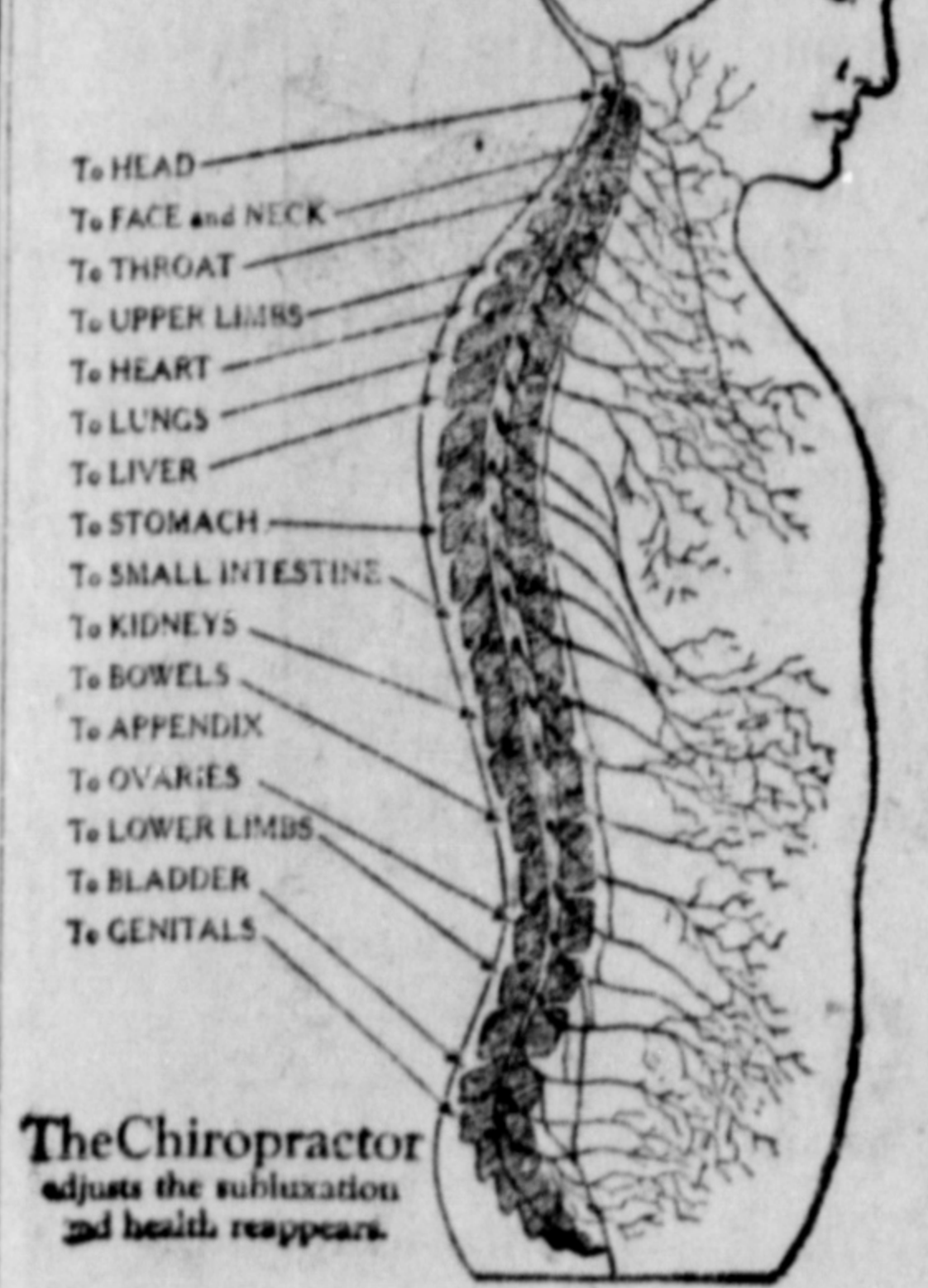


If any segment of the Spine is in an abnormal position...



