DON'T TRIFLE WITH CONSTIPATION

Rid Your System of Its Disease-causing Poisons With ALL-BRAN

Constipation gets its grip on a person almost unawares. It starts with such little things. Headaches, listlessness. Bad complexions. Unpleasant breath.

If allowed to continue, constipation often leads to serious results. It poisons the whole system. Steals the charm and beauty of women. Robs men of their vitality and ambition.

Don't trifle with constipation. Rid your system of it by eating Kellogg's ALL-BRAN—a delicious cereal. It is guaranteed to bring relief — to prevent constipation. Just eat two tablespoonfuls daily —chronic cases, with every meal.

Doctors recommend ALL-BRAN because it is 100% bran. It works as nature works. Serve it with milk or cream, fruits or honey added. Use it in cooking—there are delicious recipes on the package. Grocers sell ALL-BRAN. Restaurants, hotels, dining-cars serve it. Made by Kellogg in London, Ont.

Kellogg's ALL-BRAN

Special Special

MALT EXTRACT, PLAIN

3-lb. tins 75c
1-lb. jars 35c
2-lb. tins 55c
Parke Davis & Co. $1.00
Anders, large $1.00
Anders, small 60c
Pabst hop flavor malt syrup 80c

Ormes Ltd.

The Pioneer Druggists

THIRD AVE. & SIXTH ST. —— TELEPHONES 82 & 200

UNION STEAMSHIPS LIMITED

Sailings From Prince Rupert

For VANCOUVER, VICTORIA, Swanson Bay, Butedale, Alert Bay, etc., Tuesday, 3:30 p.m.
For VANCOUVER, VICTORIA, Butedale, Alert Bay, etc., Friday midnight
For ALICE ARM, ANYOX, STEWART, Naas River, Port Simpson, Sunday, 8:00 p.m.

123 2nd Avenue R. M. SMITH Agent Prince Rupert, B.C.

Through tickets sold to Victoria and Seattle and baggage checked through to destination.

CANADIAN PACIFIC RAILWAY

B. C. Coast Steamship Services

SAILINGS FROM PRINCE RUPERT

To Ketchikan, Wrangell, Juneau and Skagway—Oct. 9, 19, 30.
To Vancouver, Victoria and Seattle—Oct. 2, 13, 23.
Princess Mary—Oceans Falls, etc., Vancouver and Victoria, every Friday, 10 p.m.

Agents For All Steamship Lines

W. C. Orchard, General Agent, 3rd Ave., Prince Rupert, Phone 31

CANADIAN NATIONAL

The Largest Railway System in America

STEAMSHIP AND TRAIN SERVICE

Sailings from PRINCE RUPERT for VANCOUVER, VICTORIA, SEATTLE, and intermediate points, each Thursday and Sunday, 10:00 p.m.
For ANYOX and STEWART each Wednesday, 4 p.m.
For STEWART and KETCHIKAN, each Saturday, 4 p.m.
For NORTH and SOUTH QUEEN CHARLOTTE ISLANDS, fortnightly.

PASSENGER TRAINS LEAVE PRINCE RUPERT DAILY EXCEPT SUNDAY at 11:30 a.m. for PRINCE GEORGE, EDMONTON, WINNIPEG, all points Eastern Canada, United States.

AGENCY ALL OCEAN STEAMSHIP LINES

City Ticket Office, 528 Third Ave., Prince Rupert—Phone 260

LET Zam-Buk Soothe & Heal All CUTS BURNS & SCALDS

For eczema, psoriasis, ringworm, ulcers, abscesses, and other distressing skin disease Zam-Buk remains unrivalled. This great herbal balm ends pain and irritation, draws out poison and corruption, and grows healthy new skin in a wonderful way.

KEEP A BOX ALWAYS HANDY! 50c. box All dealers

Local Items

Read the Montreal Importers ad.

Be sure to visit Jabour's 95c sale. (255)

Dentist, Dr. J. R. Gosse, Phone 686.

Coat and hat sale at Richmond's Louvre. (255)

95c Sale days Friday, Saturday and Monday, November 1, 2, and 4 at Jabour's. (255)

S.S. Salvor has arrived with a full cargo of coal for Albert & McCaffery Limited, phone 116 and 117. (256)

Big Hallowe'en Dance tonight at 9 p.m. in Boston Hall. Accordion and guitar music by Anderson & Ryan.

Mr. and Mrs. W. B. Cornish were among those who sent flowers yesterday afternoon to the funeral of the late F. G. Dawson.

