIA, SEATTLE, THURSDAY and SUNDAY, 11.00 p.m.

OF ANYOX-WEDNESDAY

FOR STEWART -- SATURDAY S.S. PRINCE JOHN for VANCOUVER via QUEEN CHARLOTTE ISLANDS

ortnightly.

PASSENGER TRAINS LEAVE PRINCE RUPERT daily except Sunday at 1.30 a.m. for PRINCE GEORGE, EDMONTON, WINNIPEG, all points Eastern anada, United States.

Agency all Ocean Steamship Lines. Use Canadian National Express for Money Orders, Foreign Cheques, etc.,

also for your next shipment.

City Ticket Office, 528 Third Ave., Prince Rupert. Phone 260.



#### Canadian Pacific Railway B. C. Coast Services

### Sailings from Prince Rupert

Ketchikan, Wrangell, Juneau and Skagway-Nov. 13, 27, Dec. 11, 27. Vancouver, Victoria and Seattle-Nov. 2, 19, Dec. 3, 17.

PRINCESS BEATRICE.

For Butedale, East Bella Bella, Ocean Falls, Namu, Alert Bay.

Campbell River, and Vancouver every Saturday, 11 a.m.

Full information from-Agency for all Steamship Lines.

W. C. ORCHARD, General Agent. Corner of 4th Street and 3rd Avenue, Prince Rupert, B.C.

### Consider The Squirrel

He lays in his winter supplies while the choice is good and there is an abundance. When winter arrives, as it oes, his preparedness saves him a lot of worry and incon-

Man seems to be the most improvident creature. So many of us never think of the winter's fuel supply until the old spell is on us, yet we expect prompt deliveries with well prepared dry fuel.

Lay in your winter's stock of coal now without inconentencing yourself. We have a good stock of hard

NANAIMO-WELLINGTON COAL

nd can deliver it to you at anytime to suit you. Phone

s now at 116 or 117. Albert & McCaffery, Ltd.

#### Local and Personal

Arthur's Taxi. Phone 678.

B.C. Undertakers, Phone 41.

Scandinavian Dance tonight in Metopole Hall. Good music.

C. V. Evitt left by yesterday's train a business trip to Smithers. Try Foothills Stove Coal, \$13.09 per

No soot .- Philpott, Evitt & Co.,

morning for Vancouver. A Prince Rupert orchestra consisting of Miss Currie, Kenny Rood and Geo. Rorie, Jr., played at a Community Lea-

gue dance in Hazelton last night.

Miss Blanche Curtin, who has been for the past several months in Bellingham, Washington, returned to the city on the Prince Rupert this morning.

Capt, C. Kengeberg, a veteran explorer and trader of Arctic regions. came north on today's steamer from Vancouver and left by train for Ed-

C.P.R. steamer Princess Beatrice, Capt. S. K. Gray, arrived from the south at 8:30 this morning and sailed at 11 o'clock on her return to Vancouver and wayports.

Reduction in feed prices, first car load of Bulkley Valley grain just arrived. We are still handling our famus Edson coal in any quantities. Phone or 558. Prince Rupert Feed Co.

Alaskan town to Prince Rupert and then to Hazelton, motoring from there to southern British Columbia, into Washington at Osoyoos and then on to Seattle, were passengers on the Princess Mary yesterday afternoon returning north.

Mr. and Mrs. W. J. Crawford, who have been at New Westminster for the golden wedding anniversary of Mr. Crawford's parents, Mr. and Mrs. Alex Crawford, will pass through the city on the Cardena tomorrow afternoon returning to their home in Stewart. Their daughters, Muriel and Helen, are remaining in the south, the former attending the University of B.C. and the latter, Columbian College.

regular stops north of here.

A. R. Phillips, who conducts the oldest grocery business in this city, having established in 1909, sails along with his son on Sunday night for an extended tour travelling to England all the way by water, via Vancouver, Seat tle, San Francisco, Los Angeles, Panama Canal and the West India Islands to New York, where they will embark on the Cunard Liner Scythia for London. This will be Mr. Phillips' first visit home in twenty years. The Dybhavn & Hanson Steamship Agency arranged the itinerary.

