-from the most delicious of hot breakfasts

For energy that "stands by", start the day with Quaker Oats.

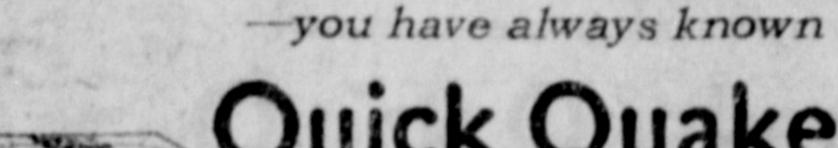
Authorities agree that oats is the greatest food that grows-contains more protein than any other cereal; is rich in carbohydrates and well supplied with minerals and health-promoting vitamines.

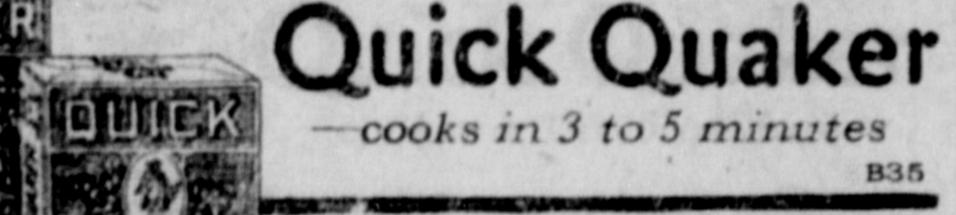
"Quaker Oats and Milk for Breakfast" has become the habit of millions of people in all parts of the world. Their sparkling eyes and ruddy cheeks are its best endorsement.

Regular Quaker Oats, and Quick Quaker-the only quick-cooking oats with the rare Quaker flavour.

Grocers have both kinds. In sealed cartons only.

Quaker Oats





Page and Shaw's CHOCOLATES

The Candy of Excellence

A NEW SHIPMENT JUST ARRIVED

Assorted Chocolates, 1 lb.	box	es.							\$1.00
Assorted Uhocolates, 2 lb.	box	es							\$2.00
Hard Centre Chocolates, 1	16.	bor	xes						\$1.00
Hard Centre Chocolates, 2	lb.	bo	xes						\$2.00
Assorted Nut Chocolates,	1 lb	. bi	oxe	8					\$1.25

We also have GANONG'S, NEILSON'S and MOIR'S Chocolates in bulk and in 1 lb. and 2 lb. boxes.

Ormes Ltd.

PHONES 82 and 200

DEMAND

"Rupert Brand" -Kippers -

"THE DAINTIEST BREAKFAST FOOD."

Smoked Daily by

Canadian Fish & Cold Storage Co., Ltd.

Prince Rupert, B.C.

Everything for the Builder

LUMBER-We have the most complete stock of timbers. dimensions, shiplap, fir finish, flooring, V joint. veneers, etc., in Northern B.C.

We can supply everything in a building from the foundation to the last piece of finish.

Before buying inspect our stock. It will pay you. Our prices are right.

Albert & McCattery, Ltd. Phones 116 and 117

Arthur's Taxi. Phone 678

B.C. Undertakers. Phone 41.

Hyde Transfer. Phone 580

Alice Arm.

Mrs. G. A. Bryant sails tonight by th Prince George for the south on holiday trip.

pert Coal Co.

round by round.

the Prince Rupert General Hospital, is reported to be making satisfactory progress.

Laren, Ltd.

All cows in the Prince Rupert Dairy passed the T.B. test for the third time in the past year.

Local Improvement Taxes are due October 1. Unless paid by that date a 10 per cent. penalty will be imposed Those interested please note.

F. G. Dawson will leave tomorrow morning for Montreal where he will at tend a meeting of directors of the Canadian National Railways.

Mrs. R. Leighton was fined \$25 at for having liquor in her She is an Indian.

Robertson is manager of Seeley & Co a Vancouver insurance concern.

Charlotte Island logging operator, rived in the city last night and registered at the Prince Rupert Hotel.

in a Fair Week boxing contest, returns to Vancouver on the Prince George this

tachment of the provincial police, is patient in the hospital, having under gone an operation.

