STOMACH TROUBLE

Bad indigestion and poverty to the point of starvation were recognized as equal evils as far back as the time of Rabbie Burns. Of what use is money or food, if the stomach fails in its duty?



the lower nerve under the magnifying glass is pinched by a misaligned joint Pinched nerves cannot transmit healthful impulses, Chiropractic adjusting removes the

pressure , The

upper nerve is free

as nature intends.

The healthy person does not and should not even realize that he has a stomach. Digestion of wholesome, normal food should be automatic. But this cannot be if the stomach is receiving less than its full supply of vital en-

When the stomach fails in its functions, two courses of relief are available-you can reduce the quantity and variety of your food to fit its subnormal capacity-or, you can have the cause removed by spinal adjustments which restore the flow of vital energy to full capacity. Which is best?

"I EAT MOST ANYTHING."

"I have suffered from a bad form of stomach trouble for as long as I can remember-at least ten years. I have vomitted my food even when a schoolboy and have also been suffering a great deal from bladder and kidney trouble. I commenced to take adjustments taking 36 adjustments in all. Now, three months later my stomach is in good condition, and I can eat most anything I like without it hurting me. My severe bladder and kidney symp. toms have also disappeared, and I feel fine." - Archie Preston, Chiropractic Research Bureau, Statement No. 2077-N.

YOUR APPOINTMENT for health can be made by telephoning.

D. A. McMillan

Palmer Graduate CHIROPRACTOR

Open Evenings

looms 6 and 7 Exchange Block. Patho-Neurometer Service

Phone 691

DEMAND

"Rupert Brand" Mppers-

"THE DAINTIEST BREAKFAST FOOD."

Smoked Daily by

Canadian Fish & Cold Storage Co., Ltd.

Prince Rupert, B.C.



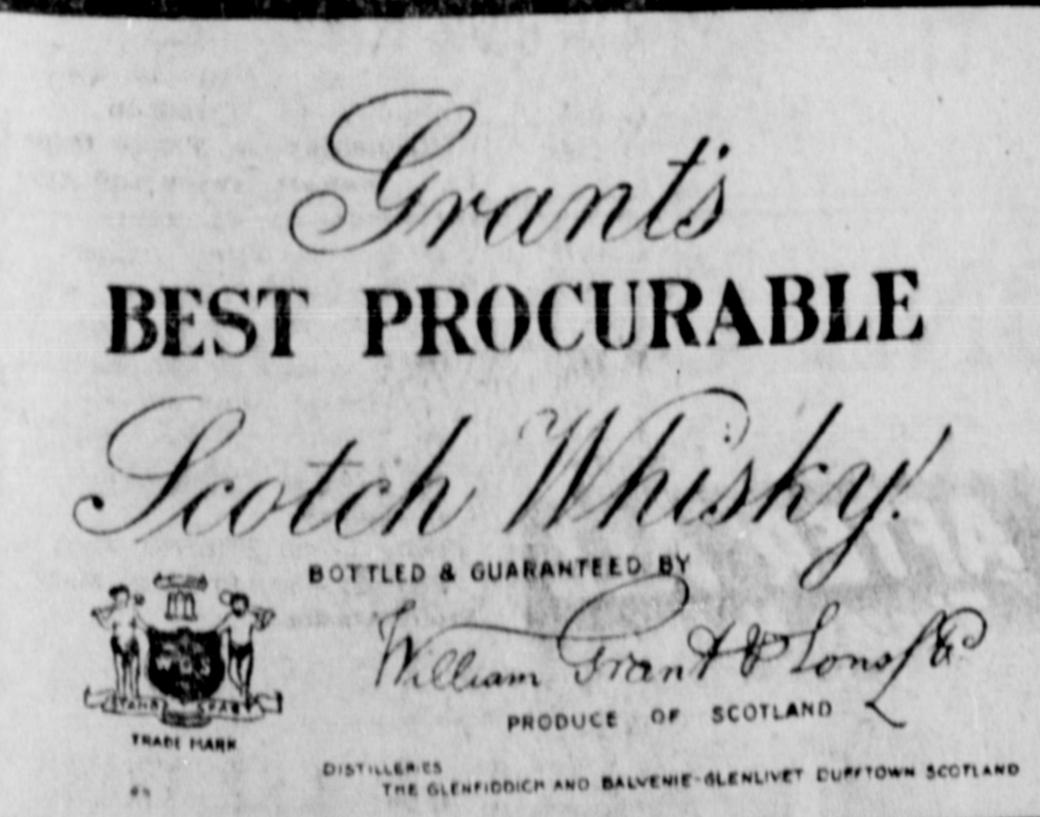
ELECTRIC WASHER AND DRYER.

