

Is Economical. The Coupons which it carries -- redeemable for useful articles -- are a further economy.

### Mrs. HALL SENDS THIS WHITE SAUCE MILK



It is a splendid sauce and quite easy to make. Take 2 level tablespoons of

flour,

2 level tablespoons butter, 1/2 cup Pacific Milk,

1/2 cup of water in which the fish was boiled.

Salt and pepper to taste and add a chopped hard boiled egg or chopped parsley. Mrs. Hall sends this because

when she uses Pacific Milk. Others will be as grateful as we are to have this recipe.

#### Pacific Milk Co. Limited FACTORY AT LADNER, B. C.

# MTORK'

Gurneys commenced making stoves in 1843. Still in the same line of business 1919. Hundreds in use in Prince Rupert.

ON SALE AT

### Fred Stork's Hardware

SECOND AVENUE Phone Black 114

### ROYAL Pool Room

moved to 721 Third Ave.

Opposite The Empress Hotel

SODA CIGARS

Two per cent. Beer

JOHN PELLICANO

### FOR SALE

Seven-roomed house with bath and finished basement. Newly painted. 8th Ave., W.

> \$2875.00 very Easy Terms.

DOUGLAS SUTHERLAND 523 Third Ave.

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PLUMBING AND HEATING ENGINEERS

Estimates furnished.

Address, 3rd Avenue, head of Second Street.

Phone 174 -- P. O. Box 274

\*

Arthur V. Thomas

\*

ORGANIST PIANIST

Studio: First Avenue Phone 15 Hours 4 to 6 p.m.

### Sport

So far no reply has been received from the Dominion Football Association in regard to the offer Calgary made of guaranteeing travelling expenses to provincial championship football struction teams to come there to play for the Connaught Cup in September.

In a recent boxing bout in Paris Charles Ledoux of France, cham- |c. pion bantamweight of Europe, knocked out Tommy Noble of Department and of last month was very well at- Public

Nick Williams who has been striving to form a western international ball league for next season, states that the chances are very small as prospects are anything but bright for baseball in Butte, Montana. Williams is be- Department of Public Works, Ottawa, uly 17, 1919. ing mentioned as manager for the Calgary team should that city decide to enter the Western Canada League in 1920.

A number of young people of the city are learning the art of swimming this season. The hot mind Canal Mining Division of Cassiar Disshe says it turns out so well weather during the last week and River Valley. the vacation combined, has daily attracted a large number of children to the Salt Lake and the ranks C; R. of the swimmers of the city are being constantly swelled by the youthful champions. Some of the Mining Recon novices might be taught the elementary strokes which would very themselves. About half a provements. Dated this 25th day of July, A. D. 1919. June, 1919. dozen lessons are sufficient to teach the young element the natatorial art.

> Frank Troeh of Vancouver, Wn., BETWEEN:star all-round shot, has accepted the challenge of Forest McNeir of Houston, Texas, to shoot for the Hercules All-Round Amateur Trophy tomorrow. Other amateur and open trophies will be on August 10.

A Western Canada baseball etc., situated at Queen Charlotte Islands, championship tournament is be- B. C. |Saskatchewan and Alberta are expected to enter in the competition.

In the city football league the games will be played on Mondays or something else prevent the game from being staged it will IN THE MATTER OF THE ESTATE be played on Tuesdays or Fridays and no exceptions will be allowed. If any particular club is unable to field a team for the night selected the game must be forfeited. ing claims against the said estate are This rule will be enforced through hereby required to furnish same, properly out the whole league series.

Yesterday afternoon a number to me forthwith. of the girls gathered on Market place for baseball practise. The girls are eager to play the game like their brothers and turn out regularly for practise. A number of boys were down and sides were chosen and a friendly match was

Jimmy Wilde, the bantam pugilist, is going to run for parliament for a seat in Wales, where he is a hero among the miners.

### MARRIAGE OF MISS MARGARET WESTMAN

Former Queen of the Carnival Becomes Bride of Chief Officer of Prince John.

On Monday last, August 4, at Vancouver, Miss Margaret Westman of this city was quietly married to Joseph Flood, first officer of the G. T. P. steamship Prince John.

The ceremony took place at St. Andrew's Roman Catholic Cathedral, Vancouver, at 1 p. m. E. L. McKay, third officer of the Prince George, was the best man and the bridesmaid was Miss Florrie Jones of Anyox, one of the maids of honor at the carnival and candidate from that town for the

position of queen. The bride looked very sweet gowned in cream crepe de chine and with a white picture hat. The

bridesmaid wore blue silk. After the ceremony, dinner was served for a small party at one of Vancouver's fashionable restaurants and Mr. and Mrs. Flood left later for Seattle and other Puget Sound cities, where they are spending their heneymoon. They expect to come to Prince Every Rupert to live.



event which was staged at the end an accepted cheque on a chartered bank

MINERAL ACT.

Little Joker, Mineral Hill, Midas, Look out, Mystery, Midas Lake Frac., Pass Frac tional Mineral Claims, situate in the Port-

quickly help them in getting along the issuance of such Certificate of Im-

No. 742, 1919. IN THE SUPREME COURT OF BRITISH

A. H. GREEN.

LETER RANKINE DUNCAN, as Trustee,

A. KELLEY LOGGING AND LUMBER COMPANY LIMITED and JOHN KEN-NETH MACRAE, holder in trust of the

TO BE SOLD by private Tender purshot for August 9. The grand Justice Morrison, made the 8th day of American handicap shoot opens July, 1919, in the above action, the properry and effects of the above company, ment, supplies and materials, cold storage 1914," will be filed plant, tug, gasoline launch, small boats, Water Recorder at Atlin, B.

ing promoted and will be held in Hodges, the Receiver appointed in the sald action at his office 209 Bank of Ottawa thirty days after the first appearance September. Championship teams Building. Hastings St., West, Vancouver, this notice in a local newspaper. from British Columbia, Manitoba. B. C., not later than noon on the 20th day August, 1919.

