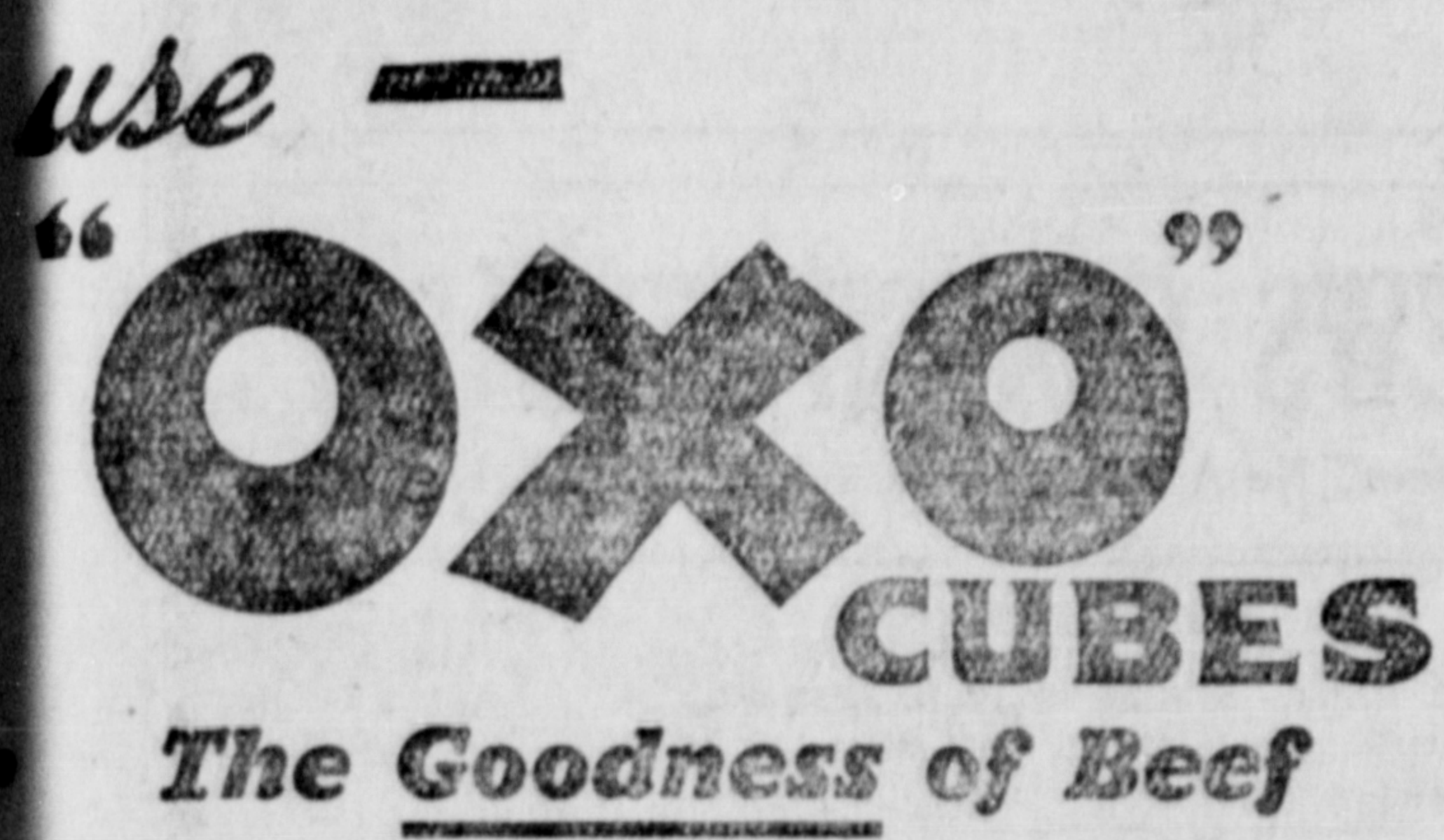


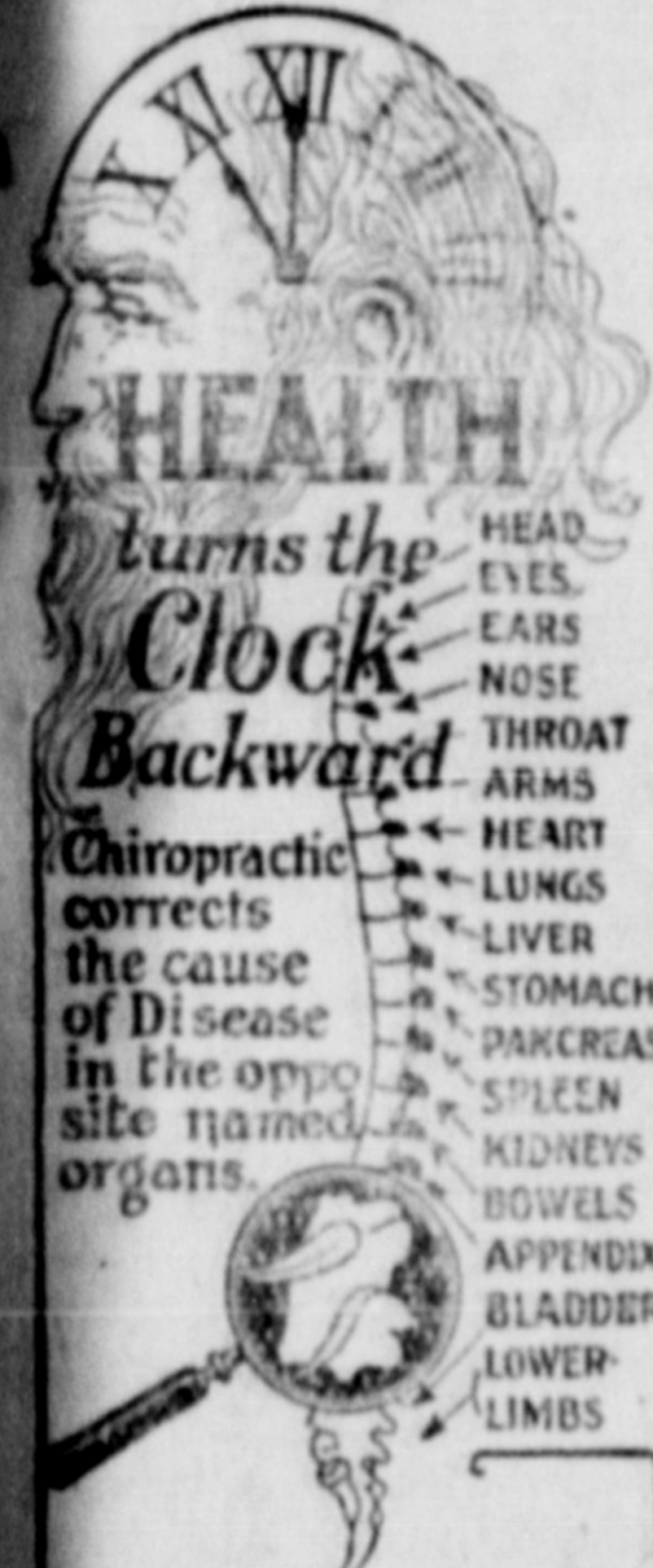
When you want more **Beef** for Soups, Gravies, Stews and Savouries,



Tin of 4 cubes, 15c. tin of 10, 30c.

The Affliction of "Big-Neck"

The unsightly goitre—big-neck—some people call it, is not alone an affliction in itself, but in certain types of cases is the fore-runner of very serious, sometimes fatal, consequences.



Due to a deficiency in the nerve supply to the thyroid gland a diseased condition develops and swelling occurs, sometimes entirely upon the surface, without dangerous consequences, sometimes inwardly with strangulation and impaired sight following.

Chiropractic spinal adjustments remove the interference with nerve lines and permit normal functioning of this gland. Cases are upon record showing as much as five inches reduction in neck circumference after three months of adjustments.

AFTER FORTY YEARS WITH A GOITRE—

"For forty years I have suffered with a goitre. I had been advised to have it operated upon, but would not hear of an operation. After witnessing the result of chiropractic adjustments with several members of my family, I decided to see if I too could be helped. I have now been taking adjustments for several months and can see my goitre reducing almost daily. I feel that I cannot say too much as to the merits of Chiropractic for human ailments."—Mrs. A. Powell, Chiropractic Research Bureau, Statement No. 2975-L

YOUR APPOINTMENT for health can be made by telephoning.

D. A. McMillan

Palmer Graduate CHIROPRACTOR
Rooms 6 and 7 Exchange Block. Phone 691
Patho-Neurometer Service
Open Evenings

Local and Personal

Arthur's Taxi. Phone 678.

B.C. Undertakers. Phone 41.

Shoes rebuilt like new at McArthur's Shoe Store.

Get the Big 4 habit! When thinking of a Taxi, phone 4.

Our shingles cost less and last longer. Seal Cove Lumber Co.

Rev. Father Godfrey arrived in the city yesterday afternoon from Anyox.

Mrs. B. J. Bacon returned to the city yesterday from Port Simpson on the steamer Camosun.

Dominion Constable A. J. Watkinson returned to the city yesterday from a trip to Port Simpson.

C. F. Kemp returned to the city on the Camosun yesterday afternoon after a brief visit in Anyox.

Indian Agent W. E. Collison returned from Port Simpson yesterday after being absent on a brief departmental trip.

Mrs. D. McD. Hunter, who has been in Vancouver for the past couple of months, is expected to return home next week.