Washes, Blues, Rinses and Dries without wringer or having to put your hands in

Cash Price \$190

Also Easy Terms KAIEN HARDWARE CO.

"TRY A NIP TONIGHT"



The Original Label - look for it at the Vendor's and insist on GRANT'S "BEST PROCURABLE"

This advertisement is not published or displayed by the

Liquor Control Board or by the Government of British Columbia.

HATZIC MAN'S

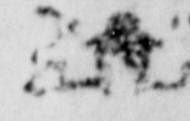
HITCH HAS SPECIMEN WITH WINGSPREAD OF MORE THAN FIVE FEET

Hitch, who lives on a farm near here. The owl is a perfect specimen except for two claws that are missing, and Mr. Hitch, with a reminiscent smile, remarks that he, too, is a perfect specimen of manhood except for two gaping Packers Clark's Celebrated Pork&Beans 7:27 a sequel to Mr. Ritch's strange battle Mrs. Hitch, hearing the noise ran to

rauders of chickens and when Hitch! neighbor for assistance.

HOW IT WAS CAPTURED

dead owl, he found this was not the



TIMBER SALE X6830

Provided anyone unable to attend the Two (2) years will be allowed for re-

Further particulars of the Chief Forester, Victoria, B.C., or District Forester,

LAND ACT NOTICE OF INTENTION TO APPLY TO TO LEASE LAND

In Prince Rupert Land Recording Disnorth shore of Crescent Inlet.

TAKE NOTICE that James Field, of Prince Rupert, B.C., occupation Marine

JAMES FIELD.

Dated November 27, 1926.

DEPARTMENT OF LANDS

at Victoria, B.C.

G. R. NADEN. Deputy Minister of Lands. Department of Lands, Victoria, B.C., January 4, 1927.

MINERAL ACT CERTIFICATE OF IMPROVEMENTS NOTICE

Juanita, Anyox, Granby, Alamo, Rodeo, Diggins and L. S. McGill for the crown nto. Wann Fractional No. 2, and Monte

before the issue of such Certificate of going East.

NOTICE

Skeena Mining Division, the sum of ity in the cutting in that vicinity.

DAVID CORDILLA. JACOB KOSKI.

NOTICE

within the City place, keep or deposit ashes in wooden receptacles or within

I am instructed by the City authorities to notify all parties, who neglects to do so or who refrains from doing any act or thing which violates the above take the necessary proceedings to enforce ness visitor in Smithers this week. this section of the By-law.

H. A. MCLEAN. City Engineer. "Let the Clark Kitchens Help You"



MONTREAL

her husband's aid but she was unable Owls have been troublesome mau- to drive off the owl and called to a

heard a noise in his henhouse one Harold Henry, a nearby farmer, came night recently he investigated with a upon the scene with a gun but found shotgun. It was dark and Hitch let Hitch and the owl locked so close tosevered two of the enraged owl's claws and then, as the bird plunged about Picking up the body of a supposed on the ground, he struck it several

> Next morning, Hitch with his hands secure his prize, but the bird had flown, apparently little the worse for

Three days later Hitch noticed an owl perched in a treetop. It was the owl with the missing claws.

SMITHERS

of the Mamie property near the Duthie perty over and start extensive work

Investigations have been under way with a view to extending the Government Telephone Service to residents on the Southerly side of the Bulkley River between Smithers and Moricetown. With greatly improved road connections in the district of Evelyn and Lake Kathlyn, many new settlers have

Arrangements have been made by the bia Chamber of Mines for a series of has done and exhorting to continue it

Application for Grazing Permits for the ers, died here early Sunday morning. The late Mrs. Sharpe was 81 years of Application for permits to graze live- age and was born in York, England. with the came to this district in 1909 with her at Fort George, Kam- husband who predeceased her. She Blank forms upon which to submit side her daughter here, the late Mrs. places, or from the Department of Lands Sharpe of Hazelton, and two other daughters, Mrs. Lancaster and Mrs Hirst of Victoria.

