

The Foundation of Charm is **HEALTH**



A little ABBEY'S in a glass of water each day helps nature keep you well. ABBEY'S makes a drink alive with laughing bubbles. You'll like its cool, clean taste and its gently corrective action.

ABBHEY'S
"The Morning Health Salt"

Local and Personal

Arthur's Taxi. Phone 678. 17
B.C. Undertakers. Phone 41.
Crystal Firefighters, 48 for \$1.00. Hyde Transfer. Phone 580.
St. Andrew's Society Picnic. Sunday, August 1, Digby Island. Tickets 50c.
Mrs. Kirkham was a passenger for Vancouver on the Union steamer Catala this morning.
Mrs. O. Smith and three daughters have returned to the city after spending three months visiting in Victoria.
Mrs. L. W. Kerzin of Prince Rupert is a visitor in the city and is a guest at the Empress Hotel. Victoria Colonist.

for Nervous Headache



A scow load of box lumber arrived in port last night from the Brown sawmill, Es-tall River, in tow of the power boat Sloy.
Try the famous Foothills Stove Coal for summer use. \$13.00 per ton delivered. Quick fire, no soot. Phone 648, Philpott Evitt & Co. Ltd. 172

Church Notices

Presbyterian Church
Morning worship at 11 o'clock. Subject, "The Ministry of Jesus." Evening service at 7.30. Subject, "The Scarlet Thread." Preacher, Rev. Chas. J. Cameron, M.A., Ph.D.
St. Andrew's Cathedral (Church of England)
Sunday Services
Morning 11.00 a.m.
Evening 7.30 p.m.
Preacher: Rev. A. W. R. Ashley, of Stewart, B.C.
Christian Science Society
Service every Sunday morning in the Hays' Block, 245 Second Avenue. Subject on Sunday, "Truth." Testimony meeting on Wednesday evening at 8 o'clock.
Baptist Church
Sunday School at 10 o'clock. Morning service at 11. Subject, "The Seaward Look." Evening worship at 7.30. Subject, "The Business of Fools." You are cordially invited to an hour of worship and thought.
Lutheran Church
St. Paul's English Lutheran Church, Metropole Hall, Third Avenue. Rev. Thos. D. Rinde, pastor. Morning service at 11 o'clock. Sermon theme, "Beware of False Prophets." Solo by Mrs. J. Field. Everyone cordially invited. No evening service on Sunday School.
Swedish Lutheran Church
Morning worship at 11 a.m. Evening Gospel service at 7.30. Subject, "God's Gracious Call to Sinners." Prayer service Saturday evening at 7.30. All these services in Swedish. All Scandinavians cordially invited.
United Church
Bright summer services at 11 a.m. and 7.30 p.m. Rev. Geo. G. Hacker is the speaker and has chosen as his topics the two characteristics of the greatest leader in the early Christian Church. Morning, "When I Was Busy." Evening, "They Found me in Church." Evening soloist, Mr. Shute. Come and enjoy these services.



Progress

SOUND business principles and a policy of gradual expansion have marked the steady growth of this Bank for over fifty years. Today, one of the largest and strongest banks in the world, it serves every phase of business and private life at home, and is taking a leading part in the expansion of trade in foreign markets.

The Royal Bank of Canada

Prince Rupert Branch - F. E. Robertson, Manager

Just Arrived

Another shipment of the

Orthophonic Consolettes

\$115.00

GRANADA \$200.00
CREDENZA \$365.00

Music—perfect music—is part of one's life. It affords pleasure for the grown up and is an essential part of the child's training.
At your service—so are we. Come. We wish you to hear them.

McRae Bros. Ltd

Mrs. F. W. Allen sails on the Prince George this afternoon on a combined business and pleasure trip to Vancouver and Seattle.
Mrs. J. V. Clegg of Victoria was a passenger on the Prince George yesterday bound for Stewart where she will join her husband.
Mrs. Foss and family are leaving the city on today's steamer for the south and expect to locate in either Vancouver or Seattle.
Alonzo Haines, chief clerk in the C.N.R. superintendent's office, returned this afternoon from a brief trip to Smithers on railway business.
C. McKinnell, Ira McAllister and E. Erlendson will return to Ocean Falls on the Prince George this evening after having spent a couple of days in town.

