

Local and Personal News In Brief

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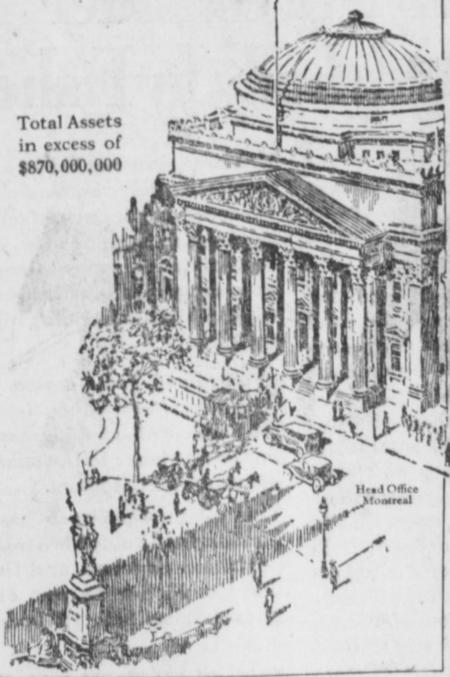
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BANK OF MONTREAL

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Dentist Dr. J. R. Gossé, Phone 686.

Ewart Lyne, teacher of Piano-forte, 5 Summit Apartments, Phone Black 345, 104

This afternoon's train, due from the east at 3:30, was reported this morning to be on time.

Mrs. F. A. Roberts and son, Gerald, left yesterday for Ontario where they will visit with friends and relatives.

The Anglican W. A. will hold a tea and sale of home cooking at the home of Mrs. Bazett-Jones, Waldron Apartments on Wednesday, May 15.

L. W. Hogan, manager of the new cannery at Humpback Bay, is a business visitor in the city, having arrived from Porches Island yesterday.

The Young People's Society of First United Church has discontinued its regular weekly meetings for the summer. A picnic is to be held soon by the Society.

Judge F. McB. Young, who held County Court at Smithers last week and who has been spending the past couple of days in Terrace, returned to the city from the interior on this afternoon's train.

Larry Ward made his third appearance this winter in city police court today when he was charged before Magistrate McClymont with vagrancy by begging. He was given ten hours to find other fields for his activities or more legal employment.

Having been delayed by heavy freight cargoes to discharge all around this trip, Union steamer Catala, Capt. A. E. Dickson, is due in port at 3:45 this afternoon from Anyox. Stewart and other northern points of call and will sail soon thereafter for the south.

ANNOUNCEMENTS

Fair Board Hayseed Dance, May 9.

Premier Orchestra Novelty Dance in Moose Hall, May 10. Last of the season. Tickets, 75c and 50c, from members or McCutcheon's Drug Store.

"Mother's Day" Court Whist, Social and Dance to be held Saturday, May 11 in the Scout Hall, Port Clements. Whist to begin at 9 o'clock. Admission, gentlemen 50c, ladies please provide.

Fast Workers June 17 and 18, Fair Board.

Moose Annual Picnic at Digby June 30.

Gingham Dance to be held at Port Clements some time in June. So be prepared—buy a bow!

K. of C. picnic, Sunday, July 14, Digby Island.



Suffered for Two Years

"After the birth of my second child, I was always feeling tired, nervous and weak and had headaches, backaches, and terrible pains every month. I suffered two years before I tried Lydia E. Pinkham's Vegetable Compound. I got four bottles at first and it did me a world of good. I would not be without it in the house now, and have another six bottles in. I recommend it to every woman I know."—Mrs. T. Barrat, Box 114, Asbestos Mines, Quebec.

Lydia E. Pinkham's Vegetable Compound

4 a Taxi Phone 4, Big 4 Taxi, 1f

F. Anderson and H. Pearson are booked to sail this afternoon on the Catala for Vancouver.

Prizes for the Hayseed dance, May 9, \$10.00 for lucky number; \$5.00 for best milk-maid; \$5.00 for best farmer and \$5.00 for best dressed chicken.

Wong Won, charged under the Bankruptcy Act, was further remanded for eight days on appearing before Magistrate McClymont in city police court this morning.

