Coa a "Man's drink" – there's health in every drop

The cup of Health at the Breakfast table that means Efficiency at the Business Desk

BAKER'S BREAKFAST COCOA

Has a full rich flavor delicious to the taste; it is invigorating and sustaining.

Henry C. Sherman, Professor of Food Chemistry, Columbia University, in his book "Food Products" says: "Cocoa, in addition to the stimulating property, due to the alkaloid theobromine, and the flavor which makes it popular both as a beverage and in confectionery, has a considerable food value."

WALTER BAKER & CO. Limited
ESTABLISHED 1780
DORCHESTER, MASS.
CANADIAN MILLS AT MONTREAL
Booklet of Choice Recipes sent free

Wright & Ditson Baseball Goods Tennis & Badminton

Sporting Goods

Made in Canada

Sold throughout the world. Every article bearing their name is guaranteed. Your money back. Catalogue mailed on request. Our prices are catalogue prices—same as Eastern Canada. The best that men can make for money buy. It is always wise and safe to purchase goods made by a dependable firm and sold by a dependable dealer who buys the best and stands back of the goods.

MacRae Bros. Ltd

THREE FLOWERS Preparations

For Exquisite Care of thhe Skin — Cleansing Cream, Skin and Tissue Builder, and Vanishing Cream . . 50c each
For the Face—Face Powder in white, natural and brunette . . . . . 75c and $1.00
Rouge, in dark, medium, and light shades 50c
Lipstick and Eyebrow Pencils, each 35c
Brilliantine, Talcum Powder, Soap and Perfume.

With each $1.00 box of Three Flowers Face Powder we are giving a package containing six trial size Three Flowers Preparations Free.

There is also a booklet on Dressing Table Arts you may have for the asking.

Ormes Limited

The Rexall Store — 3rd Avenue and 6th Street.
Pioneer Druggists — Phones 82 and 200

Seagrass Chairs and Rockers

$7.35 and $7.75

and

Wicker Furniture

of all kinds

Rockers, Centre Tables and Library Tables, Window Jerneries and Jardiniere Stands are now in season.

BARRIE'S Home Furnishings

(One door east of Daily News Office)
3rd Avenue. Phone 123

Local and Personal

Phone 15. P.R. Coal Co. tf

Arthur's Taxi. Phone 678. tf

B.C. Undertakers. Phone 41.

Cameron's Dance Orchestra. Phone 177. tf

Trappers! See Goldbloom, the fur man, first.

Mrs. P. M. Monckton of Terrace sailed this afternoon aboard the Cardena for Seattle.

Mr. and Mrs. J. A. O'Donnell, who arrived in town from the south a week ago, will sail tonight on the Prince John for Massett.

W. O. Fulton, vice-president, presided last night at a well-attended meeting of the Board of Trade, in the absence of the president, Olof Hansen.

At the Board of Trade meeting last night Philip Rae reported sending photographs and data regarding Prince Rupert Harbor to Harbor and Shipping for publication.

A. Watt, C.N.R. divisional master mechanic, is a visitor in the city. He arrived from Prince George on Yesterday's train and will return to the interior this evening.

The Board of Trade last night received a communication from the provincial geographer asking for data as an aid in connection with the publication of a map of the district. This was referred to the publicity committee.

The following committee has been appointed to take charge of the Gyro Club's annual hoedown dance which will take place in the Auditorium on April 9: F. E. Robertson, C. C. Mills, D. P. Stork, G. R. Tite and Howard Frizzell.

BLANKET SPECIAL.—For a period of two weeks commencing March 1, we offer you a special reduced price of 35c for single and 50c for double blankets. We guarantee to wash your blankets without shrinking. Give us a trial. Just phone 118 and we will do the rest. Pioneer Laundry, Ltd., Third Avenue and McBride. 55

The annual meeting of the Municipal Chapter, I.O.D.E. will be held in the I.O.D.E. Hall on Monday, March 8, at 8 p.m. Musical program will be given followed by an address by the Rev. Walter Allan on "The League of Nations." Refreshments will be served. An invitation is extended to the ladies of Prince Rupert.

Uniform laws in regard to joint stock companies may be brought about in Canada as a result of action being taken by the department of the secretary of state. The Board of Trade recently endorsed the proposal and last night a letter was read to the Board from Thomas Mulvey of the secretary of state department expressing appreciation of the action of the board.

Mr. and Mrs. J. Macdonald and son, who have been visiting in the city for the past few days, will return to Buckley Bay on the Prince John tonight. Mr. Macdonald, who is in charge of the Massett Timber Co. plant at Buckley Bay, which is now closed down, says there have been no new developments there lately. Further activities will it is expected be decided upon at a directors' meeting to be held within the next few weeks.

