A few Questions for you

1 Is there anything wrong with your eyes, ears, nose or throat? If you have been blind or deaf for years, have lost voice entirely, don't give up hope, but investigate Chiropractic.

2 Have you so-called Rheumatism, Pleurisy, Catarrh, Asthma, Bronchitis, Tonsilitis, Goiter, Paralysis, Locomotor-Ataxia, Epilepsy, Dyspepsia, Constipation, Piles, Insanity, Appendicitis or a Constant Headache? Chiropractic will adjust the cause and permit nature to bring about a cure.

3 Have you stomach, lung, heart, liver, kidney, bowel or bladder trouble?

4 Have you Sciatica, Gallstones or Diabetes? The results are wonderful. Try Chiropractic.

5 Perhaps you have stiff joints in the arms or legs that you cannot use naturally. This system brings forth a transformation.

6 Our methods not only stimulate, but eliminate the cause, thus permitting nature to perform her work. Health is the greatest blessing we can have.

NO DRUGS OR SURGERY USED
NATURAL METHODS ONLY

W. C. Aspinall
CHIROPRACTOR
Rooms 6 and 7 Exchange Block
Phone Green 241
Lady Attendant

Fishermen

Before buying your next engine, come and see us about

The Gardner
Semi-Diesel Engine
the most satisfactory on the market. Governor has control at all speeds, making it most suitable for halibut boats. Sizes 12 h.p. to 300 h.p.

The Acadia
Gas Engine
the most modern designed and best built 4 cycle engine in Canada. Sizes from 6-8 h.p. to 40 h.p. medium and heavy duty.

Ward Electric
AND MARINE SUPPLY CO.
Phone 680 Cow Bay
Prince Rupert, B.C.

OUR GREAT
CLOSING out SALE
of
MEN'S AND BOYS' CLOTHING AND FURNISHINGS
is still on
Montreal Importers
Third Avenue
J. B. Miller, Proprietor

PSYCHIC CENSOR IS MENTIONED

Writer in Winnipeg Newspaper Deals With Theme Similar to Late Archbishop

The late Archbishop Du Vernet dealt with what he called the "Barrier of the Brain." Louis E. Bisch, writing in the Manitoba Free Press, mentions the "Psychic Censor" in an article dealing with a similar subject. Here is what he says:

Have you ever wondered how it happens that disturbing thoughts, which you finally manage to force out of your mind, remain forgotten?

Did you ever notice that only now and again do ideas and desires, which you were taught to hold in check, come to the surface?

Has your curiosity ever been aroused concerning the origin of the peculiar pictures you dream about?

The psychic censor is responsible for all of it. It is a mechanism of the mind the function of which it is to keep suppressed all thoughts that tend to upset the peace and serenity of the conscious.

The psychic censor is a figurative affair, of course. It is supposed to stand guard between those two minds of ours, the conscious and the unconscious.

Just as the nurse of a convalescent person withholds letters, let us say, containing bad, or exciting news, and delivers to the patient only those which are pleasurable and will not disturb, so the mental psychic censor tries its best not to let upsetting thoughts escape from that underneath mind for fear they will worry and annoy us.

Were it not for the psychic censor it is probable that we never could forget anything that we are ashamed of, nor could we forget disagreeable experiences.

Without this policeman of the mind being on duty we might at any time be harassed by a vivid recalling of tormenting ideas that originally we fought so hard to overcome.

Again, were it not for the psychic censor our dreams would invariably awaken us and keep us awake.

Dreams, you must know, are disguised desires which we have been unable to gratify during our waking hours.

If we dream of them—that is, re-experience them—in exactly the same way that we pushed them out of our minds, then we would feel the same identical disappointment which we went through at the time our wishes were thwarted.

You may dream about water, perhaps. Water, however, stands for something else, some thwarted wish, that has been repressed by the conscious mind into the unconscious. Water has become a dream symbol through the work of the psychic censor. What it usually signifies is a thwarted birth wish, maybe a desire for motherhood, a child's desire to have a little sister or brother, etc.

Dream symbols as well as all other mechanisms of the psychic censor are complicated and often difficult to understand.

But naturally, all mental processes are very complicated. It stands to reason, however, that the mind must of necessity have some sort of orderly arrangement about it. Especially would one expect this in reference to thoughts that might be disturbing and upsetting.

Some psychologists question the theories relating to the existence of the psychic censor.

It is a convenient way, nevertheless, of understanding and explaining what used to be quite baffling before.