The B. C. Gazette announces the appointment of Robert William McGowan of Burns Lake to be a stipendiary magistrate in and for the county of Prince Rupert.

PROGRAM FOR WARSHIP HERE

Other Organizations Being Called into Discussion With Council Committee

Ald. S. D. Maedonald, who is chairman of the committee of the city council delegated to make preparations for the entertainment of the personnel of H. M. S. Columbo, which will visit this port from May 27 to June 4, is calling a meeting tomorrow night in the city hall of representatives of the First North B. C. Regiment, Royal Canadian Naval Volunteer Reserve, Canadian Legion, Elks, Eagles and Moose to discuss a program during the ship's stay.

As the warship will be here on June 3 the King's birthday, it is planned to have something of a special nature for the observance of that occasion. They will also have many other forms of entertainment. Arrangements have been made to have Municipal Chapter, Order, Daughters of the Empire, take charge of refreshments at a big public dance which will be held while the Columbo is here.

LARGE SALE OF HALIBUT TODAY

Twenty-Two Boats Dispose of 323,800 Pounds

There was an unusually large sale of halibut at the local Fish Exchange this morning, the list for the day totalling 323,800 pounds not including the 50,000 pounds catch of one American vessel which proceeded to Seattle to sell. Thirteen American boats were paid 12.2c and 7c to 13.6c and 8c for 241,500 pounds, while nine Canadian boats received from 11.4c and 6c to 11.8c and 6c for 82,300.

Sales were as follows:

- American
 - Sunde, 50,000 pounds, to Seattle.
 - Mitkof, 50,000 pounds, Canadian Fish & Cold Storage Co., 12.6c and 7c.
 - Helgeland, 34,000 pounds, Booth Fisheries, 12.2c and 7c.
 - Panama, 30,000 pounds, Royal Fish Co., 12.4c and 7c.
 - Excel II, 30,000 pounds, Atlin Fisheries, 12.5c and 7c.
 - North, 17,000 pounds, Canadian Fish & Cold Storage Co., 12.3c and 7c.
 - Reliance, I, 16,000 pounds, and Onah, 12,000 pounds, Pacific Fisheries, 12.5c and 8c.
 - Glacier, 14,000 pounds, Booth Fisheries, 13.5c and 8c.
 - Star, 12,000 pounds, Atlin Fisheries, 13.6c and 8c.
 - Lenore, 12,000 pounds, Atlin Fisheries, 13.2c and 8c.
 - White, 6,500 pounds, Pacific Fisheries, 13.4c and 8c.
 - Cedric, 8,900 pounds, Canadian Fish & Cold Storage Co., 13.3c and 8c.
- Canadian
 - Zapora, 17,000 pounds, Canadian Fish & Cold Storage Co., 11.5c and 6c.
 - Ternen, 8,000 pounds, Dolphin II, 10,000 pounds, and Fanny F., 6,000 pounds, Canadian Fish & Cold Storage Co., 11.4c and 6c.
 - Scrub, 7,500 pounds, Pacific Fisheries, 11.5c and 6c.
 - A. J. (White Lily), Helen II, 4,500 pounds, and Margalice, 4,500 pounds, Booth Fisheries, 11.5c and 6c.
 - Prosperity A., 20,000 pounds, Atlin Fisheries, 11.6c and 6c.

THE WEATHER

- Prince Rupert—Overcast, calm, temperature, 43.
- Terrace—Clear, calm, 50.
- Rosswood—Clear, calm, 46.
- Aiyansh—Clear, calm, 43.
- Alice Arm—Clear, calm, 50.
- Anyox—Cloudy, calm, 48.
- Stewart—Clear, calm, 42.
- Port Simpson—Overcast, calm, 45.
- Haysport—Cloudy, light wind, 46.
- Hazelton—Clear, calm, fine, 52.
- Smithers—Part cloudy, calm, 49.
- Burns Lake—Cloudy, calm, 47.
- Vanderhoof—Clear, calm, 50.
- Quesnel—Clear, calm, warm.
- Atlin—Clear, calm, 38.
- Whitehorse—Clear, south wind, 44.
- Big Salmon—Clear, calm, 50.
- Selkirk—Part cloudy, 44.
- Stewart River—Clear, calm, 48, hard frost last night.
- Dawson—Clear, calm, 41, hard frost last night, no change in ice.
- Mayo—Clear, calm, 43.