ANNOUNCEMENTS

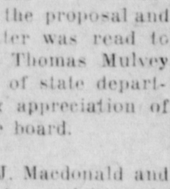
Hill Sixty I.O.D.E. Scottish Dance, March 12.

First United Church Easter Sale March 27.

Gyro Hoedown Friday, April 9, in Auditorium.

Croup at Night

Can be checked in 15 minutes by rubbing throat and chest with Vicks. Used at bedtime this treatment usually averts a night attack.



VICKS VAPORUB

AGONIZING RHEUMATISM

OF 5 YEARS STANDING COMPLETELY RELIEVED BY "FRUIT-A-TIVES"

MR. JAMES DOBSON

"Be good enough to publish for the information of Rheumatism sufferers how "Fruit-a-tives" relieved my Rheumatism which had at least five years' standing. "The trouble was in my right hip and shoulder; the pain almost unendurable. This kept up until I started to take "Fruit-a-tives". After a continuous treatment for about six months, I am now in first-class condition. This, I attribute to my persistent use of "Fruit-a-tives."

The above is the letter which Mr. James Dobson of Bronte, Ont., wrote after trying the wonderful Fruit Treatment — "Fruit-a-tives" — which consists of intensified fruit juices combined with tonics. If you suffer with Rheumatism, "Fruit-a-tives" will make you well and keep you well. 25c. and 50c. at dealers.

Sheddon's Taxi and Messenger Service. Phone 134. tf

SPRING COATS just arrived. Prices reasonable. Mrs. Grahlman. 56

T. G. Williams of the local Bank of Montreal staff sailed this afternoon on the Cardena for Vancouver.

Electrolysis for the removal of superfluous hair, warts, moles, etc. Scientific face massage, haircutting. Mrs. Stephen. Phone Black 625. tf

E. J. Atherton of Vancouver, after having spent the past week in Prince Rupert and Stewart on business, returned south on the Cardena today.

Southbound from Anyox and Naas River ports to Vancouver Union steamer Cardena, Capt. J. A. Findlay, was in port from 1 to 2 o'clock this afternoon.

W. Duncan, late of the Bryant & Greer staff here, sailed on the Cardena this afternoon for Claxton where he is taking a position on the cannery store staff.

A letter asking the Board of Trade to co-operate in regard to a movement to prevent price-cutting in the retail trade was last night referred to the Retail Merchants' Association, by the Board.

A letter dealing with the unloading of cargoes at this port sent to the Board of Trade by the Longshoreman's union was read at the meeting last night and referred to the labor committee.

The annual meeting of the Canadian Club, which was to have been held last night, has been postponed until the call of the chair, W. E. Fisher, the president, being at present out of the city.

The following passengers sailed from here for Vancouver aboard the Cardena this afternoon: Albert Berg, Mrs. R. W. Sinclair, Mrs. P. M. Monckton, Mrs. W. J. Barque, T. G. Williams, D. Neilson and J. Duncan.

An appeal for help for the Queen Alexandra Solarium for crippled children received by the Board of Trade was at last night's meeting filed. The letter stated that Vancouver Island had contributed $22,000 and they were asking $15,000 from the rest of the province.

Raymond Fisher, son of Mr. and Mrs. W. S. Fisher of this city, is now in the Sacramento Valley, California, completing post-graduate course in agriculture from the University of California. Shortly he will return to Victoria to resume his duties with the provincial government.

Church Notices

First Presbyterian Church

Morning worship at 11 o'clock. Sacrament of the Lord's Supper. Admission of members. Subject: "The Heart of the Gospel." Sunday School and Bible Class at 12.30. Come and bring your children. Evening service at 7.30. Subject, 'Still working wonders." All cordially invited.

Lutheran Church

St. Paul's English Lutheran Church, Metropole Hall, Third Avenue. Rev. P. E. Baisler, B.D., pastor. Morning service at 11 o'clock. Sermon topic: "What think ye of the Christ?" Sunday School at 12.15. Luther League at 6.30. Topic: "Lives transformed by Christ." Leader, P. Pedersen. Evening service at 7.30. Study of Christ's Life, illustrated by some seventy pictures.

First Baptist Church

Morning service at 11 o'clock. Subject: "The Church at Ephesus." Speaker, P. H. Linzey. Sunday School at 12.30. Evening worship at 7.30. Subject. "The Way." Preacher, Rev. W. W. Wright. Soloist, Mrs. Millar. We offer you a warm welcome to worship with us at these services.

Christian Science Society

Service every Sunday morning at 11 o'clock, in the Hays Block 245 Second Avenue. Subject on Sunday. "Man." Weeknight meeting on Wednesday evening at 8 o'clock. Testimony.

