

Those Languid Eyes They quickly reflect your health

and physical condition-restless eyes indicate the temperament of the stomach. Watch the eyes . . . see that the whites are clear with a healthy

bluish tinge. The minute a yellow tinge appears it betrays constipation, sluggish liver or biliousness, you need a laxative. Bring back your

Vigour, Vim, Vitality with Beecham's Pills—the sure way to



Sales Agents: Harold F. Ritchie & Co.,

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Local Items

Angus Macdonald of the Esperanza

Mrs. S. D. Johnston and son, who morning. left this week for the Islands, are spending a week at Tiell.

Mrs. E. Davidson and daughter, who have been holidaying in Smithers, returned to the city from the interior on yesterday afternoon's train.

Genevieve, returned to the city on tion to the Watun River cannery r yesterday afternoon's train from Ter- Massett Inlet. race where they have been spending a two weeks' vacation.

The regular monthly meeting of the Rupert General Hospital was held last night in the hospital with G. P. Tinker presiding in the absence of James H. Thompson, who is on a trip to Terrace. Others present were: Ald R. W. Cameron, R. E. Benson and G. V. Wilkinson, directors; Miss Jean down to Skidegate. Harrison R. N., lady superintendent, and H. W. Birch, managing secretary.

GTOP in at our show-

room and see the new

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offers every essential fea-

ture which has sold more

than a million Frigidaires

-including the famous

Cold Control. Operates

from individual electric

plants or central station

C. J. Alger, Special Repre-

sentative, Vancouver Vic-

toria. Bruce Robinson Elec-

tric (B.C.) Ltd.

current.

FRIGIDAIRE

I The QUIET automatic Refrigerator !

idededededededededededede

the interior on official duties.

rived in the city on the Prince Charles Mrs. L. W. Waugh and daughter, this morning after a visit of inspec-

Jack Cade, son of Dr. and Mrs. J. P. Cade, returned to the city on the in London at Park Lane Hotel, was Prince Charles this morning from board of management of the Prince Port Clements where he has been by Sir Alfred Young at the Wellington

> S. E. Parker returned to the city on the Prince Charles this morning

ing after having made the round trip being on the men's floor.

Miss Jean Harrison R.N., lady superintendent of the Prince Rupert General Hospital, acknowledged at last night's board meeting, gifts of crates of raspberries from Mrs. John McRae and Mrs. R. L. McIntesh.

Terry Orme and Bill Gwyer, who have been working for the past few weeks on a provincial government survey party in the Bear River section, returned home on the Prince Charles

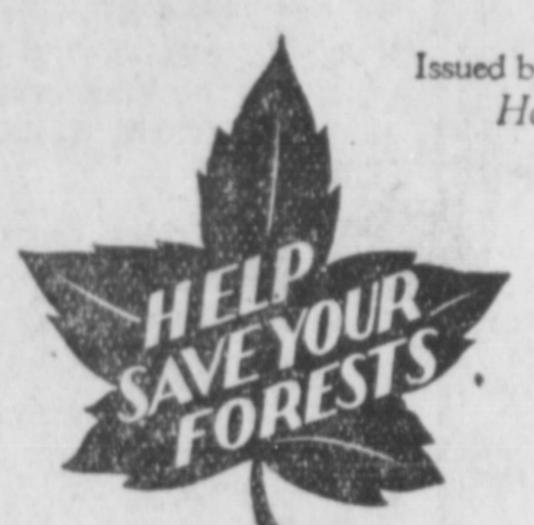
Major C. Hearn, superintendent of the Lakelse Lake hatchery, returned on the Prince Charles this morning after making the round trip to Stewart, Anyox and Massett Inlet and proceeded to the interior by train.

B.C. Hospitals Association on the matter of storage of x-ray films was read at last night's meeting of the hospital board. The matter will be taken up at the annual convention next month in Nanaimo of the B.C. Hospitals Association and Fire Marhal J. H. Thomas will be a speaker on that occasion.

collections amounted to \$5.224.54, with disbursements of \$5,399.81, leaving a deficit of \$175.27, according to the report of the finance committee presented at last night's meeting of the hospital board. There were a total of 1660 hospital days at a cost of \$2.99. Receipt of \$10 from a former Japanese patient was acknowledged.



The old guide knows that careless hunters cause many forest fires resulting in the destruction of excellent hunting grounds as well as valuable timber. The good hunter is careful with fire in the woods.



Issued by authority of Honourable Charles Stewart, Minister of the Interior.



DEMAND

"Rupert Brand" -Kippers

"THE DAINTIEST BREAKFAST FOOD." Smoked Daily by

Canadian Fish & Cold Storage Co., Ltd.

