

INDIGESTION AND CONSTIPATION

Quickly Relieved By
"Fruit-a-lives"

Rochester, P. Q.

"I suffered for many years with terrible indigestion and constipation. A neighbor advised me to try 'Fruit-a-lives'. I did so and to the surprise of my doctor, I began to improve and he advised me to go on with 'Fruit-a-lives'."

I consider that I owe my life to 'Fruit-a-lives' and I want to say to those who suffer from indigestion, constipation or headaches—try 'Fruit-a-lives' and you will get well."

CORINE GAUDREAU.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

STORK'S SELL STOVES

Gurneys commenced making stoves in 1843. Still in the same line of business 1919. Hundreds in use in Prince Rupert.

ON SALE AT
Fred Stork's Hardware
SECOND AVENUE
Phone Black 114

ROYAL Pool Room

moved to
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Opposite
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CIGARS SODA
Two per cent. Beer

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SEEDS!

For the Garden
Specially Suited for Prince Rupert soil.

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DR. J. S. BROWN
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Phone 454.

HERE IS
YOUR RECIPE
Mrs. FORBES



Here is the way Pacific Milk whips best:
Put a small tin in water and heat to the boiling point. Then put on ice and chill thoroughly.

Have a bowl on the ice getting cold. When the tin is chilled open it and pour milk into the cold bowl, placed in another bowl of cracked ice.

Beat in the ordinary way and in less than five minutes you'll have delicious whipped cream.

If it is not too much trouble we would be glad to know how you like it. We will furnish any other recipes upon request.

Pacific Milk Co. Limited

FACTORY AT LADNER, B.C.

Sport

At the Acropolis grounds last evening there was no football game as the St. Andrew's Society was unable to field a team. A number of players turned up from other teams, however, and teams were picked to play a scrub game. It ended in a tie of 3 to 3. There were a few spectators present who enjoyed the brilliant exhibition.

It has become very popular among the firemen to play billiards and already they have one great champion. Many and wonderful games have been his excellent games and his breaks are always high.

At Edmonton on Saturday there was a very interesting race held when 40 pigeons were taken out to a point about 525 miles distant and released. They started at daybreak and reached their destination early in the evening.

Jimmy Wilde, the Kentish fly-weight, wants to visit the United States. He sees big money there so his bout with Moore will be called off. Instead, Moore will fight Walter Ross, the British bantam weight, inside the next three weeks.

At Market Place last evening there was great excitement over the baseball game played between the Hungry Nine and the Cadets. The boys were in fine playing condition. There were two games played and in both the Hungry Nine were victorious. Their pitcher, Harry Astoria, played the two games through without a stop and held the Cadets up in fine shape. He was also well supported on the field. Ralph Smith pitched nine innings for the other team and five innings of the second match. He was followed in the box by Harry Day the pitcher for the Prince Rupert ball team. But all this was of no avail. The boys with the good appetites were out to win and this they did, clinching the score in the first game by 7 to 4 and in the second by 4 to 3.

On Tuesday evening a meeting will be arranged to draw up the league schedule for association football. Three representatives will be present from each team and all the final arrangements will be made. The exhibition cup and a league cup will be the rewards for the winners and this ought to prove a sufficient drawing card for the players in the city. So far there has been a lack of co-operation among those who might enter the game, but it is thought that with something to play for the members of the various teams will be a little more anxious to turn out and play.

Yesterday afternoon the Salt Lake proved to be a great drawing card for the city folks and large numbers went across the bay in the afternoon and evening to enjoy its pleasant waters. Several improvements have been made which further enhances the attractiveness of the spot. It was beautiful in the evening as the cloudless sky and the long light allowed the bathers to remain there until late.

MUSICAL SOCIETY HOLDS BIG PICNIC

Large Number of People Enjoy Afternoon and Evening at Digby Island.