Erick Sellstadt, for drunkenness, was fined $25, with option of thirty days' imprisonment, by Magistrate McClymont in city police court this morning.

James Boyd, acting inspector of fisheries, returned to the city yesterday afternoon following a week's trip down the coast aboard the patrol cruiser Rividis as far as Bella Coola on official duties.

HILL 60 HALLOWE'EN BAZAAR

IN AID OF CHILDREN'S WARD

Fancy Work
Home Cooking
Fortune Telling
Tea Room
Candy, Etc.

I. O. D. E. HALL, SATURDAY, 3 O'CLOCK

A WALNUT TEA WAGON WILL BE RAFFLED

I find it best for cleanliness

Don't call the plumber when the sink drain gets choked. A little Gillett's Lye will probably clear it in a few minutes. Scores of other uses around the sanitary home.

GILLETT'S PURE FLAKE LYE

Coat and hat sale at Richmond's Louvre. (255)

A tea and sale of home-cooking will be held by the "Girls' Band" of the Anglican W. A. at Mrs. C. C. Mills' flat, Waldron Apts. tomorrow from 3 to 6. All welcome. (255)

T. B. Hooper, formerly city solicitor at Prince Rupert who went to live for several years at Los Angeles, has returned to Canada and is now located at Princeton where he is practicing law.

Mr. and Mrs. John Dawson, who arrived in the city on yesterday afternoon's train to attend the funeral of Mr. Dawson's brother, the late F. G. Dawson, will be here until the first of next week when they will return to Calgary.

ANNOUNCEMENTS

Elks' Hallowe'en dance, Friday, November 1 in Elks' Home.

Hill 60 Annual Bazaar, November 2.

Presbyterian Bazaar November 6.

Eagles' whist drive and dance, November 7.

Rupert East United Church bazaar, November 7.

Premier Orchestra Whoopee Dance, November 8.

Anglican W. A. Bazaar, November 14.

L.O.B.A. whist drive and dance, November 14.

Gyro Hoedown in Auditorium November 15. (tf)

Moose Annual Bazaar Nov. 21 and 22.

United Church Bazaar, December 5.

4 a Taxi Phone 4, Big 4 Taxi. tf

Read the Montreal Importers ad.

Read Jabour's advertisement today. (255)

Coat and hat sale at Richmond's Louvre. (255)

Tonight! Spooks, punch and Smaile's Orchestra. Elks' Hallowe'en Dance, Elks' Home. Gentlemen 75c. Ladies 50c. (255)

Mrs. M. A. Dupuis of Haysport is paying a brief visit to the city, having arrived from the Skeena River on yesterday afternoon's train.

Scandinavians! Don't miss the Hallowe'en Dance tomorrow night at the Moose Hall. Decorations—Apples—Whoopee! Hanson & Farstad with their music.

Mr. and Mrs. George W. Morrow sailed by the Prince Rupert last night on their return to Vancouver after spending a few days here following a trip east.

Jack Lauten of the C.N.R. city ticket office staff, who has been spending a vacation in Vancouver and Winnipeg, returned to the city on yesterday afternoon's train.

Mr. and Mrs. George E. Windsor will sail on the Cardena tonight for Vancouver. Mr. Windsor has been identified during the past summer with the Atlin Fisheries staff here.

A. D. Watt, C.N.R. divisional master mechanic, arrived in the city from Prince George on yesterday afternoon's train for a brief visit, returning to the interior this morning.

Mrs. T. W. Shackleton of Usk, who has been at patient in the Prince Rupert General Hospital, was discharged from the institution yesterday and is now registered at the Savoy Hotel.

Central Hotel

120 Rooms
Rooms—50c and up
SWANSON and BESNER
Proprietors

Central

F. M. Mayer, C.N.R.; J. B. Johnston, Port Edward; J. Adre and E. Wieremas, Anyox.

Savoy Hotel

Prince Rupert's leading family hotel. Hot and cold water in all rooms.

A. J. PRUDHOMME, Prop.
Cor. of Fraser and Fifth Sts.

Savoy

Mrs. Shackleton, Usk; Phil Sekinoff and O. H. Swanson, Stewart; Nita Clark, Anyox.