Mrs. N. Beveridge and son, Norman Shortt, will sail on the steamer Prince George this afternoon on a holiday trip to Vancouver and southern cities.
C.P.R. steamer Princess Louise, Capt. A. Slater, is due in port from Skagway, Alaska, at 3.30 o'clock this afternoon and will sail for the south at 5 p.m.
Mrs. V. W. Smith of Edmonton, after having spent the week visiting in the city with her sister, Mrs. S. V. Reith, returned to Alberta on this morning's train.
C.P.R. steamer Princess Beatrice, Capt. S. K. Gray, docked at 3.45 o'clock this morning from Vancouver and waypoints and sailed on her return south at 11 o'clock.

Regular meeting of Prince Rupert Assembly No. 44, Native Sons of Canada in Metropole Hall, Monday, July 26, at 8 o.m. Report of the representative on Grand Council proceedings will be given. All members please attend. 177

The auxiliary sailing schooner Talayha, on board of which Mr. and Mrs. Lazard Lippman and family of San Pedro are making a trip to Alaska, faced out this morning at 7.45 into the southeast gale bound for Ketchikan, the next port of call.

Rev. Andrew G. Anderson of Vancouver, field secretary and missionary of the Lutheran Augustana Synod, arrived in the city yesterday afternoon following a tour through the interior. He will preach here on Sunday and will leave for the south on Tuesday evening.

Chief Petty Officer Instructor Kinch, who has been in charge of training of the local unit of the Royal Canadian Naval Volunteer Reserve for the past eighteen months, during which time he has proved himself an efficient and popular instructor, sails on the Prince George today for Esquimalt en route to Winnipeg to take over the training of the R.C.N.V.R. at that point. C.P.O. Instructor Kinch has been succeeded by C.P.O. Instructor Dawes of Winnipeg.

Knights of Columbus Basket Picnic to Digby Island Sunday July 25. Boats leave Dominion Fisheries float from 10 to 1 p.m. Coffee, tea and milk supplied. Adults 50c. Everybody welcome.

Mary Lambertson, one of the winners of the Vancouver Sun's spelling bee and who was here at Easter with the party of winners, enjoying a trip north as a prize, was winner of the Governor General's bronze medal for South Vancouver district at the recent entrance examinations.

Union steamer Catala, Capt. A. Johnstone, arrived from Vancouver and waypoints at 5 o'clock yesterday afternoon proceeding to make her calls in the Naas River at 6 o'clock. The steamer returned from the canneries at 9 o'clock this morning and sailed for Vancouver via the Skeena Slough at 10 o'clock.

J. McHugh, resident engineer for the department of fisheries with headquarters in Vancouver, arrived in the city yesterday to discuss details of the plans for the new Dominion government biological station with John Dybbavn, Pacific coast member of the biological board. Upon confirmation being received from the fisheries department at Ottawa, the work of building the station on the provincial government wharf will be proceeded with immediately.

CITY LIGHT DEPARTMENT

Notice

Light and power will be off for two hours Sunday, July 25, between 5 a.m. and 7 a.m.

TOO LATE TO CLASSIFY

FOR SALE.—Ten acres improved land at Terrace. Furnished house, crops; cheap for cash. Phone Red 285. 177

