Makes Creamier Cream Sauces

Produced in Canada

THE sauce is the secret of delicious creamed vegetables—and Carnation Milk is the secret of the perfect cream sauce. Carnation is double-rich and creamy-smooth. You can't *help* getting better results with it.

Write for free Cook Book

Carnation Milk Products Co. Limited
134 Abbott Street
VANCOUVER, B.C.

Carnation Milk

"From Contented Cows"

"CATERPILLAR" Tractors

BIGGER THAN THE WEATHER!

A Size for Every Use

A Hundred Uses for Every Size

2 TON, TWENTY, THIRTY, SIXTY

BETTER QUICKER CHEAPER

Literature and Prices on Request

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MORRISON TRACTOR & EQUIPMENT CO., LIMITED

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NELSON, B.C.

CATERPILLAR

DEMAND

"Rupert Brand" Kippers

THE DAINTIEST BREAKFAST FOOD

Smoked Daily by

Canadian Fish & Cold Storage Co., Ltd.

Prince Rupert, B.C.

Canadian National Steamships Co. Limited

Prince Rupert

DRYDOCK AND SHIPYARD

Operating G.T.P. 20,000 Ton Floating Dry Dock

Engineers, Machinists, Boilermakers, Blacksmiths, Pattern makers, Founders, Woodworkers, Etc.

ELECTRIC AND ACETYLENE WELDING

Our plant is equipped to handle all kinds of MARINE AND COMMERCIAL WORK.

PHONES 43 and 385

BENNETT URGES EQUAL CHANCE

Would Have Fair Competition With New Zealand Butter and U.S. Products

WINNIPEG, Sept. 26—In a public address, during which he dealt in detail with the exports and imports of Canada, especially those to and from the United States and the development of the dominion's resources, Hon. R. B. Bennett, leader of the Conservative party in Canada, declared the remedy for the problem of today was "equal opportunity and fair competition — fair competition against New Zealand butter, fair competition against the United States. I ask nothing more and nothing less. Give us an equal chance and we will beat the world as we always have."

ROUGH WEATHER WHEN CROSSING THE OCEAN

H. W. Birch and Family Return from Visit to England

H. W. Birch, managing secretary of the Prince Rupert General Hospital, returned to the city on the Prince Rupert yesterday afternoon after an absence of six months on a holiday trip to England. He was accompanied by Mrs Birch and daughter Beryl, who have been visiting in the Old Country for almost two years.

The ship on which they returned experienced rough weather on the way across, being affected by the hurricane which did so much damage in the south but which, luckily for them, had almost spent itself by the time it reached the northern lane.

Market Prices

Prices current are as follow:

APPLES

McIntosh Reds, fancy	$3.10
"C" grade	$2.60
Jumble pack	$2.15
Green cooking apples (B.C.), 4 lbs.	25c

FRUIT

California peaches, dozen	35c to 50c
Oranges, Valencia, dozen	40c to 85c
Lemons, Sunkist, dozen	40c to 50c
Imperial Valley grapefruit	2 for 25c
Bananas, 2 lb.	25c
Extracted honey, per jar	30c
Comb honey	35c
Dates, bulk, 2 lbs. for	25c
Raisins, bulk, per lb.	15c
California Dainty Dates, package	25c
Cantaloupes	15c, 20c and 25c
Cocoanuts	25c
Green Cooking Apples (B.C.), 3 lbs	25c
Seedless grapes, lb.	20c
Pears, dozen	40c
Prunes, crate	$1.10

BUTTER

No. 1 creamery	52½
No. 2 creamery	47½c

DRIED FRUIT

Lemon and orange peel	35c
Citron peel	35c
Black cooking figs, lb.	15c
White figs, 2 lb	25c
Currants, 2 lbs.	35c
Apples	25c
Peaches, peeled	25c
Apricots, lb.	25c
Prunes, 90-100, 4-lbs.	35c
25 lb. box	$1.95
Prunes, 60-70 lb.	2 lbs. for 25c
30-40, lb.	15c
40-50, 2 lbs.	25c
25 lb. box	$2.80
Evaporated pears, halves, lb	25c
25 lb box	$5.50

