



RED CROSS IN PEACE TIMES

WORK BEING DONE BY ORGANIZATION IN CONNECTION WITH HEALTH AND NURSING

ALWAYS IN READINESS

AIDS IN DISTRIBUTION OF HEALTH LITERATURE SHOWING HOW TO AVOID SICKNESS

The Armistice did not end the need for Red Cross Services for soldiers, but the end of the war gave time to consider what should be done to correct the conditions responsible for the alarmingly large number of unfit men of military age discovered in our own and every country in which medical examinations for service had been extensively carried.

From this war-time discovery came the Red Cross Peace-time Program. For to the Red Cross, occupied with its war work—which still continues—was given the additional duty of arousing the nation to the need for better habits of living and the support of all health measures.

The Canadian Red Cross Society in striving to fulfil its two-fold task, has provided the following services to the people of Canada:

CARE OF THE EX-SOLDIER

1. Red Cross service is still needed for those disabled in the war. Red Cross visitors prove to the several thousand of those in hospital that they have not been forgotten. Red Cross Convalescent Homes and Sheltered Workshops aid in their restoration. Red Cross parcels and assistance remind the soldier settler and the unemployed that his welfare is sought in every way.

JUNIOR RED CROSS

2. The Society introduces Junior Red

NOTICE TO CONTRACTORS

Sealed Tenders, endorsed "Tender for Shingling Provincial Government Wharf Warehouse," will be received by the undersigned, up to noon of Tuesday, March 27, 1928.

Specifications, Contract and Form of Tender may be obtained at the office of the District Engineer, Court House, Prince Rupert.

The successful tenderer will be called on to deposit with the Honorable Minister of Public Works an accepted cheque equal to ten per cent (10%) of the total amount of his tender. Tenders will not be considered unless made out on the forms supplied, signed with the actual signature of the tenderer, and enclosed in the envelope furnished.

The lowest or any tender not necessarily accepted.

G. C. MACKAY,
District Engineer.

NOTICE

IN THE MATTER of an application for the issue of a Provisional Certificate of Title for Lot sixteen (16) Block sixteen (16) Town of Sparwood Map 10A, Satisfactory proof of the loss of the Certificate of Title covering the above land having been produced to me, it is my intention to issue, after the expiration of one month from the first publication hereof, a Provisional Certificate of Title for the above land in the name of W. H. VICKERS. The original Certificate of Title is dated the 28th October 1910, and is numbered 2731.

Land Registry Office, Prince Rupert, B.C., 19th March, 1928.
H. F. MACLEOD,
Registrar of Titles.

IN PROBATE

IN THE SUPREME COURT OF BRITISH COLUMBIA

In the Matter of the Administration Act; and
In the Matter of the Estate of Joseph William Christian, Deceased. In re.

TAKE NOTICE that by order of His Honor F. McB. Young, the 13th day of March, 1928, I was appointed Administrator of the estate of Joseph William Christian, deceased, and all parties having claim against the said estate are hereby required to furnish same properly verified to me on or before the 14th day of April, 1928, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

NORMAN A. WATT,
Official Administrator,
Prince Rupert, B.C.
Dated the 14th day of March, 1928.

IN PROBATE

IN THE SUPREME COURT OF BRITISH COLUMBIA

In the Matter of the Administration Act; and
In the Matter of the Estate of Benedict Steffan Johnson, Deceased, Intestate.

TAKE NOTICE that by order of His Honor F. McB. Young, the 22nd day of March, 1928, I was appointed administrator of the estate of Benedict Steffan Johnson, deceased, and all parties having claims against the said estate are hereby required to furnish same properly verified to me on or before the 26th day of April, 1928, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

NORMAN A. WATT,
Official Administrator,
Prince Rupert, B.C.

SALT RHEUM All Over Her Hands and Between Fingers

Mrs. Walter Misner, Midville Branch, N.S., writes:—"I had salt rheum all over my hands, and especially between my fingers. It was impossible for me to put them in water, or do my house work."

"After trying medicines and salves, which did me no good, I heard of

John Skrind returned to Burns Lake last week after having spent the winter making soap at Lake Lake.

D. M. Gerow is on the sick list just now.

A rate of ten mills for the year has been set by the village council of Burns Lake.

Charles Hunter of Colleymount was a business visitor in town last week.

Circumstances to cancer, Mrs. E. A. Beach, resident of the district since 1913 when she arrived here from the

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

KEEP FREE FROM PERSPIRATION ODOUR FROM BATH TO BATH

It's simply a matter of changing to Lifebuoy Toilet Soap for face, hands and bath.

Thus you will neutralize the effect of the one to two pints of moisture which, physicians say, the body sends daily through the pores.

Lifebuoy is a superb toilet soap and the protection against perspiration odour is free, because Lifebuoy costs no more than the toilet soap you now use.

Lb \$54



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Purifies and Protects

LEVER BROTHERS LIMITED TORONTO

Prices at Prince Rupert of the New

Chevrolet

Light Delivery Chassis

\$631.00

1-1/2 Ton Truck Chassis

\$800.00

Roadster

\$808.00

Roadster Delivery

\$808.00

Touring

\$808.00

Coupe

\$931.00

Coach

\$931.00

Sedan

\$1030.00

Cabriolet

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Imperial Landau

\$1086.00

Front Bumper and Rear Bumperettes standard equipment on all Passenger Models.

Disc Wheels Standard equipment on Imperial and Cabriolet only. On other models \$30.00 extra.

Spare Tire and Tube, \$19.00 extra.

