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## THE RISING GENERATION

Series of Letters on Live Local Subjects by Lads and Lasses of High School

### PLEA FOR A GYMNASIUM

By Archie J. Thompson

As everyone knows, the inten- wooden structure is all that ded object of the present day ed- would be required, its size being ucational system is to train boys sufficient to allow room for the and girls to become useful citi- playing of basketball and perhaps zens and also to equip them, so indoor baseball or other such that they may more easily sur-sports. mount the obstacles which they Some may argue that we alwill encounter through life. Is ready have the equivalent of a it not, however, perhaps even gymnasium, in that we have the more important to possess a use of the Exhibition Building. strong, healthy body? What In many respects, the Exhibition benefit can a person expect to Building is as good as a High derive from a good education, if School Gymnasium would be, but he be a physical weakling? If a High School Gymnasium has everyone who graduated from certain marked advantages which High School or College possessed cannot be ignored. One of these a great store of knowledge, but is that instead of having the otherwise was nothing but a use of a recreation hall for a cerwalking skeleton, all the students tain apportioned time only during would die off within ten years, each week, we might have the use and all their knowledge with of our own gymnasium every day them. In order to prevent this, of the week, without any incona certain amount of athletic venience to ourselves, or to anytraining is necessary; and the body else. This would give much most opportune time for this is more time and opportunity for during the period of high school athletic development and would attendance. In Prince Rupert, also render it much easier to carhowever, owing to the somewhat ry on a basketball schedule dur-

physical development of the stud-By far the simplest remedy for this problem, is to build a High School Gymnasium. The extense would not be great, as a simple

damp climate, much of this ath- ing the winter months.

letic activity has, of necessity, to Another point is that the gym-

be carried on indoors, and con- nasium, being near the school,

sequently a suitable building would be easily accessible, and

ought to be found in order to would save long tramps up the

provide an opportunity for the hill through the rain to the Ex-

hibition Building.

The gain resultan: from this

physical training would not only

te to build up the students physi-

cally, but also mentally, and thus

the standard of their school work

nary other things, of which we

a making full us at the pre-

sect. It should not be our part

to sit idly by and enjoy the com-

forts which they have obtained

through persist me efforts, and

with great difficult:, for us! It

is our part to show that we, also,

have that tradi onal industrious

spirit of our predecessors, by

building the thing ' ch is most !

The tea and sale held yester-

cups were read by Mrs. J. H.

R. C. Miller and Mrs. Forrest.

piano selections by Mrs. J. S.

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Says: "When Joint-Ease Gets in-Joint Agony Gets Out."

needed by the s - lat the tre was a high-class pharmacist who aw prescription after prescription fail sent time, a gymnasium! to help hundreds of his customers to

et rid of rheumatic swellings and stiff

nflamed joints. And it was this same man who as- day afternoon at the home of erted that a remedy could and would Mrs. G. V. Wilkinson, 420 Dunsbe compounded that would make creaky, swollen, tormented joints work with just muir Street, by the Ladies' Aid s much smoothness as they ever did to First United Church was a Joint-Ease, after being tested success- very successful affair, the sum Now this prescription, rightly named ully on many obstinate cases, is offered of \$42 being realized. Mrs. T. J. through progressive pharmacists to the nillions of people who suffer from ail- Shenton was cashier and tea ng joints that need limbering up. Swellen, twingy, inflamed, stiff, pain- Smith. The musical program in-

tormented joints are usually caused by heumatism, but whatever the cau e cluded vocal numbers by Mrs. Joint-Ease soaks right in, through skin and flesh and gets right to and corrects the trouble at its source. Les Comber Joint-East is for ailments Black and a violin and piano duet of the joints, whether in ankle, knee, hip, b. w. shoulder, spine or finger, and by Miss Connie Morgan and Miss

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