

DRINK
Ice Cola
with sandwiches

Breakfast \$6.95
Breakfast \$8.95
Bone \$15.95
Tea Sets \$27.95
Sets, from \$27.95
Beautiful Wedge-
and Coudon King's
(Plate)

SPECIAL
English Bone China
AND SAUCERS at
97c
and 97c

BUNCHOE SETS
\$7.95

ANSON'S
China Shop

UNION
STEAMSHIPS

COVER—VICTORIA
8 p.m., Coquitlam
Tuesday, 12 Noon
Camosun

ARM, STEWART AND
PORT SIMPSON
11 p.m., Camosun, 11 p.m.

OR NORTH QUEEN
CHARLOTTE ISLANDS
8 p.m., Coquitlam
June 8 and 22
9 p.m.

OR SOUTH QUEEN
CHARLOTTE ISLANDS
Coquitlam, June 15 and 29
9 p.m.

FRANK J. SKINNER
Prince Rupert Agent
Avenue Phone 568

Display
NOW!!
ORD'S
British Built
CONSUL
AT
b Parker Ltd.
MONARCH DEALERS
Prince Rupert, B.C.

MBING and HEATING

MODERN
PLUMBING

wise investment, in
family health and
home economy.

Call Blue 846

PLUMBING
ANICH
HEATING

Tailoring for
adies and Gentlemen

LING
the tailor

12th St. Phone 649

GOOD SEASON
ST. JOHN'S, Nfld. —Provin-
cial forestry officials believe
that when the season is over
Newfoundland tree plantings
will have doubled last year's total
of about 100,000 seedlings. The
department originally had
around 1,000,000 pine seedlings
available for distribution.

MARK CENTENNIAL
BADDECK, N.S. —The 100th
anniversary of the County of
Victoria will be celebrated here
July 11. Formerly part of Cape
Breton County, Victoria came
into existence in 1851 on procla-
mation of the lieutenant-gov-
nor-in-council.

CHURCHILL JUGS
LONDON (CP) —Royal Doulton
teries are making special
Toby jugs for Festival of Britain
visitors. The jugs will bear fig-
ures of Winston Churchill, Vis-
count Montgomery, Dr. John-
son, M. Pickwick, Robin Hood
and 50 other famous characters.

BRAZILIAN JUTE
Because millions of bags are
needed for its coffee exports,
Brazil has increased its jute
production to 32,000 tons yearly.

Phone for FREE Delivery COD

BOTTLED BEER
654

25c per dozen paid for empties. Please
have them ready when the driver calls.

This advertisement is not published or displayed by
the Liquor Control Board or by the Government
of British Columbia.

RADIO & APPLIANCE
SALES & SERVICE
GAS AND
ELECTRIC RANGES
Phone Blue 992
PACIFIC ELECTRIC

STEAMER
Prince Rupert
SAILS FOR
Vancouver
and Intermediate Ports
Each Thursday
at 11:15 p.m.
For KETCHIKAN
WEDNESDAY MIDNIGHT
Luxury at Low Cost
For Reservations
Write or Call
CITY OR DEPOT
OFFICE
PRINCE RUPERT,
B.C.

CANADIAN NATIONAL

New York Author Says Five Rules Make Happy Life

By ADELAIDE KERR
NEW YORK (AP) — A lot of
people aren't getting what they
want out of life, and a large
part of the reason is that they
keep tripping themselves up.

This is what Alexander Swan
says. For 16 years his patients
included top-flight business
men, professional persons and
movie stars with four-figure
weekly salaries but no happy
private life. He is the author of
"God On Main Street," present-
ing a creed for a balanced, suc-
cessful and happy life.

"Most of them felt they were
not getting what they wanted
out of life," said Swan on a New
York visit. "And much of the
trouble was due to the fact they
did not know exactly what they
wanted, had never tried serious-
ly to find out and rebelled con-
stantly against what they had.
So, both by action and inaction,
they kept tripping themselves
up."

"What people want out of life
differs, of course. But after years
of observation I have come to
the conclusion that, for most
people, a balanced life must con-
tain these five things: work they
like, economic stability, love,
health and play."

