This sauce deserves its fame

recipe for white sauce

Unless the milk used in a white sauce is pure and sweet and rich in cream, you'll get an indifferent result. But if you have creamy whole milk of the highest quality, pure and sweet, you can count on a delicious sauce. that is exactly what you have in Carnation Milk. It is simply the best of whole milk from selected herds, with nothing added and nothing taken out thep. chopped parsley, and 1/4 tsp. except part of the water.

to the milk used.

Being evaporated to double richness, it makes the creamiest of sauces, without the extravagant use of butter. Being "homogenized"—which means that the double cream content is broken salt, 1/8 tsp. pepper, 1/2 cup Carnation up into minutest particles-it gives a Milk, 1 can spinach (No. 2), 34 cup wonderfully fine, smooth texture. And spinach liquid, 1/4 cup grated cheese, 1/4 this same rich creaminess and velvety- cup dried bread crumbs stirred in 2 smooth texture are found in every dish | tbsp. melted butter. Melt the 3 tbsp. n which Carnation Milk is used.

bility, convenience and real economy, Stir constantly until smooth and thick. you will prefer it for all cooking. Send Add grated cheese; when melted add for free Carnation Cook Book. Address | spinach. Put mixture into casserole, Carnation Milk Products Co., Ltd., cover with buttered bread crumbs; 134 Abbott Street, Vancouver, B.C. | brown in oven 10 minutes. Serves 5.

Carnation Cream Sauce

(for vegetables) 11/2 thsp. butter, 11/2 thsp. flour, 1/2 They always tell me it's the best sauce they have ever tast-ed, so I don't feel that I am boasting butter in top portion of double boiler; unduly when I praise it to you. I add flour and seasonings; mix thorclaim no credit myself for its delicious- oughly. Add Carnation diluted with ness. I know quite well that its water; stir constantly until smooth and smooth, rich creaminess is due largely thick; place over hot water and continue cooking 10 minutes, stirring oc-

> Carnation Cheese Sauce (for vegetables or fish) Add 1/3 cup grated cheese to 1 cup

Carnation Cream Sauce and stir until melted. Serve hot. Carnation Egg Sauce (for vegetables or fish) Add 1 chopped hard cooked egg, 1

celery salt to 1 cup Carnation Cream Sauce. Serve hot. Carnation Spinach

au Gratin

3 tbsp. butter, 3 tbsp. flour. 3/4 tsp. butter, add flour and seasonings and mix thoroughly; add Carnation and Because of its uniformity, dependa- liquid drained from can of spinach.

Work of Masters in Symphony and Prelude

meeting yesterday afternoon at the new home of Miss Way. Fourth Ave. when the hostess for the day read a well thought out and carefully constructed paper on the Symphony and Prelude illustrated on the piano by herself and by Miss Swanna Olafson and Mrs. E. Lancaster Smith. There was a large attendance of members and tea was served for Miss! Way by Miss Olson, Mrs. Blott and Mrs. Heilbroner, the hostessi haing handicapped by an injured

In her paper, Miss Way explained the various kinds of preludes, some being of very light texture mainly of harmonies in broken chords and some represented the development of figures and phrases of melody and are lyrical in character. An introductory organ voluntary is often termed a prelude. It differs from introduction in that it is complete in itself and ends with a full close. The Bach style of preludes were illustrated by Miss Olafson.

preludes, the lovely Prelude in B Minor being the selection chosen. Miss Way also illustrated the flight

Central Hotel

HOTEL ARRIVALS

120 Rooms Rooms-50c and up SWANSON and BESNER Proprietors

Central C. Roberts and W. J. Connery, city; E. Lillie, Vancouver.

Savoy Hotel

Prince Rupert's leading family hotel. Hot and cold water in all rooms. A. J. PRUDHOMME, Prop.

Cor. of Fraser and Fifth Sts.

William Mackenzie, city.

