Teas of finer quality are unchanged in price. An avalanche of the cheaper grades has made possible a slight reduction in that class of tea.

"SALADA" TEA

A Tea of Finer Quality

A Book Full of Delightful Recipes---Free

PERHAPS you use St. Charles Milk already *"wherever the recipe calls for milk"*. In any event we want you to have a free copy of this helpful book. Send coupon today.

THE BORDEN CO. LIMITED, VANCOUVER
Please send me, free, St. Charles Book with 85 tested recipes.
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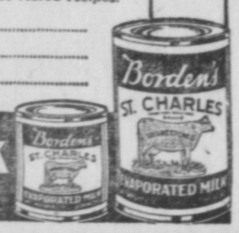

Borden's ST. CHARLES MILK (Unsweetened)

THIS MILK IS ENTIRELY A BRITISH COLUMBIA PRODUCT
CONDENSARY . . SOUTH SUMAS, B.C.

DEMAND
"Rupert Brand"
Kippers
THE DAINTIEST BREAKFAST FOOD
Smoked Daily by
Canadian Fish & Cold Storage Co., Ltd.
Prince Rupert, B.C.

Canadian National Steamships Co. Limited
Prince Rupert
DRYDOCK
AND
SHIPYARD
Operating G.T.P. 20,000 Ton Floating Dry Dock
Engineers, Machinists, Boilermakers, Blacksmiths, Pattern makers, Founders, Woodworkers, Etc.
ELECTRIC AND ACETYLENE WELDING.
Our plant is equipped to handle all kinds of
MARINE AND COMMERCIAL WORK.
PHONES 43 and 385

SURVEY SOON BY ANGLICANS

Caledonia Included in Dioceses to be Investigated by Church Commission

HAMILTON, Ont., Sept. 19. — Arrangements for a survey of Canada will be undertaken by the executive officers of the National Anglican commission here yesterday. The officers are Bishop Owen of Niagara, Canon Gould of Toronto and Dr. Gisborne of Ottawa.

The survey will begin on October 28 in the diocese of Brandon and later will extend to the diocese of Saskatchewan, Quappelle, Calgary and Edmonton.

Beginning the new year the commission will visit the diocese of Kootenay, Cariboo, New Westminster, Colombia and Caladonia.

The object of the survey is to study all the problems of the Church in Canada, its possibilities, defects and organizations.

NEW ORGANIZATION FOR ALL POSTAL EMPLOYEES

OTTAWA, Sept. 19.—The unanimous decision to form a new organization to be known as the United Postal Employees of Canada was reached at the annual convention here of the executive of the Dominion Postal Clerk's Association. It is planned to have the new organization embrace as its members all postal employees throughout Canada.

Market Prices

Prices current are as follow:

LARD

Pure	25c
Compound	20c

EGGS

B.C. fresh pullets	45c
B.C. fresh firsts	50c
B.C. fresh extras	55c
Local new laid	65c

NUTS

Almonds, shelled Valencias	65c
Brazils	45c
Walnuts, broken shelled	45c
Walnuts, shelled halves	55c
[illegible]	45c
Peanuts	20c
Manchurian walnuts	25c
California walnuts	40c
No. 1 mixed nuts	25c
New filberts	25c
Black Diamond California soft shelled walnuts, lb.	40c

FEED

	100 lbs.
Wheat, No. 5	$3.00
Oats	$3.15
Bran	$2.25
Shorts	$2.35
Middlings	$2.70
Barley	$2.90
Laying Mash	$3.75
Oyster shell	$2.25
Scratch food	$3.25
Beef scrap	$5.00
Ground oil cake	$4.25
Baby chick feed	$4.50
Fine oat chops	$3.25
Crushed oats	$3.25
Fine barley chop	$3.00

FISH

Smoked kippers, lb.	15c
Kippered salmon, lb.	25c
Smoked black cod, lb.	20c
Finnan haddies, lb.	25c

MEATS

Fowl, No. 1, lb.	38c and 40c
Roasting chicken, lb.	45c
Broilers	45c
Ham, sliced, first grade	5[illegible]
Ham, whole, first grade	40c
Ham picnic, lb.	30c
Cottage rolls, lb.	29½
Bacon, back, sliced	50c
Bacon, side	50c
Pork, dry salt	35c
Ayrshire bacon, lb.	35c
Veal, shoulder	25c
Veal, loin	40c
Veal, leg	35c
Pork, shoulder	35c
Pork, loin	45c
Pork, leg	40c
Beef, pot roast	15c to 20c
Beef, boiling	12½c to 15c
Beef, steak	30c to 45c
Beef, roast, prime rib	35c
Lamb, chops	50c
Lamb, shoulder	35c
Mutton, leg	40c
Lamb, leg	48c
Mutton, chops	40c
Mutton shoulder	30c