Swan says these five can be
attained fastest and easiest by
doing these things:

"Don't resist anything — in-
cluding what is in your life right
now," he says. "This may sound
like a spineless attitude. But it's
far from it. It requires you to
stop thinking of yourself as the
most important thing on earth
and recognize the fact that
others are just as important."

"THINK OF OTHERS"
"Let's say it's raining. You
don't like it. But several thou-
sand farmers do. Or let's say the
boss orders a piece of work done
in a certain way. You think you
know a better way. But it's just
possible the boss might be right.
Or perhaps one of your friends
told you you talk too much and
you have been angry at him
ever since. But maybe your
friend was right."

"In all these cases, wouldn't it
be smarter not to fight what's
happening, but to go along with
the stream? In some cases you
would learn something that you
needed to know. And in all cases
you would be spared a fight and
the situation would gradually
adjust itself in a way that is
satisfactory to you."

"But there is something more.
If you go along with the stream,
you won't be whipping yourself
up to the anger and tension and
resentment that generally go
with opposition. These emotions
beat up a human body. That
kind of continued battering can
result in ill health, if you keep it
up. Refrain from it, and you will
be more relaxed, more at peace
with the world. Relaxation and
peace of mind are two strong
cornerstones to health."

Swan considers the "resist" atti-
tude absolutely essential to a
balanced life.

"The next thing," he says, "is
to look to God for everything.
There is absolutely no exception
to this—no matter what the need
is. All we have to do is ask, trust
God implicitly, let Him open the
right channel, and follow our
guidance."

The captain and crew of the
Alaska halibut fishing vessel
Biorika, guilty of illegal fishing,
were all fined in Juneau by
Judge Gordon Gray. Skipper
Paul was fined \$300 while each
of the crew drew \$150 with four
months suspended sentence.

Urges Garb For Civil Servants

LONDON (CP) —Horace Ham-
bling, who launched a drive last
year for a ban on stage and
radio jokes about civil servants,
now wants all government em-
ployees to wear a uniform.

In submitting his proposal to
the Civil Service Clerical Asso-
ciation, Hambling declared civil
servants had just as good a
claim to distinctive dress as sol-
diers, sailors and airmen.

He suggested a severely-cut
navy blue uniform, similar to
a bank messenger's, but with
collar and tie as well as shoulder
pips to denote rank. Women em-
ployees would wear a tunic and
skirt with matching beret.

"A plain uniform on the mili-
tary style would be best," Ham-
bling said. "After all, with the
complaints and criticism we get
from the public we are just as
much heroes as the armed
forces. But we don't want a
militaristic outfit of red and
gold with tassels on it."

Hambling hopes to have great-
er success with his latest pro-
posal. Last year the Clerical As-
sociation refused to have any-
thing to do with the campaign
to make the civil service joke-
proof.

IMMIGRANT GROUP
About 250,000 Ruthenians or
Galicians had settled in Canada
by 1920, coming from Poland
and Romania.

A Champion
Seagram's
King's Plate
Rye Whisky

Say Seagram's and be Sure

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Remember
DAD'S DAY
Greeting
CARDS

SEE OUR
Gift
Suggestions
TOO!!

THE VARIETY STORE
Where Your Dimes are Little Dollars
518 3rd Ave. Box 1118 Red 400

CFPR RADIO DIAL 1240 Kilocycles

(Subject to Change)

WEDNESDAY—P.M.

4:00—Jimmy Shields
4:15—Music by Goodman
4:30—Maggie Muggins
4:45—Stock Quotations & Int.
5:00—International Comty.
5:10—Alberta Pipeline
5:30—The Question Box
5:45—Something in Harmony
5:55—CBC News
6:00—Supper Serenade
6:15—Three Sons
6:30—Musical Varieties
6:45—"Smiley Burnette Show"
7:00—CBC News
7:15—CBC News Roundup
7:30—Michael Head—Baritone
8:00—Darius Milhaud Conducts
8:40—The Dark Tower
9:00—Growth of a Vintage
10:00—CBC News
10:10—CBC News Round-up
10:15—Chapter and Verse
10:30—Vocal Recital
11:00—Weather Report
—Fish Arrivals
11:05—Sign Off

THURSDAY—A.M.