JABOUR BROS.' 95c. SALE Days are Going Better and Better

WE ARE HOLDING OUR 95c SPECIAL FOR 3 DAYS
FRIDAY, SATURDAY AND MONDAY, NOV. 1, 2 & 4

4-PLY SCOTCH FINGERING WOOL in black, brown, grey and white. Sale, 3 for 95c
SHETLAND FLOSS—All colors. 8 skeins for 95c
DOUBLE KNITTING WOOL—Regular 45c a skein. Sale, 3 skeins for 95c
PILLOW TUBING—Very good quality. Regular 55c. Sale, 2½ yards for 95c
75 YARDS ENDS SHEETING—All widths. Regular from 75c to $1.00. Sale, 2 yards 95c
GINGHAMS—Regular 30c a yard. Sale, 5 yards for 95c
WHITE FLANNELETTE—Regular 30c a yard. Sale, 6 yards for 95c
WHITE COTTON— Special sale price, 8 yards for 95c
WHITE COTTON—Regular 35c a yard. Sale, 4 yards for 95c
GREY COTTON— Sale, 5 yards for 95c
200 YARDS ASSORTED PRINTED MATERIALS—Regular price up to 85c. We are sacrificing at 2 yards for 95c
HUCKABACK TOWELLING—Regular 35c per yard. Sale, 4 yards for 95c

READY-TO-WEAR DEPARTMENT

A LARGE ASSORTMENT OF LADIES' HATS—Regular up to $3.50 to clear for $1.95
2 DOZEN LADIES' HOUSE DRESSES up to $1.50. To clear 95c
LADIES' RAINCOATS—Regular $7.50.. Special Sale Price $3.95
4 ONLY, LADIES' COATS—Regular up to $27.50. Sale price $18.95
7 ONLY, LADIES' COATS—Up to $35.00. Sale price $24.95
3 ONLY, LADIES' COATS—Regular up to $25.50. Sale price $15.95

FOR THE COLD WEATHER

LADIES' WARM VESTS—Regular $1.35. Sale price 95c
LADIES' CEETEE COMBS—Pure wool. Regular $5.50. Sale price $3.95
LADIES' TURNBULL'S COMBS—Union suits. Sale price $1.95
4 DOZEN BOYS' SWEATERS—All sizes and colors. Regular $1.50. Sale price 95c
INFANTS' SILK AND WOOL TOQUES—Pink, white and blue. Sale price 95c
A LARGE ASSORTMENT OF LADIES' SILK AND WOOL HOSE—Regular up to $1.35. Sale 95c
LADIES' BLACK, CASHMERE ONLY, HOSE—Regular 95c.. Sale. 2 pairs for 95c
GIRLS' RAINCOATS— Special Sale Price $2.95

SHOE DEPARTMENT

29 PAIRS LEFT, LADIES' RUBBER BOOTS—Regular $4.75. Sale $2.75
GAYTEES, OVERSHOES—Regular $3.75. Sale $2.25
A LARGE ASSORTMENT CHILDREN'S FELTS—Sizes 5 to 2. Special Sale price 95c
LADIES' SHOES—Regular up to $7.50 Assorted styles.. Sale price $3.95
LADIES' KID BOUDOIR SLIPPERS—1 to each customer. Regular $1.65. Extra Special Sale Price 95c

5c TO 95c DEPARTMENT

FOLLOWING IS A PARTIAL LIST OF THE NUMEROUS BARGAINS IN OUR 5c TO 95c DEPARTMENT

ALUMINUM ROASTERS—These cannot be procured less than at $1.75 anywhere. Special Sale price 95c
COFFEE PERCOLATORS—Aluminum. Sale price 95c
1 MED. SIZE ALUMINUM ROASTER AND 1 SMALL BOWL—All for 95c
17-PIECE TEA SET for 95c
1 EARTHEN BEAN JAR AND 1 EARTHEN MIXING BOWL—All for 95c

ALSO A NUMBER OF OTHER ASSORTMENTS—SEE OUR WINDOWS

THESE SALE PRICES FOR CASH ONLY

JABOUR BROS. LTD.

PHONE 645—3RD AVENUE AND 7TH STREET

The Season's Big Smash in Radio

RADIOLA 60 1929 MODEL $190

We consider these sets to be the most marvelous ever offered at this remarkable price. A nine-tube Super-Heterodyne Circuit employing seven UY 227 tubes, one 171 and one 280. These sets have no equal as to distance, volume or tone. Only a limited number at this price.

TOM BALLINGER 318 5th St
RADIO AND BICYCLE SHOP

LUMBER

1x6 No. 1 Spruce Shiplap $23.00
1x10 No. 1 Spruce Shiplap $25.00
1x6 No. 2 Spruce Shiplap $20.00
1x10 No. 2 Spruce Shiplap $22.00
2x4 and 2x6, 8 to 14', S4S, No. 1 Common.... $25.00
2x4 and 2x6, 8 to 14', S4S, No. 2 Common.... $22.00

Kiln Dried Flooring, Ceiling and Finish, Mouldings Lath, Shingles, Doors, Windows, Etc.

