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Write for Mary Blake Cook Book

Carnation Milk Products Co., Limited  
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### "from Contented Cows"

## OLD COUNTRY ELECTION SOON

Expected to Take Place Middle of Summer or Possibly Earlier

### LABOR CABINET PLANS

LONDON, Feb. 21.—There is much speculation going on in regard to the probable date of the next general election. It is expected to take place about mid-summer, but nobody except the prime minister knows, and he probably is not yet sure when it will be held. It may be earlier than anticipated.

There has been considerable discussion in Labor quarters regarding what Ramsay MacDonald would do if called upon to form a government. In this connection it is suggested that he will not again try to be both premier and foreign minister and will let J. H. Thomas take over the foreign office.

Philip Snowden would again be chancellor of the exchequer, Lord Thomson would probably get the dominions office if he does not want the air ministry. J. R. Clynes would go to the admiralty, Arthur Henderson on to the home office, while William Graham would also get a cabinet rank. The claims of Sir Roswald Mosley, Miss Susan Lawrence and Dr. Hugh Dalton will also be seriously considered should Labor emerge victorious from the battle of the booths.

To overcome the difficulty of finding a lord chancellor fit for the task, it is suggested that MacDonald might go outside the party ranks. Lord Aldane, who was chancellor in the last Labor government, is dead, and at present there is no one subscribing to the party eligible for such a high post.

### HIS OCCUPATION

Kind Old Lady—My poor man! What were you before you became blind?  
The Beggar (unconsciously)—I was a legless man ma'am.—The Windsor.

### PRINCE OF WALES VISITS MINERS



The above photograph shows the Prince of Wales chatting with an unemployed miner at the gate of his home at Nuttas House, Birchester Moore, one of the hardest hit of the mining districts in the Old Country, where the homes of the unemployed are little more than hovels.

## NEWS OF NORTHERN B.C.

### BURNS LAKE

The death occurred, after a brief illness with pneumonia, of Charles Buffum, well known trapper of the Gotsa/Lake country. The funeral took place here last Tuesday with Rev. W. R. Ashford of the United Church officiating. Deceased is survived by a son in London, England.

C. D. Haven is a patient in the Burns Lake Hospital.

A. M. Ruddy, proprietor of the Omineca Hotel, is able to be about again after having been confined to his bed for a week with influenza.

tributing to the program included J. W. H. Day, Rev. David Donaldson, R. H. Moore, Mrs. R. C. McCorkell, R. Price, W. C. Pearson, S. W. Cocher, Mrs. J. M. Johnston, Stephen Holmes, Mrs. R. M. Taylor, Mrs. A. B. Laar, C. A. Awan, E. A. Mitchell and A. H. Brean.

Miss Velma Clark has joined the staff of the Nechako Drug Store while Mrs. W. B. Johnson is away on sick leave.

The local Anglican Church is now holding services in the Royal Bank building, having moved from the Egan Block.

### ALICE ARM

The three weeks' cold spell here broke a few days ago when there was a heavy rainstorm. The snow has been disappearing rapidly and autos and wagons are being used.

There was a large attendance at a hard times dance which was held on Saturday evening in the Alice Arm Hotel.

Provincial Constable William Smith of Anyox has been a visitor here recently on official duties.

See "Able's Irish Rose."

### PRINCE GEORGE

Mrs. George Jackland has returned from Vancouver where she had been for some time receiving medical attention.

The Ladies' Aid to Connaught Hill Lutheran Church has elected officers as follows: president, Mrs. A. W. Franklin; first vice-president, Mrs. T. Pappas; second vice-president, Mrs. J. O. Andrew; secretary, Mrs. E. W. Anderson; treasurer, Mrs. August Dornbier.

Michael Kenneth Demque and Miss Ada B. Adams were united in marriage on Tuesday by Rev. Peter Connal. They will make residence at Fort Fraser.

### VANDERHOOF

There was a large attendance at the annual banquet of the Vanderhoof and District Board of Trade which was held in the Vanderhoof Hotel last Tuesday evening. R. George Matthews, president, occupied the chair and speakers included Samuel Cocker George Ogston, J. W. Paterson, R. C. McCorkell, Rev. David Donaldson, John H. MacMillan, R. G. Sutton, C. Prout.

The Vanderhoof and District Board of Trade is continuing to make strenuous efforts to have the provincial government construct a properly graded road from Vanderhoof to the Manson Creek section.