Why is it that selfish and often animal urges are held in check by us? We may feel like stealing but we don't. We may feel resentful toward another and yet not let ourselves go to the extent of actually inflicting harm.

It is the psychic censor, they say, that takes care of such passions for us.

The psychic censor tries always to keep us as socialized and refined as possible.

Cuts-Burns
Vicks' healing, antiseptic ingredients bring soothing relief. Apply gently
VICKS VAPORUB
OVER 21 MILLION JARS USED YEARLY

DEPARTMENT OF LANDS

NOTICE.

Application for Grazing Permits for the Season of 1928

Applications for permits to graze livestock on the Crown Range within any grazing district of the Province of British Columbia, must be filed with the District Forester at Fort George, Kamloops, Nelson, Prince Rupert, Vancouver, or Williams Lake on or before March 31st, 1928.

Blank forms upon which to submit applications may be obtained from the District Foresters at the above-named places, or from the Department of Lands at Victoria, B.C.

G. R. NADEN,
Deputy Minister of Lands.
Department of Lands,
Victoria, B.C.,
January 13, 1928.

LAND ACT

NOTICE OF INTENTION TO APPLY TO LEASE LAND

In Prince Rupert Land Recording District, and situate at Huston Inlet, Queen Charlotte Islands.

TAKE NOTICE that Robert M. Currie, of Vancouver, B.C., occupation fish packer, intends to apply for a lease of the following described lands:—

Commencing at a post planted at northeast corner about 1,000 feet westerly from miners' cabins at head of Huston Inlet; thence westerly 20 chains; thence southerly about 12 chains; thence easterly 20 chains; thence northerly about 12 chains, and containing 24 acres, more or less.

ROBERT M. CURRIE,
Applicant.

Scientific Inspection

With the Latest Instruments of Precision

That's the kind of eye service you can get here now.

We give you a conscientious and careful test. Jack Bulger two years ago passed the B.C. government exams. for Optometrists and during the last six months along with most of the leading optometrists in Vancouver attended a course of post graduate lectures.

We do not supply or advise glasses if not of benefit.

Our tests are not uncomfortable and our prices are fair and reasonable.

JOHN BULGER LTD
JEWELLERS
THE STORE WITH THE CLOCK

LINDSAY'S
Cartage and Storage
Phone 63
Cartage, Warehousing, and Distributing. Team or Motor Service.
Coal, Sand and Gravel.
We Specialize in Piano and Furniture Moving.

UNFASHIONABLE.

"You never can make that kind of a dog fashionable," said the expert. "Why not?" asked the man who was offering the animal for sale. "Because," said the expert, "he isn't small enough to be utterly worthless, or ugly enough to be interesting."—Regina Leader.

NOTICE.

Re-Certificate of Title No. 2094 I to Lots five (5) and six (6), Block nineteen (19), Section six (6).

Re-Certificate of Title No. 2901 I to Lots seventeen (17) and eighteen (18), Block twenty-six (26), Section six (6).

Re-Certificate of Title No. 8902 I to Lot nineteen (19), Block ten (10), Section seven (7).

Re-Certificate of Title No. 2447 I to Lots forty-three (43) forty-four (44) and forty-five (45), Block twenty-seven (27), Section eight (8), City of Prince Rupert, Map 923.

Whereas proof of loss of the above Certificates of Title issued in the name of Ira. E. Mahon, has been filed in this office, notice is hereby given that I shall, at the expiration of one month from the date of the first publication hereof, issue a provisional Certificate of Title in lieu of each of the said lost Certificates, unless in the meantime valid objection as to any be made to me in writing.

DATED at the Land Registry Office, Prince Rupert, B.C., this 3rd January, 1928.

H. F. MacLEOD,
Registrar of Titles.

BUILD WORDS OUT OF
"Shamrock Hams"

$175.00 in prizes given as follows
1st $100.00
2nd $50.00
3rd $25.00
In addition we will give a 5 lb. Box of Chocolates to the winner if the ham label is secured from us.

SPECIAL PRICE ON WHOLE SHAMROCK HAMS
Per lb. ..... 35¢

$1.50 China Tea Set for .... 60¢
With two pkgs. "Jif." See our window
Sunkist Oranges, new stock, 3 doz. for ..... 95¢

Have you seen the new Chinaware in Robin Hood Quick Oats. It's pretty nifty

B.C. Butchers & Grocers
Limited
Phones 45 and 574

WESTHOLME THEATRE
TONIGHT ONLY, 7 and 9 p.m.