Dr. William Sagar returned south to Port Coquitlam on the Camosun yesterday afternoon after a short visit to Port Simpson.

George Corliffe, formerly well known in local athletic circles, arrived in the city from Anyox yesterday afternoon and is registered at the Central Hotel.

Coastwise Steamship & Barge Co.'s small freighter Marmion arrived in port this morning from Anyox and has been taken on the dry dock for annual survey.

Rev. Dr. Thomas Ferrier of Brandon, Manitoba, superintendent of United Church Indian schools and missions, returned to the city yesterday afternoon from Port Simpson, accompanied by Rev. Victor H. Sansum of Kispiox.

Today is Ash Wednesday, the beginning of Lent which period ends on Good Friday, April 15. During the coming forty days, the anniversary of Christ's fasting, people of certain religious denominations forego dancing and other pleasures.

R. C. Hyde and his son, Glen Hyde, who have been in the city for the past three or four months, will sail for the south on Saturday morning, the former returning to his home in Idaho and the latter proceeding to Los Angeles where he expects to take up journalistic work.

Dr. H. J. Melkjohn of Winnipeg, president and managing director of the Sovereign Life Assurance Co. and C. A. Fyde of Prince George, British Columbia manager of the company, arrived in the city on yesterday afternoon's train and are registered at the Hotel Prince Rupert.

Political differences were pleasantly sunk at the annual dinner of the Sidney Board of Trade, held at Shoreacres, near Victoria, last week when Col. C. W. Peck, M.L.A. for the Islands, proposed the toast of the Province, Hon. Dr. W. H. Sutherland, minister of public works, responding.

Having replaced the Prince Rupert, which is now tied up in Vancouver, C.N.R. steamer Prince George, Capt. Harry Neden, arrived in port at 1.30 this afternoon from the south and will sail at 10 tonight for Stewart and Anyox. The Prince Rupert will be here later to enter dry dock.

Among those arriving from the north on the steamer Camosun yesterday were: J. B. Robertson, George Corliffe, Rev. Father Godfrey, C. W. Smith, R. Green, George Dressick, W. A. Talbot, C. F. Kemp, R. H. Crowe, M. G. McLeod, J. T. Mandy, J. McDonald, J. Comer, W. E. Collison, Mrs. B. J. Bacon, Rev. Victor Sansum, Rev. Dr. T. Ferrier and A. J. Watkinson.

G. H. Pethick, who arrived in the city at the end of last week from Victoria, left on this morning's train for Smithers where he is taking a position as assistant district engineer in the provincial department of public works. Mr. Pethick was with the G.T.P. Railway engineering department during construction days here some eighteen years ago.

Established 1923.
SAVE YOUR TEETH

Office Hours:
9 a.m. to 6 p.m.
Saturday:
9 a.m. to 1 p.m.

Any evening by appointment

DR. F. P. KENNY
DENTIST
Exchange Block. Phone 109

Women of Moosheart Legion whilst drive and dance, March 3. 52

Miss Nora Kenny was an arrival on today's boat from the south.

James Killias returned from a business trip to Vancouver on today's boat.

Jack Keefe returned to the city today after spending the winter in California.

Don't forget "Old Maid's Convention," First United Church tomorrow night at 8 o'clock.

Tom Sazaroff and Hector Beaulac were passengers for the south on the steamer Camosun last evening.

A. Farrow, steamboat inspector, arrived from the south today in the course of his duties.

Chas. Adam of Stewart returned north today from Vancouver after spending the past few weeks in the south.

Lieut. Col. S. P. McMordie returned on the Prince George this afternoon from a business trip to Vancouver.

Col. and Mrs. J. W. Nicholls and family returned from a holiday trip south on the steamer Prince George today.

J. A. Anderson, well known Alice Arm mining man, was a passenger for the south on the Camosun last evening.

Meeting of women of all the churches in the Anglican Church on Friday, at 3 p.m. to pray for world-wide missions. 52

Mr. and Mrs. Bert Creech returned from a holiday trip to Vancouver on the steamer Prince George this afternoon.

Royal Purple Tea and sale of work and home cooking on Saturday, April 16, in the Elks' Club Rooms, Third Avenue.

Denny Allen Co. Annual March Sale. Two weeks only. Your 80c buys \$1.00 worth crockery, china, glassware, kitchen ware. 52

Mr. and Mrs. H. E. Rochester returned on the Prince George today from their honeymoon trip to California and southern cities.

Rev. Victor H. Sansum of Kispiox, who has been on the coast for the past week on clerical duties, returned to the interior on this morning's train.

Dr. J. F. McGuire, former dentist in the city, returned from the south this morning on the steamer Prince George and will again open up an office in the city.

Rev. W. J. Seeds, who has been occupying the pulpit of the Presbyterian Church here, for the past few Sundays returned south on the Camosun last evening.