BIG BAY LUMBER COMPANY, LIMITED
PRINCE RUPERT, B. C.

Sawmill and Head Office, Seal Cove, Telephone, 361
Retail Yard, Cow Bay, Telephone 423

BACON

SWIFT'S OR GAINER'S— Fancy side, machine sliced 54c
GOLD DUST— Per pkg. 34c
CLARK'S SOUPS—Assorted. 5 tins 49c
JIF—Suds in a jiffy. Per pkg. 19c
CREAMETTES—"Quick" macaroni. Per pkg. 10c
CORNED BEEF—Libby's. 1s. Per tin 23c
ROWNTREE'S COCOA— ½s. Per tin 25c
PORK & BEANS—Clark's brand. Large tins. Each 25c
McCORMICK'S SODAS— Pails. Per tin 50c
LUX SOAP— 6 bars 45c
ST. IVEL'S PASTES—Meat and fish. 2 jars 35c

Butter! Butter!!

BUY YOUR BUTTER BY THE 14-LB. BOX—IT IS ECONOMICAL

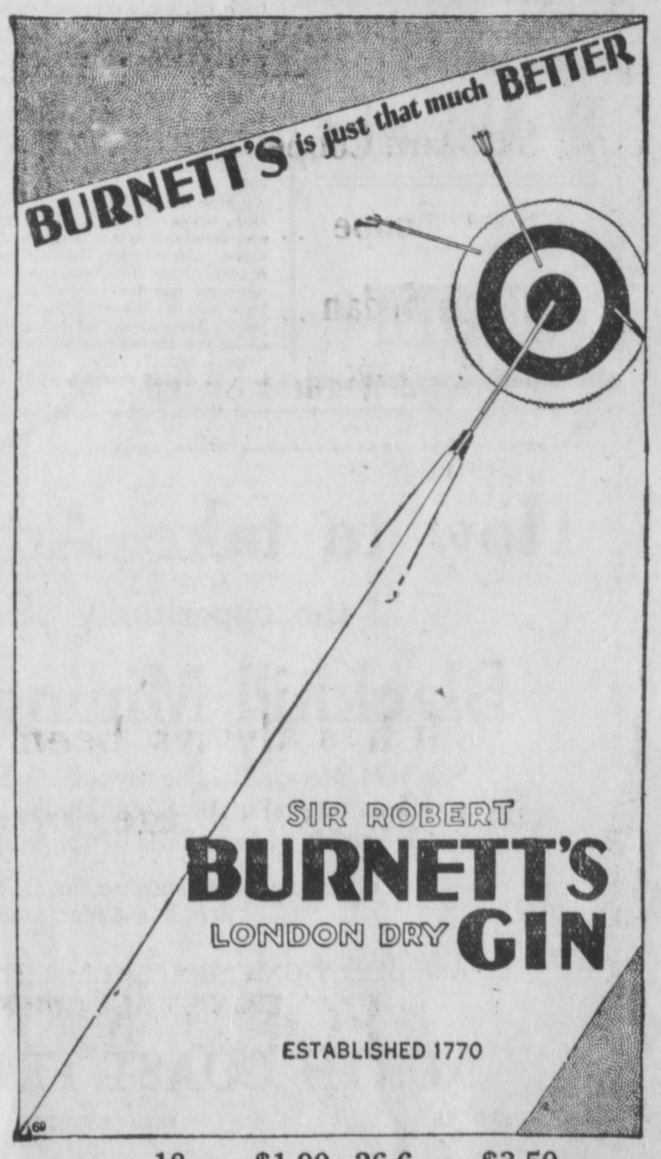
FRESH BUTTER—14-lb. boxes. Each $6.15
HORSESHOE SALMON— Best sockeye. ½s. Per tin 23c
SILVERSHRED MARMALADE— 2-lb. glass jars. Per jar 48c
ORANGES—Good size; sweet and juicy. 3 doz. $1.10

See Us For—
BROOKFIELD SAUSAGE
REID'S AYRSHIRE BACON
COOKED TONGUE, HAM, PORK AND VEAL LOAF

Watts' Grocery

Quality Right—Prices Right

PHONE 55 PHONE 56



18-oz., $1.90; 26.6-oz., $3.50

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