ASK YOUR DOCTOR

About Washday

Family Doctors know that a washtub is the barrier to a woman's health and happiness. Why endure this strain on strength and vitality. Try the laundry way. Just gather the soiled clothes ..... telephone us.....and washday is over.

The LAUNDRY Does it best

CANADIAN LAUNDRY

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A New Vision of Health

A new vision of health has appeared to uncounted numbers of people in the last few years. A vision of health approaching perfection, health maintained without drugs or operations and without the periods of illness so common to many.

This is because of the growth of Chiropractic, the health science that deals with the cause of dis-ease rather than its treatment. By keeping the spine in alignment, the chiropractor keeps nerve lines free to function, and dis-ease does not develop.

By my chiropractic health method I correct diseases of the eyes, ears, nose, throat, lungs, heart, stomach, liver, kidneys, bowels and lower organs.

YOUR APPOINTMENT
For Health can be made by telephoning Green 241

W. C. Aspinall
CHIROPRACTOR
Exchange. Block

MILK -:- PRICE
Reduced to
12 pints for $1.00
7 quarts for $1.00
Cash price tickets.
McBride Street store now closed
Valentin Dairy
Office and Dairy - 11th St.
Telephone 657.

Dr. Alexander
Smith Block
Phone 575
DENTIST

ROLLER HOCKEY CLOSE MATCH

TIE WAS BROKEN IN FIVE MINUTES OVERTIME GIVING ROBINS THE VICTORY

There was a very close roller hockey game at the anuditorium last night when the Robins ladies team won in five minutes overtime by a single goal, the score being 6 to 5.

At half time the score stood three to three and at full time the teams were again tied with five all. The teams were as follows:

Robins: Evelyn March, Agnes Edgar, Anna McLeod, Dolly Montgomery, and Herma Nelson.

Bluebirds: Dot Edgar, Annie Walker, Dorothy Ballinger, Marian Thomson and Lillian Robertson.

Fred Miggin was referee and L. J. Marren was time keeper and scorer.

Waterfront Whiffs

(continued from page five)

confirmation, however. There will have to be extensive machinery installation if the Seal Cove cannery is to run. Alex Sutherland, manager of the company's Tucks Inlet cannery, returned to Prince Rupert late in March after having spent the winter in Vancouver.

All this generosity on the part of the government can mean nothing else than an election. It is appropriate that there should be a campaign of "clean up and paint up." There always is at this season every four years. The government wharf is to be reshingled and the shingles will probably be repainted so the seagulls can make a better showing. Start of the work will probably be delayed until the opening of the travel season so the tourists can see there is something doing here if they have eyes for anything else but Fraser Street. The government wharf has been receiving much long delayed attention lately and will be the better for it.

ON JITNEY RUN

During the absence on a holiday trip to Victoria, of Harry Calderwood of the Rhona, Capt. Joe Peterson is relieving on the Digby Island jitney run with the lighthouse tender Birnie.

Halibut landings at Prince Rupert this season are still substantially in excess of last year's record, a total of 2,600,900 pounds having been landed at the port up to yesterday as compared with the figure at a similar date last year of 2,134,650 pounds. Good weather has favored the fishermen almost continuously since the present season opened. Of the 2,600,900 pounds landed here so far this season, 625,600 pounds has been from Canadian vessels and 1,975,300 pounds from American. The corresponding figures last year were 473,750 and 1,661,900 pounds.

Landings at Prince Rupert for the past week (Saturday to Friday) inclusive) were rather under average totalling 442,200 pounds with 121,700 Canadian and 320,500 American. Prices, however, during that week were generally the best since the opening of the season. The high American price of the week was 17.2c and 8c received by the Baltic for 18,000 pounds. The best bid for Canadian fish was 15.2c and 6c which was paid Edward Lipsett for 5,000 pounds. Low bids of the week were 11.5c and 5c for American fish and 9c and 5c for Canadian.

The Canadian boat Unome, Capt. Dave Ritchie, with 3,000 pounds, and the American, Onah, Capt. Harry Selig, with 10,000 pounds, landed their third catches of the season here during the week. Other boats in during the week were as follows:

American—Tyee, 10,000; Nitkof, 30,000; Irene, 21,000; Havana, 42,000; Baltic, 12,000; Garland, 9,000; Brunvol, 29,000; Portlock, 35,000; Wabash, 1,000; Venus, 7,500; Excel, 20,000; Tatoosh, 38,000; Yakutat, 24,00; Thor, 3,000; Yukon, 19,000; Flattery, 10,000.

