

For Pic-nics

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Electric Bread

keeps soft longest THE BEST THERE IS!

The Electric Bakery specialises in cutting bread for Sandwiches

NEW MILLION DOLLAR

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Canadian National Steamships Co. Limited

Prince Rupert DRYDOCK

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Operating G.T.P. 20,000 Ton Floating Dry Dock Engineers, Machinists, Boilermakers, Blacksmiths, Pattern

makers, Founders, Woodworkers, Etc. ELECTRIC AND ACETYLENE WELDING.

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the Sensible Road to Health

No matter what your ailment is, do not think your case is hopeless until you have tried Chiropractic Spinal Adjustments. What it has done for others it will do for you. Do not through ignorance of this wonderful science, shut the door to your ultimate relief and happiness.

CHIEDREN CAN TAKE ADJUSTMENTS at any age without pain. An adjustment at the right time

will prevent many so-called children's diseases. Consult about our Electrical and Ultra-Red-Ray treatments for all diseases.

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Washes and Dries Without a Wringer HEREN A VALOV V ROLL OF THE SERVICE STREET, SAN THE SE

59 per cent Faster From hamper to line in 14 minutes. Washed, Blued, Rinsed and Dried. Sold on easy terms.

Phone 3

4 a Taxi Phone 4. Big 4 Taxi.

For a Taxi Phone 290. Oscar Hanson, 672 between the hours of 7 and

tand, Central Hotel. :45. High vs. Booth.

Dry Shingles for kindling \$2.00 for south. large load. Red's Transfer, Phone 204.

ble load \$3.50. Good value for your reported to be forty minutes late. money. Phone 580.

day, June 20 at 8 p.m.

Miss Miriam Lando arrived in the spend the summer vacation. city on the Prince Rupert this morning from Vancouver for a visit with local Albert Farrow, steamboat inspector,

on the Prince Rupert this morning from tender Birnie, sailed last evening by the a two weeks' holiday trip to Vancouver Catala on his return to Vancouver. and Victoria.

ed until this afternoon.

Ben Ferguson returned to the city on the Prince Rupert this morning from Mr. and Mrs. James Hampton and Norwegian Goat 65c

dinners of the Prince Rupert Retail city in September. Merchants' Association be discontinued with the proposal.

while the most of the remainder were United Kingdom or Continent. tourists going East by train with a few local passengers.

new theatre here, sailed for the Skeena city now and the department has had Potatoes, 8 lbs. 25c River and Stewart.

CARD OF THANKS.

Carnival a grand success.

ANNOUNCEMENTS Moose Picnic, June 24.

Pioneers' Picnic, July 8.

We have all kinds of Fresh Fruits arriving every Monday, Wednesday and Saturday. Best quality and prices reasonable.

This week we have a quantity of Grape Juice to sell at per bottie 35¢ Quaker Corn Flakes, per pkg. 10e Soap-Sunlight, 6 bars 35¢ Oatmeal, 7 bars 25¢ P. & G. Naptha, per bar 5c Castille, per bar 20¢

Bovril, 1 oz. bottles, per bottle 20¢ Vegex, jars, 2 for 95¢ Ayrshire bacon. 1b. 35c We have just opened up a ship- veal, shoulder 25c ment of Willard's Forkdipt Cho- Teal loin 40c colates in packages and loose. | Veal, leg 35c Packages priced from . . 50¢ up Pork, shoulder 28c Loose, per pound 50¢ Pork, loin 40c Lion Brand Sour Mixed Pickles, Beef, pot roast 15c to 20c in gallon jars, per jar .. \$1.50 Beef, boiling 121/2c to 18c Lion Brand Sweet Mustard Pic- Beef, steak 30c to 45c kles in gallon jars, per jar \$1.50 | Beef, roast, prime rib 32c Libby's Queen Olives, small jars, Lamb. chops 50c Libby's Asparagus Tips, picnic Mutton, leg 40c Size tins, per tin 20¢ Camb, leg blood vil. 48¢ Mutton chops over vetting 40¢ Mutton shoulder 40¢ Mutton shoulder 30¢

Everything in Green Vegetables Capitol. 2nd grade. 1b. 45c

naise. Try an 8 oz. jar at 35¢

Phone 55

"The Store of Plenty."

