

CONSTANT PAIN AFTER EATING

The Tortures of Dyspepsia Corrected by "Fruit-a-lives"

St. Martin's, N.B. "For two years, I suffered tortures from Severe Dyspepsia. I had constant pains after eating; pains down the sides and back; and horrible bitter stuff often came up in my mouth. I tried doctors, but they did not help me. But as soon as I started taking 'Fruit-a-lives,' I began to improve and this medicine, made of fruit juices, relieved me when everything else failed."

MRS. HUDSON MARSHBANK, 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.



Gurneys commenced making stoves in 1843. Still in the same line of business 1919. Hundreds in use in Prince Rupert.

ON SALE AT Fred Stork's Hardware SECOND AVENUE Phone Black 114

ROYAL Pool Room

moved to 721 Third Ave. Opposite The Empress Hotel

CIGARS SODA Two per cent. Beer JOHN PELLICANO

SEEDS!

For the Garden Specially Suited for Prince Rupert soil.

FEED For the CHICKENS

HAY, GRAIN & FERTILIZER P.R. FEED Co. PHONE 58 P. O. Box 333 908 3rd Ave.

DENTISTRY

OFFICE HOURS: 9 a.m. to 12; 1:30 p.m. to 5:30 p.m. DR. J. S. BROWN DENTIST Office: Smith Block, Third Avenue, Phone 464.

HERE IS YOUR RECIPE Mrs. FORBES

Here is the way Pacific Milk whips best! Put a small tin in water and heat to the boiling point. Then put on ice and chill thoroughly. Have a bowl on the ice getting cold. When the tin is chilled open it and pour milk into the cold bowl, placed in another bowl of cracked ice. Beat in the ordinary way and in less than five minutes you'll have delicious whipped cream. If it is not too much trouble we would be glad to know how you like it. We will furnish any other recipes upon request.

Pacific Milk Co. Limited FACTORY AT LADNER, B. C.

BOTH VAUDEVILLE AND PICTURES TONIGHT

Anita Stewart at Westholme and a Number of Song and Dance Acts.

Vaudeville and pictures are to be at the Westholme tonight. A number of fine song and dance and musical numbers will round out a fine show, along with an Anita Stewart film. "Anita Stewart, in her latest First National Feature, "Mary Regan," the screen version of LeRoy Scott's great novel, which will be seen at the Westholme has the difficult role of a girl loved by two men, yet in her heart convinced that she should not marry at all. She takes this stand because she is the daughter of a notorious criminal who is serving a long sentence for robbery. At last she decides her duty is to marry the younger of the men, the son of a capitalist, whom she desires to save from the ruin which is pursuing him in the form of a fast life with a background of Broadway's white lights. How she finds she has made a mistake after doing this, how she battles a crowd of wily blackmailers who are seeking the fortune of her young husband, and how she at last is saved by her good angel, a detective, is thrillingly told in "Mary Regan."

LOCAL NEWS NOTES Bishop Buoz returned from a trip to the interior by the train yesterday evening. Mrs. Frank Moore returned last evening from a vacation with her sister on the latter's ranch near Terrace. Combined vaudeville show and pictures. Anita Stewart in "Mary Regan, a two-reel comedy and 30 minutes of good vaudeville at the Westholme tonight. Among those arriving by the train last evening was Miss Kathleen Grant who has been visiting with Rev. Mr. and Mrs. T. J. Marsh of Terrace for the past week. Realty agents report that lots well located and on sewer and water are in demand if the prices are low. No fancy prices are being paid, but there is a little business doing all the time. Besides supporting the Prince Rupert fair this year Smithers will have a fair all its own. Preparations are being made to have the event made worthy of that important centre. Undoubtedly Prince Rupert people will be glad to co-operate in any way possible. M. P. McCaffery, the president of the local Board of Trade, returned home on the train last evening after accompanying the Vancouver party for some distance east. All were enjoying the trip and marvelled at the beautiful scenery along the line. A halt was made at Terrace to pick up D. D. Munro of the Government Land Settlement Board. Among those arriving from the south on the Prince George this morning was Miss B. Moore who has come north to spend a short holiday with her sister who is attached to the General Hospital staff here. Miss Moore will remain in the city for a few days before leaving again for the south on Sunday evening. She ultimately expects to make her home in Kamloops. Mr. and Mrs. Hamilton Douglas are now travelling in the Panjages circuit and are coaching the children's dancing who appear on the program. Both classic and modern exhibitions are given by the young ones under the direction of Mr. Douglas, who at one time conducted a dancing school for a short time in this city. His father, Hamilton Douglas, who is in the city at the present time, was formerly a councillor here.