Canadian—R. W., 4,500; Cape Spencer, 5,000; Marguerite, 1,000; E. Lipsett, 6,000; Mary G., 2,000; Scrub, 6,000; D. S. T., 5,000; Johanna, 9,000; Cape Swain, 6,000; Prosperity A., 12,000; Balsac, 8,000; Pair of Jacks, 7,000; Tramp, 7,000; Mayflower, 4,500; Yule, 1,000; B. and Y., 24,000; Olympia III., 1,700; Dolphin II, 4,500; Helen II., 4,500.

Winter holidays to Europe are increasing so fast on account of reduced steamship and hotel rates that on some lines it is as difficult to get a passage before Christmas as to get one before Independence Day in the summer.

Stop! Look! Listen!

Grocery Specials

3 DAYS ONLY

Granulated Sugar, 10 lbs. .. 79¢
Choice Evaporated Prunes, 4 lbs. ..... 35¢
Dry Green Peas in satchels, 2 pkgs. for ..... 25¢
Victoria Cross Cocoa, 5 lb. pkge. ..... 69¢
Mayflower Toilet Soap, 4 cakes ..... 33¢
Fels Naptha Soap, per carton 87¢
Heinz Cream Tomato Soup, reg. 2 for 25c. Special, per tin 11¢
Per dozen $1.27
Heinz Tomato Catsup, per bottle ..... 30¢
6 lb. Boxes Sodas ..... 69¢
Extra Special Sultana Raisins, 3 lb. for ..... 39¢
Libby's Apple Butter, large tins ..... 19¢
To clear, your choice, as you like 'em—Scribblers, Erasers, Pencils, Rulers, 7 for ..... 25¢
Pullet Extras, guaranteed, 3 doz. for $1.00

B.C. Butchers & Grocers
Limited
Phone—45 - 574

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SILK HOSE

Chiffon and Service Weights in Gunmetal, Black, Atmosphere, Nude, Evenglow, Merida, Flesh, etc.
From—
$1.75 to $2.50
The Hose for Satisfaction

H. S. Wallace Co. Ltd.
Phone 9. 3rd Ave. & Fulton.

How To Care For Varicose or Swollen Veins

Rub Gently Upward and Toward the Heart as Blood in Veins Flows That Way

If you or any relative or friend is worried because of varicose veins, or bunches, the best advice that anyone in this world can give you is to ask your druggist for an original two-ounce bottle of **Moone's Emerald Oil** (full strength) and apply night and morning to the swollen, enlarged veins. Soon you will notice that they are growing smaller and the treatment should be continued until the veins are of normal size. So penetrating and powerful is **Emerald Oil** that even Piles are quickly absorbed. Any one who is disappointed with its use can have their money refunded.

MORTGAGE SALE OF SHIP (CHIEF SKUGAID)

TAKE NOTICE that under and by virtue of a certain Ship's Mortgage dated the 4th day of February, A.D. 1927, which will be produced at the time of sale, there will be offered for sale by Public Auction by Smith A. Nickerson, Sheriff, at 3 o'clock in the afternoon on MONDAY, MARCH 26, A.D. 1928, at his Office in the Court House, in the City of Prince Rupert, Province of British Columbia, the gasoline screw fishing vessel named "CHIEF SKUGAID," together with her boats, gear and appurtenances.

Terms of sale: Cash.

For further particulars in connection with the sale apply to the Montreal Finance Company, Limited, 1104, Standard Bank Building, Vancouver, B.C., or to Patmore & Fulton, Scott Block, Prince Rupert, Solicitors for the Mortgagee.

DATED at Prince Rupert, B.C., this 5th day of March, A.D. 1928. 71

MINERAL ACT (Form F.)

CERTIFICATE OF IMPROVEMENTS NOTICE

Princess Pat, Lot 4366; Pilot, Lot 4367; R.A.F., Lot 4368; Observer, Lot 4368, Mineral Claims, situate in the Atlin Mining Division of Cassiar District. Where located: On Munro Mountain about four miles from the town of Atlin.

TAKE NOTICE that we, James Stokes and C. R. Fraser, Free Miner's Certificate No. 89980-90061, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

And further take notice that action under section 85 must be commenced before the issue of such Certificate of Improvements.

