More Bread and Retter Bread

Gives Unusual Success with Home Baking

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THE DAILY NEWS

PRINCE RUPERT - BRITISH COLUMBIA.

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DAILY EDITION.



Thursday, Jan. 13, 1927

PROPER AIR CONDITIONS.

Physiologists tell us the most important point about air and health is the amount of cooling effect the air exerts upon the human body. The skin of the face, neck and upper chest is very sensitive against 73.94 for November, 1925. to this cooling effect. The benefit of sun treatment in the healing the operating ratio and net earnings the Canadian National Railways to take of tuberculosis and other diseases is now reported to result in great part from the tanning of the skin. The tanning makes it possible for month periods of the preceding years trail riding facilities in the Mount Robpeople to remain naked exposed to the cooling air for longer periods. The cooling demands greater provision of heat in the body and more food has to be digested to form fuel. People digest 50 per cent more food after treatment has been taken than before exposure. Pupils of the same age learn more quickly while taking sun treatment than their playmates remaining in city schools. We, who are well, can keep fitter by having proper air conditions surrounding our bodies whether working, studying or playing.

LIMIT TO HOMEWORK.

"There are very few parents of pupils who ask that their children be not given homework. There are many parents who want J homework given their children, and some of them ask for more of F it than it is usual to give."

This is the opinion of Dr. C. C. Goldring, principal of Earl Beatty School and president of the Toronto Public School Principals' Association, in comment on the action of the board of education in raising the maximum of homework from 20 to 30 minutes for third class pupils, and from 30 to 60 minutes for fourth book children.

"There is not much danger of harm being done by an hour's or homework," said Dr. Goldring, "but I think an hour is enough. Of N course, if the child is delicate or there are special reasons against so much homework, the principal or teachers will use discretion." Eleven months \$242,854,988 \$221,119,532 this morning. Parents in some homes, says this principal, ask that their children be given no home work because they have the radio and want to enjoy it.

WORSE THINGS THAN POVERTY.

Three university students in the United States, all young men and sons of wealthy parents, committed suicide at the New Year because they were "tired of life." The tragedies were evidently not related in any way, and a "suicide pact" has not been suggested.

In the go-as-you-please conditions of life in great U.S. Universities, these boys had apparently run the whole gamut of pleasurable sensation. Life for them was a squeezed lemon and they saw no Eleven monthe \$41,451,628 reason why they should continue an existence that had lost zest. Arguing from their viewpoint they were logical; unless they could change the viewpoint. Why should a thrill-chaser continue to live HUGE FORTUNE LEFT

The real tragedy in each case was not that a purposeless life was ended, but that life was purposeless. Environment and choice had made them moths, whose only aim was to flutter in the social whirl or the realms of speculation. What does it matter when the moth flutters into the flame?

Had these boys been sons of poor men, obliged to earn a living | SASKATOON, Jan. 13. - "Dame Forand scramble for an education, they would in all probability be alive today, relishing existence in a world filled with opportunities for happiness, and preparing themselves to do some useful work in their formerly a member of the "Originals," day and generation. Not many boys who come up through that "hard" school grow weary of life.

The moral is old, but it is not very generally believed. There enormous fortune left by his uncle in are worse things than being born poor. Yet every parent wants his Corsica. The estate is reported to inboy born rich, and surrounded with all the opportunities wealth

can provide for attaining greatness-and also for going to the dogs. Behind the boy who is "tired of life" there stand two parents who have been over-indulgent .- Edmonton Bulletin.

Take a teaspoonful of Painkiller in a glass of hot sweetened

water every twenty minutes until relief is felt. If the trouble is due to improper food also take a dose of castor oil. Rub the stomach and bowels with the bare hand wet with Painkiller. Keep quiet and warm until attack has passed. In use the world over for 85 years. DAVIS & LAWRENCE CO., Manufacturing Pharmacists, New York, Montreal

SINCE AMALGAMATION OF LINES

summary of earnings and and expenses issued, here shows that the Canadian National Railways had during eleven \$201,403,360, thus leaving net earnings of \$41,451,628. The gross is the largest yet recorded for a similar period during the five years which have elapsed since the amalgamation of the various units into the present system, while net establishes a new high mark in the financial history of the railway and exceeds by \$9,187,213 the total net of the twelve months of 1925.

The operating ratio of the system, that is, the relation of expenses receipts, continues to show a downward trend. For the first eleven months of 1926 the ratio has been reduced to 82.93 per cent, as compared with 37.83 per of which cities I visited, will be found cent during the similar eleven month period of 1925.