The tea and sale held yesterday afternoon by the Presbyterian Ladies' Aid at the home of Mrs. David Thomson. Second Avenue, was a most successful event, the sum of \$32.35 being realized.

The herd of sixteen milch cows at Woodcock belonging to W. C. Little has been government tested for tuberculosis and found free. His barns are ton, manager of the "Nag" Paint Comalso certified sanitary and free from pany and an old timer here, died this next week and will address the local that disease.

FINED \$300

A. T. Eckoff, Regent Hotel, was fined \$300, with the option of three months' imprisonment, by Magistrate McClymont in the city police court yesterday afternoon. He was found guilty of having liquor in a room other than a ature, 43. private guest room. E. F. Jones, city solicitor, prosecuted and Milton Gon-

zales acted for the defence. +++++++++++++ ANNOUNCEMENTS. ++++++++++++

Anglican Church Bazaar, November Baptist Ladies' Aid Bazaar, Novem-

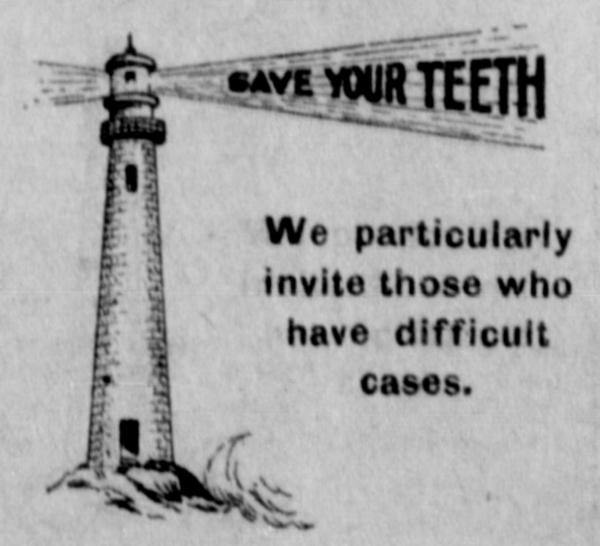
St. Andrew's Society Ladies Auxiliary Bazaar, October 8. Royal Purple Sale of plain and

tober 16. Hill 60 I.O.D.E. Bazaar, October 30.

Presbyterian Lladies' Aid Bazaar, No. vember 10.

United Church Bazaar, December

Established 1923 CONSULTATIONS FREE



DKL L LENNI

DENTIST Exchange Block

MOVEMENT OF PARIAHS TO-WARD CHRISTIANITY HAVING UPLIFTING EFFECT

BOMBAY, India, Sept. 23. - India's on im- unique phenomenon of mass conversions proved property. H. G. Helgerson Ltd. to Christianity from among the outcastes is receiving interpretations suf-Try Foothills Stove Coal, \$13.00 per ficiently varied to create an important No soot.—Philpott, Evitt & Co., controversy. The publication of a book on the subject by a native Indian, Puthenveetil O. Philip, one of the secretaries penter, has returned to the city from of the National Christian Council of which is doing much to clean up a

The title and contents of his work, "The Depressed Classes and Christianity." both serve to join the battlie. Mr. Best Ladysmith-Wellington Coal, \$9.00 Philip's thesis is that the higher castes and \$12.50; sootless \$11.00. Prince Ru- have a selfish interest in preventing the 225 servant classes or "untouchables" from gaining religious and social liberty. He Fight returns at Grand Terminal Club contends that the issue is economic as this evening commencing about 5.15, well as religious. At this point his critics do not make bold to assail him, but complain of "proselytizing" by Mrs. Frank Fitch, who is a patient in Christian missionaries.

