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With all the bran of the whole wheat

With Shredded Wheat in the home you are ready for every emergency—a quick breakfast for husband and children with no work or worry—a delicious lunch—a satisfying supper—eat it with milk and berries or sliced bananas.

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Etc., huge assortment

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The Largest Railway System in America STEAMSHIP AND TRAIN SERVICE

Sailings from PRINCE RUPERT for VANCOUVER, VIC-TORIA, SEATTLE, and intermediate points, each Thursday

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For NORTH and SOUTH QUEEN CHARLOTTE ISLANDS, fortnightly. PASSENGER TRAINS LEAVE PRINCE RUPERT

DAILY EXCEPT SUNDAY at 11:30 a m for PRINCE GEORGE, EDMON-TON, WINNIPEG, all points Eastern Canada, United States. AGENCY ALL OCEAN STEAMSHIP LINES

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MILL ENDS-Part dry; even lengths. \$4.50 Per load BOX CUTTINGS— \$3.50 Per load

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For All Your BAKING

Local Items

4 a Taxi Phone 4. Big 4 Taxi. tf Dentist, Dr. J. R. Gosse, Phone

dept. during his 95c sale.

Character sketches and plays by Elsie McLuhan at the United Church, Friday, Nov. 15 at 8:15 p.m. Admission 50c.

For fine photo work send your films to Wrathall's Photo · Finishings, 322 Third Ave. Quick returns and careful finishing. We frame

NOTICE

To the Members of the Deepsea Fishermen's Union and the Canadian Fishing Vessel Owners' As-

A meeting of great importance

FRESH CREAMERY— \$1 3-lb. bricks. Per brick	1.35
PORK AND BEANS—Lib- by's med. cans. 2 for	25c
Per box	2.10
COOKING APPLES— 4 lbs.	25c
STRAWBERRIES—King Beach, 2s. Per tin	29c
SLICED PEACHES—Rose- dale, 2s. Per tin	24c
ASSORTED BISCUITS— Christie's 1-lb. pkgs. Each	42c
ASSORTED BISCUITS-	970

LARGE SPANISH ONIONS— 90 LARGE GRAPEFRUIT- 100 ORANGE MARMALADE— 50C Malkin's Best, 4s. Per tin

GAINER'S PURE LARD-For better shortening. 2s. New grop. Per lb. 350 PEAS-No. 3. Malkin's Best. 19c 2s. Per tin

FRESH SPINACH-SOMETHING NEW BLUE RIBBON ORANGE

PEKOE TEA-Per lb.

Quality Right-Prices Right PHONE 55 PHONE 56

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Made from cream from northern B. C. farms and churned in Prince Rupert daily.

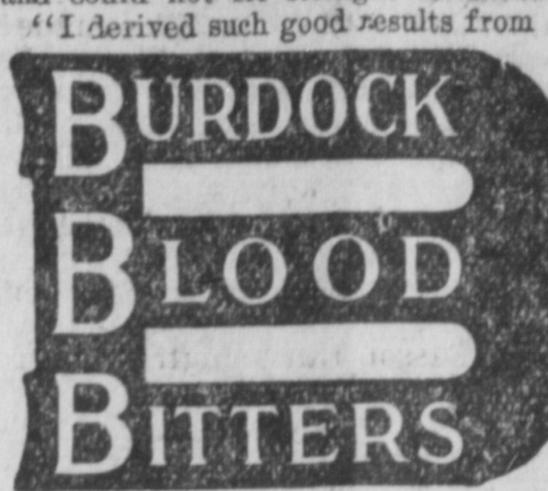
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Order a Trial Pound to be left with your milk bottle to-

Cottage Cheese in 1-16, packages. A real delicacy. PHONE 657

Was Helpless FOR FOUR YEARS

Mr. Fred Keetch, 31 Crawford Ave., Windsor, Ont., writes:-"I was and for four years I was helpless I had to be helped out of bed and could not sit straight in a chair.



I wish to voice my praise on behalf of your wonderful medicine, and to also say it is helping others whom I have advised to take it." Put up only by The T. Milburn Co., Limited, Toronto, Ont.

Do not overlook Jabour's 95c

It was reported at the meeting of the school board last night that ing at least. there was a possibility that Dr. J. intended to carry on the work. Trustee Gilchrist expressed opinion that there should be nurse to assist the school doctor.