During the month of Nevember last the gross earnings of the railways amounted to \$25,807,954 compared with \$24,675,451 during November, 1925. In November last the working expenses amounted to \$18,417,118 compared with \$18,224,967, thus, while the earnings increased in November, 1926 by 4.59 per cent., the working expenses increased only by 0.94 per cent.

In November last the net earnings were \$7,390,836 compared with \$6,430,-484 in November 1925, an increase in

EIG INCREASE

1926, the gross earnings have increased the number of tourists visiting us to in comparison with the first eleven increase far and beyond our fondest exmonths of 1925 by 9.83 per cent, while pectations during the next few years. the expenses in eleven months of 1926 increased only by 3.71 in comparison reputation for not overstating their with eleven months of 1925, and the facts and this is doing a very great deal net for 1926 shows a gain over eleven to bring about American tourists to all months of 1925 of 54 per cent.

There is also an improvement in oper- continue to play an honest game to ating ratio for November, 1926, as compared with November last year, the ratio being 71.36 for last month as

compared with these of similar eleven over and operate their outfitting and

are a	s shown be	low:	
	Ne	t Earnings	Operating
	for	11 months	Ratio
1922		\$ 5,848,151	97.23
1923		16,723,089	92.74
1924		14,483,968	93.30
1925		26,916,205	87.83
1926		41,451,628	82.93
Des	ults obtaine	d in the elec	on months

periods of 1926 and 1925 were as fol-

	1926	1925
anuary	\$18,055,921	\$16,716.468
ebruary	17,693,338	16,486,042
larch	21,255,004	18,233,944
pril	19,497,542	17,656,889
lay	22,183,304	18,245,738
une	22,303,899	18,204,662
uly	22,527,786	20,370,614
ugust ,	22,266,547	20,747,640
eptember	23,712,951	22,606,263
ctober	27,550,742	27,175,821
overber	25,807,954	24,675,451
lawan manths	2040 054 000	

NET EARNINGS

	1926
January	\$1,637,642
February	1,308,401
March	4,191,845
April	2,551,330
May	3,226,365
June	1,941,078
July	2,680,337
August	3,291,077
September	4,915,259
October:	8,317,458
November	7,390,835
	THE RESERVE OF THE PERSON OF T

X Operating deficit in June, 1925.

TO SASKATOON MAN

Bequest From Corsican Uncle

tune" has smiled on Lionel Broadway, a well-known entertainer of this city, and the concert troupe of ex-servicemen.

Lionel has been notified by a firm of clude several castles, a great deal of land, a vineyard and money amounting

to about a million in Corsican currency. A cablegram from the executors of the estate contains only one possible dition, and she sent me three boxes of flaw in the way of Mr. Broadway securing full control of the estate. It requests that he bring with him to Corsica, a native Corsican, who is said to

know another mysterious relative. Mr. Broadway has made arrangement for a hurried trip to Corsica and will remain away at least two months, but he declares his fortune will be spent in Canada where he has found "the greatest happiness and success."

If we keep on passing laws at the present rate, it will only be a short time until the greatest problem in life will be to find something to do which is not contrary to law.

BOOKED MANY PROMINENT EASTERN PEOPLE FOR

Brewster, M.C., famous guide and outfitter of Jasper National Park, who knows the Northern Rockies of Canada Winnipeg en route to Edmonton and Jasper from a hunting trip in easter. Canada and the United States. It was not moose, deer, grizzles or other dwellers in the wild wood that Major Brewster was seeking on his latest exploration trip but men and women of the cities of the east whom he was hunting out and inducing to visit Jasper Fark this year, "It is one of the biggest bags I ever earned," he said, "and if I were to tell you some of the names you would agree with me. I can only say that some of the best known men and women in Montreal, New York. Philadelphia, Boston and Toronto, all

During his visit to New York, 'Major the Explorers' Club, a noted and exclusive organization in the United States, whose membership rolls contain the members of some of the world's greatest wanderers and adventurers. He stated that his formal talk was a short one but he was kept busy for the remainder of his visit answering questions put to him by those who were present with their friends.

Jasper this summer."

"Everywhere in the eastern states.'. the net in favor of November, 1926 of thusiastic greeting and genuine interest in Canada. I honestly think that these people believe they can find what they Taking the eleven month period of want in Canada and that we can expect Canadlans seem to have achieved a parts of the dominion. We need only play a winning game in the fight for the summer tourist traffic."