"The Poor Nut"

JACK MULHALL, JEAN ARTHUR, CHARLES MURRAY, GLENN TRYON, WILLIAM COURTWRIGHT, JANE WINTON, and others

COMEDY — "NEW WRINKLES"
AESOP'S FILM FABLES

Between Shows, at 8.50 p.m.
BRUNO NORDENSTROME, Vocalist, in Swedish Songs

Admission - - - - - 35c and 10c

Market Prices

Today's prices on the local market are as follows:

LARD	
Pure	25c
Compound	20c
EGGS	
B.C. fresh pullets	50c
B.C. fresh, firsts	60c
B.C. fresh, extras	65c
Local new laid	70c
B.C. storage, firsts	50c
FISH	
Smoked kippers, lb.	15c
Kippered salmon, lb.	25c
Smoked black cod, lb.	20c
Finnan haddies, lb.	25c
MEATS	
Fowl, No. 1, lb.	38c and 40c
Roasting chicken, lb.	45c
Ham, sliced, first grade	50c
Ham, whole, first grade	35c
Ham, picnic, lb.	19½c
Cottage rolls, lb.	22½c
Bacon, back, sliced	50c
Bacon, side	50c to 60c
Pork, dry salt	35c
Ayrshire bacon, lb.	35c
Veal, shoulder	25c
Veal, loin	40c
Veal, leg	35c
Pork, shoulder	28c
Pork, loin	40c
Pork, leg	35c
Beef, pot roast	15c to 20c
Beef, boiling	12½c to 18c
Beef, steak	30c to 45c
Beef, doast, prime rib	32c
Lamb, chops	50c
Lamb, shoulder	35c
Mutton, leg	40c
Lamb, leg	48c
Mutton, chops	40c
Mutton shoulder	30c
BUTTER	
Brookfield, Shamrock and Woodland, lb.	55c
E.C.D., lb.	55c
Capitol, 2nd grade, lb.	45c
Fraser Valley, lb.	55c
New Zealand, in bulk	50c
prints	55c
Alberta Creamery	45c
CHEESE	
Camembert cheese, 8 oz. pkg.	65c
Kraft Limberger, ½'s	35c
Ontario solids	35c
New Zealand solids	30c
Stilton, lb.	40c
Kraft	45c
Norwegian Goat	65c
Napoleon Limberger	70c
Roquefort	75c
Swifts' Brookfield, lb.	45c
Gorgonzola, lb.	75c
McLaren's Cream, jars	45c and 85c
Brookfield Swiss cheese, ½ lb. pkg.	30c
Brookfield Canadian cheese, ½ lb. pkg.	25c
Gruyere	45c
Golden Loaf, lb.	45c
Jack, lb.	50c
Romano Sardo, lb.	75c
Gammelost, ¼ lb.	30c
SUGAR	
White, per 100	$7.25
Yellow, per 100	$6.75
FLOUR	
Flour, 49's, No. 1 hard wheat	$2.75
Pastry flour, 10's	65c
Pastry flour, 49's	$2.90
VEGETABLES	
Beets, 5 lb. for	25c
Beets, sack	$2.75
Carrots, new, 8 lbs. for	25c
Carrots, sack	$2.25
Potatoes, 8 lbs.	25c
Sack	$2.25
Parsley, bunch	10c
Cauliflower, B.C., head	40c
California head lettuce	15c and 20c
Garlic, imported, per lb.	40c
Spanish onions, 3 lbs.	25c
Leeks, bunch	10c
California celery, head	25c to 35c
Hothouse tomatoes, lb.	40c
Spinach, local, lb.	20c
New B.C. Cabbage, lb.	6c
Cooking onions, 5 lb. for	25c
FRUIT	
Oranges, Valencia, dozen	40c to $1.00
Lemons, Sunkist, dozen	50c and 60c
Imperial Valley Grapefruit	2 for 25c
Florida grapefruit, each	15c
Bananas, 2 lb.	35c
Extracted honey, lb.	25c
Red grapes, lb.	25c
Dates, bulk, 2 lbs. for	25c
Raisins, bulk, per lb.	15c
Sweet Potatoes, 2 lbs. for	25c
California layer figs, per brick	20c
California Dainty Dates, package	25c
Winter Pears, d'Anjou, per box	$4.50
Per dozen	50c and 60c
Spitzenbergs, "C" grade	$3.50
Fancy	$3.75
Extra fancy	$4.00
Delicious, fancy	$4.00
Extra fancy	$4.25
Rome Beauties, fancy	$3.25
Extra fancy	$3.50
Jap Oranges, per box	$1.00
Navel oranges	40c to $1.00
DRIED FRUITS	
Lemon and orange peel	30c
Citron peel	50c
Black cooking figs, 2 lb.	25c
White figs, 2 lb.	25c
Currants, 2 lbs.	35c
Apples	25c
Peaches, peeled	25c
Apricots, lb.	40c
Prunes, 90-100, 3 lbs.	25c
25 lb. box	$2.00
Prunes, 60-70, lb.	10c
Prunes, 30-40 and 40-50, lb.	15c
25 lb. box	$2.75
Evaporated pears, halves, lb.	25c
25 lb box	$5.50
NUTS	
Almonds, shelled Valencias	65c
Brazils	35c
Walnuts, broken shelled	50c
Walnuts, shelled halves	65c
Almonds	35c
Peanuts	20c
Manchurian walnuts	25c
California walnuts	40c
No. 1 mixed nuts	35c
New filberts	25c
FEED	100 lbs.
Wheat, No. 5	$2.90
Oats	$2.70
Bran	$2.00
Shorts	$2.10
Middlings	$2.50
Barley	$2.75
Poultry mash	$3.30
Special eggmash	$3.60
Oyster shell	$2.20
Scratch food	$3.20
Beef scrap	$5.00
Ground oil cake	$4.25
Baby chick feed	$4.25
Fine oat chops	$2.95
Crushed oats	$2.95
Fine barley chop	$2.90
Whole corn	$3.20
Cracked corn	$3.30
Fine cornmeal	$3.30