TENDERS FOR COAL

SEALED TENDERS addressed to the undersigned and endorsed "Quotation for Coal, Dominion Buildings British Columbia" will be received until 12 o'clock noon, Tuesday, August 5, 1919, for the supply of coal for the public buildings throughout the Province of British Columbia. Combined specification and form of tender can be obtained from the Purchasing Agent, Department of Public Works, Ottawa, and from the caretakers of the different Dominion Buildings. Tenders will not be considered unless made on the terms supplied by the Department and in accordance with the conditions set forth therein. Each tender must be accompanied by an accepted cheque on a chartered bank payable to the order of the Minister of Public Works, equal to 10 per cent of the amount of the tender. War Loan Bonds of the Dominion will also be accepted as security, or War Bonds and cheques if required to make up an odd amount. By order, R. C. DESROCHERS, Secretary, Department of Public Works, Ottawa, Ont., July 7, 1919.

TIMBER SALE X 1719.

Sealed tenders will be received by the Minister of Lands not later than noon on the 10th day of July, 1919, for the purchase of Licence X 1719, to cut 805,000 feet of Spruce and Hemlock, on Lots 6001 and 6002, Kitimat River, Range V, Coast District. Two years will be allowed for removal of timber. Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C. TIMBER SALE X 1649. Sealed tenders will be received by the Minister of Lands not later than noon on the 22nd day of July, 1919, for the purchase of Licence X 1649, to cut 1,412,000 feet of Spruce, Cedar and Hemlock, on an area situated on Kildulta Bay, Rivers Inlet, Range 2, Coast District. Two years will be allowed for removal of timber. Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C. TIMBER SALE X 1209. Sealed tenders will be received by the Minister of Lands not later than noon on the 10th day of July, 1919, for the purchase of Licence X 1209, to cut 886,000 feet of Spruce and Cedar on an area adjoining Lot 505, Chuck-Walla River, Range 2, Coast District. Two years will be allowed for removal of timber. Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C. TIMBER SALE X 1650. Sealed tenders will be received by the Minister of Lands not later than noon on the 10th day of July, 1919, for the purchase of Licence X 1650, to cut 886,000 feet of Spruce and Cedar on an area adjoining Lot 505, Chuck-Walla River, Range 2, Coast District. Two years will be allowed for removal of timber. Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

MINERAL ACT

CERTIFICATE OF IMPROVEMENTS. NOTICE. Beaver, Sundog Fraction, Clark Jimm Fraction, Rob Roy, and Nephin Mining Mineral Claims, situate in the Naas Mining Division of Cassiar District. Where located:—On the west side of Grant Bay, near Anyox. TAKE NOTICE that I, H. N. Clague of the city of Duncan, B. C., acting as agent for the Granby Consolidated Mining Smelting and Power Company, Limited, Free Miner's Certificate No. 2188-C, intend to apply for the purpose of obtaining a Certificate of Improvement for the purpose of obtaining a grant of the above claim. And further take notice that under section 85, must be commenced before the issuance of such certificate of Improvement this 3rd day of July, A. D. 1919. H. N. CLAQUE, B. C. L. S.

BASEBALL

American League—New York 10, Chicago 1; Detroit 10, Boston 8; St. Louis 6, Washington 3; Cleveland 8-7, Philadelphia 7-4. National League—New York 3-6, Pittsburg 0-7; Boston 2-6, Cincinnati 3-4; only two games scheduled.

MINERAL ACT

CERTIFICATE OF IMPROVEMENTS. NOTICE. TAKE NOTICE that I, Robert Hyland, of Telegraph Creek, B. C., occupation trader, intend to apply for permission to lease the following described land:—Commencing at a post planted on the S. W. corner, about 2 1/2 yards below Deep Creek, and 2 miles westerly from Telegraph Creek, fronting the Stikine River; thence north 7 1/2 chains; thence east 20 chains; thence south 3 1/2 chains; thence west 20 chains to the point of commencement, and containing fifteen (15) acres, more or less. ROBERT HYLAND, Date, May 29, 1919.

MINERAL ACT

CERTIFICATE OF IMPROVEMENTS. NOTICE. TAKE NOTICE that I, Edgar Davis, of Anyox, B. C., electrician, intends to apply for permission to prospect for coal and petroleum on the West Coast of Graham Island in the vicinity of West River; commencing at a post planted at the southeast corner of C. L. 40,512, thence north 80 chains; thence east 20 chains; thence south 80 chains; thence west 80 chains to point of commencement. EDGAR DAVIS, Per Austin Brown, Agent, Dated May 18, 1919.