> NOT RELIGIOUS PERSECUTION The author gives instances of bitter persecutions which have been waged against the outcastes by high caste

In our gift de- people, not because they cared whether the pariahs became Christian or not, but \$3.90. See our window. J. Lorne Mac- because they feared that, if they did 224 become Christian, the high caste people would lose their hold on them. The persecutors would thus be deprived of Woodcock have successfully the services of what were practically

> Indian Social Reformer," an educated non-Christian says in part

> wholesale conversions of the depressed classes, but the same cannot be said from the Hindu part of view. We have often pointed out the excellent work done by the Christian missionaries in felt bound to protest strongly against their proselytization propaganda."

pariors by the Ladies' Aid of the First CANADIAN REJOINDER The Hindu editor goes on to claim tea room are Mrs. Anderson, Mrs. Thurber, Mrs Houston and Mrs. James Church in recent years. This the Central lidia Torch, organ of the United Hampton. Mrs. Hammond and Mrs. Church of Canada Mission, vigorously Frank Morris are in charge of the home Thomas A. Kelley, well known Queen denies. "It is one of the chief causes cooking table. but not the sole cause," says the Torch. speaking for a mission which at pre- NOVELTY TEA AND sent is trying with difficulty to cope

> ward the Church. The Bishop of Dornakal, himself of Indian blood, rejoices with Mr. Phillip Affair at LO.D.E. Hall this Afternoon is that the Christian forces are "teaching the outcaste self-respect and patriot-

The Hindu writer, Mr. Nataranjan, half times as many Christians in India as thirty-five years ago. He calls or all India to renounce the doctrine and practice of "untouchability."

VICTORIA BUSINESS MAN DIED TODAY AS RESULT OF ACCIDENT

VICTORIA, Sept. 23.—Sydney R. New- Victoria, chairman of the Returned 221 morning as the result of injuries re- branch of the Canadian Legion. ceived Wednesday when he was struck by an auto on the Germain road.

WEATHER REPORT

Prince Rupert.-Clear, calm, temper-Terrace.--Clear, calm, temp. 36. Anyox.-Clear, calm, temp. 40. Stewart.-Clear, calm, temp. 26. Hazelton, Clear, calm, temp. 26. Telegraph Creek .- Clear, calm, temp.

Smithers.-Clear, calm, temp. 37. Miss Aleita Mitchell. Burns Lake .- Clear, calm, temp. 30. Whitehorse .- Clear, south wind, temp

Dawson -- Clear, clear, temp. 29

WIRELESS REPORT

DIGBY ISLAND .-- Clear; barometer, of keeping liquor for sale and was fancy sewing and home cooking, Oc- 30.65; temperature, 43; sea smooth. fined \$300 by Magistrate McClymont, DEAD TREE POINT .- Barometer, 30 .- with the option of three months' im-12: temperature, 40.

BULL HARBOR.-Clear, light south- presecuted and Milton Gonzales apeast wind; barometer, 30.30; tempera-| peared for the defence. ture, 40; light swell; 7:45 p.m. spoke steamer Princess Louise abeam Alert Bay southbound; 9:40 p.m. spoke steam-Gray, bound for Rose Harbor, of Rose Spit; 10:20 p.m. spoke steamer Catala left Sointula at 9.30 p.m. northbound: 10:25 p.m. spoke tug Lorne towing barges Bingamon and Biscayen. Seymour Narrows northbound.

NOON DIGBY ISLAND. - Clear, calm: barometer, 30.70; temperature, 60; sea

DEAD TREE POINT .- Barometer, 30 .-22; temperature, 51.

BULL HARBOR.-Clear, fresh southeast wind; barometer, 30.30; temperature, 43; moderate swell; 9 a.m. spoke tug Pacific Monarch, twoing barge Drumrock, off Rose Spit bound for Mas-

HIGH BAROMETER

Exceptionally high barometer readings were recorded today at the Digby Island meteorological station. At noon today the glass stood at 30.70. Past experience has been that a very high Phone 109 barometer presages wind and storms.



is the favorite biend of thousands

BAPTIST LADIES' AID

SALE BEING HELD

Affair Taking Place this Afternoon in

Parlors of Church on Young

A tea and sale of home cooking is

being held this afternoon in the church

Baptist Church. Mrs. C. E. Larkin is

in Charge of Adair Carss

A novelty tea and sale of home cook-

ing is being held this afternoon in the

1.O.D.E. Hall by Adair Carss Chapter

The general committee in charge of the

tea consists of Mrs. S. V. Cox, Mrs. D.