Yesterday afternoon the Prince Rupert Musical Society held its first annual picnic, and the members and friends spent a most enjoyable afternoon at Digby Island. The weather was all that could be desired, which made the outing most pleasurable. Launches to transport the party across the harbor were kindly lent for the occasion by H. S. Wallace, Geo. Frizzell, R. Parsons and W. E. Williams, and it was not until sundown that the return trip was made to town.

Many of the members who could not get away in the afternoon went across at 6 o'clock. Some of them, however, missed the boat, and through a slight misunderstanding, the boat missed some of the others, so that the full number of those who had intended joining in the celebration was not present.

There may be something you want. See the classified column on Page 5.

Use MURESCO, the great sanitary wall finish. A. W. Edge Co.



PRINCE RUPERT WATERFRONT LEASE

SEALED TENDERS will be received by the Minister of Lands, at Victoria, B. C., up to 12 o'clock noon on Thursday, 31st July, 1919, for the purchase of a lease of the parcel or tract of land forming part of the waterfront lot "K," in the City of Prince Rupert, Province of British Columbia, and land covered by water lying in front of said waterfront lot "K" and which may be more particularly described as follows:

COMMENCING at a point where the northern boundary of waterfront lot "K" produced Easterly will intersect the Easterly boundary of the right of way of Grand Trunk Pacific Railway; thence north 43 deg. 47 min. east a distance of 175 ft; thence south 33 deg. 25 min. 15 s. west a distance of 345 feet; thence south 43 deg. 47 min. west a distance of 175 feet to the Easterly boundary of the said Right of Way of the Grand Trunk Pacific Railway; thence North 33 deg. 25 min. 15 s. West and following along the Easterly boundary of said Right of Way to the point of commencement, containing 1.35 acres, more or less. Term of Lease to be 10 years.

Certified cheque covering one year's rental must accompany each tender, the cheque of unsuccessful tenderers to be returned immediately.

The highest or any tender not necessarily accepted.

Tenderers must state what business they are engaged in and must designate clearly just what use they intend to make of the premises; how much they intend to expend in improvements, in what manner and in what time.

The following, amongst other conditions, will be imposed under the Lease:

That prior to the erection of any wharf on the property, plans of same must be submitted for the approval of the Minister of Lands.

That provision must be made for the overhead crossing shown on the official plan of Waterfront Lot "K," also access to and from the water in connection with same.

That rent shall be paid in annual instalments in advance.

G. R. NADEN,
Deputy Minister of Lands,
Victoria, B. C.,
June 30th, 1919.

TENDERS FOR COAL

SEALED TENDERS addressed to the undersigned and endorsed "Quotation for Coal (Edmonton Buildings, British Columbia)" will be received until 12 o'clock noon, Tuesday, August 5, 1919, for the supply of coal for the public buildings throughout the Province of British Columbia.

Combined specification and form of tender can be obtained from the Purchasing Agent, Department of Public Works, Ottawa, and from the caretakers of the different Government buildings.

Tenders will not be considered unless made on the forms supplied by the Department and in accordance with the conditions set forth thereon.

Each tender must be accompanied by an accepted cheque on a chartered bank, payable to the order of the Minister of Public Works, equal to 10 per cent of the amount of the tender. War Loan Bonds of the Dominion will also be accepted as security, or War Bonds and cheques if required to make up an odd amount.

By order,
R. C. DESROCHERS,
Secretary,
Department of Public Works,
Ottawa, Ont., July 7, 1919.

TIMBER SALE X 1719.

Sealed tenders will be received by the Minister of Lands not later than noon on the 10th day of July, 1919, for the purchase of Licence X 1719, to cut 845,000 feet of Spruce and Hemlock, on Lots 6091 and 6092, Klumath River, Range V., Coast District.

Two years will be allowed for re-removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

TIMBER SALE X 1649.

Sealed tenders will be received by the Minister of Lands not later than noon on the 22nd day of July, 1919, for the purchase of Licence X 1649, to cut 1,412,000 feet of Spruce, Cedar and Hemlock, on an area situated on Klumath River, Range 2, Coast District.

Two years will be allowed for re-removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

TIMBER SALE X 1209.