FULL particulars and conditions of sale and form of Tender may be obtained on application to the said W. E. Hodges, or notice is June 23, 1919. to Abbott, Macrae & Co., his Solicitors, 509 Bank of Ottawa Bldg., Hastings St., West, Vancouver, B. C.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

GUDMUNDUR JOHANNSSON, CEASED, INTESTATE.

JOHN H. MCMULLIN,



#### Cleanliness and Health

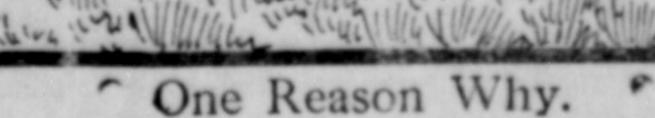
There is neither age limit nor exemptionevery man, woman and child has a daily fight to carry on against germs and microbes of disease. Use

# HEALTH SOAP

for a victorious and delightful toilet, for a refreshing bath, and for a thorough cleansing of the home.

The carbolic odour in Lifebuoy is the sign of its protective qualities ---





NOTICE

WATER NOTICE DIVERSION AND USE.

It has been announced that GING AND LUMBER COMPANY LIMITED. B. Hood, Atlin, B. C., will apply for a

Cassidy Group on Jas. Nedved's ground poses upon the Calder Bench Lease described as Hydraulic Placer Mining Lease

This notice was posted on the ground

M. R. LILLICO, Applicant, By Wm. B. Hood, Atlin, B. C., Agent. The date of the first publication of this is cancelled.

> WATER NOTICE DIVERSION AND USE.

TAKE NOTICE that M. P. Olsen, whose and Thursdays and should rain IN THE MATTER OF THE "ADMINISTRA- for a licence to take and use 10 second

the Comptroller of Water Rights, Parliathirty days after the first appearance of

M. P. OLSEN, Applicant.
The date of the first publication of this

### LAND ACT

Notice of Intention to Apply to Lease Land.

more or less to the high water mark of Massett Inlet, thence southeasterly and following the said high water mark 33 concernent and containing twenty (20)

THE WALLACE FISHERIES, LIMITED. Per Fred. Nash, B. C. L. S., Agent. Dated 3rd day of June, 1919.

MINERAL ACT

CERTIFICATE OF IMPROVEMENTS. NOTICE.

Beaver, Sundog Fraction, Clark, Jimm Division of Cassiar District. Where located:-On the west side of TAKE NOTICE that I, H. N. Clague of for the Granby Consolidated Mining, Smelt-

LAND ACT

Dated this 3rd day of July, A. D. 1919 H. N. CLAGUE, B. C. L. S.

PRINCE RUPERT LAND DISTRICT-DIS- securely sealed, addressed to me and TRICT OF QUEEN CHARLOTTE ISLANDS. | marked "Tender Ferguson Estate" apply for permission to purchase the of the amount of the tender

Edward Lipsett, President Edward Cunningham, Vice-President

GUARD AGAINST FIRE

Harry Lipsett, Manager

### Lipsett-Cunningham & Co.

FISHING & CANNERY EQUIPMENT --- MARINE HARDWARE

Steamship Supplies, Gas Engines and Accessories Fish Netting, Twines, Lines, Ropes and Cordage PRINCE RUPERT, B. C.

Registered Office: 68 Water Street, Vancouver, B. C.

Prince Rupert Office: Telephone No. 95 P. O. Box 1698



### NOTICE OF CANCELLATION

on Porcher Island, Range 5, Coast Distic notice of which appeared in the British

G. R. NADEN. Deputy Minister of Lands. Lands Department, Victoria, B. C., 15th July, 1919.



### NOTICE OF CANCELLATION

G. R. NADEN, Deputy Minister of Lands. Lands Department, Victoria, B. C.,



### NOTICE OF CANCELLATION

Graham Island, Queen Charlotte Islands

Lands Department, Victoria, B. C., 15th July, 1919.



### NOTICE OF CANCELLATION

NOTICE IS HEREBY GIVEN that the Fraction, Rob Roy, and Nephin Fraction reserve existing over certain Crown lands the Naas River, Cassiar District, notice of which appeared in the British Gazette on the 25th February, 1909, is cancelled.

> G. R. NADEN. Deputy Minister of Lands. lands Department, Victoria, B. C., 15th July, 1919.

### PUBLIC NOTICE

RONALD C. FERGUSON, DECEASED 4th of August, 1919, for the purchase of lots eight (8) and nine (9), Block thirty-

Tenders must be placed in an envelope TAKE notice that E. M. Lauder, of Queen accompanied by a marked cheque payable The highest or any tender will not

> Omcial Administrator July 17, 1919.

## SEEDS!

For the Garden

Specially Suited for Prince Rupert soil.

FEED For the CHICKENS HAY, GRAIN & FERTILIZER

PHONE 58 P. O. Box 333 908 3rd Ave.

### The Norfolk Rooms 6th Ave. and Fulton Street

Nice large Furnished Rooms for Gentlemen or Married Couples.

Every Convenience

#### UNIVERSITY RETURNED SOLDIER STUDENTS

made at the suggestion of returned of completing those studies which were interrupted by enlistment, so that regular courses may be con tinued without undue difficult.

### The Gurvich ranster

Phone Green 548 P.O. Box 102 Office, Fraser St.

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BLACK 367 - GREEN 394 Save Money in Lamps.