MINERAL ACT

CERTIFICATE OF IMPROVEMENTS. NOTICE. TAKE NOTICE that Neil McLeod of Anyox, B. C., machinist, intends to apply for permission to prospect for coal and petroleum on the West Coast of Graham Island, at a post planted at the southeast corner of C. L. 40,512, thence east 80 chains; thence north 80 chains; thence west 80 chains; thence south 80 chains to point of commencement. NEIL McLEOD, Per Austin Brown, Agent, Dated May 18, 1919.

MINERAL ACT

CERTIFICATE OF IMPROVEMENTS. NOTICE. TAKE NOTICE that Edgar Davis, of Anyox, B. C., electrician, intends to apply for permission to prospect for coal and petroleum on the West Coast of Graham Island in the vicinity of West River; commencing at a post planted at the southeast corner of C. L. 40,512, thence north 80 chains; thence east 20 chains; thence south 80 chains; thence west 80 chains to point of commencement. EDGAR DAVIS, Per Austin Brown, Agent, Dated May 18, 1919.



PRINCE RUPERT WATERFRONT LEASE

SEALED TENDERS will be received by the Minister of Lands, at Victoria, B. C., up to 12 o'clock noon on Thursday, 31st July, 1919, for the purchase of a lease of the parcel or tract of land forming part of the waterfront Lot "K" in the City of Prince Rupert, Province of British Columbia, and land covered by water lying in front of said waterfront Lot "K," and which may be more particularly described as follows:—COMMENCING at a point where the northerly boundary of waterfront Lot "K" produced Easterly will intersect the Easterly boundary of the right of way of Grand Trunk Pacific Railway; thence north 43 deg. 47 min. east a distance of 175 ft.; thence south 33 deg. 28 min. 15 s. East a distance of 345 feet; thence South 43 deg. 47 min. east a distance of 175 feet to the Easterly boundary of said right of way of Grand Trunk Pacific Railway; thence North 33 deg. 28 min. 15 sec. West and following along the Easterly boundary of said right of way of Grand Trunk Pacific Railway, containing 1.35 acres, more or less. Term of Lease to be 4 years. A certified cheque covering one year's rental must accompany each tender, the cheques of unsuccessful tenderers to be returned immediately. The highest or any tender not necessarily accepted. Tenderers must state what business they are engaged in and must designate clearly just what they intend to make of the premises; how much they intend to expend in improvements, in what manner and in what time. The following amongst other conditions, will be imposed under the Lease: That prior to the erection of any wharf on the property, plans of same must be submitted for the approval of the Minister of Lands. That provision must be made for the overhead crossing shown on the official plan of Waterfront Lot "K," also access thereto from the water in connection with same. That rent shall be paid in annual instalments in advance. H. F. MACLEOD, Deputy Minister of Lands, Department of Lands, Victoria, B. C., June 30th, 1919.

NOTICE

IN THE MATTER of an application for the issue of a fresh certificate of title to Lots 45 and 46, Block 1, Section 5, City of Prince Rupert (May 22/19). NOTICE IS HEREBY GIVEN that it is my intention to issue, after the expiration of one month from the first publication hereof, a fresh certificate of title to the above mentioned lands in the name of Donald Ross and Robert Mackay, which certificate is dated 21st day of January, 1915, and is numbered 7115-1. H. F. MACLEOD, District Registrar of Titles, DATED at the Land Registry Office, Prince Rupert, B. C., this 25th day of June, 1919.

WATER NOTICE

DIVERSION AND USE. TAKE NOTICE that M. R. Lillico, of Ottawa, Ont., whose address is care Wm. B. Hood, Atlin, B. C., will apply for a licence to take and use four cubic feet per second of water out of Spruce Creek, which flows east to sea and drains into Pine Creek, about two and one half miles from Lake Atlin. The water will be diverted from the stream at a point about 150 ft. below Cassidy Group on Jas. Nedved's ground, and will be used for placer mining purposes upon the Calder Bench Lease described as Hydraulic Placer Mining Lease No. 387. This notice was posted on the ground on the 27th day of May, 1919. A copy of this notice and an application pursuant thereto and to the "Water Act, 1914," will be filed in the office of the Water Recorder at Atlin, B. C. Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper. M. R. LILLICO, Applicant, Ottawa, Ont. By Wm. B. Hood, Atlin, B. C., Agent. The date of the first publication of this notice is June 23, 1919.