Sealed tenders will be received by the Minister of Lands not later than noon on the 10th day of July, 1919, for the purchase of Licence X 1209, to cut 960,000 feet of Spruce and Cedar on an area adjoining T. S. X 1209, Ellerslie Channel, Range 3, Coast District.

Two years will be allowed for re-removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

TIMBER SALE X 1650.

Sealed tenders will be received by the Minister of Lands not later than noon on the 10th day of July, 1919, for the purchase of Licence X 1650, to cut 845,000 feet of Spruce and Hemlock, on an area adjoining Lot 505, Chuck-Walla River, Range 2, Coast District.

Two years will be allowed for re-removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

STIKINE DIVISION CASSIAR LAND DISTRICT—DISTRICT OF CASSIAR

TAKE NOTICE that I, Robert Hyland, of Telegraph Creek, B. C., occupation trader, intend to apply for permission to lease the following described land:

Commencing at a post planted on the S. W. corner, about 250 yards below Deep Creek and 2 miles westerly from Telegraph Creek, fronting the Stikine River; thence north 7 1/2 chains; thence east 20 chains; thence south 7 1/2 chains; thence west 20 chains to the point of commencement, and containing fifteen (15) acres, more or less.

Date, May 29, 1919.

ROBERT HYLAND.

MINERAL ACT

CERTIFICATE OF IMPROVEMENTS.

NOTICE.
Beaver, Sundog Fraction, Clark, Jimm Fraction, Rob Roy, and Nephin Fraction Mineral Claims, situate in the Naas Mining Division of Cassiar District.

Where located—on the west side of Grizzly Bay, near Anyox.

TAKE NOTICE that I, H. N. Clague, of the City of Duncan, B. C., acting as agent for the Grizzly Consolidated Mining, Smelting and Power Company, Limited, Free Miner's Certificate No. 32188-C, intend, sixty days from the date hereof, to apply to the Minister of Lands for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

And further take notice that action, under section 85, must be commenced before the issuance of such certificate of improvements.

Dated this 3rd day of July, A. D. 1919.

H. N. CLAQUE, B. C. L. S.

To Prospective Builders

We have just received at our Wharf the following lines in building materials:

One Scowload of FIR LUMBER

Made up of Flooring, V Joint, Cedar Bevelled Siding and Double Dressed Finish

100 tons CEMENT 300 barrels LIME
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We are agents for the PRINCE RUPERT SPRUCE MILLS, LTD., and can give you a figure covering the complete material for any building

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Office, Second Avenue, next Westholme Theatre

NOTICE

IN THE MATTER of an application for the issue of a fresh certificate of title to Lots 45 and 46, Block 1, Section 5, City of Prince Rupert, B. C.

NOTICE IS HEREBY GIVEN that it is my intention to issue, after the expiration of one month from the first publication hereof, a fresh certificate of title to the above mentioned lands in the name of Donald Ross and Robert Mackay, which certificate is dated 21st day of January, 1912, and is numbered 711-1.

H. P. MACLEOD,
District Registrar of Titles,
Prince Rupert, B. C., this 25th day of June, 1919.

WATER NOTICE

DIVERSION AND USE.

TAKE NOTICE that M. R. Lillie, of Ottawa, Ont., whose address is care Wm. B. Hood, Atlin, B. C., will apply for a licence to take and use four cubic feet per second of water out of Spruce Creek which flows east to west and drains into Pine Creek, about two and one half miles from Lake Atlin.

The water will be diverted from the stream at a point about 150 ft. below Cassidy Group on Jas. Nedved's ground, and will be used for placer mining purposes upon the Cassidy Group, Lease described as Hydraulic Placer Mining Lease No. 287.

This notice was posted on the ground on the 27th day of May, 1919.

A copy of this notice and an application pursuant thereto and to the "Water Act, 1914," will be filed in the office of the Water Recorder at Atlin, B. C.

Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper.

M. R. LILLIE, Applicant,
Ottawa, Ont.
By Wm. B. Hood, Atlin, B. C., Agent.
The date of the first publication of this notice is June 23, 1919.