NOTICE.

There will be offered for sale at Public Auction at the Provincial Government Court House, Prince Rupert, B.C., on Monday, January 30th, 1928, at 2 o'clock in the afternoon, the following lots:

Lot 14, Block 24, Section 1.
Lot 7, Block 40, Section 7.
Lot 13, Block 13, Section 2.

all in the City of Prince Rupert, B.C. Terms: Cash in full at time of Sale, or one-quarter cash and the balance in three equal annual instalments with interest on the deferred payments at the rate of 6% per annum, the Crown Grant fee to be $10.00 additional.

Plans showing the lots offered for sale may be seen at the office of the Government Agent, Prince Rupert, B.C.

NORMAN A. WATT,
Government Agent.
Dated at Prince Rupert, B.C.
January 18th, 1928. 23

Cash and Carry Grocery
FULTON AND SIXTH AVE.

We are Selling Smoked Meats Cheaper Today Than Ever Before. Just Think

Swift's Bacon in the piece or half slab, per lb. ..... 36¢
Burn's Shamrock Hams, whole or Half one, per lb. ..... 35¢
Swift's Circle (S) Picnic Hams, per lb. ..... 24¢
Capitol Butter Bricks ..... 45¢
14's $6.17
E.C.D. Butter Bricks ..... 49¢
14's $6.67

Canned Milk has advanced and we are forced to raise ours one cent per tin. Our price now ... 12¢
Granulated Sugar, 10 lb. for 73¢
Flour, any kind, 49 lb. sack $2.59
Pastry Flour, 10 lb. sack .... 57¢
China Oats, package ..... 38¢
B. & K. Oats, 7's ..... 53¢

We are saving you many a cent. Give us your whole support.
$3.00 orders delivered
Phone 304

Weekend Specials

We are featuring
HEINZ PURE FOOD PRODUCTS
this week. Mr. Bramley, who is representing the famous "57" varieties, will demonstrate in our store this week-end. We list below only a few of the
SPECIAL 95¢ ASSORTMENTS
For This Week Only

HEINZ SPECIALS
95c

Lot 1—
4 Tins Pork and Beans, small size
4 Tins Tomato Soup, small size.

Lot 2—
1 large Bottle Vinegar, 32 oz.
Your choice Malt, White or Cider.
1 Large Bottle Tomato Catsup.
Your choice 1 Bottle Evaporated Horseradish or
1 Jar Heinz Prepared Mustard.

Lot 3—
1 Large Bottle Worcester Sauce
1 Jar India Relish
1 Bottle Heinz Salad Cream

Lot 4—
1 Jar Heinz Sweet Pickles
1 Jar Heinz Chili Sauce
1 Bottle Vinegar, 16 oz.

