SCHOOL-DAYS ARE JOY-DAYS FOR PROPERLY NOURISHED CHILDREN

With all the bran of the whole wheat

After a warm, nourishing breakfast of Shredded Wheat and hot milk, the youngsters are off to school with bounding energy and mental alertness. They like the crisp, crunchy shreds of baked whole wheat and it's so good for them. It's ready-cooked.

Three Months

Daisy Chenoss of Hazelton Sent

Down For Jail Breaking in

Hearing at Smithers

Charlie Benson was dismissed.

The Chenoss girl will arrive in

the city from the interior on this

evening's train, accompanied by

Corp. A. Fairbairn of Smithers,

and will be taken on to Okalla

also be taken south tonight.

from the interior on this eve-

ning's train.

Corp. C. G. Barber of the city detachment of the provincial police returned to the city on the Princess Norah this morning after having spent the past month at the Taku River mining camp on official duties.

#### Heart and Nerves Caused Her To Have

Cold Hands and Feet

Mrs. Joseph Price, Red Pine, N.B., writes: - "Several years ago I was troubled with my heart and nerves and was so bad, at times, my hands and feet would become numb and cold. "I happened to see



advertised and started taking them at once. I continued for some little time, and since then I have had no return of my trouble."

Price, 50c. a box at all druggists and dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

#### Barney Doran Police Court

Fight Promoter Fined For Breaking Windows and Intoxication

As a result of a fracas Tuesday night in the New Empress Hotel when he attacked the plate glass windows of the premises with a chair, Barney Doran was fined \$50 police court yesterday afternoon wilful damage charge for breaking the windows and was set back an additional \$25 for being intoxicated in a public place. The

fines were paid. Doran, who handled Gus Gustafson in last Monday night's boxing match at the Moose Hall, is himself an old boxer and claims to be a friend of Jack Dempsey, former world's champion.

#### Remo Sends In Contribution To Peace Outlet Fund

Chairman Collart of the Peace River outlet committee has re-On a charge of having escaped ceived a contribution toward the ecently from jail at Hazelton, movement from Remo. They dis-Daisy Chenoss, Indian girl, was posed of the ten buttons received sentenced to three months' im- and ask for five more. Names of prisonment in County Court at the new members of the associa-Smithers yesterday by Judge F. tion from that point are: McB. Young. On a charge of aid- W. M. Meekley, S. Zulawinski, H. and abetting her escape, L. Hulbert. E. H. Olsen, C. Lind-

strom, R. Carr, T. D. Laird, J. Er-

landson, Hans Berg, F. Gibbs.

#### Local Items

aboard the Prince Rupert tonight Special meeting of the Trades and Mrs. Alex McNeill. Reggie & Labor Council at 8 o'clock to-Rudland, who was sentenced a night. All delegates are requested

few days ago at Stewart to two to attend. months for wilful damage, will The County Court case of Eddie Smith vs. Dido Gurvich, in Judge Young; W. E. Fisher, who which damages are claimed as acted as crown counsel in the result of an automobile collision. case at Smithers, and L. W. Pat- has been adjourned until next more, who appeared for the de- month's court. fence, are returning to the city

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Creamery Butter & Cottage Cheese

FRESH PASTEURIZED MILK AND CREAM DAILY Early Delivery Throughout the City

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SUGAR— 10 lbs.	63c	
MALKIN'S BEST PEAS- Size 3. Per tin	18c	
QUAKER CORN— Per tin	14c	
TODDY—A good health drink. Per tin	35c	
CUT MACARONI— Per lb.	12c	
OXO—Large size. Per tin	25c	
ROWNTREE'S AND COCOA— ½-lb. tin	cowan's	
DR. PRICE'S BAKING -21/2s. Per tin	\$1.65	
COOKING APPLES— 5 lbs. for	25c	
	The state of the s	

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HONEY VINEGAR . JAMS MARMALADES CANNED FRUIT CANNED VEGETABLES CANNED SALMON CANNED OYSTERS CANNED SHRIMPS RAISINS, CURRANTS ETC.

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