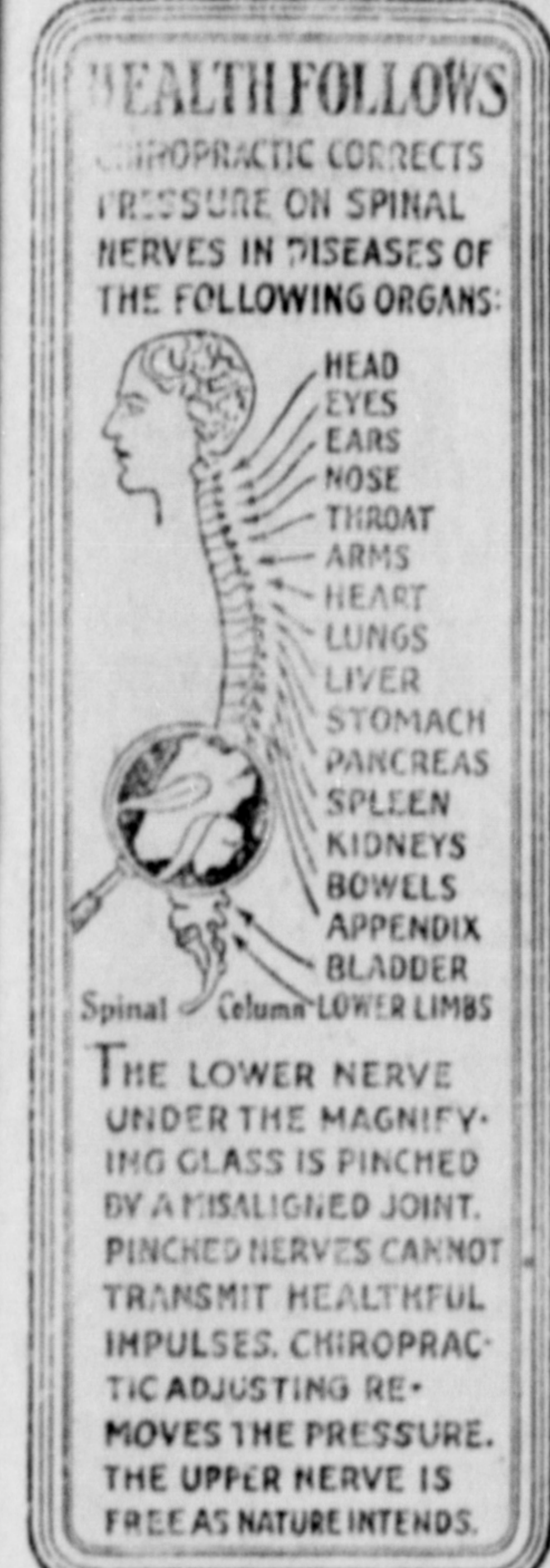


No Room for Rheumatism

Rheumatism is a very common affliction. It is as unnecessary and undesirable as it is common, for in the normal human organism there is no room for rheumatism. It can only affect the body that is physically below par.



Rheumatism is due to dissemination through the system of waste products—poisons—which are eliminated in the normal body. Because the eliminative system is not functioning properly, these poisons are distributed where they cause trouble.

The primary cause is interference with nerve transmission of the vital energy—the motive power which animates the eliminative organs. This interference occurs at the spine, where it may be corrected by Chiropractic Spinal Adjustments skilfully applied.

WONDERFUL IMPROVEMENT AFTER ADJUSTMENTS

"I suffered a great deal from rheumatism in the joints, shoulders and arms. I was also constipated, and the medicine I took did me no good. Two months ago I took a series of Chiropractic adjustments. I made a wonderful improvement and since then have been feeling fine and the rheumatism has practically left me."—Mrs. Margaret Cooper, Chiropractic Research Bureau, Statement No. 2933-N.

Your Appointment for health can be made by telephoning

D. A. McMillan

Palmer Graduate CHIROPRACTOR

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Montreal Importers

Third Avenue

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SS. PRINCE RUPERT will leave PRINCE RUPERT for VANCOUVER, VICTORIA, SEATTLE, and intermediate points each FRIDAY at 9 a.m. SS. PRINCE RUPERT for STEWART and ANYOX, WEDNESDAY, 10 p.m. SS. PRINCE CHARLES for VANCOUVER via QUEEN CHARLOTTE ISLANDS, fortnightly.

PASSENGER TRAINS LEAVE PRINCE RUPERT Each MONDAY, WEDNESDAY and SATURDAY at 11:30 a.m. for PRINCE GEORGE, EDMONTON, WINNIPEG, all points Eastern Canada, United States.

