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Baker's Chocolate

(Blue Wrapper—Yellow Label)

In making Cakes, Pies, Puddings, Frosting Ice Cream, Sauces, Fudges, Hot and Cold Drinks

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WALTER BAKER & CO. Limited

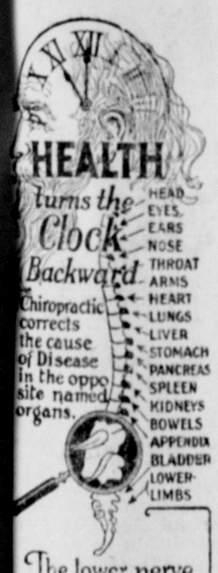
Established 1780 DORCHESTER, MASS.

Canadian Mills at Montreal

Booklet of Choice Recipes sent free

STOMACH TROUBLE

Bad indigestion and poverty to the point of starvation were recognized as equal evils as far back as the time of Rabbie Burns. Of what use is money or food, if the stomach fails in its duty?



The healthy person does not and should not even realize that he has a stomach. Digestion of wholesome, normal food should be automatic. But this cannot be if the stomach is receiving less than its full supply of vital energy.

When the stomach fails in its functions, two courses of relief are available—you can reduce the quantity and variety of your food to fit its subnormal capacity—or, you can have the cause removed by spinal adjustments which restore the flow of vital energy to full capacity. Which is best?

"I EAT MOST ANYTHING."

"I have suffered from a bad form of stomach trouble for as long as I can remember—at least ten years. I have vomitted my food even when a schoolboy and have also been suffering a great deal from bladder and kidney trouble. I commenced to take adjustments taking 36 adjustments in all. Now, three months later my stomach is in good condition, and I can eat most anything I like without it hurting me. My severe bladder and kidney symptoms have also disappeared, and I feel fine." — Archie Preston, Chiropractic Research Bureau, Statement No. 2077-N.

The lower nerve under the magnifying glass is pinched by a misaligned joint. Pinched nerves cannot transmit healthful impulses. Chiropractic adjusting removes the pressure . . The upper nerve is free as nature intends.

YOUR APPOINTMENT for health can be made by telephoning.

D. A. McMillan

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CHIROPRACTOR

Rooms 6 and 7 Exchange Block. Phone 691

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Open Evenings

DEMAND

"Rupert Brand"

Kippers

"THE DAINTIEST BREAKFAST FOOD."

Smoked Daily by

Canadian Fish & Cold Storage Co., Ltd.

Prince Rupert, B.C.

Waterfront Whiffs

UNPRECEDENTED ACTIVITY IN BOAT BUILDING AT THIS PORT — MOST OF HALIBUTTERS GONE— FRED GRIMBLE JOINS CUSTOMS

Exceeding all records of the past is the program of fishing boat construction now under way at Prince Rupert. Every boat building plant on the local waterfront has work booked ahead for the next several months which will keep them operating to capacity. Two new contracts, besides several the plant already held, were secured by the dry dock during the past week. The N. M. McLean establishment in Cow Bay, having just completed a halibut boat for Chris Hovmuller, is about to start the construction of two seine boats for the Gosse Packing Co. The Japanese yards are busy on the construction of seiners and trollers.

The local halibut fleet will be greatly enhanced by the new boats of good size and splendid type that are being built. In this regard, the Canadian fleet is coming up to the standard that has recently been set by the American. That confidence has been restored in the industry is fully indicated by the ambitious projects in hand.

The two new boats, for which contracts have been let to the dry dock, are for Lars Voge and H. Lund.. Voge, who for a short time last fall was part owner of the schooner Selma, is to have a sixty-foot halibut vessel which will be a decided acquisition to the local fleet. Of fully modern design and with all the latest appliances, it will be powered with a 75 h.p. Washington-Estep oil engine and is to be completed by July 1 when it will be placed in operation.

The boat for Lund, who was formerly engineer on the American schooner Valorous, will be 56 feet long with beam of 14½ feet and 6' 6" holds. It will be powered with a 45 h.p. Fairbanks-Morse semi-deisel engine and will contain all the latest devices. The contract calls for the vessel to be ready on May 20.

The other boats to be built at the dry dock are a fifty-foot halibut schooner for Paddy Ivarson and 60-foot seine boat for Gammon & Watt.

Power boat P.R.T., Capt. Harris Kerr, of the Bushby fleet went out on Tuesday to Georgetown with George McAfee, manager of the mill, who had returned from a business trip to Vancouver and returned with a carload of lumber for the prairies in tow. On Saturday, the M.T.3, Capt. Reg. Green, brought in a mixed scowload, containing boxes for the Atlin fisheries and lumber for the local Big Bay yards.

The Rupert Marine Products plant at Tucks Inlet is just about ready to resume operations again after a thorough and extensive general overhaul. It will be prepared to start herring reduction as soon as the fish arrive in local waters.

