To the Ladies!

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LESSONS IN HANDICRAFT AND DECORATIVE ART
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Church Notices

Baptist Church

Morning service at 11. Subject: "Even in Sardis." Sunday school at 12.30. Evening worship at 7.30. Subject: "Without money and without price," or "Christ's last invitation to any man." Doors open at 7 and at 7.10 continuing to 7.30, the organist will render selections from the masters. Prove the worth and interest of these services by attending them. All invited.

Presbyterian Church

Morning worship at 11 o'clock. Subject: "Give me that. There is none like it." Sunday School and Bible class at 12.30. Come and bring your children. Evening service at 7.30. Subject: "The King's business requires haste." Preacher, Rev. Chas. J. Cameron, B.A., Ph.D.

Lutheran Church

St. Paul's English Lutheran Church, Rev. T. D. Rinde, B.D., pastor. Morning service at 11 o'clock. Sunday School at 12.15 Evening service at 7.30. Sermons at both services by Rev. T. D. Rinde. Address after the sermon at the evening service by Rev. P. E. Baisler, B.D. Special music at both services.

Christian Science Society

Service every Sunday morning at 11 o'clock in the Hay's Block, 245 Second Avenue. Subject on Sunday "Substance." Weeknight meeting on Wednesday evening at 8. Testimony.

First United Church

Repairs to the Church vestibule have progressed far enough that the front entrance will be used on Sunday. Enter the front door without knocking, enjoy an hour of constructive Bible study and leave without knocking. Morning service at 11 o'clock. Speaker, Rev. Evan Baker. Sunday School at 2.30. Evening service at 7.30. Sermon topic: "The Son of Man saves the lost." Speaker, Rev. George G. Hacker. Kindergarten and Girls' work in charge of the deaconess, Miss Isabel Haddock.

Rupert East Gymnasium Church

The friendly church, corner of Seventh and Donald. Sunday School at 2.30. Church service at 7.30 p.m. Subject on Sunday evening, "Ideas of the nature of God." Preacher, Rev. Evan Baker. Of course, we want you.

Salvation Army

Special Evengelical Services will be conducted at the Army this week-end. If downtown tonight, drop in! The service starts at 8.15. Sunday morning, a meeting that will help you. The Scouts and Guards will parade to the Army at 7.30. Be sure and take this service in. Sunday school at 2.30. (100% Sunday). Parents are requested to send every child. Let the Army serve you. Glad to visit, help and give information. Come!

Herman Capstick was fined $50 and costs in the city police court this morning for an infraction of the Game Act in buying furs without a license. The prosecution was by the provincial police.

ANNOUNCEMENTS

B.P.O.E. Bridge-Whist drive and Dance, March 19.

First United Church Easter Sale March 27.

Gyro Hoedown Friday, April 9, in Auditorium.

Mothers especially like it for children as it takes the place of internal medicines.

Local Druggists Have Modern Remedy for Colds

A Vaporizing Salve which is Rubbed Over Throat and Chest for Colds.

When Vicks VapoRub, the "external" method of treating sore throat, bronchitis, deep chest colds, or croup, is applied over throat or chest, the ingredients are released as vapors by the body heat.

These vapors, inhaled with each breath carry the medication directly to the affected air passages, loosening the phlegm and relieving the congestion.

At the same time Vicks acts as a counter-irritant, stimulating the skin, and thus helps the vapors inhaled to break up the inflammation.

Colds are usually relieved over night.

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Sons of Ireland Dance, Boston Hall, March 17. Arthur's orchestra. 64

Saturday night dance, Metropole Hall from 9 to 12. Currie's orchestra.

Electrolysis, for the removal of superfluous hair, warts, moles, etc. Phone Black 625. tf

J. Slade Stevens, Dominion income tax officer, sailed today by the Princess Beatrice for Ocean Falls on official duties.

Mrs. H. G. Marvin of Stewart has arrived in town on a visit to her sister Mrs. J. O. Williamson, Fourth Avenue West.

Sally O'Neill, the new screen star, makes first appearance at the Capitol, Vancouver, shortly. See her in "Mike," Westholme tonight. 61

W. S. Harris returned this morning on the Catala after a brief visit to Alice Arm and will proceed to New Hazelton on this evening's train.