7:00—Musical Clock
8:00—CBC News
8:10—Here's Bill Good
8:15—Morning Song
8:30—Morning Devotions
8:45—Little Concert
9:00—BBC News and Com'ty
9:15—Music for Moderns
9:30—Sunrise Serenade
9:45—Your Music Appointment

9:50—Time Signal
10:00—Morning Visit
10:15—Morning Melodies
10:30—"This Week's Artist"
10:45—Invitation to the Waltz
11:00—Man and His Music
11:15—Roundup Time
11:30—Weather Report
11:31—Message Period
11:33—Recorded Interlude
1:45—Scandinavian Melodies
12:00—Mid-Day Melodies

—P.M.—

12:15—CBC News
12:25—Program Resume
12:30—B.C. Farm Broadcast
12:55—Rec. Int.
1:00—The Concert Hour
2:00—Easy Listening
2:30—Records at Random
2:45—A Book I Like, Comty.

If you want to sell it, advertise

Prince Rupert Daily News
Thursday, June 14, 1951

PLEASANT ISLES Coconuts, cocoa and bananas
ANCIENT RACE The Oriyas, inhabitants of
are the chief products of west- Orissa in the republic of In-
ern Samoa, administered by dia, trace their traditions back
New Zealand. to 1,000 B.C.

LETIZIA ROOMS

Fifth Street, STEWART, B.C.

Modern - Up-to-Date - Central Heating
Hot and Cold Water in each room. Tub Baths and Shower
Baths. Excellent furnishings - Central Location.
Efficient Service at Reasonable Rates

John Meghelli - Proprietor 139

Families Love Mother's Jam and Jelly



They're Easier, Quicker
to make with **CERTO**
and you get **50% more**
from your fruit

You'll make the loveliest jams
and jellies with Certo — easily
— quickly. For Certo is a
highly concentrated fruit
pectin product, and pectin is
the natural jelling substance
extracted from fruit.
You need only a one-minute
full, rolling boil with Certo.

You don't boil down your
precious juice, so you average
50% more jam or jelly from
the same amount of fruit.

And in this short boil your fruit
keeps its fresh, natural taste and color.
With Certo there's a kitchen-tested
recipe for each kind of fruit. Follow

the simple directions carefully and

you'll have lovely, sparkling jams and jellies every time.

(They'll taste better — look prettier — turn out right.)

Take your Pick

LIQUID →
OR
CRYSTALS

Certo in either form will
give you equally good
results.

Recipe booklet
under the label of
every bottle and
in every package.
Each type has spe-
cial recipes which
must be followed.
They are not inter-
changeable.



You'll be proud
to say "I MADE IT"

A Product of General Foods

LADIES' PULLOVER SWEATERS

All Wool. Sizes 32-40. Each **3.95**

LADIES' ALL WOOL GABARDINE SLACKS

Self-Belt. Sizes 14 to 20. Pair **13.95**

LADIES' COTTON HOUSE DRESSES

Sizes 14 to 18. Values to \$4.50

1.99 and 2.99

ASSORTED LACE TRIM SLIPS

Straight Cut. White only. Sizes 32 to 38

2.98 and 3.95

CHILDREN'S SPUN NYLON ANKLE SOCKS

Sizes 6 to 8½
In shades of Green, Yellow,
Pink, Blue, White

2 prs. \$1.00

MEN'S NYLON ANKLE SOCKS

Assorted Plain Shades

\$1.00 pr.

KIDDIES' TRAINING PANTIES

Cotton - Rayon Striped
Sizes 2 - 4 - 6

4 Pair 1.00

LADIES' FINE COTTON ANKLE SOX

Assorted colors. Sizes 9-11

3 Pair 1.00

MEN'S BROADCLOTH DRESS SHIRTS

In shades of Grey, Green, Maize,
Blue and Cream **3.50**

MEN'S SPORT SHIRTS CELANESE GAB

Sizes Small, Medium and Large.
In shades of Green Blue, Tan,
Grey, Yellow and Wine **4.50**

BOYS' OXBLOOD OXFORDS

Red Lug Soles

Youths' sizes 11 to 3

\$4.95

SPECIAL



MEN'S PLAIN TOE OXFORDS

EEzy Fitting!

Smart!

\$12.50



FAMILY SHOE STORE LTD.

CHARLIE ROBERTS

Phone 357

Box 638

THE UNIVERSAL

Corner 3rd Avenue
and
Sixth Street