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NARCOTICS AND THE LEAGUE

One phase of this year's activities at the assembly of the League of Nations which has not received the attention which its importance warrants was the quite drastic proposal in regard to the limitation of the manufacture of narcotic drugs.

For more than nine years the league has been working industriously on this great problem and has made some real progress. There is, of course, a big opposition, particularly in Eastern countries, to any limitation, as such would mean a big loss in revenue.

The Assembly got close to an eventual settlement of the question when it decided to hold a conference of all the manufacturing and some of the consuming countries with the idea of framing an agreement for reducing the manufacture of opium and other narcotics to the amount required for medical and scientific purposes.

In framing this resolution, which will be taken up this year, its sponsors had in view a real and concerted attack on the illicit drug traffic.

This traffic is one of the most deadly and wide-spread of social evils. From central European headquarters directly in touch with agents in the East narcotics in huge quantities are spread throughout the world and as there are immense profits in the trade it has flourished for many years despite the constant efforts of the regular and secret police.

If the league formulates a plan by which the source of the drugs could be cut off, it would be performing a major service to humanity. Its efforts in this direction call attention to the fact that the league is not only an agency for preventing war, but that it has engaged in an immense co-operative battle against sickness, labor unrest and problems affecting better trade relations amongst member states.

SIR ARTHUR CURRIE AT CONFERENCE

KYOTO, Japan, Oct. 31:—In the Gest Chinese Library of McGill University, Montreal, Canada possesses the most complete collection of Chinese literature and rare books on the continent, according to a paper on the library by Berthold Laufer of the Field Museum of Natural History, Chicago, read at the conference of the institute of Pacific Relations now in session here. Mr. Laufer's paper was preceded by a foreword by Sir Arthur Currie, Principal of McGill, outlining the place of the library in the University.

"The institution of the collection," Sir Arthur says, "coincided with the awakening in Canada of a new interest in China and things Chinese. No change caused by the Great War is more important than that which has affected Canada and China.

"Canada has acquired new weight in the councils of the nations and in the Empire of which she forms a part. China, freed from the deadening influence which accompanied the Manchu rule, is evolving a new national structure and creating new relationships. Both nations come to the forum of world politics with distinctive viewpoints. They are neighbors, joined rather than separated by the Pacific, and their common interests are yearly increasing.

"It is recognized that the influence of education tends to create mutual understanding between nations. The great inheritance of the world's literature and culture is the common property of every country. The man who knows something of the history, the environment and the philosophy of another people tends to look upon that people from a friendly point of view, and in the minds of University students national barriers are breaking down.

"It was with these thoughts in mind that we at McGill undertook to develop studies bearing on China; when at the same time we were given the opportunity of adding to our library a collection of Chinese classics, we accepted with enthusiasm, and so in McGill University the books of China have taken their place beside the literature of the western world. We look forward to a time when Chinese as well as western students will make full use of the Gest collection, and we believe that it will prove a real factor in the drawing together of east and west."

Chicago uses over 27 carloads of garlic a year.

The English walnut is not a native of England but comes from Greece, Persia and Afghanistan.

Sketchy Breakfasts Don't Raise Husbands' Salaries

by Mary Blake

There's a young neighbor of mine whose ambition for her husband is unlimited. The other day she came to me in great distress because he had failed to receive a much-counted-on raise. "Jim says he can't really blame them, because he hasn't been turning out the work lately. He's lost all his old 'pep'—is tired out before the day is half over."

"Who gets Jim's breakfasts?" I asked.

"Why he does, himself. You know he eats practically nothing."

"Do you know," I asked, "what the schools have found out about listless, irritable, backward children? They are generally half-starved. Given a real breakfast every day, their school work improves miraculously. The same thing is true of grown people. If you want Jim to get that raise, give him a real breakfast every day—fruit, cereal, toast and coffee, with bacon and eggs, or waffles or pancakes and sausages now and then. Start him out well fortified—he'll do real work."

Try my Carnation Waffles to-morrow morning

There isn't a man who doesn't like these delicious waffles. They are feathery-light, tender and crisp-crusted, rich and fine-textured. All their goodness I attribute to the fact that I make them with Carnation Milk.

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Carnation Waffles

1½ cups pastry flour, ½ tsp. salt, 3 tsp. baking powder, 2 eggs, ⅓ cup Carnation Milk, ⅔ cup water, 1 tbsp. butter, 1 tbsp. sugar. Sift dry ingredients. Dilute Carnation with water; beat eggs until foamy, add milk and melted butter. Stir liquids quickly into dry ingredients. Bake in hot waffle iron until brown and crisp.

Carnation Griddle Cakes

2¼ cups flour, ¼ cup cornmeal, 4 tsp. baking powder, ¼ cup sugar, 1 egg, well beaten, ⅔ cup Carnation Milk, 1⅓ cups water, 4 tbsp. butter, melted, 1 tsp. salt. Sift dry ingredients; dilute Carnation with water; add beaten egg and melted butter. Stir liquid quickly into dry ingredients. Bake on hot lightly greased griddle. When cakes are puffed, full of bubbles, and brown on the edges, turn and cook the other side. The griddle should be hot enough to brown a cake on one side in 2 minutes.

Makes Wonderful Waffles

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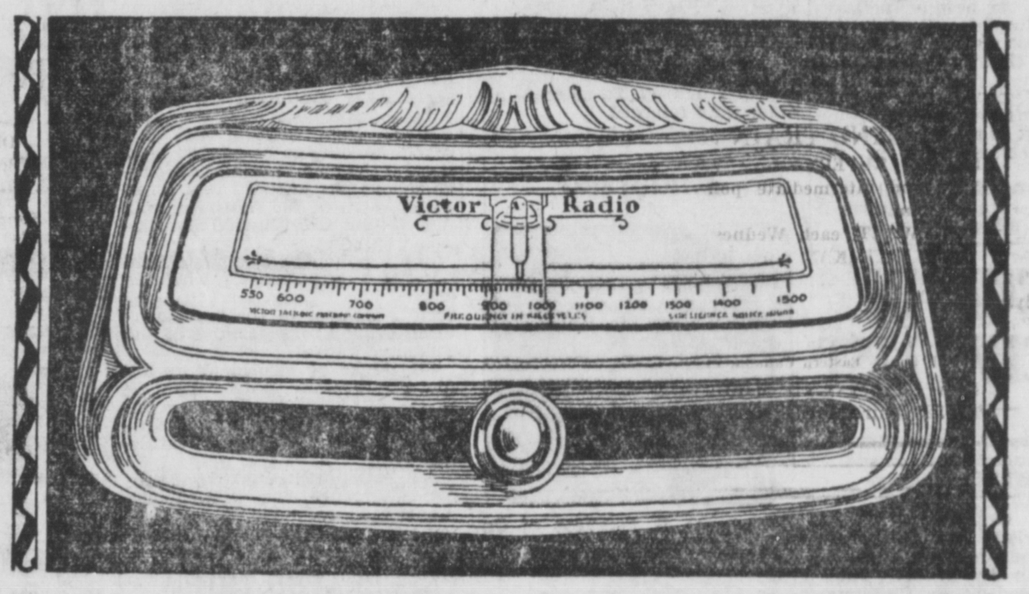

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