The store and taxi stand of J. H. Snedden is about to be moved from its present location next to the Moose Hall to the corner of Third Avenue and McBride Street.

Joseph T. Mandy of Alert Bay, who is taking moving pictures in this district, returned to the city yesterday from Stewart and is registered at the Hotel Prince Rupert.

John Dore, district superintendent of government telegraphs, returned to the city on yesterday's train from Smithers where he had been in attendance at the funeral of the late William Mitchell.

Rev. Thomas Ferrier, superintendent of United Church Indian missions, left on today's train for Edmonton en route to Brandon. He has been on his annual trip of inspection to this district.

Several weeks will be required yet for the completion of building at the dry dock of the Granby Co.'s new power boat to replace the Azurite. The craft, which is 75 feet long, is being named "Granby."

G. F. MacKay, district engineer for the provincial department of public works, left today for Smithers and will be away about a week installing G. H. Pethick in his duties as assistant district engineer succeeding T. A. Clarke, resigned.

Mrs. Basil E. Porritt, Queen Court, New Westminster, assisted by her mother, Mrs. H. T. Willett, of Vancouver, entertained at a delightful bridge party on Monday afternoon and evening. The tea table, centred with daffodils, was presided over by Mrs. G. Lewis and Mrs. F. J. Couthard. Those serving were Mrs. A. Hugh Gunn, Mrs. J. Worsfold and Miss Chloris Goulthard, Vancouver Province.

Rev. J. R. Frizell, newly chosen pastor of the First Presbyterian Church in Prince Rupert, and Mrs. Frizell arrived on the steamer Prince George today. Tomorrow night the induction of Mr. Frizell will take place with Rev. Thomas Oswald of Vancouver, who also arrived in the city today officiating. Pending the completion of the renovation of the Manor, Mr. and Mrs. Frizell are the guests of Mr. and Mrs. S. Massey, 401 Fourth Avenue West.

RESURFACE COW BAY ROAD
The provincial department of public works announces that provision has been made to resurface Cow Bay road. The work will start shortly.

COMING!

W
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STOP!
Don't Spend
Any Money
WAIT!
For the biggest, best
and most startling
sale ever held in
British Columbia.

Friday--
March 4th
at 9 a.m.
We Start
the
Fireworks

Don't miss this great event. A regular cyclone of bargains will strike the city Friday, March 4, at 9 a.m. If you need Boots, Shoes, Furnishings, Clothing, Dry-goods, etc., WAIT and WATCH for this big merchandise upheaval. Great preparations are now being made. Goods are being assorted and re-marked for the past week.

Sale will start Friday, March 4, 9 a.m.
UNIVERSAL TRADING CO.

Canadian National Steamships Co. Limited

Prince Rupert
DRYDOCK
AND
SHIPYARD
Operating G.T.P. 20,000 Ton Floating Dry-Dock
Engineers, Machinists, Boilermakers, Blacksmiths, Pattern-makers, Founders, Woodworkers, Etc.
ELECTRIC AND ACETYLENE WELDING.
Our plant is equipped to handle all kinds of
MARINE AND COMMERCIAL WORK.
PHONES 43 and 385

Six Choices

- New Brunswick Phonograph \$115 to \$385
- New Sonora Phonograph \$135 to \$175
- New Columbia Phonograph \$125 to \$375
- New McLagan Phonograph \$110 up
- New Gold Medal Phonograph \$90, Consul
- New Amphiphonic Phonograph \$90

All new reproducing models, see our floor display. You are cordially invited to come in and hear them. Terms arranged.

J. LORNE MacLAREN, Ltd.
Mason & Risch Pianos
Third Avenue, Corner Fifth Street

SAVAGE
ELECTRIC WASHER AND DRYER.
Washes, Blues, Rinses and Dries without a wringer or having to put your hands in the water.
Cash Price \$190
Also Easy Terms
KAIEN HARDWARE CO.

UNION STEAMSHIPS LIMITED
Sailings from Prince Rupert.
For VANCOUVER, VICTORIA, Swanson Bay and Alert Bay, etc., Tuesday, 5 p.m.
For VANCOUVER, VICTORIA, Alert Bay and Swanson Bay, etc., Saturday, 9 a.m.
For PORT SIMPSON, ANYOX, ALICE ARM, STEWART and Naas River, Canneries, Sunday, 8 p.m.
123 2nd Avenue. R. M. SMITH, Agent. Prince Rupert, B.C.

"TRY A NIP TO-NIGHT!"
GRANT'S
"Best Procurable"
(THE ORIGINAL)
Pure Scotch Whisky
RICHEST IN FINEST
HIGHLAND MALT

Bottled and guaranteed by William Grant & Sons Limited, Glendoch and Helensburgh, Glasgow, Scotland.

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