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100,000 women use it - send for your copy

Pure... Rich... Safe

St. Charles milk is pure, fresh milk, concentrated—made more than twice as rich as ordinary milk—and sterilized in sealed containers. It comes to you as fresh and sweet as when it left the farm—as safe as if there was not a germ in the world. For every milk use it costs no more—in many places less than ordinary milk.

St. Charles evaporated milk used in place of cream for salad dressings, creamed fish, creamed vegetables, and ice cream makes better, more wholesome food. Yet it is less than half the price! Send for this free book; it shows new ways to prepare favorite dishes and contains many simple recipes that help you to serve tasty, nourishing meals.

THE BORDEN CO. LIMITED, Home Arcade Bldg., Vancouver, Dept. A.

Please send me free copy of St. Charles Recipe Book.

NAME.....

4 ADDRESS.....

### Week-End Specials

FOR Friday, Saturday and Monday

#### CARRY & SAVE!

- JUICY ORANGES— 3 doz. **50c**
- McINTOSH RED APPLES—Per box **\$2.50**
- PEARS—2s. **95c**
- 4 tins
- CHERRIES—Red, pitted. **25c**
- Per tin

- ASPARAGUS TIPS — Square tins. 3 for **95c**
- ASPARAGUS TIPS — Picnic size. 5 for **95c**

Take advantage of these prices on asparagus and buy your requirements now.

- MARMALADE—Malkin's Best. 4s. Per tin **59c**

#### Economy Cash & Carry

319 Third Ave. Prince Rupert, B.C.

The city informed the school board at its meeting last night that it could deliver fuel oil to the Booth Memorial and King Edwards schools at a cost of one and one-tenth cents per gallon.

### Pupils May Not Change Schools

At the suggestion of Mrs. Spencer, the school board last night passed a motion whereby it is ruled that in future no school principal shall accept a child which has been attending another school until the matter has been thoroughly investigated by the board and the principals concerned. This was passed on motion of Mrs. Spencer, seconded by J. H. Thompson.

The resolution was the outcome of recent trouble when a mother had approached the principal of one school with the request that her boy be permitted to leave another school and enter this. The principal had consented and trouble ensued which finally resulted in the boy going back to the original school. Mrs. Spencer charged that principals in some cases were too ready to take the representations of parents in this matter.



WEDS. & THUR. Two Shows 7 and 9 p.m.

## POLA NEGRI In "Three Sinners"

Two Short Comedies With Paramount News

PATHE NEWS

ADMISSION, 15c, 50c

# OXO For tasty cooking Puts in the Beef!

"OXO" is the rich goodness of prime lean beef in handy form. Soups and gravies can be provided in a few minutes with "OXO" and all dishes enriched in goodness and flavour. No housewife should be without "OXO."

At all grocers OXO CUBES IN TINS, OXO CORDIAL IN BOTTLES, AND CONVENIENT FLASKS.

OXO LIMITED 1910 ST ANTOINE ST. MONTREAL

**"BLACK & WHITE" SCOTCH WHISKY**

DISTILLED, BLENDED AND BOTTLED IN SCOTLAND

"ALWAYS RIGHT"

JAMES BUCHANAN & Co. LTD. GLASGOW & LONDON  
Also Proprietors of BUCHANAN'S LIQUEUR

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Central Hotel  
120 Rooms  
Rooms—50c and up  
SWANSON and BESNER  
Proprietors

### Week-End Specials

- NABOB TOMATOES—2½s. **15c**
- Tin
- DEL MAIZ FANCY CORN— **20c**
- Tin
- GLOBE ROAST BEEF—1s. **25c**
- Tin
- NABOB STRAWBERRY JAM—40-oz. jar **55c**
- SWANSDOWN CAKE **40c**
- FLOUR—Pkg.
- NABOB SLICED PINEAPPLES—2s. Tin **30c**
- ROYAL CITY RASPBERRIES—Tin **35c**
- NABOB COFFEE— **\$2.80**
- 5-lb. tin
- ROGER'S SYRUP— **45c**
- 5-lb. tin
- ICING SUGAR— **20c**
- 2-lb. pkg.
- GHIRARDELLI'S CHOCOLATE—1-lb. tin **55c**
- SEEDLESS RAISINS— **25c**
- 2 lbs.
- SUNKIST ORANGES— **95c**
- 5 dozen
- McINTOSH APPLES— **\$2.90**
- Per box
- McINTOSH RED APPLES— **25c**
- 3 lbs.
- QUAKER PORK AND BEANS—2s. 2 tins **25c**
- NABOB ASPARAGUS TIPS—White, Tin **35c**
- HEINZ FRESH CUCUMBER PICKLE—Jar **30c**
- MILD CANADIAN CHEESE—Lb. **30c**

Alberta Market  
P. GAMULA, Proprietor  
Fifth Street. Phone 208

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## the Blue Bar

DOMINION

FOR many years we have been making the best line of rubber footwear in the world.

Now you will be able to tell this superior footwear at a glance. We have marked it with a bar of blue rubber bearing the name "Dominion".

Any rubber footwear bearing this "Blue Bar" is as perfect as can be made. It will give far more wear because it is made of the finest materials and reinforced at every point where ordinary footwear gives way. It will be more comfortable, and give you the best value for your money.



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WORN THE WORLD OVER

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DOMINION RUBBER COMPANY LIMITED

# COAL!

MINE HEAD LUMP—Per ton ..... \$13.50  
MINE HEAD EGG—Per ton ..... \$12.50  
PEMBINA EGG—Per ton ..... \$12.00

SPECIAL PRICES FOR WINTER'S SUPPLY

## HYDE TRANSFER

171 THIRD AVENUE EAST  
PHONE 580 HEATED STORAGE BAGGAGE COAL

If you want anything, try a classified ad.