A charge of theft laid against T. G Diggins of Houston by A. Norberg of the same town was thrown out by Judge Robertson of Prince George in County Court here this week. S. W. Taylor of Prince Rupert, appeared for

rict. Where located:-On Wann River, now filling big orders for cedar logs gaged in filling the railway ice houses to be used by the Canadian National here. pose of obtaining a Crown Grant of the James Craig, chief engineer in charge chell, government telegraph agent here. of such work at Jasper, has been here Mrs. Mitchell has left for her husband's Kathlyn rancher, And further take notice that action, to inspect a large shipment of material bedside.

in getting out ties for the Canadian nia. National Railway's requirements. As Under and by virtue of the provisions usual, this business means a great deal the "Mineral Act," no- to the farmers of the district and is tice is hereby given Messrs. Malcolm the means of making possible further Albert Moore, that there is owing improvements on their holdings. Harr to the undersigned for Assessment Work Hanson of Rose Lake was in town this performed on the Cordilla Group of week and reported considerable activ-

After an illness of two months, Donadvertising, etc., to the undersigned ald Macdonald, a farmer resident of at Butedale, B.C., on or before May 12. the Sasory district, died in the Smithers' 1927, application will be made to the Hospital at the end of last week. He to have their respective interests in the was a native of Invernesshire, Scotland, herein mentioned Mining Group of and came to Canada in 1907, having Mineral Claims vested in the underresided at Savory for seven years. He was unmarried and is survived by a sister in the Old Country.

Smithers experienced weather of the winter on Tuesday night Citizens of Prince Rupert are hereby when the thermometer reached 35 below with a bitter north wind prevailing.

Henry Smith, a former local resident, twenty-five feet of a house or building arrived from Vancouver this week and depository constructed of brick, will be in charge of the construction stone, or other non-combustible ma- of the new mill being built at the

O. C. Thompson, who is in charge of work being carried on by the Porcupine date an inspector will be empowered to Goldfields Co., near Topley, was a busi-

S. J. Mayer has returned to his rail-

Well-Managed Home

THE manager of a household is the purchasing agent for a large proportion of the family needs. In order to do a good job she must know what, when and where to buy. She must study goods and the concerns which make goods and have them to sell. She must put her home on a business basis and run it on business principles in order to make the most of the family income.

Information is the only basis for intelligent purchasing. And the right way to get the greatest amount of necessary information is to read the advertisements.

Advertisements tell you what is new and good in merchandise. They reveal improvements and inventions to make your home life easier, more comfortable and more convenient. They give you information about a thousand and one things that are useful.

Every manager of a household---every member of the household who shares the responsibility for the family's welfare---should make a habit of reading the ads.

> Read the advertisements in order to buy wisely

couver where he attended a meeting of the provincial legislative committee of the Brotherhood of Locomotive En-

Al Finnerty of the railway ice crew out of Smithers was summoned from Pacific to Vancouver this week on ac-

George Wall's ice crew returned to Smithers early this week after having unloaded Lake Kathlyn ice at Pacific The Hanson Timber & Lumber Co. is and Prince Rupert. They are now en-

> Word has been received of the failing Rupert. condition at Kamloops of William Mit-

Dated this 1st day of January, A.D. There is general activity among far- Mrs. A. J. McIntyre has left to visit Several applications have been re-

mers of the central interior district with her parents at Oakland, Califor- ceived for the position of municipal

an immaculate kitchen. The sparkling brightness of Aluminum Utensils provides the first step in neatness, and an Easy Vacuum Electric Washer is equally indispensable. We can supply you with both at popular prices.

Thompson Hardware Co., Ltd. Prince Rupert. 255 Third Avenue.

ing here this week as travelling representative for J. L. Christie of Prince

Court here this week for naturalization papers.

clerk here, which post was recently resigned by F. Ockleshaw. No action C. T. Saunders, who was on the office has yet been taken by the council owstaff of the Hanson Timber and Lum- ing to the continued illness of Ald. ber Co., some years ago, has been visit- Groat.

MCII 2

arriving regularly For Prices and Quality Don't Forget

Montreal Importers

Third Avenue Proprietor

Phone 63 Cartage, Warehousing, and Distributing. Team or Motor Service. Coal, Sand and Gravel. We Specialize in Piano and

Furniture Moving.

UNSWEETENED SWEETENED Made in Canada by the makers of Nestle's Baby Food

better luck

on bake day