Orchard McLeod and Mrs. J. A. Teng.

The home cooking is in charge of Mrs.

Alex. Mackenzie with Mrs. T. Boulter

presiding at the raffles. Mrs. Ben Self

VANDERHOOF

Lieut. Col. F. A. Robertson, D.S.O. of

Soldiers' Commission, will visit here

The tender of Hammond & Averif!

for the construction of sidewalks on

Columbia, Victoria and Douglas Streets

has been accepted by the village coun-

The local Board of Trade has been in-

formed by the chief tie inspector of

the Canadian National Railways that

Miss Margaret Braithewaite of Prince

George has been visining here with

ANOTHER \$360

of the morning and throughout the

(noon hour, Lazar Kuloff was found

guilty early this afternoon on a charge

prisonment. E. F. Jones, city solicitor

FINED \$300

Joe Reeves was fined \$300, with the

option of six months' imprisonment, in

the city police court for selling liquer

to Indians. E. F. Jones, city solicitor,

prosecuted in the case and S. W. Tay-

lor appeared on behalf of the defence.

Used after Shaving

Dr. Chase's

ORTHURT

Keeps the Skin Soft,

Smooth and Velvety

After a trial which lasted the most

the company will purchase ties direct

from the settlers this year.

is acting as cashier.

M.SI SEND IT TO THE -:- LAUNDRY -:-

ALL CLASSES OF LAUNDRY WORK Including three distinct services for Family Work, viz: SOFT FINISH, THRIF-T-SERVICE and WET WASH

at most reasonable prices. DRY CLEANING, PRESSING AND REPAIRING

Pioneer Laundry

and Dry Cleaners Phone 118-and we will do the rest.

Steamship and Irain

Service

Sailings from PRINCE RUPERT for VANCOUVER, VICTORIA, SEATTLE, each *WEDNESDAY, 4.00 p.m., and THURSDAY and SUNDAY, 11.00 p.m. . No sailing s.s. "Prince Charles Sept. 15th. for ANYOX-WEDNESDAY 10.00 p.m.

FOR MASSETT INLET-MONDAY For SKIDEGATE INLET and SOUTH QUEEN CHARLOTTE ISLANDS, fortnightly.

FOR STEWART-SATURDAY

PASSENGER TRAINS LEAVE PRINCE RUPERT daily except Sunday at 11.30 a.m. for PRINCE GEORGE, EDMONTON, WINNIPEG, all points Eastern Canada, United States.

Agency all Ocean Steamship Lines. Use Canadian National Express for Money Orders, Foreign Cheques, etc., also for your next shipment. City Ticket Office, 528 Third Ave., Prince Rupert. Phone 260.



Canadian Pacific Railway B. C. Coast Services

Sailings from Prince Rupert To Ketchikan, Wrangell, Juneau and Skagway-Sept. 6, 17, 27, Cot. 8, 18, 29. To Vancouver, Victoria and Seattle-Sept. 4, 11, 21; Oct. 1, 12, 22.

PRINCESS BEATRICE. Campbell River, and Vancouver every Saturday 11 a.m.

Orner of 4th Street and 3rd Avenue, Prince Rupert, B.O.

STEAMSHIPS LIMITED

tor VANCOUVER, VICTORIA, Swanson Bay, and Alert Bay, Tuesday, 5 P.M. FOR VANCOUVER, VICTORIA, Alert Bay, and Swanson Bay, Saturday, 10 A.B. For PORT SIMPSON and Neas River Canneries, Thursday p.m. FOR PORT SIMPSON, ANYOX, ALICE ARM, STEWART, Sunday, 8 D.M. R. M. SMITH, Agent Prince Rupert, B. C. 123 2nd Avenue.

Bus and Taxi Meets all Trains and Boats.

ROYAL HOTEL

J. ZARELLI, Proprietor. P.O. Box 196 Phone 34 Simmon's Steel Beds, Springs, and Ostermoor Mat-

tresses in every room. 52 Rooms, Hot and Cold Water, Baths and Showers. Steam Heated, Electric Light.

Corner of Third Ave and Sixth St. PRINCE RUPERT, B.C.