

We'll Wash You Iron

If you like to iron we'll be glad to do the harder job of washing. And without messing your home! We'll call for your family bundle. We'll wash it snowy white in pure soap and rainsoft water. We'll extract most of the water in our special fabric-saving spinning basket wringers. Then we'll return everything to you, sweet and sanitary... and just damp enough for your own hand iron. We call this our Wet Wash Service. The charge only 5 cents a pound.

The LAUNDRY Does it best

CANADIAN LAUNDRY
and
Dry Cleaners

Phone 8

What Is Chiropractic?

LIFE, that all existent force in everything which lives, moves, and has its being, that part which resides within the human body known CHIROPRACTICALLY as Inate Intelligence, assembling its forces in the brain, transforming them into Mental Impulses, transmitting the impulses from the brain via the spinal cord and nerve trunks emitting therefrom (through the intervertebral foramina of the spine) ramifying to all parts of the body, producing and controlling all functions; this process unhindered means HEALTH.

The spine being the only segmental structure of the body which is movable through which nerve trunks pass, hence the spinal column by the possibility of displacement of its segments, changing the shape of the intervertebral foramina, impinging the nerves emitting therefrom, offers the only interference to the transmission of the mental impulses; this being the CAUSE of DIS-EASE.

Having scientific knowledge of, together with the artistic ability to adjust and correct these displacements, and thereby remove all interference with the transmission of mental impulses to all parts of the body, restoring health; this is Chiropractic. For your health's sake,

Consult

W.C. Aspinall, D.C.

6 and 7 Exchange Block
Green 241
Residence: 1037 1st Avenue

Dr. Alexander

Smith Block
Phone 575

DENTIST

HALIBUT BIDS LOWER TODAY

PRICES COLLAPSE FOLLOWING EXCEPTIONALLY STRONG WEEK—
10c and 7c IS HIGH MARK

There was a much heavier halibut offering at the Fish Exchange this morning and prices took a corresponding flop following a week of unprecedented high bids in anticipation of the approaching Easter season. Ten American boats sold 177,700 pounds today and received bids of from 9c and 5c to 10c and 7c. Four Canadian vessels were paid from 8c and 4c to 8.3 and 8c for 31,000 pounds. Arrivals and sales were as follows:

AMERICAN

Albatross, 35,000 pounds, Booth Fisheries, 9c and 5c.

Majestic, 31,000 pounds, Pacific Fish-

eries, 9c and 5c.

Earle, 28,000 pounds, Canadian Fish & Cold Storage Co., 9.1c and 5c.

Western, 22,000 pounds, Canadian Fish & Cold Storage Co., 9c and 5c.

Vansee, 23,000 pounds, Royal Fish Co., 9c and 5c.

Teddy J., 10,000 pounds, Booth Fisheries, 10c and 7c.

Ojca, 9,000 pounds, Canadian Fish & Cold Storage Co., 10.6c and 7c.

Reform, 8,000 pounds, Royal Fish Co., 10.2c and 7c.

Hi Gill, 10,000 pounds, Pacific Fisheries, 10.5c and 7c.

Wireless, 1,700 pounds, Atlin Fisheries, 10.3c and 7c.

CANADIAN

Selma, 7,000 pounds, Atlin Fisheries, 8.2c and 5c.

Heige H., 7,000 pounds, Atlin Fisheries, 8.3c and 5c.

Emblie I., 15,000 pounds, Canadian Fish & Cold Storage Co., 8c and 4c.

Zero, 2,000 pounds, Royal Fish Co., 8.3c and 5c.

Del Monte Sliced Pineapple, 2's, per tin 30c

Aylmer Crushed Pineapple, 2½'s, per tin 25c

Nabob Red Plums, 2½'s, per tin 25c

Empress Jam, 4 lb. tin 50c

Your choice of Prune, Red Plum, Greengage, Gooseberry or Loganberry.

Malkin's Strawberry Jam, 2 lb. tin 38c

Seedless Raisins, 4 lb. pkg. special this week 50c

Instant Postum, large tin 50c

Swansdown Cake Flour, pkg. 45c

Swift's Premium Bacon, average 4½ lbs. apiece, per lb. 42c

Circle "S" Picnic Ham, per lb. 22c

Eggs, Fresh Extras, 3 doz. \$1.15

Royal Crown Soap, 6's, pkg. 22½c

Fels Naptha Soap, pkg. 85c

Sunkist Oranges, your last chance, 3 dozen \$1.00

THIS WEEK'S SPECIALS

Braid's Best Coffee, per lb. ... 60c

Braid's Best Tea, in tins, per lb. 70c

Sugar, 10 lbs. for 75c

Flour, all brands, 49 lb. sack \$2.55

Wild Rose Flour, 10 lb. sack 55c

Fancy Mixed Biscuits, special, 3 lbs. for 95c

Del Monte Sliced Pineapple, 2's, per tin 30c

Aylmer Crushed Pineapple, 2½'s, per tin 25c

Nabob Red Plums, 2½'s, per tin 25c

Empress Jam, 4 lb. tin 50c

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