Lucky Children Indeed, If Their Mothers Know and Serve

SHREDDED WHEAT

With all the bran of the whole wheat

Children don't have to be coaxed to eat it—they like the crisp, crunchy shreds of baked whole wheat. They have to chew it—and that means sound teeth and good digestion.

Paper inserts in each package offer a surprise for the children.

SPECIALS! SPECIALS!

Lavender Mentholated Shaving Cream, 50c, Lavender Talcum Powder, 35c—85c value. Both for **50c**

Klenzo Shaving Cream, 50c, Genuine Gillette Blades, 50c—$1.00 value. Both for **60c**

Our Bathing Caps have arrived—New, fresh stock. Values from ..... **15c** TO **$1.00**

Ormes Ltd.

The Pioneer Druggists

THIRD AVE. & SIXTH ST. —— TELEPHONES 8[illegible] & 20[illegible]

PAYS *for itself*

THE cost of Frigidaire, the *quiet* automatic refrigerator, is to-day so small and its savings so great, that it starts paying its entire cost the day it is installed. A small deposit will put Frigidaire in your home. Can be operated from farm electric plants. Stop in at our display room for a demonstration.

C. J. ALGER, SPECIAL REPRESENTATIVE
Vancouver, Victoria
BRUCE ROBINSON ELECTRIC (B.C.) LTD.

FRIGIDAIRE

PRODUCT OF GENERAL MOTORS

The Hobby
Prince Rupert, B.C.

LOOK!

Money Saving Values

BLANKETS, COMFORTERS, TOWELS, FLANNELETTE BLANKETS

Only a limited quantity. Come early or you may be disappointed.

J. A. Kirkpatrick
SIXTH STREET

If You Forget To Wind It

This watch will still be running next day.

It is the Hamilton Illinois new 60-hour railroad watch.

The well-known Hamilton people have taken over the Illinois factory and this is one of their masterpieces.

Adjusted to the second and and beautifully finished. Really a distinctive looking watch in the new model railroad case, 14-K gold filled, good for a lifetime.

Price $70.00

JOHN BULGER LTD
JEWELLERS
THE STORE WITH THE CLOCK

Local Items

4 a Taxi Phone 4, Big 4 Taxi. tf

Dentist Dr. J. R. Gosse. Phone 686.

Watch for Jabour's advertisement tomorrow.

Yacht Club Regatta July 7, 1929. All boat owners tune your engines up for that date.

Ewart Lyne will continue piano tuition during the summer holidays. Phone Black 345. (152)

Norman L. Freeman and John Kask returned to the city on the Princess Adelaide yesterday afternoon from a brief trip to Ketchikan on International Fisheries Commission business.

Matt Sutton, who is interested in timbering operations at Buckley Bay, is a passenger aboard the Prince Charles today returning to Vancouver from the Queen Charlotte Islands.

John Dore, superintendent of Government Telegraphs, has received word that C. E. Gooding, district superintendent located at Victoria, had died in the general hospital at Vancouver. He was a well known telegrapher, having operated on the Government lines for a generation past and prior to that on the C.P.R.

Miss Ruth Stewart, who recently resigned from the high school staff, left this morning for Smithers where she will make a brief visit, going on then to North Bulkley to attend the wedding of Miss Ivy McGinnis, daughter of Mr. and Mrs. Archie McGinnis of the Pioneer Ranch, to Eric Stumbold, rancher and tie contractor of the same district. From there she goes to Jasper Park Lodge to spend a week before proceeding to Victoria where she plans taking a summer school course.

ANNOUNCEMENTS

Moose Annual Picnic at Digby June 30.

St. Andrew's Society Picnic Sunday, July 14, to Grassy Bay.

Gingham Dance to be held at Port Clements some time in June. So be prepared—buy a bow!

Prince Rupert Rowing and Yacht Club Regatta July 7.