Dated this 5th day of March, A.D. 1928
H. McN. FRASER,
Agent.

CANADIAN PACIFIC
SAILINGS TO EUROPE
MAKE RESERVATIONS NOW

FROM SAINT JOHN

To Belfast, Liverpool
April 13 ..... Montcalm

To Glasgow, Liverpool
April 6 ..... Montrose
April 20 ..... Minnedosa

To Cherbourg-Southampton-Antwerp
Apl. 5 ..... Montnairn
April 12 ..... Marloch
April 19 ..... Marburn

To Southampton-Hamburg
April 7 ..... Metagama

Apply to Agents everywhere or J. J. FORSTER, S.S. General Pass. Agent, C.P.R. Station, Vancouver. Telephone Seymour 2630

Fancy Grocery SPECIALS

Pate de Foie Gras, 2¼ oz. tin 75¢
4 oz. tin $1.25
Terrine de Foes Gras, 3½ oz. in fancy pots $1.25
Creme au Foie, 3 oz. tin .... 35¢
Russian Caviar, Romanoff brand, 2 oz. tin ..... 75¢
4 oz. tin $1.40
French Anchovies in oil, per jar ..... 60¢
Norwegian Spiced Anchovies, per tin ..... 50¢
Spanish Anchovies, in salt .. 50¢
French Dry Mushrooms, lb. $2.00
Best Foods Mayonaise, 8 oz. jar ..... 40¢
Best Foods Relish Spread, half-pint jar ..... 40¢
Camembert Cheese, 10 oz. pkg. 50¢
Swiss Cheese, best quality, lb. ..... 60¢
Roquefort Cheese, lb. ..... 60¢
Gorgonzola Cheese, lb. .... 50¢
Finest Fresh Cream Cheese, lb. ..... 50¢

Our stock of Macaroni, also Italian and Norwegian Cheese and Salami is fully complete.

Alberta Market
P. GAMULA, Proprietor
Fifth Street. Phone 208

TIMBER SALE X6731

There will be offered for sale by Public Auction at the office of District Forester, Prince Rupert, B.C., at noon on April 13th, 1928, the Licence X6731, Oatswish Bay, Mussell Inlet, C.R. 3, to cut 749,000 feet board measure of Spruce, Cedar, Hemlock and Balsam sawlogs. Provided anyone unable to attend the Auction in person may submit a sealed tender to be opened at the hour of auction and treated as one bid.

Three years will be allowed for removal of this timber.

Further particulars of Chief Forester, Victoria, or District Forester, Prince Rupert, B.C.

TIMBER SALE X9957

Sealed Tenders will be received by the Minister of Lands at Victoria, B.C., not later than noon on the 2nd day of April, 1928, for the purchase of Licence X9957, to cut 209,295 lineal feet of Cedar poles and piling on an area situated on Lot 424, Kumdis Slough, Queen Charlotte Islands Land District.

Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B.C., or District Forester, Prince Rupert, B.C.

Cunard, Anchor, Anchor-Donaldson LINES

CANADIAN SERVICE

From Halifax
To Londonderry and Glasgow
Athenia ..... April 16
To Plymouth-Havre-London
Alaunia ..... April 9
To Queenstown and Liverpool
Andania ..... April 9

From New York
To Queenstown and Liverpool
Carmania..March 31 Andania..April 7
To Cherbourg and Southampton
Berengaria .. April 4, 25, May 15, June 6
Mauretania..April 11, May 2, 23, June 13
Aquitania ..... April 18, May 9, 30
To Londonderry and Glasgow
California..Mar. 31 Cameronia..Apr. 7
Athenia..Apr. 14 Transylvania..Apr. 21
To Plymouth-Havre-London
Ascania .. March 31 Alaunia .. April 7

From Boston
To Queenstown and Liverpool
Carmania .. Apr. 1 Caronia .. Apr. 15

Mediterranean Cruise
Carinthia ..... Apr. 7

West Indies Cruise
Samaria ..... Mar. 31

Around the World Cruise
Franconia ..... Jan. 15, 1929

Money orders, drafts and Travellers' Cheques at lowest rates. Full information from local agents or Company's Offices, 622 Hastings St. W., Vancouver, B.C.

TEN FALLACIES REGARD CANCER

VERY SLIGHT THINGS SEEM TO CAUSE THIS DREADED DISEASE BUT LITTLE YET KNOWN

NEW YORK, March 23.—"Ten popular fallacies" regarding the causes and treatment of cancer, are exposed in a statement issued here by Dr. George A. Soper, managing director of the American Society for the Control of Cancer.