Anglican W. A. Bazaar, November 14.
L.O.B.A. whist drive and dance November 14.
Gyro Hoedown in Auditorium. November 15. (tf)
Moose Annual Bazaar Nov. 21

Catholic Women's League Socia lovember 27.

St. Andrew's annual dance No ember 29. United Church Bazaar, Decem

Northern B. C. Salmon Fishermen's Assn. Will Be Held In the Car-penters Half on

Monday and Tuesday November 18 & 19, 9.30 a.m. All Members Are Welcome

Boys' sweaters all sizes for 95c at Jabour's 95c sale.

Gyro Hoedown, Friday, November 15 at the Auditorium.

School accounts for the month of October, totalling \$9,287.64 and inluding salaries, were passed for payment at the meeting of the school board last night.

Correspondence from J.W. Gibson. supervisor of technical education for the province, was read least two local young men are desirous of taking up. These courses are given without charge, it was pointed out.

School trustees at the meeting last night discussed the practice of transporting pupils in Westview to and from Borden Street School. It was felt by one trustee that the Westview School had been established so this would not have to be done while another was of the belief that parents should be responsible for their children getting to and from school. This should be considered when people established residence in that part of the city. However, since the practice had been started, it was felt that it could hardly

11111		
1-	BUTTER— Per lb.	46c
e	BONELESS HAMS— Per lb.	30c
n.	CLARK'S KETCHUP— Per bottle	20c
f)	MANILLA GOLDEN SYRUP —2-lb. tin	15c
	JAP RICE— Per lb.	5c
2	LOWNEY'S A'ND NEI CHOCOLATE BARS— Regular 10c size. 4 for	
1-	BEANS—Whole beans. Per tin	15c

GRAPEFRUIT—

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IT'S A WELL KNOWN FACT THAT Jabour's 95c Specials Are Real Values

Space does not permit us to list them all, but here are a few leaders for Friday, Saturday and Monday, November 15, 16 and 18: BOYS' TWEED PANTS-All sizes.

95c Sale price BOYS' WOOL SWEATERS—All sizes. 95c 7 BALLS SWEATERDOWN WOOL 95c LADIES' VERY GOOD QUALITY SILK AND WOOL 95c HOSE-Sale price . LADIES' BLOOMERS—Winter weight. 95c LADIES' AND MISSES' RUBBERS-All sizes

LADIES' KID HOUSE SLIPPERS—There is only a limited 950 number of these slippers in stock. Assorted colors

WE HAVE SOME SNAPPY BARGAINS IN OUR 5c TO 95c DEPT. Our Windows Are Full of Real Bargains-Do Not Overlook Them!

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The most satisfactory engine on the market and built in sizes to suit any size of boat.

Semi-Diesel Type V T-sizes 7 h.p. to 300 h.p. Full Diesel Type 1-sizes 54 h.p. to 300 h.p.

FULL LINE OF SPARE ENGINE PARTS CARRIED IN STOCK

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CHINTZ COVERED CUSHIONS in \$1.00 bright patterns. 2 for PILLOWS-Feather filled; nicely covered. Each MADRAS CURTAIN MUSLINS—Scal- \$1.00 loped edge. 4 for CORSELETTES—Striped coutil; 4 hose \$1.00 supports. Each LADIES' GARTER BELTS-Special quality LADIES' BRASSIERES in assorted styles. 3 for GIRLS' GARTER BELTS-LADIES' WINCYETTE GOWNS-Silk stitched BROADCLOTH SLIPS in various colors. LADIES' PURE SILK HOSE in all best \$1.00 shades. Per pair

LADIES' SILK BOBETTE BLOOMERS in 350 all wanted colors. Per pair SILK BLOOMER AND BRASSIERE SETS-Lace trimmed. The set LADIES"PURE WOCL CASHMERE 79c HOSE-Colors and black. Per pair WHITE OR COLORED FLANNEL-ETTES-6 yards PILLOW TUBING-40-inch; nice quality. 3 yards GENT'S CAMBRIC HANDKER-CHIEFS Perdoz.

LADIES' COATS—This season's \$22.50 latest models. Regular \$35 ... LADIES' COATS— \$37.50 Values to \$52.50 for. LADIES' COATS— \$19.50 Values to \$29.50 for

RAINCOATS—Red, green, blue. Values \$3.95

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Regular to \$4.95. Each

UMBRELLAS in best shades only.

CHILDREN'S UNION SUITS-Long sleeve 950 and leg. 2 suits for

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