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Canadian Pacific Railway

B. C. Coast Services

Sailings from Prince Rupert

To Ketchikan, Wrangell, Juneau, Skagway—Dec. 29, Jan. 10, 21. To Vancouver, Victoria, Seattle—January 2, 14, 28. PRINCESS BEATRICE. For Butedale, East Bella Bella, Ocean Falls, Namu, Alert Bay, Campbell River, and Vancouver every Saturday, 11 a.m. Agency for all Steamship Lines. Full information from—W. C. ORCHARD, General Agent. Corner of 4th Street and 3rd Avenue, Prince Rupert, B.C.

Local and Personal

Arthur's Taxi. Phone 678.

B.C. Undertakers. Phone 41.

Buy Telkwa coal because it's higher in B.T.U.'s and is better furnace coal.

400 tons Nanaimo-Wellington lump coal just arrived. Albert & McCaigery, Ltd.

Bulkley Valley Veal—fresh killed—stew 12½c, in pot roasts 12½c to 15c lb., oven roasts 20c to 25c lb., steaks, 25c lb. Table Supply.

M. L. Stepp sailed on the Prince Rupert this morning for Vancouver having been called south for medical examination by the S.C.R.

Capt. Brown of the Empire Stevedoring Co. and Arthur Roe of the Empire Shipping Co. sailed this morning on the Prince Rupert for Vancouver.

Mrs. W. H. Thorne arrived in the city on yesterday's train from Smithers for a short visit in the city and will return home on tomorrow's train.

Annual meeting and election of officers, St. Andrew's Society this Friday evening at 8 o'clock. All members requested to be present.

J. McDonald, charged with an assault which is alleged to have occurred in the Royal Hotel, appeared before Magistrate McClymont in the police court this afternoon.

Capt. L. G. Dixon, acting Vancouver port warden, returned south on the Prince Rupert this morning after having spent the past week in the city on official duties which included the installing in office of the new harbor master, Capt. J. R. Elfert.

Trappers! Call and show your furs to the Old Reliable House. It will pay you as we can guarantee to give you higher prices than anyone else. We have big orders for all kind of furs, especially mink. Wm. Goldbloom, Second Avenue. Phone 522.

Joseph Wells road foreman at Alice Arm and one of the principals in the La Rose mine arrived in the city from the north on the Prince Rupert this morning and will be here for a few days on business. Mr. Wells reports that a better winter from the standpoint of mining and logging activity is being experienced in Alice Arm this year.

W. H. L. Norris, formerly of the provincial government staff here and for the past few years at Smithers, arrived in the city on yesterday's train and sailed this morning on the Prince Rupert for the south to take up his new duties at Cumberland, Vancouver Island, to which point he has been transferred. On the eve of his departure from Smithers, Mr. Norris was presented with a smoking set by his fellow employees.

CARD OF THANKS

G. Percy Tinker desires to convey his thanks to the electors for their expression of confidence in him at the municipal polls yesterday.

CARD OF THANKS

P. H. Linzey desires to express his appreciation to his many supporters for electing him to the aldermanic board.

TOO LATE TO CLASSIFY

FOUND.—YOUNG LADY'S DANCING slipper on Third Avenue. Apply Daily News Office.

ANNOUNCEMENTS

Walter McRaye's Recital, Booth School, Friday, January 14.

Vaudeville, Westholme Theatre, Wednesday, January 19.

Salvation Army Musical Entertainment, February 4.

Established 1923.

SAVE YOUR TEETH

Office Hours: 9 a.m. to 6 p.m. Saturday: 9 a.m. to 1 p.m.

Any evening by appointment

DR. F. P. KENNY

DENTIST

Exchange Block. Phone 109

Jap oranges, while they last, 50c a box. Table Supply.

Buy Rupert manufactured shingles from Seal Cove Lumber Co., Ltd.

Rebekah whist drive and dance, January 26. Orchestra and refreshments.

Special.—Jap Oranges, while they last, 65c per box. Two boxes for \$1.25. Mussallem's.

Basketball tonight, Exhibition building at 8:30. Four games. Admission 25c and 10c.

Union steamer Catala, from Vancouver and waypoints, will arrive in port at 5 o'clock this afternoon.

T. F. Thibodeau was an arrival in the city on the Princess Mary this morning from the north. He is registered at the Hotel Prince Rupert.

Miss Nicholson of the Anyox Hospital staff left Monday for Vancouver. She is being relieved by Miss Dingwell of Prince Rupert.—Alice Arm Herald.

C.P.R. steamer Princess Mary, Capt. Thomas Cliff, arrived at 7:45 this morning from Skagway and sailed at 9 o'clock for Alert Bay and Vancouver.

A carload of cattle arrived in the city recently from Houston, the stock having been driven in to the station there from Nadina River by Charles Reddick.

W. Smith, provincial constable at Anyox, arrived in the city this morning on the Prince Rupert, having in his custody an insane patient who will be taken to Essondale.

At the social being given by the Catholic Women's League at the Catholic School Hall tonight, dancing will commence at 9 p.m. The card players will find the tables all ready at 8:30. Admission 50c.