FLOUR

Flour, 49's, No. 1 hard wheat	$2.60
Pastry flour, 10's	65c
Pastry flour, 49s	$2.50

LARD

Pure	25c
Compound	20c

EGGS

B.C. fresh pullets	50c
B.C. fresh firsts	55c
B.C. fresh extras	60c
Local new laid	70c

NUTS

Almonds, shelled Valencias	65c
Brazils	35c
Walnuts, broken shelled	45c
Walnuts, shelled halves	55c
Almonds	35c
Peanuts	20c
Manchurian walnuts	25c
California walnuts	40c
No. 1 mixed nuts	25c
New filberts	25c
Black Diamond California soft shelled walnuts, lb.	40c

FEED

	100 lbs.
Wheat, No. 5	$3.00
Oats	$3.15
Bran	$2.25
Shorts	$2.35
Middlings	$2.70
Barley	$2.90
Laying Mash	$3.75
Oyster shell	$2.25
Scratch food	$3.25
Beef scrap	$5.00
Ground oil cake	$4.25
Baby chick feed	$4.50
Fine oat chops	$3.25
Crushed oats	$3.25
Fine barley chop	$3.00

FISH

Smoked kippers, lb.	15c
Kippered salmon, lb.	25c
Smoked black cod, lb.	20c
Finnan haddies, lb.	25c

MEATS

Fowl, No. 1, lb.	38c and 40c
Roasting chicken, lb.	45c
Broilers	45c
Ham, sliced, first grade	50c
Ham, whole, first grade	40c
Ham, picnic, lb.	30c
Cottage rolls, lb.	29½
Bacon, back, sliced	50c
Bacon, side, sliced	60c
Pork, dry salt	35c
Yorkshire bacon, lb.	35c
Veal, shoulder	25c
Veal, loin	40c
Veal, leg	35c
Pork, shoulder	35c
Pork, loin	45c
Pork, leg	40c
Beef, pot roast	15c to 20c
Beef, boiling	12½c to 18c
Beef, steak	30c to 45c
Beef, roast, prime rib	35c
Lamb, chops	50c
Lamb, shoulder	35c
Mutton, leg	40c
Lamb, leg	48c
Mutton, chops	40c
Mutton shoulder	30c

VEGETABLES

Beets, lb.	4c
Beets, sack	$2.75
Carrots, lb.	4c
Potatoes, sack	$2.00
Parsley, bunch	05c
Garlic, imported, per lb.	25c
New cabbage, lb.	6c
New green onions, per bunch	5c
Turnips, 6 lbs.	25c
Crated onions, lb.	5c
Rhubarb, 5 lbs.	25c
Bunch carrots, 3 for	25c
Bunch beets, 3 for	25c
Bunch white turnips	10c
Fresh mint	5c
Vancouver local lettuce	10c
Green peppers, lb.	25c
Hothouse tomatoes, lb.	12½c
Field Cukes	10c
B.C. Celery	2 for 25c
Cauliflower	25c and 35c
Up-river green peas, 3 lbs.	25c
Green Beans, lb	10c
Wax Beans, lb.	10c
Hubbard Squash, lb.	7c
Field Tomatoes, lb.	7½c
White pickling Onions, 2 lbs.	25c
Pickling Cukes, 2 lbs.	25c
Vegetable Marrow, lb.	5c
Watermelon, lb.	8c
Casaba Melon, lb	10c
Honeydew melon, lb.	10c
Pumpkin, lb.	7c
Citron	7c
Sweet potatoes, 2 lbs.	25c
Corn on cob (Golden Bantam)	40c

CHEESE

Camembert cheese, 8 oz. pkg.	65c
Kraft Limberger, ½'s	35c
Ontario solids	35c
New Zealand solids	30c
Stilton, lb.	40c
Kraft	45c
Norwegian Goat	60c
Napoleon Limberger	70c
Roquefort	75c
Swifts' Brookfield lb.	45c
Gorgonzola lb.	75c
McLaren's Cream, jars	45c and 85c
Brookfield Swiss cheese, ¼ lb. pkg.	30c
Gruyere	45c
Brookfield Canadian cheese, ½ lb. pkg.	25c
Golden Loaf, lb.	45c
Pack, lb.	50c
Romano Sardo, lb.	65c
Gammelost, ¼ lb.	30c