William Silversides, auditor for the Pacific Mills, returned on the Princess Beatrice this afternoon to Ocean Falls after having spent a couple of days in the city.

Union steamer Catala, Capt. J. A. Findlay, returned at 5 o'clock this morning from Anyox and the Naas River and sailed on time at 10 o'clock for Vancouver and wayports.

B. G. Lovegren, general agent for the Scandinavian-American line at Seattle, who came north on Wednesday and has since been visiting the district, will leave on tonight's train for Prince George, returning south by way of Jasper.

Motorship Bellingham, Capt. Anderson, arrived in port this morning from Ketchikan with two carloads of frozen fish and one carload of fresh for transshipment East over the Canadian National Railway. The vessel returns north this afternoon.

John Watson and S. D. Macdonald were named delegates at the meeting of the St. Andrew's Society last night to the annual meeting of the Prince Rupert Football Association which will be held later in the month. Decision has not yet been reached whether or not a Callies' team will be entered in the league for the approaching season.

Owing to the brief time between the decision to hold a dance and the date of St. Patrick's Day, March 17, there was no choice but to omit the sending of formal invitations. In view of this it is hoped that as many as possible will be in the Boston Hall on the evening of the 17th, to renew acquaintance with the Shamrock. Proceeds of the dance go to the Boys' Band Fund. Admission $1.00. 61

Three boys, 14 years of age and under, confessed yesterday afternoon to Chief Vickers that they had removed the Royal Fish Co.'s light delivery car from the residence of Pete Lorenzen on Thursday night. This morning they appeared before Magistrate McClymont and were charged with using a car without authority. They were given suspended sentence, being required to report to the police every Saturday for four weeks. One of the boys sustained a cut in the collision up town that followed the removal of the car.

NOTICE

Any person found cutting fallen timber or trees of any description on the Skeena Highway, without first obtaining a permit will be prosecuted. Permits may be granted on application to

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Escalloped Macaroni with Cheese

1½ cupfuls Borden's St. Charles Milk.
3 cupfuls cooked, drained macaroni cut in two-inch lengths.
1¼ cupfuls grated cheese.
1½ tablespoonfuls flour.
1½ tablespoonfuls butter.
½ teaspoonful salt; scant
1/8 teaspoonful pepper.
Few grains paprika.

Make a white sauce of the flour, butter, seasonings and the milk undiluted. Stir in the macaroni. Thoroughly oil a rather shallow baking dish, put in a layer of the macaroni, then one of cheese, continuing in this way until all is used and making the last layer one of cheese. Bake in a moderate oven until browned, about 35 minutes.

St. C. 31-26

Borden's ST. CHARLES MILK
USE IT WHEREVER THE RECIPE CALLS FOR MILK

PARENT-TEACHERS' MEETING AT TERRACE

Question of Beautifying School Grounds to Come up Next Month

TERRACE, March 13. — The regular monthly meeting of the Parent - Teachers' Association was held on Thursday evening in G.W.V.A. Hall with President J. M. Hatt in the chair. After routine business had been carried on the question of beautifying the school grounds was brought up but it was decided to leave it over until the following month when the meeting will be held at the school house.

After the business meeting adjourned Mr. Griffin, public school principal, read a very interesting and instructive paper entitled "A Father's Share in the Education of His Child," by Dunstan Brewer.

Refreshments were served at the close of the meeting.

Those who are absent are often nearer to us than those who are present.—Max Muller.

PRINCE RUPERT TIDES

Saturday, March 13			
High	0.52 a.m.	20.8	ft.
	12.58 p.m.	22.3	"
Low	6.55 a.m.	4.6	"
	19.21 p.m.	2.5	"
Sunday, March 14			
High	1.34 a.m.	21.7	ft.
	13.46 p.m.	22.5	"
Low	7.42 a.m.	3.4	"
	20.03 p.m.	1.6	"
Monday, March 15			
High	2.15 a.m.	22.3	ft.
	14.33 p.m.	2.7	"
Low	8.28 a.m.	2.7	"
	2044 p.m.	2.2	"

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3-26

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For ANYOX, PORT SIMPSON and Naas River Canneries, Thursday p.m.
For PORT SIMPSON, ANYOX, ALICE ARM, STEWART, Sunday, 8 p.m.
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