PRINCE RUPERT, B.C.

day afternoon's train from a trip to Prince Charles for Vancouver. Two of them will proceed to Winnipeg.

Mine arrived in the city on the Prince Mrs. Calderone, who has been visit- Charles McLachlan, Anyox wharf-Charles this morning from Alice Arm, ing at Port Clements with her daugh- inger, arrived in the city from the ter, Mrs. George Ciccone, returned to smelter town on the Prince Charles the city on the Prince Charles this this morning, and will spend a few

> city on the Prince Charles this morn- son, who have been spending a week ing after making the round trip to at Tiell, returned to the city from the Stewart, Anyox and Massett Inlet on Islands on the Prince Charles this NABOB COFFEE-1-1b. tin 60c

spending a holiday.

to Stewart. Anyox and Massett Inlet.

this morning from Stewart.

Further correspondence from the

Duriny the month of July, hospital

his Week's

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Here Is a Real Good Value-We Advise You to Stock Up

MALKIN'S TEA-2 lbs.\$1.25 MALKIN'S COFFEE-2 lbs.\$1.25 GLENROSE PEAS-7 tins\$1.00

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HEINZ PORK AND BEANS-1s. MALKIN'S BAKING POWDER-

5s\$1.50 JELLY POWDERS-4 for 25c

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MALKIN'S COCOA-1-2s25c MALKIN'S SPICES-3 for ...35c

Fresh Fruit Arriving Every Boat. Order Your Flour Now-Prices Advancing

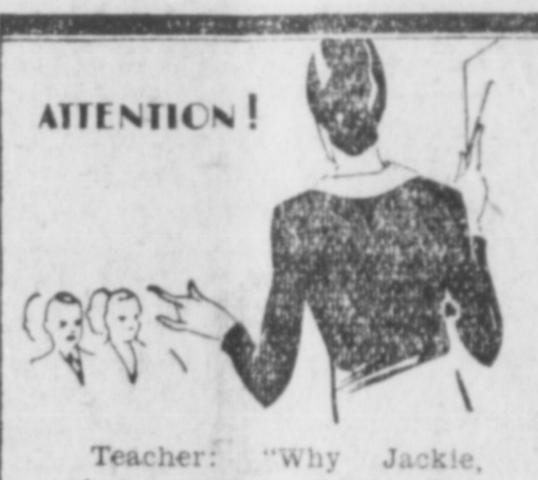
Mussallem Grocery Co.

417-423 5th Ave. E. Phones 18&84 P. O. Box 575.

Three of the local Sisters of St. Jo-

Club, Grosvenor Place, recently.

The hospital board last night authorized Miss Jean Harrison R.N. to from Port Clements. While on the Is- purchase an air or water mattress for lands, he motored from Port Clements "atients suffering with paralysis. Miss DAISY BROOMS-4-string. Harrison also stated that the institution was in need of canvas laundry Mrs. D. McD. Hunter and Miss bags, new mattresses and linen. Miss BLUE RIBBON MATCHES-city on the Prince Charles this morn- Datients in the hospital, 43 of these



what a very untidy page." Pupil: "Well, I couldn't get the ink to flow smoothly and every now and then it would sugdenly make a big blot on the paper."

Teacher: "Then you should use ink Made in B.C. It's very easy flowing and simply will not clop your pen. There is absolutely no sediment left in your pen or ink-well, and it's the same good quality for all colors. All schools are provided with it.

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BROOKFIELD CREAMERY BUT-Miss Audrey Bushby, who is staying TER-3-lb. pkg.\$1.40 he guest of honor at a luncheon given PRIDE OF B. C. PINK SALMON QUAKER PORK AND BEANS-

BEEKIST HONEY-5-lb. tin 850 BLUE OR RED PLUMS-

FINE ORANGES-5 doz.95c

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Reginald Denny IN THAT HILARIOUS COMEDY

ternoon on the Prince Charles for a SUN-MAID PUFFED SEEDED holiday trip to Vancouver. Her husband, Capt. Elfert, harbor master, is RAISINS—3 pkgs.40c Clear The Decks"

Comedies-NEWLYWEDS LOSE SNOOKUMS AND OSWALD PARAMOUNT NEWS

Admission, 15c and 50c

UNION SUITS at SALE PRICES

tory service, you'll find BALBRIGGAN

COMBINATIONS

Long sleeve, ankle length. Color, ecru. Regular \$1.50



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highest standards of quality. Such is the new

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realize that here is realistic reception such as

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only \$120.50. And the C.G.E. Loudspeaker

100-B is low priced at \$29.50. See both these

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