Good progress is being made at the dry dock on the construction of a new boat for the Granby Co. to replace the Azurite which passed into Prince Rupert ownership last fall. The engine has been installed this week and the vessel will be completed very shortly.

Coastwise Steamship & Barge Co.'s steamer Groffco was in to the Big Bay Lumber Co. yesterday, her cargo including fir lumber to be used in the construction of two seine boats at the McLean yard.

Still another new addition to the Prince Rupert halibut fishing fleet this season will be the 35-foot boat now nearing completion at a Japanese yard across Cow Bow for Mr. Garlick and son who recently arrived in Prince Rupert from the prairies where they had experience in whitefish fishing. The new boat, which it is expected to have in operation within a few weeks, is 35 feet long and is being engined with a 10 h.p. Vivian motor.

After a two weeks' lay-off at Vancouver for annual overhaul, C.P.R. steamer Princess Beatrice returned to the northern run this week, arriving in port just before 8 o'clock this morning and sailing at 11 on her return to Vancouver and wayports. Capt. Steve Gray was on the bridge.

To have his fine five-man halibut schooner, Cape Clear, strike a rock and sink a total loss in dense fog off the northeast coast of Langara Island at the end of last week was indeed a calamity for Capt. Ben West, owner and skipper. The disaster was even more serious through the fact that the vessel was on her initial dash of the season to the grounds and the owner will, as a result, be probably derived of a season's operations which promised to be very prosperous. General sympathy was expressel by the members of the Canadian fleet for Captain West in losing one of the neatest and most efficient of the smaller American halibut boats. The loss was lightened considerably, however, through the fact that the Cape Clear was well insured. The wreck, and attendant circumstances were fully described in Tuesday's Daily News.

A handy footbridge has been put in by the Nelson Trading Co. to give direct access from its store to the east end of the government wharf upon which stand the fish houses. It should prove quite a convenience as it will no longer be necessary to travel through the hazards at the back of the wharf to reach the places in this neighborhood. The Nelson Trading Co. has some other rather good ideas in the way of giving service to the fishermen which should shortly materialize.

Work of redecking and repiling that part of the government wharf on which the fish houses stand is now completed, except for a few finishing touches. New hoist houses for the Royal and Booth Fisheries were ready yesterday to handle fish. This work, which has greatly improved matters at the government wharf, was carried out by the provincial government with P. W. Anderson as foreman.

MOST OF HALIBUTTERS OFF

Although there are a few stragglers left, the large majority of the local halibut boats have cleared during the past week on their first trips of the season to the high spots. Some of the vessels were biding their time pending an improvement in weather conditions and a few are not yet ready to leave. It was stated by the customs on Thursday that forty-two had already cleared then. Such boats as the Toodie, Ringleader, Verna, Selma, W. T., N. and S., Fanny F., Johanna, Zeballos, H. and R., Muirneag, White Lily, Yule, Scrub and others were still in port yesterday.

Three at least of the boats which did go out returned to port without reaching the banks. The Edward Lipsett, Capt. John Ivarson, set out on Thursday morning but developed a broken piston ring in Metlakatla Passage and came back for repairs. The Nuba, Capt. Slaney, found it too cold and came back from Grenville Channel while the Rose Spit, Capt. H. Olsen, turned her nose homeward from Squaderee because her gurdy was found to be out of commission.

Gammon & Watt's seiner Zenardi made a trip to Ketchikan at the first of the week and, picking up thirty tons of fresh herring from fishermen in that vicinity, did a land office business with departing halibut boats desirous for bait at the dry dock on Tuesday.

There has been no sign yet of herring in local waters although several boats have been prospecting.

Prince Rupert Boat House powerboat Pachena, Capt. Paul Armour, made a trip at the first of the week to Lockeport, Queen Charlotte Islands, with a party of timber cruisers which had arrived from Portland, Oregon. The Pachena left on Monday and returned on Wednesday.

N. L. Freeman of the International Fisheries Commission staff, returned to the city this week from Seattle, where he spent the holiday season, and has resumed headquarters in the local fisheries experimental station. Mr. Freeman's duties at this port during the coming summer will have more particularly to do with the collection of halibut tags from fishing boats and the obtaining of other relative data.

Jim Mackay of the Mitchell & Currie staff has been busy at the Fisheries Experimental station this week installing moveable shelves in the library and carrying out other minor final touches to the building.

As the latest member of the local customs staff, Fred Grimble was being given a hearty greeting this week by the many folks along the front with whom his future duties will bring him in contact. A popular and efficient member of the Canadian Fish & Cold Storage Co.'s office staff for several years, Fred is well known and success will undoubtedly follow him in his new duties. He succeeds the late Will Hughes in the service, his connection with which took effect on Thursday of this week.

Lighthouse tender Newington, Capt. Harry Ormiston, returned to port on Sunday from a two weeks' trip as far down the coast as Egg Island and paid a visit to the Triple Island lighthouse on Thursday of this week.