Lot 5—
2 Medium Tins Heinz Pork and Beans
2 Small Tins Tomato Soup
2 Medium Tins Cooked Spaghetti.

Lot 6—
9 Small Tins Heinz Tomato Soup.

PROVISIONS

Note the drop in egg prices:
B.C. Fresh Pullets, doz. 40¢
B.C. Fresh Firsts, dozen 45¢
B.C. Fresh Extras, dozen 50¢
Ayrshire Back Bacon, machine sliced, per lb. 29¢
Picnic Hams, per lb. 22½¢
Cottage Rolls, per lb. 27½¢
Ontario Stilton Cheese, lb. ..... 40¢
(Well matured and tasty)
Roquefort Cheese, lb. .. 75¢
Lard in bulk, 2 lbs. .... 39¢

MEATS
Veal Steak, lb. ..... 20¢
Roast Leg Veal, lb. .. 25¢
Roast Shoulder Veal, lb. 18¢
Veal Chops, lb. ..... 25¢
Stew Veal, 2 lbs. .... 25¢
Leg Lamb, lb. ..... 40¢
Shoulder Lamb, lb. ... 30¢
Stew Lamb, lb. ..... 20¢
Round Steak, lb. ..... 25¢
Sirloin Steak, lb. ..... 30¢
Shoulder, Steak, lb. .... 18¢
Pot Roast, lb. ..... 17¢
Rump Roast, lb. .... 22½¢

We handle Fresh Milk and Whipping Cream. Always fresh under Frigidaire cooling.

FRUITS
Rome Beauty Apples, wrapped stock, per box $2.95
Sunkist Oranges, medium size. Special, 3 doz. $1.00
Large Ripe Bananas, 2 lbs. ..... 35¢
Marmalade Oranges just arrived, per doz. ..... 60¢

100 Large Tins Quaker Peaches, 2½'s. Special, per tin ..... 25¢
100 Large Tins Quaker Apricots, 2½'s. Special, per tin ..... 25¢

COMBINATION SPECIAL
$1.00
6 lbs. Sultana Raisins, 1 only, medium size Jug, reg. 50¢
Ready-cut Macaroni. Special, 2 lbs. ..... 25¢
Fresh Ground Coffee, lb. 50¢
1 only Child's Mug given free with each lb. of coffee.
Assorted Jelly Powders, 4 pkges. for ..... 22¢

CANNED GOODS SPECIAL
Assortment "A"
For the small family
2 Tins Peas, No. 1, reg. 25c tin
2 Tins Spinach, 2's, reg. 20c tin
2 Tins Asparagus Tips, reg. 35c tin
2 Tins Tomatoes, 2's, reg. 15c tin
2 Tins Malkin's Corn, reg. 25c tin
2 Tins Malkin's Refugee Beans, reg. 25c tin
Reg. $2.90. Special $2.45 doz.

Assortment "B"
Large size tins for big families
2 tins Pumpkin, 2½'s, reg. 20c tin
2 Tins Tomatoes, 2½'s, reg. 20c tin
2 Tins Asparagus, 2½'s, reg. 40c tin
2 Tins Spinach, 2½'s, reg. 25c tin
2 Tins Corn on Cob, 2½'s, reg. 40c tin
2 Tins Kraut, 2½'s, reg. 20c tin.
Reg. $3.30. Special $2.75 doz.

Del Monte Prunes, size 40-50, 4 lb. wood boxes. Special ..... 59¢
This is a most popular family size.

Bulk Cocoanut, per lb. 19¢
Smyrna Cooking Figs, fresh and moist, 2 lbs. .... 25¢

Swift's Classic Cleanser, special, 4 for ..... 25¢
Limit 8 to each customer.

Sunlight Soap, per carton ..... 19¢

Toilet Paper Rolls, 7 for ..... 25¢

Blue Ribbon Matches, pkge. ..... 20¢
Calgary Dry Ginger Ale, per dozen $2.25
Roger's Golden Syrup, 5 lb. tins, special, tin .... 45¢

Rupert Table Supply
3 Phones — 210, 211, 212

Imported English
RAYON MOROCAIN

An ideal fabric for street and party frocks. Comes in fifteen designs, thirty-eight inches wide, fast colors and washable. Regular $1.50 and $1.75 a yard. Special price,

95c
per yard

Fraser & Payne
The Universal Trading Co.