WATER NOTICE

DIVERSION AND USE.

TAKE NOTICE that M. P. Olsen, whose address is Atlin, B. C., will apply for a licence to take and use 10 second feet of water out of Tumbie Creek, also known as Goat Creek, which flows westerly and drains into the Klumath River, about 17 miles from its mouth at head of the Inlet of Alice Arm.

The water will be diverted from the stream at a point about 20 chains easterly from S.E. corner Lot 2196, Cassiar District, and will be used for mining purposes upon the mine described as the North Star Mineral Claim, Lot 3634, Cassiar District.

This notice was posted on the ground on the 20th day of June, 1919.

A copy of this notice and an application pursuant thereto and to the "Water Act, 1914," will be filed in the office of the Water Recorder at Prince Rupert, B. C.

Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper.

M. P. OLSEN, Applicant,
Atlin, B. C.
The date of the first publication of this notice is June 26, 1919.

LAND ACT

Notice of Intention to Apply to Lease Land.

IN QUEEN CHARLOTTE LAND DISTRICT, RECORDING DISTRICT OF SKENA, and situate in the vicinity of District Lot 792 on Massett Inlet, Queen Charlotte Islands.

TAKE NOTICE that the Wallace Fisheries, Limited, of Vancouver, British Columbia, occupation canning company, intends to apply for permission to lease the following described lands:

Commencing at a post planted on the southwest corner of the northwest quarter of Lot 792, Queen Charlotte Islands District, thence west 20 chains; thence north 10 chains; thence east 20 chains; thence south 20 chains to the high water mark of Massett Inlet, thence southeasterly and following the said high water mark 33 chains more or less to the point of commencement and containing twenty (20) acres more or less.

THE WALLACE FISHERIES, LIMITED,
Per Fred. Nash, B. C. L. S., Agent.
Dated 3rd day of June, 1919.

LAND ACT

PRINCE RUPERT LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS.

TAKE NOTICE that E. M. Lauder, of Queen Charlotte City, occupation teacher, intends to apply for permission to purchase the following described lands:

Commencing at a post planted on the south shore of a lake at a point 200 feet east of the S. E. corner post P. R. No. 1284, thence north 20 chains; thence east 20 chains; thence south 20 chains; thence west 20 chains to point of commencement.

EDITH MAUD LAUDER,
Date June 14, 1919. A. 30

SKENA LAND RECORDING DIVISION—DISTRICT OF QUEEN CHARLOTTE ISLANDS.

TAKE NOTICE that Edgar Davis, of Anyox, B. C., electrician, intends to apply for permission to prospect for coal and petroleum on the west coast of Graham Island in the vicinity of West River; commencing at a post planted at the southeast corner of C. L. 10312, thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to point of commencement.

EDGAR DAVIS,
Per Austin Brown, Agent.
Dated May 18, 1919.



For the Salt Lakes

Sundays—10 a.m. and every 40 minutes.
Wednesdays—2:15 p.m. and every 40 minutes.

Fare—Return—50c
Children—25c

J. Myhill Jones
Red 391

NOTICE

Harry : Hanson

The Reliable Plumber
Having a year's lease on Westenhaver's store, next Westenhaver's office, will sublet part of this to others, either for office purposes or for show or sample rooms. Rent reasonable.

HARRY HANSON
The Reliable Plumber
Phone 482. P.O. box 395
139 Second Avenue.

The Norfolk Rooms

6th Ave. and Fulton Street

Nice large furnished Rooms for Gentlemen or Married Couples.

Every Convenience

UNIVERSITY RETURNED SOLDIER STUDENTS

The University of British Columbia has provided means whereby those students in Applied Science who enlisted during their University course or during their matriculation year and have intentions of proceeding in the fall, may resume their studies during the summer months. This provision has been made at the suggestion of returned soldier students who are desirous of completing those studies which were interrupted by enlistment, so that regular courses may be continued without undue difficulty.

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