K. of C. picnic, Sunday, July 14, Digby Island.

Catholic Bazaar, October 2 and 3. 158

Vitone

THE TONIC FOOD BEVERAGE

will be demonstrated in our store by Mrs. P. W. Anderson on Friday and Saturday and all next week. Take advantage of these special prices—

½s, regular 40c per tin 34c
1s, regular 65c per tin 56c
5s, regular $2.85 per tin ...$2.50

Nabob Orange Marmalade—4s. Per tin 49c
Pure Maple Syrup—Old Colony Brand. Per bottle 43c
Oranges—Valencias.
Good size, 3 doz. $1.10
Small size, 3 doz. 55c
Dried Prunes—Per lb. 10c

BUY MALKIN'S BEST PRODUCTS HERE

And Participate in the

FREE PRIZE DISTRIBUTION
See Our Window for Particulars

Brown Sugar—4 lbs. 25c
Brand's A-1 Sauce—A high quality sauce. Per bottle 32c
Flour—All brands, 49s. Per sack $2.35
Barbadoes Molasses—2s. Per tin 24c
Horne's Custard Powder—Per lb. tin 35c

SEE US FOR YOUR FRUIT AND VEGETABLES

Fresh Green Peas—2 lbs. 25c
Fresh Green Cabbage—Per lb. 7c

Watts' Grocery
Quality Right—Prices Right
PHONE 55 PHONE 56

Watch for Jabour's advertisement tomorrow.

Ex.-Ald. G. W. Kerr sailed yesterday afternoon on the Princess Adelaide for a trip to Vancouver.

Provincial Constable Robert Gibson sailed this week for Vancouver, having in his charge an insane patient for Essondale.

All cup holders of Prince Rupert Rowing and Yacht Club will kindly turn them in to the caretaker at the club floats at once.

Dr. H. Boucher, who has been practising as a physician at Atlin, was a passenger aboard the Princess Adelaide yesterday afternoon going through to Vancouver.

Miss Alice Fisher, school teacher at Keno, Yukon Territory, was a passenger aboard the Princess Adelaide yesterday afternoon bound for Vancouver on a vacation trip.

A. E. Kincaid, Revelstoke insurance man, sailed by the Princess Adelaide yesterday afternoon on his return south after paying a visit to the city and district on business.

Returning south to Vancouver after a trip to Alice Arm and Stewart with freight cargo, Union freighter Chilkoot, Capt. W. W. Mounce, made a brief call in port yesterday afternoon from 2:30 to 3:45 p.m.

Mrs. Walter Johnson and daughter of Anyox are passengers aboard the Prince Charles today bound for Vancouver on a holiday trip. Mrs. Johnson's husband is skipper of the Granby Co.'s service boat Granby.

The City Council and Board of Trade are entertaining the Associated Boards of Trade at a dinner in the Commodore Cafe tonight at 7 o'clock. Full atendance requested.

Miss E. M. Earl returned to the city on the Princess Adelaide yesterday afternoon after making the round trip to Skagway with her friend, Mrs. Ralph Crowell of Ottawa, Ont., who also disembarked here to pay a week's visit in the city.

Provincial Constable Geoffrey Ashton, who is being transferred from Telegraph Creek to Bella Coola, arrived in the city from the north on the Princess Adelaide yesterday afternoon to report at district headquarters here before proceeding to his new post down the coast.

R. Easton Phyfe, of Hartford Conn., owner of considerable Prince Rupert property, in renewing his subscription to the Daily News says he watches the progress of the city with great interest and is particularly interested in the move for a separate province for northern British Columbia.

G. T. Storey, who came here from Halifax as chief engineer on the steamer Aktion which is now being reconditioned at the local dry dock for the service of Canadian National Coast Steamships out of Prince Rupert, and Mrs. Storey will sail this afternoon on the Prince Charles for Vancouver.

D. B. Finn, director of the Prince Rupert Fisheries Experimental Station, sailed yesterday afternoon on the Princess Adelaide for a brief trip to Vancouver on business in connection with the plans that are being prepared for the new annex to the local station. He expects to return to the city next Monday and later in the month will again go to Vancouver to give a course of lectures to fisheries department officials at the University of British Columbia.

Passengers sailing from here for the south on the Princess Adelaide yesterday afternoon included: Mrs. D. C. Schubert and children, for Armstrong; Mrs. M. H. Blott and daughter, Mrs. James Sturgeon and child, D. B. Finn, J. Hillis, R. Griffith, G. O. Wiederander and George W. Kerr, for Vancouver; Dr. J. A. West and Miss Joan West, for London, England; Miss Fulton, for Vernon; A. E. Kincaid, for Revelstoke, and Major A. S. Humphrey and W. E. Trump for Victoria.