CRISP

corn is one of nature's most appetizing and healthful grains. 12 million people every day enjoy the flavor of golden corn at its best . . . in crisp, delicious Kellogg's Corn Flakes.

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CORN FLAKES

*Extra good with fresh or canned fruits.

Vary your dinners with fish and eggs



Women often tell me that their greatest difficulty in meal planning is to get enough to build a dinner, once you have selected the meat, but it takes thought to get away from the obvious round of steaks and chops and roasts. Why not now and then substitute fish or eggs? By combining either one with milk, you have a dish rich in food values—proteins, minerals and vitamins. There are any number of delectable ways in which these combinations may be made—omelets of all sorts, creamed eggs, souffles, creamed tuna, shrimp or lobster, scalloped oysters, salmon souffle.

You must have a dependable milk supply
In any cooking that calls for milk, I never take chances. I use nothing but Carnation Milk. I know that it is the purest of high grade milk from selected herds. I know that it is rich in cream—doubly so—for it is evaporated to double thickness. I know that I will always find it sweet and good, no matter how large the quantity I have on hand, for it is sterilized for safe-keeping.

I can count on Carnation always for notably delicious results—extra creaminess, velvety smoothness of texture, fragile delicacy of flavor. The best informed domestic scientists agree that it is not only better in results than ordinary bottled milk, but that it is particularly economical.

If you want to know what a great new field of cooking success awaits you in the use of Carnation Milk, send for free Cook Book. Address Carnation Milk Products Co., Limited, 134 Abbott Street, Vancouver, B.C.

Carnation Tuna Fish a la King

2 tbs. butter, 3/4 green pepper shredded, 1 hard-cooked egg, 1/2 cup chopped mushrooms, 3 tbs. flour, 1 cup Carnation Milk, 1 cup water, salt and pepper, 1 1/2 cups tuna fish, 1/2 cup peas. Sauté green pepper and mushrooms in butter until tender (about 10 minutes), keeping covered. Remove mushrooms and pepper and blend flour with butter; add Carnation diluted with water and cook until mixture is thickened, stirring constantly. Place flaked tuna fish, peas, egg, mushrooms and pepper in double boiler; add sauce; cook over hot water 10 minutes. Serve in patty shells or on toast points. Serves 6. Lobster or shrimp may be used in place of tuna.

Baked Eggs a la Carnation

1 1/2 tbs. butter, 1 1/2 tbs. flour, 1/4 tsp. salt, 1/4 tsp. pepper, 1/2 cup Carnation Milk, 1/2 cup water, 4 to 6 eggs, buttered bread crumbs. Make white sauce of butter, flour, seasonings and Carnation diluted with water. Pour into shallow baking dish. Cover sauce with eggs, being careful not to break yolks. Sprinkle buttered bread crumbs over top and bake in moderately slow (325°F.) oven until eggs are firm. Garnish with parsley.

The Best of Milk



Carnation Milk is simply pure, sweet whole milk, evaporated to double creaminess. Nothing is added; nothing removed but about half the water. Try this dependable, convenient, economical milk. (See recipes above)

from Contented Cows

See Page 7. There are a lot of small advertisements there that make good reading.

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Destroys Flies, Moths, Mosquitoes, Ants, Roaches, Bed Bugs

—they call him
"The man you can't rattle"

Many successful business men regularly use Wrigley's. The act of chewing has a soothing effect. The healthful cleansing action of Wrigley's refreshes the mouth—gently stimulates the flow of the natural juices—steadies the nerves—aids digestion.

WRIGLEY'S
3 handy packs for 5¢

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FERTILIZER
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for Thin Blood
DR. CHASE'S NERVE FOOD

See Page 7. There are a lot of small advertisements there that make good reading.