

# ts Uniformity Makes it Good For Baby!

**NE** of the great advantages of Carnation Milk as a baby I food is that its goodness never varies. No matter where you buy it or when you use it, baby's delicate digestion is never upset by a change in quality or purity.

Another advantage Carnation offers-the Carnation process of "homogenization" breaks up the fat globules and makes Carnation very easy to digest.

All the food value of milk is in Carnation, for Carnation is just pure, fresh milk evaporated to double richness and kept safe by sterilization. Consult your physician regarding a feeding formula for your baby. Also write us for baby feeding chart. Order several tins or a case of 48 tins from your grocer.

CARNATION CARAMEL TAPIOCA-One-third cup tapioca, 2 cups Carnation Milk diluted with 2 cups water, 2 small eggs, few grains salt, 1 cup light brown sugar, 1 cup broken nut meats. Add tapioca, salt and sugar to hot diluted milk. Cook in double boiler for 25 minutes or until tapioca is transparent. Beat eggs thoroughly and add slowly to tapioca, cooking for two minutes longer. Finally add nuts.

Milk Products Company, Limited, Aylmer, Ontario.

Six prizes. Good eats. Good music.

W. H. Manuel, travelling auditor for the Canadian National Railways, left on this morning's train for Prince George.

Mr. and Mrs. W. S. Fetherstonhaugh and family left on this morning's train lies in the fact that it is composed of for Calgary after spending a few days nature's medicine for constipation-the visiting in the city.

The public are cordially invited to be present at the Nurses' Graduation Exercises on Wednesday next at 8 p.m. in the Presbyterian Church.

manufactor and C.P.R. steamer Princess Mary, Capt. store your energy and enjoyment of life. C. C. Saintey, arrived at 5 o'clock this Purchase a box today as your start to morning from Alaska and sailed an freedom-25c and 50c everywhere. hour later for Vancouver.

a license, Rose Denda was assessed \$10 + by Magistrate McClymont in the city & WHY WE BELIEVE THE BIBLE? police court this morning.

The second address of a series After the regular business meeting of \* on Foundations of the Faith by St. Andrew's Society last night a pleas- & Rev. W. F. Price in the ant social hour was spent in the club BAPTISH CHURCH rooms. It was decided to arrange for & on Sunday Evening, March 13. a carpet bowling tournament among the Other addresses as follows: members of the society and the schedule March 13 .- "The Bible-ls it the Word of God?" will be drawn up tonight.

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#### MR. E. LUNDSTROM.

Mr. E. Lundstrom, Hoadley, Alta., says: ject: "The face of man upon the palm "'Fruit-a-tives' is the finest laxative we of God's hand." Sunday school at 12.15. have ever used. It is certainly all that is Evening service at 7.30. Subject: "The claimed for it and we are never without power of a Look." Special music by the a box in the house. Everyone should prochoir, Soloist, Mrs. F. W. Allen. Preachfit by our experience and keep in good health by taking 'Fruit-a-tives'."

er, Rev. J. R. Frizell, B.A., LL.B. The exceptional merit of "Fruit-a-tives" Sunday services. Morning at 11 o'juices of oranges, apples, prunes and figs clock. Holiness. Sunday school at 2.30. -these are combined with tonics so that Evening service at 7.30. Salvation. Briwhile correcting constipation it also builds gadier Pinchen of Montreal will conup a run-down system. There is no duct public meetings on Wednesday and other remedy like "Fruit-a-tives". It is

Thursday nights. unique and wonderfully effective. It will put a stop to constipation, which keeps you listless and off-colour -- and will re-The Church of Service. Morning wor-

ship at 11 a.m. Sermon topic: "One Mediator Between God and Man." Speaker: T. J. Shenton. Sunday school

at 2.30. Superintendent, W. J. Earl er, Rev. Geo. G. Hacker. You are cordially invited to attend both morning and evening services.

UNITED CHURCH.

Morning worship at 11 o'clock. Sub-

SALVATION ARMY

#### CARD OF THANKS.

Wm. Leighton and family, of Metlakatla, desire, to convey their sincere thanks to their many friends for the kind expressions of sympathy and floral tributes received in their recent be-



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