WATER NOTICE

DIVERSION AND USE. TAKE NOTICE that M. P. Olsen, whose address is Alice Arm, B. C., will apply for a licence to take and use 10 second feet of water out of Tumble Creek, also known as Goat Creek, which flows westerly and drains into the Kitimat River, about 17 miles from its mouth at head of the Inlet of Alice Arm, Kitimat, B. C. The water will be diverted from the stream at a point about 20 chains easterly from S.E. corner Lot 3196, Cassiar District, and will be used for mining purpose upon the mine described as the "Water Act, 1914," Mineral Claim, Lot 3834, Cassiar District. This notice was posted on the ground on the 20th day of June, 1919. A copy of this notice and an application pursuant thereto and to the "Water Act, 1914," will be filed in the office of the Water Recorder at Prince Rupert, B. C. Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper. M. P. OLSEN, Applicant. The date of the first publication of this notice is June 26, 1919.

LAND ACT

Notice of Intention to Apply to Lease Land. IN QUEEN CHARLOTTE LAND DISTRICT. RECORDING DISTRICT OF SKENA, and situate in the vicinity of District Lot 792 upon Massett Inlet, Queen Charlotte Islands. TAKE NOTICE that the Wallace Fisheries, Limited, of Vancouver, British Columbia, occupation canning company, intends to apply for permission to lease the following described lands:—Commencing at a post planted at the southwest corner of the northwest quarter of Lot 792, Queen Charlotte Islands District, thence west 20 chains; thence north 27 chains; thence east 2.50 chains more or less to the high water mark of Massett Inlet, thence southeasterly and following the said high water mark 33 chains more or less to the point of commencement and containing twenty (20) acres more or less. THE WALLACE FISHERIES, LIMITED. Per Fred. Nash, B. C. L. S., Agent. Dated 3rd day of June, 1919.

LAND ACT

PRINCE RUPERT LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS. TAKE NOTICE that E. M. Lauder, of Queen Charlotte City, occupation teacher, intends to apply for permission to purchase the following described lands:—Commencing at a post planted on the south shore of Maude Island, about 700 feet east of the S. E. corner post P. R. No. 1264, thence north 20 chains; thence east 20 chains; thence south 20 chains; thence west 20 chains to point of commencement. EDITH MAUD LAUDER. A 20. Date June 14, 1919.

SKENA LAND RECORDING DIVISION—DISTRICT OF QUEEN CHARLOTTE ISLANDS.

TAKE NOTICE that Edgar Davis, of Anyox, B. C., electrician, intends to apply for permission to prospect for coal and petroleum on the West Coast of Graham Island in the vicinity of West River; commencing at a post planted at the southeast corner of C. L. 40,512, thence north 80 chains; thence east 20 chains; thence south 80 chains; thence west 80 chains to point of commencement. EDGAR DAVIS, Per Austin Brown, Agent, Dated May 18, 1919.

To Prospective Builders

We have just received at our Wharf the following lines in building materials: One Scowload of FIR LUMBER Made up of Flooring, V Joint, Cedar Bevelled Siding and Double Dressed Finish 100 tons CEMENT 1 car load PLASTER 200,000 LATHS 300 barrels LIME 100,000 BRICKS 200,000 SHINGLES We are agents for the PRINCE RUPERT SPRUCE MILLS, LTD., and can give you a figure covering the complete material for any building

Albert & McCaffery, Ltd. Phone 116 and 564 Office, Second Avenue, next Westholme Theatre

For the Salt Lakes Sundays—10 a.m. and every 40 minutes. Wednesdays—2 15 p.m. and every 40 minutes. Fare—Return—50c Children—25c J. Myhill Jones Red 391

NOTICE HARRY : HANSON The Reliable Plumber Having a year's lease on Westenaver's store, next Westenaver's office, will sublet part of this to others, either for office purposes or for show or sample rooms. Rent reasonable. HARRY HANSON The Reliable Plumber Phone 489. P.O. box 395 139 Second Avenue.

THE NORFOLK ROOMS 6th Ave. and Fulton Street Nice large Furnished Rooms for Gentlemen or Married Couples. Every Convenience

UNIVERSITY RETURNED SOLDIER STUDENTS The University of British Columbia has provided means whereby those students in Applied Science who enlisted during their University course or during their matriculation year and have intentions of proceeding in the fall, may resume their studies during the summer months. This provision has been made at the suggestion of returning soldier students who are desirous of completing those studies which were interrupted by enlistment, so that regular courses may be continued without undue difficulty.

The Gurvich Transfer Phone Green 548 P.O. Box 102 Office, Fraser St. We : Sell : Coal

FOR ELECTRICAL WORK Go to Geo. Waddell 336 2nd Ave. Phones BLACK 367 GREEN 394 Save Money in Lamps.