WIRELESS REPORT

8 a.m.
Dead Tree Point—Barometer 30.08; temperature 51.
Bull Harbor—Part cloudy; fresh southwest wind; barometer 29.86; temperature 55; sea choppy; 6 p.m. spoke steamer Coraco bound Ketchikan for Seattle; 8 p.m. spoke steamer Amur bound; Anyox for Tacoma 359 miles from Tacoma; 8 p.m. spoke Admiral Rodgers 199 miles from Hidden Inlet northbound; 8 p.m. spoke motorship Apex 194 miles from Ketchikan northbound; 8 a.m. spoke steamer Camosun left Boswell canery 7.30 a.m. bound Rivers Inlet; 8 a.m. spoke tug Gape Scot' at Safety Cove.
Digby Island—Cloudy, fresh southeast wind; barometer 29.84; temperature 54; sea rough; 6 p.m. spoke steamer Catala left Prince Rupert northbound; 10 p.m. spoke steamer Catherine D. bound Ketchikan for Bellingham 56 miles from Ketchikan; 8 p.m. spoke steamer Lakina bound Seattle for Ketchikan 71 miles from Ketchikan.

Noon
Dead Tree Point—Barometer 30.08; temperature 61.
Bull Harbor—Part cloudy, calm; barometer 29.92; temperature 58; light swell.
Digby Island—Overcast, fresh southeast wind; barometer 29.96; temperature 59; sea moderate.

HOTEL ARRIVALS

Prince Rupert
Mr. and Mrs. A. C. Campbell and C. B. Godderlam, Ottawa; Mr. and Mrs. E. J. Fingley and John P. Babcock, Victoria, M. and Mrs. Charles B. Bath, Gillingo; R. P. Baker, T. F. Foley, W. J. Jefferson, Charles A. Zinzrich, W. R. Hickman, J. McHugh, E. A. Heaphy and Thomas A. Kelley, Vancouver; C. H. Bue-low, Tacoma; E. Watt, Horace Seymour and Master David Seymour, Toronto; I. McAllister and E. Erlendson, Ocean Falls, A. C. Dutchinson, Montreal; Smit A. Urell, Balnoral; A. Fisk, Prince George, S. Service, Terrace; J. A. Brown, Hoscalk River

Central
Mrs. E. L. Hartwig, Nelson; W. D. McNamara, Telegraph Creek; Fred Forrest, Vaughan, Washington; Saul Gottlieb, Toronto. Mr. and Mrs. George Thall, Chicago; Mr. and Mrs. George A. Connor, New York City; L. Garfi and W. F. Taylor, C.N.R. Rev. A. G. Anderson, Vancouver; L. F. Coles, Vancouver; A. V. Beekingham, Port Edward; C. Jetter, Captain's Cove; Edgar Hooper, Kitchikan.

AROUND WORLD FLYER WEDS L. A. WOMAN

LOS ANGELES, July 24.—Captain Lowell H. Smith, leader of the around-the-world airplane flight, and chief engineering officer of Rockwell Field, San Diego, and Mrs. Madeline C. Symington of Los Angeles, were hurried here recently and a short time afterward sailed for Honolulu, where Captain Smith will take charge of the army aviation field.

Advertise in the Daily News

PRINCE RUPERT TIDES

Sunday, July 25
High 1.01 a.m. 22.4 ft.
13.58 p.m. 19.7 ft.
Low 7.44 a.m. 1.1 ft.
19.46 p.m. 6.3 ft.

Monday, July 26
High 1.47 a.m. 22.7 ft.
14.11 p.m. 20.2 ft.
Low 8.27 a.m. 0.6 ft.
20.34 p.m. 5.6 ft.

SEND IT TO THE LAUNDRY

ALL CLASSES OF LAUNDRY WORK

Including three distinct services for Family Work, viz: SOFT FINISH, THRIF-T-SERVICE and WET WASH at most reasonable prices.

DRY CLEANING, PRESSING AND REPAIRING

Pioneer Laundry and Dry Cleaners

Phone 118—and we will do the rest.

Bus and Taxi Meets all Trains and Boats.

ROYAL HOTEL

J. ZARELLI, Proprietor. P.O. Box 196

Phone 34

Simmon's Steel Beds, Springs, and Ostermoor Mattresses in every room.
52 Rooms, Hot and Cold Water, Baths and Showers. Steam Heated, Electric Light.

Corner of Third Ave and Sixth St. PRINCE RUPERT, B.C.