Under the direction of Mrs. A. R. Lord, the Ladies' Aid to the local United Church held a successful St. Valentine's carnival on Thursday night. Those con-

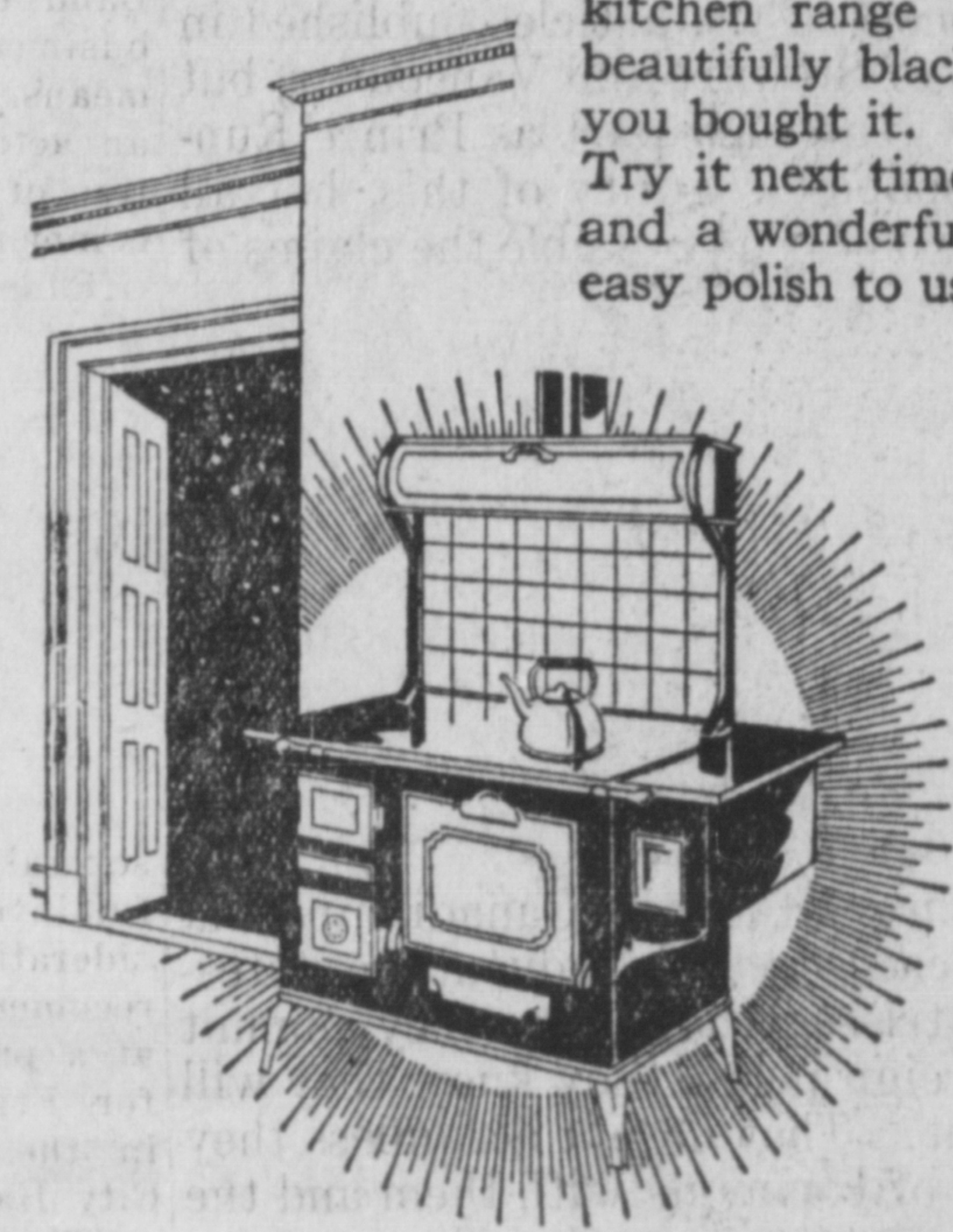
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## ZEBRA LIQUID STOVE POLISH



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IT'S amazing the fun you get out of Quick Quaker Oats marked "Chinaware." Concealed in each package is the daintiest bit of China with a handsome blue and gold pattern. As soon as the package is in your kitchen you are eager to learn what it contains. Maybe it's a plate, a cup, or other handy dish. It is China you are proud to collect. It is good enough for any table.

Hot Quick Quaker Oats for breakfast keeps children and grown-ups mentally and physically alert during the four morning hours, when the day's hardest work is done. It corrects the dietetic error so often made at breakfast, because it is a perfect balance of nutritious elements. It is sustaining food. Its 16% protein—the necessary growth element—is sufficient for tissue building and tissue repair. Carbohydrates 65%, for energy and heat. Minerals for blood and bone. Vitamin B to help assimilation. Its bulk gently aids digestive processes, taking the place of laxatives, which may relieve but do not benefit.

There's a distinctive flavour to Quick Quaker that appeals to young and old. Careful selection from the best of the oat crop and 50 years' milling experience produce a delicious savor of which one never tires.

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