H. C. Fraser, inspector of schools, will leave at the first of the week to inspect the schools at Anyox and Alice Arm. He will address the Anyox Parent Teachers' Association Monday night on "Recent Developments in Education."

Market Prices

LARD
Pure 28c
Compound 25c

EGGS
B.C. fresh, pullets 35c
B.C. fresh, firsts 60c
B.C. fresh, extras 70c
Local new laid 75c
B.C. storage, No. 2 50c

FISH
Halibut, lb. 25c
Salmon, coho, frozen 25c
Smoked Kippers, lb. 15c
Kippered salmon, lb. 25c
Smoked black cod, lb. 22½c
Pinnac haddies, lb. 20c
Salt mackerel, lb. 25c
Eastern salt herring, 2 for 25c
Salt codfish fillets, lb. 30c
Boneless salt cod bricks, lb. 25c

MEATS
Fowl, No. 1 lb. 35c to 40c
Roasting chicken, lb. 45c to 50c
Ham, sliced, first grade 60c
Ham, whole, first grade 50c
Ham, picnic, lb. 22½c
Cottage rolls, lb. 40c
Bacon, back, sliced 50c
Bacon, side 45c to 50c
Pork, dry salt 35c
Ayrshire bacon, lb. 45c
Veal, shoulder 25c
Veal, loin 40c
Veal, leg 40c
Pork, shoulder 30c
Pork, loin 45c
Pork, leg 42c
Beef, pot roast 12½c to 18c
Beef, boiling 10c to 12c
Beef, steak 25c to 40c
Beef roast, prime rib 80c
Lamb, chops 50c
Lamb, shoulder 35c
Mutton, leg 40c
Lamb, leg 48c
Mutton, chops 40c
Mutton shoulder 30c

BUTTER
Brookfield, Shamrock and Woodland, 2 lbs. 95c
E.C.D., 2 lbs. 93c
Capital, 2nd grade, 2 lbs. 85c
Fraser Valley, lb. 50c
CHIESE
Ontario solids 30c
Silton, lb. 35c
Kraft 40c
Norwegian Goat 65c
Napoleon Limberg 70c
Rougefort 75c
Swifts' Buttercup, lb. 45c
Gorgonzola, lb. 75c
McLaren's Cream, jars 45c and 85c
Gruyere 50c
Golden Loaf, lb. 45c
SUGAR
White, per 100 \$7.75
Yellow, per 100 \$7.25
FLOUR
Flour, 40's, No. 1 hard wheat \$2.75
Pastry flour, 10's 65c
Pastry flour, 49's \$2.90
VEGETABLES
Beets, 6 lbs. 25c
100 lbs. \$2.75
B.C. Carrots, lb. 3c
100 lbs. 25c
Rutabagas, 6 lbs. 25c
100 lbs. \$2.75
Potatoes, 100 lbs. \$2.50
Potatoes, 8 lbs. 25c
Tomatoes, hothouse 40c
Green peppers, lb. 35c
Parsley, bunch 5c
Mint, bunch 5c
Leeks, 2 bunches 15c
Cauliflower, B.C., head 35c-40c
Green onions, dozen 25c
Terrace cabbage, lb. 6c

California head lettuce	20c
Garlic, imported, per lb.	40c
B.C. Cooking onions, 6 lbs.	25c
Celery, 2 bunches	35c
Hubbard squash, lb.	7c
Pumpkin, lb.	7c
Sweet potatoes, lb.	10c
Brussel sprouts, 2 lb.	35c
FRUIT	
Oranges, Navel, dozen	35c to 90c
Florida Grape Fruit	15c
Lemons, Sunkist, doz.	25c and 35c
California grape fruit, 2 for	25c
Bananas, 2 lbs.	35c
Extracted honey, lb.	25c and 35c
Apples, McIntosh Reds	\$2.25
Apples, Jonathans	\$2.59
Apples, Grimes Golden	\$2.75
Cooking apples	\$1.95
Pears, winter, dozen	60c
DRIED FRUITS	
Dates, bulk, 3 lbs.	35c
Dates, Drumedary	25c
Raisins, bulk, 2 lb.	35c
Raisins, package, 2 lb.	45c
Cluster raisins, lb.	25c
Lemon and orange peel	30c
Citron peel	50c
Black cooking figs	20c
White figs, lb.	15c
Table figs, lb.	25c
Currants	30c
Prunes	10c to 25c
Apples	25c
Peaches, peeled	30c
Apricots, lb.	40c
NUTS	
Almonds, shelled Valencia	75c
Brazils and filberts	30c
Walnuts, broken shelled	50c
Walnuts, shelled halves	65c
Almonds	35c
Peanuts	20c
Manchurian walnuts	25c
California walnuts	45c
No. 1 mixed nuts	35c

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"THE DAINTIEST BREAKFAST FOOD."

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