Demand B. C. Products and Provide Work for Your Children

B.C. PRODUCTS BUREAU The Vancouver Board of Trade

822,00

Even the best of bottled milk cannot equal Carnation Milk in cooking results. Velvety smoothness, rich creaminess, fragile texture, delicacy_ these are some of the qualities which Carnation Milk gives to foods. Try it! (See recipes above)

Contented Cows

Smoother, Creamier Sauces

on the label means EVAPORATED MILK of highest quality

of the well known Skagway host- peg, field secretary of Church of elry, the Pullen House, and one of England Missionary Society, was the colorful pioneer residents of a passenger aboard the Princess that Alaskan port, was a passen- Norah this morning going through ger aboard the Princess Norah to Vancouver en route east after this morning going south for a having made a month's trip into vacation trip to the United States. the Yukon Territory.

Mrs. Harriet Pullen, proprietress Rev. T. A. Westgate of Winni-

Mrs. Smith illustrated Chopin's

The Symphony

of Chopin fancy in the D. Flat phasis on the Symphony in C. It touched upon the symphony work Turning then to the symphony, of Schubert The Unfinished Sym- the work of Frederick Delius, the Miss Way spoke of Hadyn who is phony which was found by Schu-blind and paralyzed musician, known as the "father of sym- man after Schubert's death, whose instrumental and orchestral

phony," and demonstrated a min-dusty and forgotten, was given by work is receiving great attention uet by this composer. She also Miss Way to show the ethereal today, a creator of the most su-Miss Way Demonstrates on Piano told how Mozart and Beethoven tone of this great composer. Miss blime in the carried the work along, the latter Way also demonstrated Mendel bringing it to its highest degree sohn's treatment of Martin Luthof perfection. Schuman's work was er's Chorale and the Amen of the also described with special em- Dresden Catholic Church. She

was this master who brought to of other masters of the art and light some of the greatest works closed with a brief mention of

ver insurance man, was a pass ter a trip to Ketchikan and

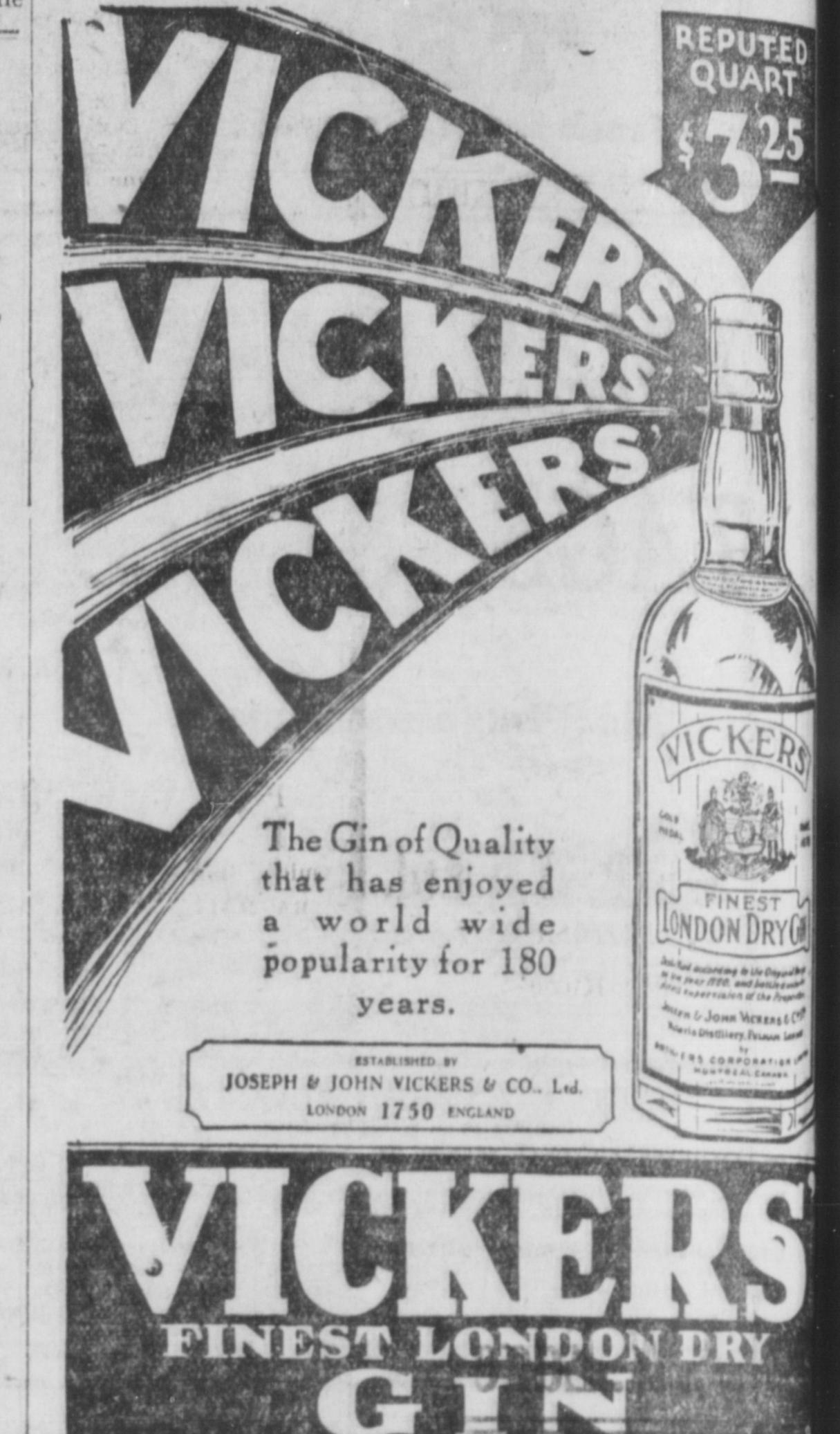
Daily News "Classifled" rising brings results.