One of these misbeliefs blames insufficient salt in one's diet, while a second attributes the disease to too much salt. A third creed is termed "vitamin starvation," while the fourth lays the fault at the door of "too much food." One faction of quacks finds the eating of pork leads to cancer, but another reports tomatoes are to blame.

Added to these wholly false views is the blame on coal smoke; glaze from enamel or aluminum cooking utensils; the consumption of too much meat, and inally, too sedentary occupation.

"The main reliance of the public today," Dr. Soper asserted, "lies not in any sudden sensational discovery for the treatment or cure or prevention of cancer, but in the consensus of the foremost students of that disease."

The only two known methods for treating cancer today, he pointed out, are surgery and irradiation, the latter including x-ray and radium.

"Enough well established facts and sound working opinion to save many lives are available," Dr. Soper continued, "if the public will only learn and heed what they learn. A good deal of information about cancer is of practical character, and it is practical knowledge that is important. We must discriminate between this and what is merely hypothetical and speculative. Whenever a man sets himself up to know more than anybody else about cancer it is wise to take what he says with precautions.

"The public, however, is so eager to get knowledge for protection against cancer equal to that which it possesses for protection against infectious diseases, and it has such inadequate ways of discriminating between the true and the false, that many of them, and even the newspapers sometimes, are led astray.

"Where there is a grain of truth in a theory, this should not be magnified into a pound of precaution. The American Society for the Control of Cancer is revising and bringing to date its statistical study, 'The Prevalence of Cancer,' and will publish the volume during the year. However, due to lack of data, the statistics will go only through 1926."

Two principal conditions tend to cancer, according to Dr. Soper. One is a certain individual susceptibility, another is chronic irritation. Thus, a dental plate that does not fit and keeps rubbing, or the steel rims of spectacles that dig into the flesh behind the ear, or the careless habit of smoking cigarettes so that in removing the cigarette hastily one tears off a tiny bit of skin at the corner of the lip, are potential causes of the ailment, when repeated frequently enough.

As for the ten fallacies he cited and others of similar nature, Dr. Soper declared: "Usually these theories are conceived in advance and then bolstered up by such evidence as may be readily and unscientifically obtainable. Little or none of this evidence would stand in a court of law."

Some persons blame "civilization" for the growth of cancer, but Dr. Soper inquired: "Why pick on civilization? Why not select anything that has grown and put the blame on that?

"You might find fault with increased transportation, or more knowledge, or more wages, or any utterly unrelated item. It is important to remember that one cause for the greater number of cancer cases is found in our improved methods of diagnosis, so that where a generation ago doctors did not know cancer existed, today they make a correct diagnosis."

A symposium of cancer authorities is to be held here soon, and at that time all recently projected theories, either for prevention or treatment or cure of cancer will receive point and authoritative review by nationally prominent specialists.

FAMILY OF JOURNALISTS

LONDON, March 23.—"It is exactly 32 years ago that I wrote my first leading article, and I suppose I may almost claim that I have founded a family of journalists," said Lord Birkenhead, secretary of state for India, at the opening of the new Liverpool Press Club. "My daughter seems to earn a comfortable living for herself, and, I am glad to say, pays for all her own clothes and her own taxicabs, which is a great consideration in the life of modern London. My son, to whom I must without any excessive optimism look to carry on the family fortunes, was not only editor of the 'Eton Chronicle,' but is already, in his first year at Oxford, the editor of the paper known as 'The Oxford Review.'"

Of passports issued by the United States for travellers to Europe, it is found that 39 per cent are issued to pleasure travellers, 21 per cent to business travellers and 40 per cent miscellaneous.

In order to attract American tourists, the following countries have abolished all fees for visas of American passports Albania, Belgium, Denmark, Estonia, Finland, Germany, Holland, Sweden and Switzerland.

$650
At Factory, Oshawa
Taxes Extra

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METRO-GOLDWYN NEWS

Admission - - - 50c and 25c

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For PORT SIMPSON, NAAS RIVER POINTS, ALICE ARM, ANYOX, STEWART, Wales Island, Sunday, 8 p.m.
123 2nd Avenue. R. M. SMITH, Agent. Prince Rupert, B.C.
Through tickets sold to Victoria and Seattle, and baggage checked through to destination.