Salvation Army

A place where you will meet your friends. Saturday at 8.15. One hour's worship for the busy shopper. Sunday at 11. Subject: "God's Command." Sunday School at 2.30. Evening at 7.30. Subject: "Before Winter comes." This will interest you. Song service you will enjoy. Captain Rea will speak at both services. Birthday party and musical treat on Monday. Young People at 4.30 Adults at 8. Tuesday and Friday, Scouts and Guards. Public meetings Wednesday and Thursday. Come.

Rupert East Gymnasium Church

The Friendly Church, Seventh Avenue, off Donald Street. Pastor Rev. Evan Baker. Sunday School at 2.30. Church service at 7.30. Subject Sunday evening, "Progressive steps in the idea of God." Gymnasium program during the week.

First United Church

The Church of Service. Rev. G. G. Hacker, pastor. Miss Isabel Haddock, deaconness. Morning service at 11 o'clock. Topic, "Miracles of Healing." Sunday School at 2.30. Evening service at 7.30. Topic: "Christ's attitude towards organized government." These topics are Lenten Bible studies which have been proving very interesting.

NOTICE.

Any person found cutting fallen timber or trees of any description on the Skeena Highway, without first obtaining a permit, will be prosecuted.

Permits may be granted on application to H. A. McLean, City Engineer. 55

Having been at Port Edward since early morning unloading general supplies and a large quantity of timber which is to be used in wharf and building reconstruction work at the Skeena River Packing Co.'s cannery, C.P.R. steamer Princess Beatrice, Capt. Thomas Cliffe, will not arrive here until late this afternoon.

TOO LATE TO CLASSIFY

FOR PRICES on Laying Stock, pullets, baby chicks or hatching eggs, write Lambley Bros., P.O. Box 375, Prince Rupert, B.C. All stock from Solly's Wyandotte pens. 61

FOR QUICK SALE. Household furniture, contents of five roomed bungalow. Phone Blue 541. 56

BABY'S OWN SOAP

Thousands of Mothers prefer it to others.

ALBERT SOAPS LIMITED, MONTREAL. 6-26

Always a Smooth Road Ahead—With DUNLOP BALLOON TIRES

For the business man who finds it essential to keep appointments promptly—

For steady everyday use on the Doctor's car—

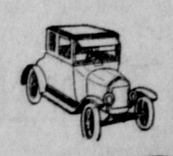
For motorists on recreation bent—

For the hard knock-about service of the travelling man—

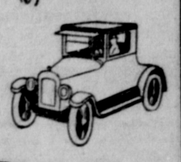
For the motorist who only takes a little jaunt now and then—

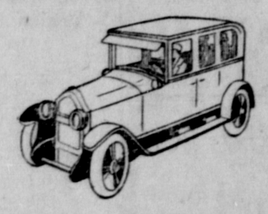
DUNLOP TIRES

are satisfying all needs in a way that is multiplying friends who base their buying on what a tire can do.

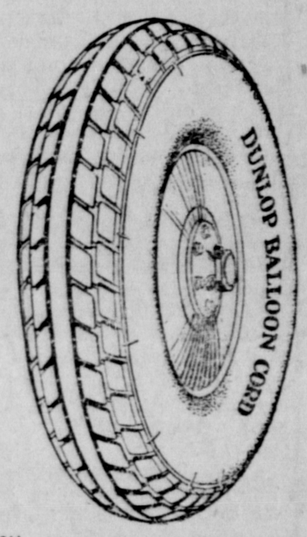


Dunlop Tires, Belting, Hose, Golf Balls, etc.





DUNLOP TIRES



Users of Dunlop Tires enjoy the benefits of the most competent and highly-paid tire experts engaged in the industry. There is no feature of excellence in tire construction that is not incorporated in Dunlop Tires, which are serviced in all parts of the world. No matter where you travel, if you need tires, you can get Dunlop with Dunlop satisfaction and fair price from efficient Dunlop Official Service Depots.

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DEMAND "Rupert Brand" Kippers

"THE DAINTIEST BREAKFAST FOOD."

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Prince Rupert, B.C.

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LUMBER—Timbers, Dimension, Shiplap, Fir Finish, Flooring, V Joint, Rustic and Bevel Siding, Cedar and Fir Boat Lumber, Fir and Cottonwood Veneer, Mouldings, Shingles, Kolored Shingles, Lath, Oak, Hardwoods, Sash and Doors, Wood Pipe.

CEMENTS, Etc.—Portland Cement, Keene's Cement, Asbestos Cement, Hardwall Plaster, Plaster of Paris, Plaster Board, Lime, Hydrated Lime, Fireclay.

BRICKS, Etc.—Common Brick, Fire Brick, Pressed Brick, Agricultural Tile, Vitrified Pipe, Flue Lining.

MISCELLANEOUS — Nails, Building Paper, Tar Paper, Rubberoid Roofings, Johns, Manville's Asbestos Roofings, Asphalt, Asphalt Roofing Papers, Sand and Gravel.

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