SUGAR

White, per 100	$7.25
Yellow, per 100	$6.75

STEAMSHIP MOVEMENTS

For Vancouver—
Sundays—ss. Prince George .. 11 p.m.
Tuesdays—ss. Catala ..... 3 p.m.
Thursdays—ss. Prince Rupert.. 11 p.m.
Friday—ss Princess Royal ....0 p.m.
Saturday—ss. Cardena ..... 7 a.m.
Sept. 23—ss. Princess Louise ..p.m.
Oct. 3—ss. Princess Louise ...p.m.
Oct. 14—ss. Princess Alice ..... p.m.
Oct. 24—ss. Princess Alice ..... p.m.

From Vancouver—
Sunday—ss. Catala ..... 4 p.m.
Wednesday—ss. Pr. Rupert 10.30 a.m.
Friday—ss. Cardena ..... a.m.
Friday—ss. Princess Royal .. 4 p.m.
Saturday—ss. Pr. George 10.30 a.m.
Sept. 29—ss. Princess Louise ....a.m.
Oct. 10—ss. Princess Alice ..... a.m.
Oct. 20—ss. Princess Alice .... a.m.
Oct. 31—ss. Princess Alice ..... a.m.

For Port Simpson and Naas River—
Sunday—ss. Catala ..... 8 p.m.
Friday—ss. Cardena..... a.m.

From Port Simpson and Naas River—
Tuesday—ss. Catala ..... 11.30 a.m.
Saturday—ss. Cardena ..... 6 a.m.

For Anyox and Alice Arm—
Sunday—ss. Catala.....8 p.m.
Saturday—ss. Prince George 4 p.m.

From Anyox and Alice Arm—
Tuesday—ss. Catala .....11.30 a.m.
Sunday—ss. Prince George .. 7 p.m.

For Stewart and Premier—
Sunday—ss. Catala ..... 8 p.m.
Wednesday—ss. Prince Rupert 10 p.m.

From Stewart and Premier—
Tuesday—ss. Catala .....11.30 a.m.
Thursdays—ss Prince Rupert, 8 p.m.

For Queen Charlotte Islands—
Sept. 22. ss. Prince Charles 8 p.m.
Oct. 6—ss. Prince Charles .. 8 p.m.
Oct. 20—ss. Prince Charles .. 8 p.m.

From Queen Charlotte Islands—
Sep. 20—ss. Prince Charles ..... a.m.
Oct. 4—ss. Prince Charles ..... a.m.
Oct. 18—ss. Prince Charles .... a.m.

For Alaska—
Wednesday—ss. Prince George..4 p.m.
Sept. 19—ss Princess Louise .... a.m.
Sept. 29—ss. Princess Louise .. a.m.
Oct. 10—ss. Princess Alice ..... a.m.
Oct. 20—ss. Princess Alice ..... a.m.
Oct. 31—ss. Princess Alice ..... a.m.

From Alaska—
Sunday—ss. Prince George .. 7 p.m.
Sept. 23—ss Princess Louise ... p.m.
Oct. 3—ss. Princess Louise .... p.m.
Oct. 14—ss. Princess Alice .... p.m.
Oct. 24—ss. Princess Alice .... p.m.

Phone 574 Phone 45

B.C. Butchers & Grocers, Ltd.

SPECIALS FOR WEEK ENDING SEPTEMBER 29, 1928

VANILLA—Large 8 oz. Cruet Jars. Each	24c
PEAS, ROYAL CITY—Choice, per tin	16c
CAMPBELL'S CREAM OF TOMATO SOUP—Per tin	15c
BULK TEA—Braid's Best, per lb. (We highly recommend this grade of Tea)	54c
B. & K. ROLLED OATS—Per sack	52c
BISCUITS—Ginger, Fruit, Social Tea, 2 lbs for	47c
SEEDLESS RAISINS—Per lb.	12c
P. & G. WHITE NAPTHA LAUNDRY SOAP—Per bar	5c
HOME KILLED POULTRY DIRECT FROM FARM—	
Light Fowl, per lb.	38c
Spring Chickens, per lb.	45c

We reserve the right to limit the quantity purchased by any one customer.