The Chiropractor adjusts the subluxations and health reappears. D. A. McMILLAN Palmer Graduate CHIROPRACTOR...

SOVIET ACTIVE THIS COUNTRY

HAVE BEEN WARNED BUT WERE STILL SPREADING BOLSHEVIST DOCTRINE

(Edmonton Journal) There has been very little criticism of the dominion government's action in following the example of Great Britain...

STEP JUSTIFIED But, while it is desirable that in such a matter as this the same policy should be pursued at Ottawa as at London...

MADE INVESTIGATION With all the desire to be friendly to these men who represented the country that appeared to have arrived at the point of sincerity...

Under these circumstances, Mr. Graham's newspaper states, there could not be any hesitation in following the British lead. Some purchases were made, but "Canada had to decide between the beneficial results she would get under the treaty and her honor as a young nation..."

ASSISTANT PURSER AUTHOR OF BOOKLET

GERRY FOOTE OF STEAMER PRINCE RUPERT COMPLETES PUBLICATION FOR C.N. STEAMSHIPS

G. C. ("Gerry") Foote, assistant purser of the steamer Prince George, is the author of an attractive booklet, "The Midnight Sun," issued by the Canadian Steamship Co. Ltd.

"GOVERNMENT LIQUOR ACT" NOTICE OF APPLICATION FOR BEER LICENCE

NOTICE is hereby given that, on the 30th day of June next, the undersigned intends to apply to the Liquor Control Board for a licence in respect of premises being part of the building known as "Commercial Hotel," situated at the corner of First Avenue and Eighth Street, Prince Rupert, B.C.

CERTIFICATE OF IMPROVEMENTS

IRON DUKE FRACTION, Mineral claim, Lot No. 2340, situated in Queen Charlotte Mining Division, Prince Rupert district, located on Louise Island. TAKE NOTICE that I, Alex Rogers, of Lockeport, B.C., Free Miner's Certificate No. 27948 C, intend to apply to the Mining Recorder for a Certificate of Improvements for the purpose of obtaining a crown grant of the above claim.



Fresh Air - Hygiene - the Bath - Sleep - but most important of all Baby's Food

Always, but more than ever in hot weather, baby's food has more to do with his well-being than anything else. Nurse baby if at all possible. But if you cannot do not risk baby's life experimenting with foods.



Be EXTRA Careful of Baby these Days

Mothers—Can You Answer These Questions?

- What preparations should one make before baby comes? What baby outfit is required? What should be the strength and quantity of bottle feedings? What is the correct nursing bottle to use? What nipples should be avoided? What care should be taken of utensils? When should additional foods be used? When is best for baby's daily airing? What exercise should baby have? When should baby get his first tooth?



Free Baby Book.

If you will write to The Borden Co. Limited, Vancouver, they will send you, free, Baby Welfare Book, written by authorities, which answers questions at the left and tells you also:

- How many feedings a day baby should have How many hours between feedings How long baby should take for a feeding How to tell if baby is underfed—or overfed How to modify milk to suit various ages How to bath baby, and when How much baby should weigh, and measure

—and many other things every mother should know for her baby's sake. Write for the book today. It is free.

Borden's EAGLE BRAND CONDENSED MILK

Since 1857 The Leading Infant Food

SMART LITTLE Wash DRESSES Sizes from 7 to 16, priced from \$1.50 to \$2.25 BENT'S LADIES' READY-TO-WEAR Third Avenue

OGILVIE'S ROYAL HOUSEHOLD FLOUR ASK FOR Sold by all Grocers S. C. THOMSON Prince Rupert, B.C. Northern B.C. Distributor Phone 150. P.O. Box 305

VELVET Ice Cream THE VERY BEST! Take a brick home tonight! We cater for Parties, Picnics, Dances, etc. Prompt Delivery Velvet Ice Cream Co Corner Third Avenue and Second Street Phone 758

Dr. Alexander Smith Block Phone 575 DENTIST

and also as a memento of their travels. The book contains some interesting tables and there are ample pictorial and verbal descriptions of the various points between Vancouver and Skagway.