TO OPEN



This advertisement is not published or displayed by the Liquor Control Board or by the Government of British Columbia.



This advertisement is not published or displayed by the Liquor Control Board or by the Government of British Columbia.

We have but a few more days now in which to conclude The Louvre Stock Reducing Sale. There is still a lot of high-class merchandise to be disposed of before Miss Irma Brookes takes over the management of The Louvre. If prices will sell goods, these prices ought to.

SEE THESE BARGAINS

LADIES' HATS in velvets, felts, etc.; metallic trim-ming. Prices\$1.95, \$2.95 and \$4.95

LADIES' DRESSES

All the dresses on the downstairs floor—hundreds \$10.95 of them—being offered to clear at

These Must Go Irrespective of Cost

PARTY DRESSES in satin, moire and georgette. \$9.75 To be given away at

Richmond's Louvre

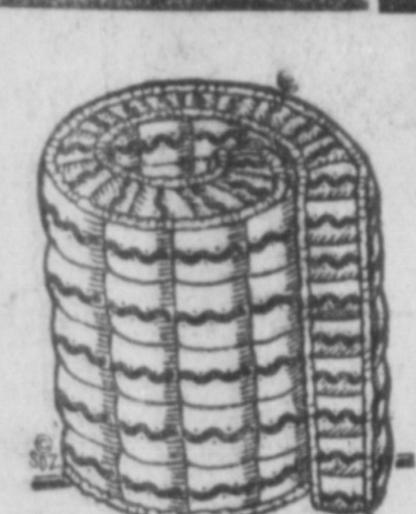
LEADERS IN STYLE AND FASHION



OF THE NOBBY MUST GO THIS WEEK

Here are yard goods, ribbons, laces, remnants, etc. Make your own choice.

DRESS LENGTHS— \$1.95 Only a few left now.



For Real Comfort get a "Silent Night" Mattress Spring-Filled (Nachman)

Such comfort and luxury as is built into these mattresses has seldom been found in any other. Just imagine! Four hundred and eighty four-inch springs in each mattress. No sagging! The well padded springs give to the weight of the body and induce a restfulness that is soothing and satisfying.

SPECIAL INTRODUCTORY OFFER OF 20 OF THESE SPLENDID

"Silent Night" Mattresses at the Special Price of \$23.50

SOLD EXCLUSIVELY IN PRINCE RUPERT BY

Geo. J. Dawes Phone Black 120 Prince Rupert, B.C.