All Preserving Fruits at most attractive prices.

Everything in Green Vegetables fresh off each boat.

WATCH OUR WINDOWS—IT PAYS

B.C. Butchers & Grocers, Ltd.

THE HOME OF GOOD THINGS TO EAT

Phone 45 Phone 574

MAIL SCHEDULE

For the East—
Mondays, Wednesdays, Saturdays, mail closes ..... 10:30 a.m.

From the East—
Mondays, Wednesdays and Fridays, mail due ..... 3:30 p.m.

To Vancouver—
Sundays ..... 10 p.m.
Tuesdays ..... 2.15 p.m.
Thursdays ..... 10 p.m.
Saturdays ..... 6 a.m.
C.P.R.—Sept. 23, Oct. 3, 14, 20 .. p.m.

From Vancouver—
Sundays ..... 4 p.m.
Wednesdays ..... 10.30 a.m.
Fridays ..... a.m.
Saturdays ..... 10:30 a.m.
C.P.R.—Sept. 29, Oct. 10, 20, 21.. a.m.

For Anyox and Alice Arm—
Sundays ..... 7 p.m.
Saturdays ..... 3 p.m.

From Anyox and Alice Arm—
Sundays ..... 7 p.m.
Tuesdays ..... 11.30 a.m.

For Stewart and Premier—
Sundays ..... 7 p.m.
Wednesdays ..... 9 p.m..

From Stewart and Premier—
Tuesdays ..... 11.30 a.m.
Thursdays ..... 8 p.m.

To Naas River Points—
Friday ..... 7 a.m.

From Naas River Points—
Saturdays .....mail due a.m.

To Alaska Points—
Sept. 29, Oct. 10, 20, 31 ..... a.m.

From Alaska Points—
Sept. 23, Oct. 3, 14, 24 ..... p.m.

To Queen Charlottes—
Sept. 22 ..... 7 p.m.
Oct. 6, 20 ..... 7 p.m.
Thursdays ..... 8 p.m.

From Queen Charlottes—
Sept. 20, Oct. 4, 18 ..... a.m.

LETTER BOX COLLECTIONS

	A.M.	P.M.
Graham & Atlin Ave.	9.00	7.30
1st Ave. & 8th St.	9.05	7.35
8th Ave. & Fulton St.	9.10	7.40
8th Ave. & Thompson St.	9.15	7.45
11th Ave. & Sherbrooke	9.20	7.50
11th Ave. & Conrad	9.25	7.55
6th Ave. & Hays Cove Ave.	9.30	8.00
6th Ave. & Hays Cove Circle	9.35	8.05
8th Ave. & Cotton St	8.00	7.00
6th Ave. & Green St. (Hsptl).	9.40	8.10
5th Ave. & McBride St.	9.45	8.15
Prov. Govt. Building	9.50	8.20
Prov. Govt. Wharf	9.55	8.25
G.T.P. Wharf	10.00	8.30
G.T.P. Station	10.05	—
" "	11.25	—
2nd Ave. & 2nd St.	10.10	8.40
3rd Ave. & Fulton St.	10.15	8.45
3rd Ave. & 6th St.	10.20	8.50

Sundays—One collection only, same as p.m. collection

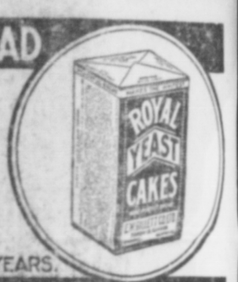
C.N.R. TRAINS

For the East—
Daily except Sunday at 11.30 a.m.

From the East—
Daily except Tuesday at 3.30 p.m.

BAKE YOUR OWN BREAD

ROYAL YEAST CAKES



STANDARD OF QUALITY FOR OVER 50 YEARS.

HOME-BAKED BREAD IS BEST OF ALL

THIS is the first advertisement of a series authorized by the B.C. Products Bureau of the Vancouver Board of Trade in the interests of the Manufacturers of British Columbia.