When he was in Montreal Major Brewster concluded arrangements with son district this year.

Major Brewster was accompanied by Mrs. Brewster who, before her marriage, was a New York girl, the daughter of a prominent architect of that city.

Ten Years Ago in Prince Rupert

JANUARY 13, 1917.

At the annual meeting of St. Andrew's Society last night the following officers were elected for the ensuing year: President, S. D. Macdonald; First Vice-president, George P. McColl; Second Vice-president, Thos. McMeekin Sec. Treas., C. W. Gauld; Warden, A. Clapperton; Chaplain, Dr. H. R. Grant; iper, James Sturgeon.

G. W. Morrow and O. H. Nelson of he fishery delegation left for Ottawa

The Sisters of St. Joseph have pur-3 272,803 chased the A. S. B. Lucas home on 611,724 Fourth Avenue West to be used as 1,635,723 boarding house for girls. 1,254,532

A dance was given last evening in X 432,376 the Railwaymen's Hall in aid of the 1.924,941 Prisoners of War Fund. 2,718,405

Indian Agent C. C. Perry is in receipt 8.159.958 of letters from native boys who are 6.430,484 now on service at the front.

\$26,916,205 AGED MAN WHO DIED IN WINNIPEG

WINNIPEGG, Jan. 13 .-- John Colin McDougal, 90 years old, and for 79 years a straight line of bearing north 69 deg. He was born at the Hudson's Bay pos

Became So Weak **Could Hardly Stand**

spell of sickness and became so weak could hardly stand. I could not sleep at night as the least little noise would wake me up. I tried blood tonics and other nerve pills, but they did me no good, and I was getting worse. I wrote my mother about my con-



After the first box I was feeling much better, so I kept on until I had used the three boxes, and now I feel as well as ever I did when I was a young girl." Price 50c. a box at all dealers. mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto,

"OXO"

Tomato Omelet

1/2 oz. butter Pepper and salt

Skin and cut up the tomatoes.

Put them in a lined saucepan

with the butter, and the "Oxo"

mixed with a little hot water.

Season to taste. When thor-

oughly cooked, mash well; break

in the eggs, and stir over the

fire till thick. Spread on but-

CHILDREN'S

PUZZLE

A delight to every

child. Two picture-

puzzles in one - 72

pieces. Sent to any

address on receipt of

30 "OXO" Cube

wrappers.

tered toast, and garnish with

3 tomatoes

parsley.

1 "Oxo" Cube

3 eggs

Goodnessal in an exo Cube!

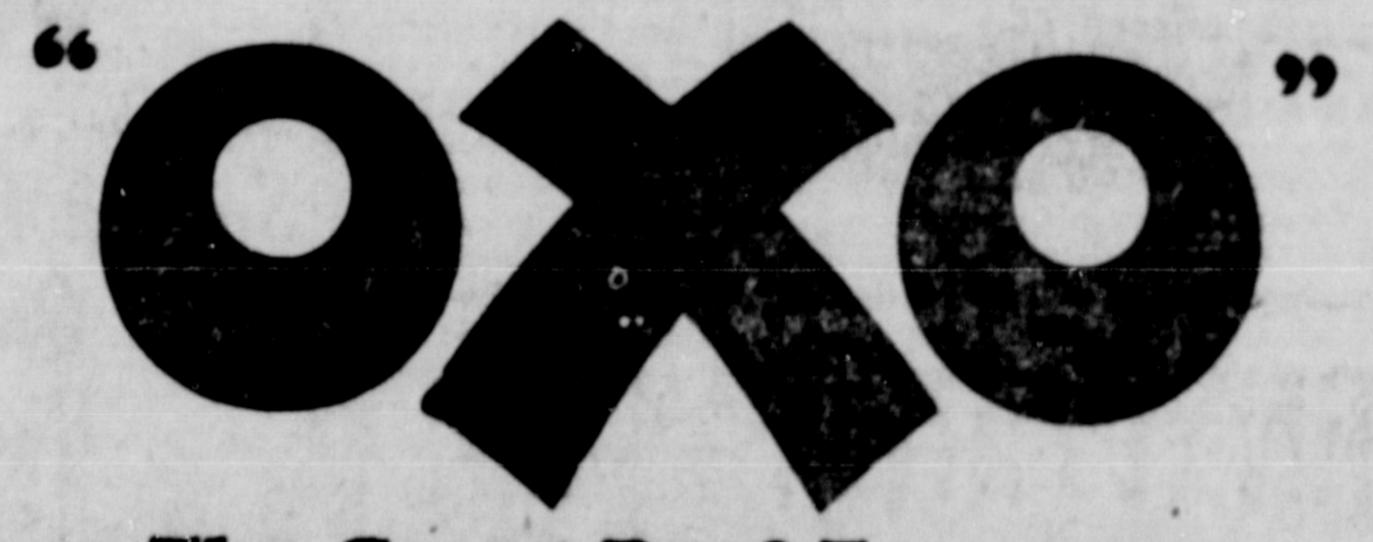
"OXO" Cubes are the nourishing principles and the rich, meaty flavour of prime beef in convenient, economical and concentrated form.