There were 139 passengers, including 108 round trip tourists going through to Vancouver, arriving here yesterday afternoon on the steamer Princess Adelaide, southbound from Skagway to Vancouver. Twelve passengers disembarked here from the vessel as follows: Oscar Weibel, Dawson mechanic; G. O. Ashton, provincial police, Telegraph Creek; William D. McNamara Telegraph Creek trader; Arthur Dahlton, Telegraph Creek miner; John Kask and N. L. Freeman, International Fisheries Commission, Prince Rupert; Miss E. M. Earl Prince Rupert; Hon. R. R. Bruce, lieutenant governor; A. D. M. Fairbairn, private secretary; Olof Hanson, Prince Rupert; H. F. Kergin M.L.A., Alice Arm, and Mrs. Ralph Crowell Ottawa.

SUITS! SUITS!

MADE TO ORDER

Cutting, Workmanship and Style All Guaranteed

SUITS STEAM CLEANED AND PRESSED

We Deliver to Any Part of the City.

Ling, the Tailor
Phone 649

Great Assortment Ladies,' Misses' and Children's Shoes

OF THE LATEST STYLES AT VERY REASONABLE PRICES—ALSO RUNNING SHOES

Be Well Dressed for Dominion Day!

Bathing Suits

JANTZEN BATHING SUITS--Regular $5.95. To clear at **$3.95**

CHILDREN'S BATHING SUITS WITH SKIRTS **39c**

BOYS' LONG PANTS—Western King make. Regular $3.95, for **$1.95**

Before buying elsewhere come in and see our up-to-date stock of clothing—Boots and shoes, rubber goods and necessities for the home. While our Removal Sale is on prices will be cut to the bone.

MONTREAL IMPORTERS

THIRD AVENUE

J. M. Hockin returned to the city on the Prince Charles this morning from a business trip to Stewart.

Fred Joudry, who has been on a trip to the interior, returned to the city on yesterday afternoon's train.

Miss Dorreen Dunn, daughter of Dr. J. C. Dunn of Massett, arrived in the city from the Islands on the Prince Charles this morning.

Miss Eva Cavalier, who has been teaching school at Skidegate, arrived in the city on the Prince Charles this morning from the Islands.

John Clark, provincial boiler inspector, arrived in the city on the Prince Charles this morning after a trip to Massett Inlet on official business.

Mrs. Alex Finnie returned to the city on yesterday afternoon's train from Pacific where she has been paying a visit with Mrs. Thomas McCubbin.

H. S. Parker returned to the city on the Prince Charles this morning after having made the round trip to Stewart, Anyox and Massett Inlet on business.

"Paddy," a Spitz dog pet of Mr. and Mrs. D. McD. Hunter, was killed when struck by an automobile at the corner of Fifth Avenue and Green Street yesterday afternon.

C.N.R. steamer Prince Charles, Capt. Neil McLean, returned to port at 8:45 this morning from Stewart, Anyox and Massett Inlet and will sail at 4 o'clock this afternoon for Vancouver.

Miss Winnie Rushforth of the high school staff is leaving this afternoon on the Prince Charles. She is not expected to return, having handed in her resignation before going.

Carl Reid, who has been at Port Clements wrecking the old sawmill which was formerly operated by F. L. Buckley, is a passenger aboard the Prince Charles today returning to Vancouver.

Harold McEwen, C.N.R. division freight agent, returned to the city on the Prince Charles this morning after making the round trip to Stewart, Anyox and Massett Inlet on company business.

C. B. Porter, teller in the local branch of the Canadian Bank of Commerce, returned to the city on the Prince Charles this morning after having made the round trip to Stewart, Anyox and Massett Inlet.

NERVES GONE CAN'T SLEEP?

"Fruit-a-tives" restores good health

Are you tired? Downcast most of the time? Worried at trifles? Can't sleep? Mr. J. O. Ringheim, Wydnndel, B.C., writes:

"My nerves were completely gone. I owe my present good health to 'Fruit-a-tives'."

"Fruit-a-tives" is a combination of intensified fresh fruit juices and the most scientific medicinal ingredients. In a natural, gentle way it stirs lazy liver, bowels and kidneys, into normal, healthy action, soothes the digestive tract, and calms the troubled nerves. 25c or 50c boxes at all druggists.

This afternoon's train, due from the east at 3:30, was reported this morning to be on time.

Mr. and Mrs. J. Watt of Anyox arrived in the city on the Prince Charles this morning from the smelter town.

Mss Kathleen Morrison, younger daughter of D. H. Morrison and the late Mrs. Morrison, former residents of this city, will come here in September to take up training for a nurse in the Prince Rupert General Hospital.