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MERCURY FULL FASHIONED

SILK HOSE

Chiffon and Service Weights in Gunmetal, Black, Atmosphere, Nude, Evenglow, Merida, Flesh, etc.

From—

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The Hose for Satisfaction

H. S. Wallace Co. Ltd.

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COAL Prices DOWN

Pembina Peerless Egg \$12.00

Pembina Washed Nuts \$11.25

Alberta Sootless Egg \$12.00

Alberta Lump \$13.00

These Coals are under cover and delivered dry.

Hyde Transfer

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139 Second Avenue

BURDOCK BLOOD BITTERS

being so wonderful, and after taking two bottles I am entirely relieved of my trouble."

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

Cross into the schools. By this means nearly 140,000 young Canadians in over 5,000 class rooms are banded together to carry out in actual practice the rules of healthy living. Inspired to befriend the unfortunate, they have been responsible, through money raised by their own efforts, for the treatment of nearly 5,000 crippled children and have gained experience in many other ways in the best type of citizenship.

CLASSES IN HOME NURSING

Recent investigations have proved that much sickness results from lack of knowledge. To overcome this the Red Cross organizes classes in home nursing and has taught nearly 12,000 women and girls the elements of nursing and the principles of healthy living and home hygiene so that the family may "keep well."

HOSPITALS AND NURSING STATIONS

In its outpost hospitals and nursing stations the Red Cross furnishes skilled professional service in unorganized areas. Last year 2,133 patients were thus benefited. 743 were confinement cases, most of whom must otherwise have gone unattended. Today there are 39 outposts, but if funds permitted many more might be opened to the incalculable advantage of pioneer settlers.

SEAPORT NURSERIES

In the Seaport Nurseries at Quebec, Saint John and Halifax, the Red Cross welcomes immigrant mothers and children. Last year nearly 30,000 new Canadians were provided with rest and refreshment, and were proffered advice and assistance. Red Cross follow-up cards have gone to interior points regarding over 12,000 families, ensuring further help if needed.

DISASTER RELIEF

Always in readiness, the Red Cross furnishes disaster relief to any community overwhelmed by catastrophe. Its services have been needed in the Haileybury conflagration, the Cochrane epidemic, a cyclone on the prairies, and only last year, when two villages in Quebec were destroyed by fire. If the whole world is stirred by an immense calamity, the Red Cross forms a worldwide agency for the collection and distribution of money and supplies.

PUBLIC HEALTH NURSES

The Red Cross promotes the training and encourages the employment of public health nurses, in order to lessen sickness and improve the health of the people.

PUBLIC HEALTH MEASURES

The Red Cross endeavors to create and strengthen public opinion in support of official health measures, and exerts itself to promote the observance of regulations for preventing disease.

HEALTH LITERATURE

The Red Cross publishes and distributes Health Literature so that people may realize that much sickness is unnecessary and can be avoided.

In addition to these services, individual branches of the society are exerting themselves in many other ways to fulfill the peace-time program of the Red Cross.

When the war ended the society was in a very satisfactory financial condition, and that, with the subscriptions and gifts which it has constantly received, the interest on its funds, and its other sources of revenue, has enabled it to perform its tasks without having been compelled any earlier to ask all the people of Canada for additional financial support. About one-half of its funds has been used for the benefit of disabled ex-members of the Canadian forces, while the other half has been expended in furthering the peace-time program. Last year nearly one million dollars was spent on the work. The treasury is now almost empty and the time has come when an appeal must be made to all Canadians to come to the support of the Red Cross so that it may continue and extend its efforts for the welfare of the nation.

The treasurer of the local branch of the society is B. J. Mellish, Canadian Bank of Commerce, who will gladly receive the annual subscription of one dollar for membership in this deserving organization.

Officers as follows have been elected for District "C" of the Farmers' Institutes of British Columbia: member for advisory board, Dr. R. C. Bamford; Smithers president, John Henderson; vice-president, John H. MacMillan; secretary, Fred J. Shearer, Prince George; directors, David W. Donald, Vanderhoof; William LocEyer, Prince George; Peter F. MacGregor, Dewey; E. J. Mohr, Wistaria. The next convention will be in Prince George.

Fraser Valley, at Princess Lake passed

United Church at evening service on Sunday last week. She is survived by a widower and two sons.

Bert Richards, local automobile dealer,

reports that he has sold eight new cars so far this year.

Vanderhoof residents are sticking close to the sidewalks just now. Melting of snow makes the ground rather watery.

The provincial Forest Branch has ordered a light delivery truck for service in this district.

Mrs. Hargreaves has returned to Nulk Lake after having spent the past eight months in Kelowna and elsewhere in the Okanagan Valley.

W. G. Calik returned to his Chilco farm last week after spending the winter months in the Burns Lake district.

Mr. and Mrs. Mark Connelly have returned to Fraser Lake after spending the winter months in California.

Douglas Lay of Hazelton, resident engineer for the provincial mines department, gave an illustrated lecture on mining here this afternoon.

Provincial Constable H. H. Mansell, assistant fire marshal, is seeing that local chimneys are being cleaned in order to reduce fire hazard.

J. R. Walker and Andrew Walker brought in a four ton load of hay from Francois Lake last week. On account of the roads breaking up, they will have to postpone further hauling until wagons can be used.

William D. Lukens, who has been

spending the winter in California, is

now in Vancouver and writes that he

will start north as soon as the roads

are open for travel.

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last week after having spent the winter

making soap at Lake Lake.

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