



"Imaginary" Rheumatism Caused by Illfitting Shoes

MANY, many times physicians have diagnosed what appears to be rheumatism, as really being pains arising from the effects of Fallen Arches.

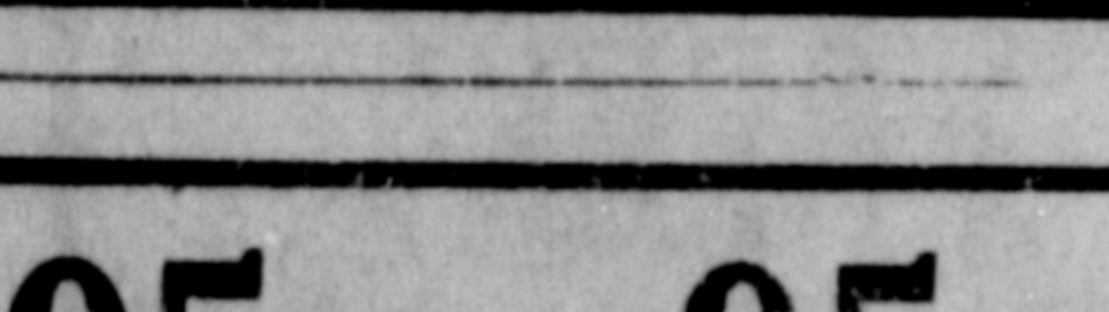
When the foot arches begin to break down, the pain is often ascribed to a sprain or rheumatism. Pain occurs along the inside of the foot, in the heel, also the calf of the leg, and is often located in the knee or hip joints.

This condition brings on general muscular weakness—the ligaments are strained, interfering with proper nourishment of the foot. The circulation becomes poor—attendant symptoms appear—numbness, cold, and at times, undue perspiration.

To prevent and cure this condition the foot must be given support, combined with the utmost freedom of movement.

Arch Defender Shoes give support to the scaphoid bone where needed, while allowing full flexibility and freedom to the muscular structure of the foot.

If you value your health—join the thousands who have banished foot trouble. Get a pair today.



Made in Canada by The Defender Shoe Company, Galt, Ont.

SOLD BY J. Hour Bros.

Our aim is to give you good value and service for your money.

7 tins Tomatoes 95c

6 tins Corn 95c

6 tins Peas 95c

7 tins Pork and Beans, Libby 95c

7 tins Campbell's Tomato Soup 95c

4 tins Spinach 95c

4 tins Sour Kraut 95c

3 tins Sweet Potatoes 95c

Mussallem Grocery Co. Ltd.

117-123 5th Avenue E. P.O. Box 575 Phones 18 & 84

Prescriptions

A few reasons why our prescription department is increasing:

We use only fresh, chemically pure drugs.

No Substitution Prompt Service Moderate Price.

Every prescription is dispensed by a fully qualified dispenser.

Let us be your prescriptionist.

Rupert Pharmacy Prescription Specialists Phone 94. We deliver.

Dr. Alexander Smith Block Phone 575

DENTIST

PAIN in BLADDER Promptly Eased by SANTAL MIDY

Be sure to get the Genuine Look for the word "MIDY" Sold by all druggists

FIRST ENGINE BUILT IN WEST

Transcona Shops Turn Out Freight Locomotive Which Now in Service

WINNIPEG, April 22.—Another railroad milestone for western Canada was passed today when engine 2747 steamed into the Union station here from Transcona where it was built in the Canadian National shops.

This is the first railway locomotive ever produced in the west and was constructed entirely in the local shops, the work being done in addition to the ordinary output of repairs to other engines.

Number 2747 is classed as a 38 per cent engine, is capable of main and branch line freight hauling and has sufficient speed to run the trans-continental.

The weight of the locomotive and tender complete is 193 tons. After the trial runs it will be used on main line time freight trains of the Alberta district where the best use can be made of this class of engine and where the fuel saving devices with which it is equipped will give the most economical results.

Built Since March 11 After the various parts were

CANNED FRUIT

We have still a very large stock of Canned Fruit and we are going to dispose of the most of it this week at prices unheard of.

Buy now.

Strawberries, Raspberries, Loganberries, and the large cans of Peaches, any assortment, 3 tins for 95c

4 tins Peaches, Pears, Apricots, Plums, or crushed Pineapple 95c

6 tins No. 4 Peas, special for 95c

6 tins Quaker Corn or Tomatoes 95c

Malikin's Best Pure Plum Jam, 4 lb. tin 55c

Pure Orange Marmalade, 4 lb. tin 65c

Blue Ribbon Tea, 2 1/2 or 5 lb. pkg., per lb. 65c

4 bottles Sterling or 3 of Heinz Catsup 95c

10 tins Sally Ann or Classic Cleanser 95c

19 bars White Swan Soap 95c

12 bars Palm Olive Soap 95c

4 cartons Sunlight Soap 95c

19 rolls Toilet Paper 95c

3 tins Lobster or Shrimp 95c

3 combs Pure Honey 95c

1 lb. McCormick's Sweet Biscuits 95c

7 tins King Oscar Sardines 95c

1 lb. Swedish Healthbread 95c

2 pkgs. Jelly Powders 95c

7 tins Heinz or Campbell's Tomato Soup 95c

2 rings Gruyere Swiss Cheese 95c

5 lb. California Table Figs 95c

2 doz. Local Fresh Eggs 95c

2 lb. best Creamery Butter 95c

Be sure to get your order in for a Sack of our good Spuds this week.