BUTTER

No. 1 creamery	52½
No. 2 creamery	47½c

FRUIT

California assorted plums, lb.	15c
Per basket	75c to 90c
California peaches, dozen	40c to 50c
Apricots, lb.	12½c
Apricots, crate	$1.50
Oranges, Valencia, dozen	40c to 85c
Lemons, Sunkist, dozen	40c to 50c
Imperial Valley grapefruit	2 for 25c
Bananas, 2 lb.	35c
Extracted honey, per jar	30c
Comb honey	35c
Dates, bulk, 2 lbs. for	25c
Raisins, bulk, per lb.	15c
California Dainty Dates, package	25c
Cantaloupes	15c, 20c and 25c
Cocoanuts	25c
Wenatchie Gravenstein Apples, lb.	10c
Green Cooking Apples (B.C.), 3 lbs	25c
Seedless grapes, lb.	20c
Pears, dozen	40c
Preserving, crate	$2.50
Prunes, crate	$1.50

VEGETABLES

Beets, lb.	4c
Beets, sack	$2.75
Carrots, lb.	4c
Potatoes, sack	$2.00
Parsley, bunch	05c
Garlic, imported, per lb.	25c
New cabbage, lb.	6c
New green onions, per bunch	5c
Turnips, 6 lbs.	25c
Crated onions, lb.	5c
Rhubarb, 5 lbs.	25c
Bunch carrots, 3 for	25c
Bunch beets, 3 for	25c
Bunch white turnips	10c
Fresh mint*	5c
Vancouver local lettuce, 3 for	25c

H. D. TWIGG, M.P

Victoria man who is slated for position of deputy speaker of the Legislature.

STEAMSHIP MOVEMENTS

For Vancouver—
Sundays—ss. Prince George .. 11 p.m.
Tuesdays—ss. Catala ..... 3 p.m.
Thursdays—ss. Prince Rupert.. 11 p.m.
Friday—ss Princess Royal ..... 10 p.m.
Saturday—ss Cardena ..... 7 a.m.
Sept. 10—ss. Princess Louise .... p.m.
Oct. 3—ss. Princess Louise .... p.m.
Oct. 14—ss. Princess Alice ..... p.m.
Oct. 24—ss. Princess Alice ..... p.m.

From Vancouver—
Sunday—ss. Catala ..... 4 p.m.
Wednesday—ss. Pr. Rupert 10.30 a.m.
Friday—ss Cardena ..... a.m.
Friday—ss. Princess Royal .. 4 p.m.
Saturday—ss. Pr. George 10.30 a.m.
[illegible] Princess Louise ....a.m.
Oct. 10—ss. Princess Alice ..... a.m.
Oct. 19—ss. Princess Alice .... a.m.
Oct. 31—ss. Princess Alice ..... a.m.

For Port Simpson and Naas River—
Sunday—ss. Catala ..... 8 p.m.
Friday—ss. Cardena ..... a.m.

From Port Simpson and Naas River—
Tuesday—ss. Catala ..... 11.30 a.m.
Saturday—ss Cardena ..... 6 a.m.

For Anyox and Alice Arm—
Sunday—ss. Catala ..... 8 p.m.
Saturday—ss Prince George 4 p.m.

From Anyox and Alice Arm—
Tuesday—ss. Catala ..... 11.30 a.m.
Sunday—ss. Prince George .. 7 p.m.

For Stewart and Premier—
Sunday—ss. Catala ..... 8 p.m.
Wednesday—ss. Prince Rupert 10 p.m.

From Stewart and Premier—
Tuesday—ss. Catala ..... 11.30 a.m.
Thursdays—ss Prince Rupert 8 p.m.

For Queen Charlotte Islands—
Sept. 22. ss. Prince Charles 8 p.m.
Oct. 6—ss. Prince Charles .. 8 p.m.
Oct. 20—ss. Prince Charles .. 8 p.m.

From Queen Charlotte Islands—
Sep. 20—ss. Prince Charles ..... a.m.
Oct. 4—ss. Prince Charles ..... a.m.
Oct. 18—ss. Prince Charles .... a.m.

For Alaska—
Wednesday—ss. Prince George. 4 p.m.
Sept. 19—ss Princess Louise .... a.m.
Sept. 29—ss Princess Louise .. a.m.
Oct. 10—ss. Princess Alice ..... a.m.
Oct. 20—ss. Princess Alice ..... a.m.
Oct. 31—ss. Princess Alice ..... a.m.