Races for young and old at the Moose Picnic on Sunday. Music and coffee

P. Forde, Government engineer, left for California from Victoria at the week end to attend a convention there.

Private dancing lessons at Elks' Home C. L. Smith. For information Phone

See junior championship tonight at Mrs. C. J. Norrington will leave at the end of the week for a holiday trip to Vancouver and other points in the

Due to a delayed connection on the east end of the division this afternoon's Hyde Transfer for Box Cuttings, dou- train, due from the East at 3:30, is

Miss M. B. Henderson, M.A. of the Canadian Legion postponed general local High School teaching staff will meeting will be held tonight, Wednes- sail by the Prince Charles tomorrow afternoon for Vancouver at which place and other points in the south she will

who returned last week from the Yukon and spent a few days here inspecting J. R. Tannock returned to the city the snagboat Bobolink and lighthouse

C.P.R. steamer Princess Louise, Capt. John D. McAskell pleaded not guilty Arthur Slater, is due this afternoon at in city police court this morning to a 3.30 from Alaska and will sail at 5:30 charge of drunkenness and was remand- for Vancouver and Victoria. Passengers sailing from here for Vancouver will include C. L. Hillyard and M. Kovich.

a ten day trip south for the purpose daughter, Helen, left on this morning's Napoleon Limberger 70c Grand Lodge convention in Chilliwack. will pay an extended visit with rela- Swifts' Brockfield, lb. 45c tives. They expect to return to the Gorgonzola, lb. 75c It is suggested that regular monthly tives. They expect to return to the McLaren's Cream. jars ... 45c and 85c

for the summer months. A meeting of Though the British motorship King Brookfield Canadian cheese, 1/2 lb. pkg. for this port, was originally reported Golden Loaf, 1b. 45c due today, no word of the vessel's im- Jack, lb. 50c A total of 210 passengers arrived in mediate approach had been received up Romano Sardo, lb. 75c the city from the south on the steamer to this morning. The ship should be Gammelost, 1/4 lb. 30c Prince Rupert this morning. Those go- along in a few days to load a full cargo ing through to Skagway number 158 of wheat at the local elevator for the White, per 100 \$7.65 Yellow, per 100 \$7.00

At 2:30 yesterday afternoon the fire Flour, 49's, No. 1 hard wheat \$2.85 department had a call to the corner of Pastry flour, 10's 65c Union freighter Chilkoot, Capt. John Second Avenue and Second Street where Pastry flour, 49,s \$2.50 Muir, arrived in port early this morning a cigarette stub had been dropped and from the south and, after discharging ignited the sidewalk. No damage was Beets, 6 lbs. for 25c powder and structural steel, the latter done. With warm, dry weather con- Beets, sack \$2.75 to be used in the construction of the tinuing, fires are easily started in the Carrots, New California, 1b. 10c several calls during the past few days. Sack \$2.25

New Texas Potatoes, 1b. 10c C.N.R. steamer Prince Rupert, Capt. W. G. Barber of Toronto, general New Vancouver local, 2 lbs..... 25c D. Donald, arrived in port at 11 o'- manager of Canadian National Tele- Parsley, bunch 05c clock this morning from Vancouver, graphs, and R. W. Ball of Winnipeg, Garlic, imported, per 1b. 25c Powell River and Ocean Falls and will general superintendent for the western New Cabbage, 1b. 10c sail at 4 o'cleek this afternoon for Ket- division, are arriving in the city today New green onions, per bunch 5: chikan, Juneau, Skagway and Wrangell, accompanied by their wives, in the Turnips, 6 lbs for 25c returning here at 10:30 next Monday course of a western tour. They are per sack \$3.00 morning and sailing south at 4 p.m. travelling in a private car attached to Australian onions, 3 lbs. 25c that day. The vessel has a large group this afternoon's regular train and will Japanese crated onions, 3 lbs 25c of round trip tourists on board. | proceed to Vancouver tomorrow. | Local Vancouver radishes bc | Up-river rhubarb, 5 lbs. 25c

The regular monthly meeting of the Bunch carrots, 2 for 25c Leif Erickson Society was held last Bunch beets, 2 for 25c The Imperial Order Daughters of the night in the Metropole Hall. t was Bunch white turnips 10c Empire desire to express its sincere decided to open a subscription list for California asparagus, 2 lbs. 35c thanks to those contributing to the the purpose of aiding a sick member | Watercress, bunch 10c musical program, and others who in to go to Vancouver for treatment and Fresh mint 5c any way assisted in making the Rose July 15 was selected as the date for Long English seedless cukes 25c the annual picnic of the Society. After White spine cukes 30c the business session, refreshments were Vancouver local lettuce, small 10c served. J. Selvig. Sr., president, oc- Vanccuver local lettuce, large, 2 for 25c cupied the chair and there was a good Spinach, new crop, 2 lbs. 25c attendance of members at the meeting. California celery 30c and 35c