Olier Besner returned to the city on the Prince Charles this morning from a trip to Alice Arm on business in connection with his mining interests. He was accompanied north by his stepdaughters, the Misses Roberge.

The local unit of the Royal Canadian Volunteer Reserve, closing down of which is threatened by the Department of National Defence owing to its small membership will be put on a further year's probation before final action in the matter is taken.

J. K. Gordon, well known Terrace hotel man, arrived in the city on yesterday afternoon's train from the interior to attend the convention here of the Associated Boards of Trade of Central British Columbia. He is president of the Terrace Board of Trade.

Dr. H. C. Wrinch, M.L.A. for Skeena, is one of the delegates at the convention here of the Associated Boards of Trade of Central British Columbia. He was accompanied on yesterday afternoon's train from Hazelton by Mrs. Wrinch and his daughter, Miss Ralphena Wrinch, who is about to return to her student nursing duties at Royal Jubilee Hospital, Victoria, after a fortnight's visit at home.

HOTEL ARRIVALS

Prince Rupert

W. Laing and Major C. S. Humphrey, Victoria; W. Ford Kaye, J. Tully, C. Winton Thompson, Mr. and Mrs. C. J. Campbell, Rev. George G. Webber, John Clark and R. A. Meakin, Vancouver; Mr. and Mrs. A. J. Clark, Winnipeg; Frances Bowen, Cloverdale, Cal.; Dr. and Mrs. H. C. Wrinch, Hazelton; Miss Ralphena Wrinch, Victoria; Mr. and Mrs. J. M. Robertson, Toronto; Mr. and Mrs. S. Hill, Vancouver; William Bunting, Fort Fraser; H. B. Guest, Prince George; Dr. R. C. Bamford, H. J. Noel and S. S. Philips, Smithers; Sidney Godwin, Burns Lake; E. B. Smith, George Ogston and R. C. McCorkell, Vanderhoof; J. K. Gordon and Mrs. A. M. McLeod, Terrace; D. Wilton, Sunnyside; Joseph S. Rogers, city; R. B. Lucas, Lowe Inlet.

Royal

M. Smith, Vancouver; B. Zukoff and O. Weibel, city; F. Burk and G. Swanstrom, Prince George; H. Howard, C. N. R.; J. McDonald and Osker Olson, Juneau; Martin Jacobsen, Ketchikan.

Savoy

J. B. Miller and Mrs. M. Morris and children, city; Mrs. H. J. Thomey, Stewart; S. Liljefors, E. Storbybruk, Sweden; R. Reid, C.N.R.; Sidney A. Brett, Saskatoon.

Central

Loui Auderstad, Juneau; W. D. W. Namand and G. E. Ashton, Telegraph Creek; G. H. Dyson, Terrace; H. Clare and G. Budd, city; J. B. Thompson, Montreal.

Felt Tired and Miserable

"I took Lydia E. Pinkham's Vegetable Compound for miserable and tired feelings and it gave me strength to do my work. My nerves are better and I feel well and strong and have a good appetite. I sleep well and am in pretty good spirits and able to work every day now. I recommend the Vegetable Compound and you may use this letter as a testimonial."—*Miss Delvena Wallace, Union Street, North Devon, New Brunswick.*

Lydia E. Pinkham's Vegetable Compound

Joe Rose, charged with selling liquor, was dismissed by Indian Agent W. E. Collison J. P. in city police court yesterday afternoon.

Mrs. S. T. Macey of Calgary arrived in the city on yesterday afternoon's train for a visit here mith her sons, J. H. and William Macey.

Rev. George G. Webber of Vancouver, secretary of the Lord's Day Alliance, returned to the city on the Prince Charles this morning from a trip to Stewart and Anyox.

Miss Margaret Lindsay R. N., daughter of Mr. and Mrs. J. A. Lindsay, will sail tomorrow afternoon on the Prince Rupert for Anyox where she will join the nursing staff of the hospital there.

Miss Helen McGregor, who has been relieving on the staff of the provincial department of public works here temporarily, will sail this afternoon by the Prince Charles on her return to Victoria.

Miss B. Rogers, domestic science instructor of the local public schools, and Miss M. Peto, her assistant, will sail this afternoon on the Prince Charles for their homes in Vancouver where they will spend the summer vacation.

Provincial Constable G. A. Johnson, transferred from Burns Lake to the Nanaimo district detachment, arrived in the city from the interior on yesterday afternoon's train and will sail this afternoon on teh Prince Charles to take up his new post in the south.