From Alaska—
Sunday—ss. Prince George .. 7 p.m.
Sept. 29—ss Princess Louise .. p.m.
Oct. 3—ss. Princess Louise .... p.m.
Oct. 14—ss. Princess Alice .... p.m.
Oct. 24—ss. Princess Alice .... p.m.

MAIL SCHEDULE

For the East—
Mondays, Wednesdays, Saturdays, mail closes ..... 10:30 a.m.

From the East—
Mondays, Wednesdays and Fridays, mail due .....3:30 p.m.

To Vancouver—
Sundays ..... 10 p.m.
Tuesdays ..... 2.15 p.m.
Thursdays ..... 10 p.m.
Saturdays ..... 6 a.m.
C.P.R.—Sept. 23, Oct. 3, 14, 20 .. p.m.

From Vancouver—
Sundays ..... 4 p.m.
Wednesdays ..... 10.30 a.m.
Fridays ..... a.m.
Saturdays ..... 10:30 a.m.
C.P.R.—Sept. 29, Oct. 10, 20, 21.. a.m.

For Anyox and Alice Arm—
Sundays ..... 7 p.m.
Saturdays ..... 3 p.m.

From Anyox and Alice Arm—
Sundays ..... 7 p.m.
Tuesdays ..... 11.30 a.m.

For Stewart and Premier—
Sundays ..... 7 p.m.
Wednesdays ..... 9 p.m.

From Stewart and Premier—
Tuesdays ..... 11.30 a.m.
Thursdays ..... 8 p.m.

To Naas River Points—
Friday ..... 7 a.m.

From Naas River Points—
Saturdays .....mail due a.m.

To Alaska Points—
Sept. 29, Oct. 10, 20, 31 ..... a.m.

From Alaska Points—
Sept. 23, Oct. 3, 14, 24 ..... p.m.

To Queen Charlottes—
Sept. 22 ..... 7 p.m.
Oct. 6, 20 ..... 7 p.m.
Thursdays ..... 8 p.m.

From Queen Charlottes—
Sept. 20, Oct. 4, 18 ..... a.m.

LETTER BOX COLLECTIONS

	A.M.	P.M
Graham & Atlin Ave.	9.00	7.30
1st Ave. & 8th St.	9.05	7.35
6th Ave. & Fulton St.	9.10	7.40
8th Ave. & Thompson St.	9.15	7.45
11th Ave. & Sherbrooke	9.20	7.50
11th Ave. & Conrad	9.25	7.55
6th Ave. & Hays Cove Ave.	9.30	8.00
6th Ave. & Hays Cove Circle	9.35	8.05
8th Ave. & Cotton St.	8.00	7.00
5th Ave. & Green St. (Hsptl).	9.40	8.10
5th Ave. & McBride St.	9.45	8.15
Prov. Govt. Building	9.50	8.20
Prov. Govt. Wharf	9.55	8.25
G.T.P. Wharf	10.00	8.30
G.T.P. Station	10.05	—
" "	11.35	—
2nd Ave. & 2nd St.	10.10	8.40
3rd Ave. & Fulton St.	10.15	8.45
3rd Ave. & 6th St.	10.20	8.50

Sundays—One collection only, same as p.m. collection.

C.N.R. TRAINS

For the East—
Daily except Sunday at 11.30 a.m.

From the East—
Daily except Tuesday at 3.30 p.m.

Write for Free Exercise Booklet
A valuable booklet, containing a complete set of 22 Penmans health exercises, may be yours for the asking. All exercises fully illustrated and explained in detail.

Exercise No. 17 Here's a typical Penmans Health Drill—one that will aid greatly in developing arm, leg and torso muscles. Write for free Penmans Exercise Book, containing detailed descriptions.

KEEP FIT IN Penmans 95

ENJOY better health and increased efficiency by doing these Health drills every morning in Penmans 95.

There's quality and weight in Penmans 95 that offers unfailing protection from influenza, chills and other cold-weather ills. Ask for it at your dealers. In two-piece and union suits for men, women and children.

NOTICE TO PENMANS DEALERS
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B.C. Butchers & Grocers, Ltd.

SPECIALS FOR WEEK ENDING SEPTEMBER 22, 1928

Red Plum, Cherry, Raspberry, Gooseberry, Peach, Apricot, Strawberry JAMS	58c
BABY BEETS, 2's	18c
ROYAL CITY PORK AND BEANS, 2's, 2 tins for	25c
QUAKER CAKE FLOUR, 2 lb. size	25c
ROYAL CROWN SOAP, 6 bars for	23c
WESTON'S FANCY MIXED BISCUITS, 2 lb. tins	48c
ROBIN HOOD RAPID OATS	30c

We reserve the right to limit the quantity purchased by any one customer.
All Preserving Fruits at most attractive prices.
Everything in Green Vegetables fresh off each boat.

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