FREE : LECTURE

on

Christian Science

By DR. JOHN M. TUTT, C.S.B., of Kansas City, Missouri.

Member of the Board of Lectureship of The Mother Church, The First Church of Christ Scientist, in Boston, Mass. in the Westholme Theatre

Sunday, July 25, at 8.30 p.m.

THE PUBLIC IS CORDIALLY INVITED TO ATTEND

DR. WATSON'S TONIC

ALE and STOUT

The Health Beverage

Nothing else on the market has its tonic qualities. 75c Packet Makes 3 Gals.

M. ALLEN AND CO. Bond Building Toronto

Circus in town

THE TWISTUM CIRCUS NOW SHOWING

Elephants, Lions, Tigers, Bears, Giraffes, Wolves, Etc.

SEE OUR WINDOW

The Newest Thing in Toys—Durable and Washable. If not abused, will last for years.

Bull Dog, Wolf, Rabbit, Cat, Pig, Bear, each \$1.00
Lions and Tigers, each \$1.25
Wampus Cats, each \$1.85 and \$1.50
Elephants and Camels, each \$1.85
Dinosaurs, each \$2.25
Giraffes, each \$3.00

Ormes Ltd.

The REXALL STORE - The PIONEER DRUGGISTS
3rd Avenue and 6th Street Phones 82 and 200

DEMAND

"Rupert Brand" Kippers

"THE DAINTIEST BREAKFAST FOOD."

Smoked Daily by

Canadian Fish & Cold Storage Co., Ltd.

Prince Rupert, B.C.

CANADIAN NATIONAL RAILWAYS

Steamship and Train Service

Sailings from PRINCE RUPERT for VANCOUVER, VICTORIA, SEATTLE, each MONDAY and THURSDAY 4.00 p.m., SATURDAY, 6.00 p.m. For ANYOX and STEWART—MONDAY, FRIDAY, 4.00 p.m. For ALASKA—WEDNESDAY, 4.00 p.m. For MASSETT INLET—MONDAY, 4.00 p.m. For SKIDGATE INLET and SOUTH QUEEN CHARLOTTE ISLANDS, fortnightly.

PASSENGER TRAINS LEAVE PRINCE RUPERT daily except Sunday at 11.30 a.m. for PRINCE GEORGE, EDMONTON, WINNIPEG, all points Eastern Canada, United States.

Agency all Ocean Steamship Lines. Use Canadian National Express for Money Orders, Foreign Cheques, etc., also for your next shipment.

City Ticket Office, 528 Third Ave., Prince Rupert. Phone 260.

CANADIAN PACIFIC RAILWAY

Canadian Pacific Railway B. C. Coast Services

Sailings from Prince Rupert

To Ketchikan, Wrangell, Juneau and Skagway—July 5, 9, 12, 16, 19, 23, 26, 30. To Vancouver, Victoria and Seattle—July 7, 10, 14, 17, 21, 24, 28, 31.

PRINCE GEORGE SERVICE
Campbell River, and Vancouver every Saturday 11 a.m. For Butedale, East Bella Bella, Ocean Falls, Namu, Alert Bay.

Agency for all Steamship Lines. Full information from—W. C. ORCHARD General Agent. Corner of 4th Street and 3rd Avenue, Prince Rupert, B.C.

UNION STEAMSHIPS LIMITED

Sailings from Prince Rupert

for VANCOUVER, VICTORIA, Swanson Bay, and Alert Bay, Tuesday, 6 p.m. for VANCOUVER, VICTORIA, Alert Bay, and Swanson Bay, Saturday, 10 a.m. For PORT SIMPSON and Naas River Canneries, Thursday p.m. For PORT SIMPSON, ANYOX, ALICE ARM, STEWART, Sunday, 8 p.m. 128 2nd Avenue. J. Barnsley, Agent. Prince Rupert, B.C.

PAIN from Bladder Irritation

Soon eased by **SANTAL MIDY**

Beware of Imitations. Look for the word "MIDY" Sold by all druggists. Relieved by