New summer cauliflower .. 25c and 30c Market Prices

BUTTER

New Zealand, in bulk 48c

prints 500

Camembert cheese, 8 oz. pkg. 65c

Kraft Limberger, 1/2's 35c

1	FRUIT
LARD	California Beauty Plums, 1b 25c
Pure 250	California Formosa Plums, 1b 25c
	California Peaches, doz boc
EGGs EGGS	Camornia Apricots, 10 200
	Burnaby Strawberries, basket 20c
B.C. Fresh firsts 40c	Oranges, Valencia, dozen 40c to 85c
B.C. Fresh extras	Lemons, Sunkist, dozen 40c to 50c
Local new laid 50c	Imperial Valley grapefruit 2 for 25c Bananas, 2 lb
FISH	
Smoked kippers, lb 15e	Comb honey
Kippered salmon, 1b 25c	Dates, bulk, 2 lbs. for 25c
Smoked black cod, lb 20c	Raisins, bulk, per lb 15c
Finnan haddies, lb 25c	Sweet potatoes, 2 lbs. for 35c
MEATS	California Dainty Dates nackage . 25c
Fowl, No. 1, 1b 38c and 40c	Yellow Newtons "C" grade \$3.50
moasting chicken, In 400	Fancy \$4.00
Brollers 45c	Extra fancy \$4.25
Ham, sliced, first grade 50c	Cantaloupes 25c and 35c
Ham, whole, first grade 35c	Cocoanuts 25c
Ham, picnic, 1b 221/2c	Bing Cherries, lb 40c
Cottage rolls, lb 29 1/2	
Dacon, Oack, Silceo 500	Adreprise in the Dolle News



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RITISH COLUMBIA

The Mineral Province of Western Canada

To the end of December, 1926.

Has produced Minerals as follows: Placer Gold, \$78,018,548; Lode Gold, \$125,972,318: Silver, \$80,787,003; Lead, \$106,976,442; Copper, \$209,967,068; Zinc, \$50,512,5577; Coal and Coke, \$284,599,133; Structural Materials and Miscellaneous Minerals, \$50,175,407; making its mineral production to the end of 1926 show an

AGGREGATE VALUE OF \$988,108,470.

PRODUCTION FOR YEAR ENDING DECEMBER, 1926, \$67,188,842

The Mining Laws of this Province are more liberal and the fees lower than those of any other Province in the Dominion, or any colony in the British Empire. Mineral locations are granted to discoverers for nominal tees.

Absolute Titles are obtained by developing such properties, the security of which is guaranteed by Crown grants.

Full information, together with Mining Reports and Maps, may be obtained gratis by addressing-

THE HONORABLE THE MINISTER OF MINES. VICTORIA, BRITISH COLUMBIA.

N.B.-Practically all British Columbia Mineral Properties upon which development work has been done are described in some one of the Annual Reports of the Minister of Mines. Those considering mining investments should refer to such reports. They are available without charge on application to the Department of Mines, Victoria, B.C. Reports of the Geological Survey of Canada, Winch Building, Vancouver, are recommended as valuable sources of information.

Reports covering of the Six Mineral Survey Districts are published separately, and are available on application.

NEURASTHENIA



Kraft 45c

Brookfield Swiss cheese, 1/2 1b. pkg. 30c

Gruyere 45c

Green peppers, lb. 40c

Hothouse tomatoes, lb. 30c

New cabbage, lb. 10c

Neurasthenia is a condition in which the nervous system becomes exhausted as a result of overwork; it is a functional neurosis marked by intense nervous irritability and weakness.

Some of the symptoms are: headache, feelings of constrictions about the neck, pain in the back, exhaustion after slight mental or physical exertion, excessive sensibility to noise, irregular heart action, disorders of vision, loss of memory, etc. The patient becomes mentally depressed, occasionally trying to do away with himself, in fact many inmates of our insane asylums are neuras-

thenics. In such cases pressure on spinal nerves becomes more or less general, thus disturbing the functions of the digestive and eliminative organs, and numerous glands of internal and external secretions.

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Dr. C. O. McKAY, D.C.

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THE NEW MAY BELLE BOBETTE BLOOMER Tailored style, in shades of Sky, Nile Corn, Special at per pair

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