#### ANNOUNCEMENTS. +++++++++++

Hill 60 I.O.D.E. Bazaar, October 30.

Moose Bazaar November 16 and 17.

Baptist Ladies' Aid Bazaar, Novem-

December 1

Established 1923



Exchange Block

Phone 109

Here is the Proof Mrs. Paul Lacourse, Balvenie, Ont., writes:-"I was very sick and weak and my system was in a run down condition. I had an almost constant pain in my head, and became so weak I could not do my work. I took some medicine given me by the Doctor, but it did not

eczema cleared up."

ropole Hall. Good music.

a brief trip to Vancouver.

Mary yesterday afternoon.

chell also came north.

this morning.

which is to leave dry dock next week

after extensive repair job, arrived on

the Prince Rupert this morning from

Vancouver. Third Engineer J. Mit-

F. H. Clendenning, Vancouver, mana-

treatment did me the world of good. I am now fine and healthy, am able to do my work without difficulty, and look after my six children besides. I can highly recommend Dr. Chase's Nerve Food to all women suffering as I was, as I consider it a splendid medicine for people in weak and run down Mrs. Jane Hooey. Nestleton, Ont., writes:-"For several years I suffered from what the doctor called nerve exhaustion and I also had eczema on my face. I suffered from sudden starting from sleep, brain fag, nervous irritability and indigestion. Every little undertaking seemed to become such a momentous thing even the preparing of the meals worried me to death an I left me tired out. On the advice of a friend who uses it. I tried Dr. Chase's Nerve Food and must say that it is the most effective medicine I have ever used, and I have tried a great many different

On her first run under the winter schedule which calls for her to make stops at Rivers Inlet, Ocean Falls and Bella Coola on the way north as well as her regular calls in the Skeena River etc., Union steamer Catala, Capt. A. Johnstone, arrived in port at 5.30 this morning and sailed at 9 o'clock on her return south. The Catala goes no further north than here, the Cardena. due here tomorrow afternoon, doing the Naas River as well as her other

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Presbyterian Lladies' Ald Bazaar, No-

vember 10.

St. Peters, Seal Cove, Sale of Work November 11.

November 18.

Anglican Church Bazaar, November

United Church Bazaar. December 2. Rural Dean T. J. Marsh, retired. Mr. ment." Testimony meeting on Wednes-Robinson, who came out from England day evening at 8 o'clock. in the spring, relieved for a while in the summer at Ocean Falls and has Special Denture Service just been at Vancouver where he was

son and family to the interior.

Edge Holding Saws Fast Easy-Cutting SAWS Guaranteed because made VANCOUVER, ST. JOHN, N. B

Scandinavian Dance tonight in Met-Capt. H. A. Edgecumbe, C.G.M.M. master, arrived from Vancouver on the Prince Rupert this morning on business The public library reopens on Mon- in connection with the repairing of the day at 1 p.m. after being closed ten Canadian Importer at the local dry

do me any good. I finally began to use Dr. Chase's Nerve Food, and this

I now feel relieved from the nervousness from which I suffered and

with the change in my health and the use of Dr. 'Chase's Ointment, the

You Are Not Sick

But Always Tired!

The Nerves are Tired and Exhausted and must

70U work and get tired; you sleep and eat and are again

But there comes a time when the nightly sleep and the

Not only are the voluntary nerves tired—those which

control the movements of the body—but the nerves which

miserable.

control the vital organs fail and you

know that your condition is serious.

Sleep fails and with loss of sleep

comes further debility, irritable tem-

per and the tendency to fear and

worry. Fear of a crowd, fear to be

alone, or the more common fear

of the future - these make life

There is a way to get away from

this condition and it is by using

Dr. Chase's Nerve Food to feed the

This is the only rational way to

restore the exhausted nerves. Nar-

cotics may stop pain by deadening

the nerves, but they do so at enor-

mous expense to the nervous system.

You will not be using Dr. Chase's

Nerve Food long before you discover

its upbuilding effect on the system.