This week only for \$3.50

Large pkgs. Robin Hood Rolled Oats 25c

4 lbs. Cleaned Currants, special 55c

Fresh Fruit and Vegetables None Better

B.C. Butchers and Grocers, Ltd. Phones 45 and 574

Stamped Goods

BEDSPREADS LUNCH CLOTHS SCARVES PILLOW CASES RUNNERS and TABLE CENTRES

All Stamped ready for work.

Mrs. W. I. Wilson Third Avenue P.O. Box 989 Phone Green 389



Kills Moths. Kills Flies, Mosquitoes, Mosquitoes, Flies, Bed Bugs, Ants. Developed at World's Forensic Science Industrial Research Institute. Will not stain, Pleasant odor. Harmless to humans and animals.

made the frames for engine 2747 were laid down on March 11 and construction was completed on April 19, a total of only 27 working days being required to complete the locomotive.

NELSON IS ASKING COST OF POLICING CITY BY PROVINCE

NELSON, April 22.—The city council last night voted to ask Attorney General Manson what would be the cost of having the city policed by provincial officers.

VANCOUVER EXCHANGE

Table with columns: Bid, Asked. Items include Wheat, Silver, B.C. Silver, Dunwell, Indian, L. & L., Marmot, Premier, Porter Idaho.

SYNOPSIS OF LAND ACT AMENDMENTS

PRE-EMPTIONS. Vacant, unreserved, surveyed Crown lands may be pre-empted by British subjects over 21 years of age and by aliens on declaring intention to become British subjects.

Records will be granted covering only land suitable for agricultural purposes, and which is not timberland, i.e., carrying over 2,000 board feet per acre west of the Coast Range and 5,000 feet per acre east of that Range.

Applications for pre-emptions are to be addressed to the Land Commissioner of the Land Recording Division, in which the land applied for is situated, and are made on printed forms, copies of which can be obtained from the Land Commissioner.

For more detailed information see the Bulletin "How to Pre-empt Land."

PURCHASE. Applications are received for purchase of vacant and unreserved Crown lands, not being timberland, for agricultural purposes; minimum price for first-class (arable) land is \$5 per acre, and second-class (grazing) land \$2.50 per acre.

HOMESITE LEASES. Unsurveyed areas, not exceeding 20 acres, may be leased as homesites, conditional upon a dwelling being erected in the first year, title being obtainable after residence and improvement conditions are fulfilled and land has been surveyed.

LEASES. For grazing and industrial purposes areas not exceeding 640 acres may be leased by one person or a company.

GRAZING. Under the Grazing Act the Province is divided into grazing districts and the ranges administered under a Grazing Commissioner.

UNITY OF POLICY ASKED. Objects to Indifference of Many in Regard to Foreign Affairs of Country.

AUSTRALIA AND THIS EMPIRE

Country at War If Britain at War Says Attorney General of Commonwealth

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SYDNEY, N.S.W., April 22.—(By the Canadian Press Australian Correspondent)—The question of how far the great self-governing British Dominions should enter the field of international politics has exercised many of the ablest minds in the Dominions.

Australia's position was definitely outlined in Sydney by the Federal Attorney General, Hon. J. G. Latham—a constitutional lawyer of note, who was on the advisory staff of the Prime Minister of Australia.

Mr. Latham said that in regard to the relation of Australia to international affairs, there was a disposition in Australia to deny the existence of any problems. There were many in Australia—some in responsible position—who assumed what might be termed the pose of indifference as far as the question of Australia and foreign affairs was concerned.

There were, however, despite this attitude, very urgent matters in relation to foreign affairs, which affected intimately the well-being of Australia, and we were not going to solve this problem of our relationship to foreign affairs by refusing to admit that it existed and by receiving with contempt any suggestions that might be made for the solution.

Foreign Reaction

Australia's attempts to deal with her own local problems, urgent and important as many of them were, were not as significant in the life of the nation as the reactions of Australia to foreign affairs. It was international affairs which affected the very existence of a nation.

Mr. Latham went on to say that to take no part in international affairs meant that the destiny of Australia as a British self-governing community was to be left entirely in other hands. Surely such a position was unworthy of a people with any claims to nationhood.

Must Face Facts

A great many Australians were today shutting their eyes to the facts, the Attorney General said. It was impossible to escape or avoid international relations. They existed, and that being so, there must be a considerable determination of policy with regard to them.

Unity of Policy. Mr. Latham emphasized the importance of unity of policy within the Empire; the fact that the Empire, of which Australia was a part, was, in fact and in law, an international unit; and what he termed the insanity of an attitude of independence.