We hear that a popular young gentleman, generally known along the waterfront as elsewhere, did a real St. Valentine stunt Monday night. More power to his elbow and may it always be the Fourteenth of February for him! Now the boys are starting a pool as to when the more serious and lastingly permanent event will take place. You can't do those kind of things, Bill, without the Whiff man finding out about it.

WHO WOKE UP THE GOOSE?

That is what Shef Thompson asked us to find out regarding Jack Lindsay's hunting trip last Sunday. This doughty nimrod, with his party aboard the Irene L., successfully wound up the 1926-27 hunting season by going to Big Bay and bringing down a brace of half a dozen honkers.

Dave Stuart and Doc Cade, aboard the former's Tseekwa, went to Delusion Bay and trapped a straggler.

With Jack Lindsay at the helm, the destinies of the Prince Rupert Rowing & Yacht Club seem once more to be in good hands. New members of the board of directors are Dr. Alexander, Claude Kirkendall and C. G. Minns.

The following petition is being circulated along the waterfront and, after being duly signed, will be forwarded to the federal minister of marine and fisheries for attention:

We, the undersigned owners and masters of fishing vessels operating from the port of Prince Rupert, respectfully petition that a light buoy be placed on Rose Spit, Queen Charlottes, off from woodland as an aid to boats coming in from North Island vicinity.

The present buoy is so placed that it is not visible when coming from the vicinity mentioned and we respectifully ask that this aid to navigation be installed.

The first vessel to go on the gridiron of the Edward Lipsett Co., Ltd. on the waterfront, Capt. Jud Thurber's halibut schooner, Muirneag, is now there having her bottom cleaned and painted.

K. B. Leuty, well known as a machinist along the waterfront a few years ago, is taking up his residence in Prince Rupert again. He recently brought the fish packer, Cecilye, up from Vancouver, and is now fitting it out here as a halibut boat though, during the summer, it may revert to fish packing, having a capacity to carry five thousand dogs.

Word is received that "Brandy" Newell, former operator of the local halibut schooner Atli, has moved from Victoria, where he has been residing for the past couple of years, to Vancouver where he is building a combination halibut boat and seiner. It is possible that he may be seen back in local waters before long.

The Canadian Fish & Cold Storage Co. has its seiner, W. R. Lord, ready to go out as soon as the herring run appears. The Fredelia is also outfitted in readiness to leave at a moment's notice. The company will be putting up the usual amount of herring for bait purposes this winter.

Jeff Lambly and Joe Reid were in town for supplies early this month on the powerboat "O Baby." They have their traplines out on Estevan Island down the coast.

SPORT

LAND ACT

NOTICE OF INTENTION TO APPLY TO LEASE FORESHORE

In Graham Island, Queen Charlotte Island Land Recording District of Prince Rupert, and situate at Ferguson Bay, Massett Inlet, Graham Island.

TAKE NOTICE that Powell River Company Limited of Vancouver, B.C., occupation Manufacturers, intend to apply for a lease of the following described lands:

Commencing at a post planted at the northeast corner of D.L. 1571; thence westerly, following northern boundary of said Lot to the northwest corner of said Lot; thence westerly, northerly and easterly, following the high tide mark of Ferguson Bay to the extreme easterly point of Echinus Point; thence southeasterly to the point of commencement, and containing 180 acres, more or less.

POWELL RIVER COMPANY, LTD.
Agent, J. Douglas Wilson.
Dated 4th November, 1926.

Was Nearly Crazy With Boils All Over His Body

Mr. S. L. Burke, Barronsfield, N.S., writes:—"For some time I was nearly crazy with boils all over my body. I tried everything I could think of to get rid of them, but to no avail, for as soon as one was healed up another would appear to take its place.

I was advised to take

BURDOCK BLOOD BITTERS

and after I had used two bottles the boils had all disappeared and I have not been troubled with them since."

Put up only by The T. Milburn Co., Limited, Toronto, Ont.

The Well-Managed Home

THE manager of a household is the purchasing agent for a large proportion of the family needs. In order to do a good job she must know what, when and where to buy. She must study goods and the concerns which make goods and have them to sell. She must put her home on a business basis and run it on business principles in order to make the most of the family income.

Information is the only basis for intelligent purchasing. And the right way to get the greatest amount of necessary information is to read the advertisements.

Advertisements tell you what is new and good in merchandise. They reveal improvements and inventions to make your home life easier, more comfortable and more convenient. They give you information about a thousand and one things that are useful.

Every manager of a household---every member of the household who shares the responsibility for the family's welfare---should make a habit of reading the ads.

Read the advertisements in order to buy wisely

Children's Colds

Are best treated externally. Check them overnight without "dosing" by rubbing Vicks over throat and chest at bedtime.

VICKS VAPORUB

NewSupplies of **Men's Clothing** arriving regularly

For Prices and Quality Don't Forget

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FRESH MILK AND WHIPPING CREAM

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Cartage, Warehousing, and Distributing. Team or Motor Service.

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