Good, restful sleep, improved diges-

tion and a brighter outlook on life

will soon convince you that this

treatment is bringing back your old

time health and vigor.

starved and depleted nerve cells.

weekly day of rest are not sufficient to restore energy.

like a new being, ready for another day's work.

be nourished back to health and vigor.

Capt. Rae of the Salvation Army re-Farewelled by the president and other turned to the city this morning from officers and members of the Prince Rupert Board of Trade, Ald. C. G. Robson, F. W. Doherty, Hon. R. G. Reid Mrs. G. A. Rix, who has been on an and C. R. Morrison, who came here as extended holiday visit in Eastern Can- a delegation from Edmonton to inada, returned home on the Princess spect Prince Rupert's port facilities, re-

turned on this morning's train to the Alberta capital. L. B. Hampton, chief engineer of the C.G.M.M. freighter Canadian Importer,

### Church Notices

ST. ANDREW'S CATHEDRAL (Church of England)

ger of the Empire Shipping Co.; George Rector, Archdeacon G. A. Rix. McIver, Calgary, general manager of the Sunday Services at 11 a.m. and at Canadian Consolidated Wheat Producers 7.30 p.m. Holy Communion first Sun- ject: "Christian Confidence." Speaker, Rupert East United Church Bazaar, Ltd.; and H. J. Kepple Palmer, London, day of month at 11 a.m.; third Sunday P. H. Linzey. Sunday School will not England, a representative of English of month at 8 a.m. Sunday School will meet. Evening service at 7.30. Subshipping interests, arrived in the city not assemble until further notice. ject: "Monuments of the Old Testayesterday afternoon and returned south Preacher at morning service: Rev. F. ment." Speaker, Clifford Gilker.

Cassilis Kennedy, M.A.; evening, Rev. A.

W. Robinson, late of India.

Rev. and Mrs. A. W. Robinson and family arrived in the city this morning CHRISTIAN SCIENCE SOCIETY from Vancouver enroate to Terrace Service every Sunday morning in the where Mr. Robinson will become pastor Hays' Block, 245 Second Avenue. Subof the Anglican Church succeeding ject on Sunday Everlasting Punish-

· PRESBYTERIAN CHURCH

Morning service at 11 o'clock. Subject: ordained into the ministry. He will "Christ Seeking Sinners." There will preach tomorrow evening in St. An- be no Sunday School nor Junior Choir. drew's Cathedral and will proceed at Evening service at 7.30. Subject: "Sinthe first of the week with Mrs. Robin- ners Seeking Christ." Preacher, Rev. Chas. J. Cameron, M.A., Ph.D. A cordial welcome to all.

LUTHERAN CHURCH

St. Paul's English Lutheran Church, Metropole Hall, Third Avenue. Rev. Thos. D. Rinde, paster. Morning service at 11 o'clock. Sermon theme: "The Duty of Forgiveness." Sunday School will not meet. Evening service at 7.30. Sermon theme: "The Central

United Church Morning service at 11 o'clock. Ser-

mon 'topic-'Earthquakes."

Truth of the Reformation." Special

music by the choir. Everyone cordially

invited.

# Elbows, Stove Pipes, Dampers

Pokers Lifters

Dr. Chase's Nerve Food

The Greatest of Blood and Nerve Restoratives, 60 cts. a box, all dealers or

The Dr. A. W. Chase Medicine Co., Limited, Toronto 2, Canada

Collars Coal Hods

Stove Polish

Shakers Stove Boards Ranges and Heaters

Flue Stoppers Stove Brushes Stove Shovels

Thompson Hardware Co., Ltd. 255 Third Avenue.

School will not meet this week. Evening service at 7.30. Soloist, Alex. Clapperton. Rev. Geo. G. Hacker will be the speaker at both services. A bright church service is a good antidote for the worries of life. Come to the United Church on Sunday.

BAPTIST CHURCH

Morning worship at 11 o'clock. Sub-

Smith Block Phone 575 DESITION

THERE IS NO AMBIGUITY-NO MYSTERY AS TO THE AGE AND METHOD

OF MATURING OF

Importal

BOTH ARE PLAINLY STATED ON EACH BOTTLE READ THE GOVERNMENT STAMP-READ THE LABEL

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