There is an aerial view of this city as well as the following write-up: When Prince Rupert was but a name they sold town lots on the site on which the city now stands. That was back in 1909.

When Prince Rupert was but a name they sold town lots on the site on which the city now stands. That was back in 1909. But the town may really be said to have come into existence with the connecting up of steel on April 7, 1914, and the arrival of the first through train the following day.

Almost from the first Prince Rupert jumped into prominence as a fishing centre. The Canadian Fish & Cold Storage Company's plant with a storage capacity of fourteen million pounds, the largest cold storage plant in the world devoted exclusively to handling fish, is located here.

tre, numerous tramp steamers now calling here for grain shipments for foreign ports.

SHIPS BUILT Here also is located the Prince Rupert Drydock and Shipyard, operating a twenty thousand ton floating drydock, six hundred feet long.

For the visitor who wishes to make a comprehensive tour of the city in a limited time, local transportation companies have combined in providing an all-inclusive drive, through the principal business streets and parts of the residential section. A stop is made at the Cold Storage plant, where, by the courtesy of the management, tourists may inspect the various forms of sea life gathered from the fishing banks.

Closed cars leave from the dock on arrival of the steamer, returning after a drive of an hour and a half duration, depositing passengers at the ship's side. Tickets for this moderately priced drive may be obtained at the purser's office.

ent by the boat house proprietors. Launches leave from the boat house hourly on the hour, and from the float on the opposite side of the harbor, hourly on the half-hour.

For the tourist who prefers to explore the city at his own leisure much of interest may be found. Several excellent Indian totem poles are placed at various vantage points throughout the town. Curio and souvenir hunters will find unique shops carrying a varied assortment of native Indian work and local souvenirs.

Ten Years Ago in Prince Rupert

JUNE 16, 1917. It is reported that Sanford Evans, ex-mayor of Winnipeg, may be appointed food controller for Canada.

Vancouver papers predict that W. P. Hinton, Grand Trunk Pacific traffic manager, will soon be appointed general manager of the road.

A large and enthusiastic gathering in the Empress Theatre last night heard Hon. T. D. Pattullo, A. M. Manson, M.L.A. and F. H. Mobley, M.L.A. discuss the issues of the day in provincial affairs.

LAND ACT. NOTICE OF INTENTION TO APPLY TO LEASE FORESHORE.

In Prince Rupert Land Recording District of Prince Rupert, and situate at Moresby Island, Queen Charlotte Islands.

TAKE NOTICE that Kelley Logging Company Limited, of Vancouver, B.C., occupation Timber Merchants, intends to apply for a lease of the following described foreshore: Commencing at a post planted approximately one-half mile south 30deg. east of the mouth of the Tassoo River, Moresby Island, Queen Charlotte Islands; thence following the high water mark in a northwesterly, westerly and southwesterly direction for a distance of one and one-half miles; thence in an easterly direction to the point of commencement, and containing 160 acres, more or less.

LAND ACT. NOTICE OF INTENTION TO APPLY TO LEASE LAND.

In Range 3, Coast Land District, Land Recording District of Prince Rupert, and situate on the south shore of Evans Arm, B.C.

TAKE NOTICE that Gosse Packing Co. Ltd., of 325 Howe St., Vancouver, B.C., occupation Fish Packers, intends to apply for a lease of the following described lands: Commencing at a post planted about 3 chains distant in an easterly direction from northeast corner, Lot 740, Range 3; thence south 10 chains; thence west 15 chains; thence north to shore; thence easterly along shore to point of commencement, and containing 7 acres, more or less.

Neglected Eyes

NEGLECT is doubtless the cause of most of the ills that afflict humanity. This is so self evident that it seems hardly necessary to tell you. If your eyes are giving trouble, have them attended to—and at once. OF ALL absurdities in the kingdom of foolishness, surely the loss of eyesight through neglect is the most inexcusable. DON'T lose health and efficiency through neglect. Come and see!

Fred Joudry Registered Optometrist and Optician Room 3 Smith Block Phone 763