Such a help in solving the "daily menu" problem! "OXO" adds new, enticing savour to soups, gravies, stews, hash, croquettes and meat pies - transforms "left-overs" into delicious dishes. The "OXO" Cook-book will show you scores of delightful recipes. Send for it today.

And what a wonderful beverage is a cup of hot "OXO." It sends comforting warmth to every part of the body nourishes-invigorates.

Get a tin of "OXO" Cubes with your next grocery order. After one trial, you'll never be without a tin in the pantry.

OXO LIMITED, 356 St. Antoine Street, Montreal



The Great Beef Economy

Tins of 4 cubes, 15c.

tin of 10, 30c.

N.B .- To ensure quick dissolving, always slice the cube into hot water.

Northwest Territories. He was an oldtime freighter with the Red River carts, operating between Winnipeg and St. Paul, Minn. His wife was a first cousin to Louis Riel.

Advertise in the Daily News.

"GOVERNMENT LIQUOR ACT." NOTICE OF APPLICATION FOR BEER LICENCE

known as Seal Cove Hotel, situate a the City of Prince Rupert, in the Pro-Waterfront Block "L" Bay of Prince tupert, City of Prince Rupert, Prince Rupert Land Registration District, and being more particularly de-

"Commencing at a point which lies in 23' 8" east a distance of 767.20 feet 33 deg. 24' 35" west a distance of 100 Mrs. Wm. Palmer, Tomahawk, Alta., for the sale of beer by the glass or by feet to the point of commencement." writes:--"Last spring I had a long the open bottle for consumption on the

DATED this 12th day of January, 1927.

"GOVERNMENT LIQUOR ACT" NOTICE OF APPLICATION FOR BEER

NOTICE IS HEREBY GIVEN that on the 1st day of February next the underintends to apply to the Liquor Control Board for a licence in respect to premises being part of the building the City of Prince Rupers, Province of British Columbia, upon the lands described as Lots Eleven (11) and Twelve (12), Thirteen (13) and Fourteen (14) in Block Ten (10), Section One (1), City of Prince Rupert, Province of British Columbia, according to a registered map or plan deposited in the Land Registry Office at the City of Prince Rupert aforesaid and numbered 923, for the bottle for consumption on the premises. DATED at Prince Rupert, B.C., this 3rd day of January, 1927.

CORA E. BLACK.

THE ACME'S FIFTH ANNUAL

lemptation

To clear out broken lines before stocktaking, prices have been still further reduced. LOOK AT THESE VALUES!

SPECIALS FOR MEN!

Men's Brock Hats-Regular value up to \$7.50. Temptation Sale Price \$3.95 Men's Caps-Wolff, Cooper and G. & C. makes. Regular values up to \$3.50. Temptation Sale Price \$1.95

Men's Handkerchiefs-Hem stitched, regular 15c value. Temptation Sale Price, per dozen 95c

Men's Cotton Socks-In all colors, black, brown, gray, putty, etc. Regular value 35c. Temptation Sale Price, 6 pairs

Acme Importers

Third Avenue

Terms-Strictly Cash. No charge accounts Mail Orders promptly attended to.

UNION STEAMSHIPS LIMITED

Sailings from Prince Rupert. For VANCOUVER, VICTORIA, Swanson Bay and Alert Bay, etc., Tuesday, For VANCOUVER, VICTORIA, Alert Bay and Swanson Bay, etc., Saturday. For PORT SIMPSON, ANYOX, ALICE ARM, STEWART and Naas River

Canneries, Sunday, 8 p.m. 123 2nd Avenue. R. M. SMITH, Agent.

Prince Rupert, B.C.