Another man, who was charged with assault in the city police court yesterday and who was dismissed on the charge, states that the chief witness in the case against him was unable to identify him and mistook him for another man.

WEEK-END SPECIALS

- 1 ton Spuds, special, per sack \$3.25. Terrace Turnips, 8 lbs. for 25c. Terrace Carrots, 8 lbs. for 25c. Green Onions, per doz. 25c. Radishes, per bunch 5c. Cauliflower 25c and 35c. Parsley, per bunch 5c. Rhubarb, per lb. 10c. Fresh Spinach, per lb. 10c.

Walk Downstairs and SAVE MONEY

- Meats and Fish. Pot Roast, per lb. 10c. Brisket Beef, per lb. 8c. Veal Stew, per lb. 8c. Veal Shoulder Roast, per lb. 18c and 20c. Chicken Halibut, per lb. 18c. White Spring Salmon, per lb. 12 1/2c.

- Provisions. Maid of Glover Creamery Butter in bulk, 3 lbs. for \$1.40. New Laid Eggs, 3 dozen for 95c. Peameal Back Bacon, machine sliced, per lb. 42c. Finest Ontario Cheese, per lb. 29c.

- Groceries. Malkin's Strawberry or Cherry Jam, 4 lb. pails 79c. Malkin's Raspberry or Loganberry Jam, 4 lb. pails 69c. Malkin's Pineapple Marmalade or Black Currant Jam, 4 lb. pails 75c. Malkin's best Orange Marmalade, 4 lb. pails 59c. Ensign Apricot Jam, 4 lb. pails 49c.

- Del Monte Dri-Pack Prunes, 2 1/2's, 100 tins to clear at 25c. (Above line is 40c value.) Toilet Paper Rolls, 7 for 25c. Spring Clothes Pins, 6 dozen for 25c. 5 string Brooms, each 45c. Canned Tomatoes, solid pack, 2's, special, 2 for 25c. Corn, per tin 13c. Peas, per tin 14c. Pork and Beans, Del Monte, 3 for 25c. Bulk Dates, 2 lbs. for 19c. White Figs, special, 3 lbs. for 25c. Ginger Snaps, fresh stock, per lb. 19c. Jergens' Toilet Soap, bar 9c. Maple Leaf Matches, pkg. 35c. Asparagus Tips, per tin 25c. Malkin's Sweet Potatoes, 2 1/2 lb. tin 29c.

Rupert Table Supply Co

Phones, 210, 211, 212

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Clocks Clocks

Clock Week, so to speak! Starting with our Grandfather Clocks from \$106.00 up, we have a wonderful variety of clocks for you to choose from; finest quality Chimes Clocks from \$55.00 up. Mantel and Boudoir Clocks in odd shapes and designs from \$2.75 up. Musical Clocks from \$6.75. Novelty and Alarm Clocks from \$1.00 up. Visit our Basement Store for China, Cut Glass and Brassware.

Optical Department

Our many satisfied local customers is our guarantee that our Optician, who has had over twenty-seven years' experience, can give you satisfaction. A visit to our modern Optical Parlor will convince you. Consultation free.

Max Heilbronner 527-529 Third Avenue

WESTHOLME THEATRE

TONIGHT ONLY at 7 and 9

"The Unguarded Hour"

The romance of a man who hid from love and the maid who found him. The door of his heart had left the tap of many a dainty hand—but it took a merry, madcap girl to make him cry "Welcome." Romance on the Riviera. One glorious hour unguarded. The hour when lovers forget is your hour of entertainment. Gorgeous gowns and settings. Unrivalled cast.

Milton Sills, Doris Kenyon, Claude King, Cornelius Keefe, J. Moy Bennett, Viva Ogden and others.

COMEDY—"HIS MARRIAGE WOW," with Harry Langdon AESOP'S FILM FABLES. 35c and 10c

LARGE SELECTION OF

SILK CREPE TIES

In Beautiful Patterns From

95c to \$1.50

Acme Importers

Third Avenue

"I see trouble"

says the fortune-teller, looking into the washtub. But nobody needs a fortune-teller to know that wash-tubs and trouble go hand in hand. What you want is a good fortune-teller to tell about our Thrif-T-service. It costs very little per pound, but it sends off every washtub trouble that ever existed. You'll find it a good luck charm that works every week in the year.

Thrif-T-Service

5c a pound, 1c per piece Everything washed and flat work ironed

CANADIAN STEAM LAUNDRY and Dry Cleaners Phone 8

INDIAN CHILD DROWNS

Father and Mother Got Ashore After Being Upset From Launch in Fraser

AGASSIZ, April 22.—While crossing the Fraser River near here in a gasoline launch, E. Gabriel, an Indian, his wife and four months old child were thrown into the swiftly flowing current when the craft capsized. The infant was drowned but the parents made their way to shore.

Sergeant McNeill, provincial police, sailed last night on the Prince George for Stewart on official duties.

Dainty Silk Undies

New Stock

"Demers"

We aim to please. Phone 27. P.O. Bpx 327