

Golden Gallery of Cathedral Opens

The Golden Gallery of the Cathedral, which is to be re-opened in time for the festival of Britain in May. It has been closed to the public since 1939.

Workmen have been occupied for months in repairing and renovating the winding staircase to the gallery, which at 281 feet above ground level, affords a striking panoramic view of central London. It is almost 100 feet higher than the Stone Gallery at the base of the dome.

With the re-opening, visitors will once again be able to enter all three of the cathedral's famous galleries. Two others, the Whispering and Stone Galleries, also closed in 1939, were re-opened in 1942.

Barbara Brent's BUYS AND WHYS

A WEEKLY INFORMATION SERVICE

MONTREAL, April 26th—Wishing won't make it so, as I've discovered time and time again. When you want a cake to turn out just right, it's wise to follow the recipe. And it's the same with the things you want out of life. Haphazard wishing won't do the trick—but I've discovered that *Personal Planning* will! Yes, "me, too"! I'm a very enthusiastic *Personal Planner*. My income's the same—but now, somehow, it does a better job. That's because the *Personal Planning* system of money management—designed by the

—suits your individual needs and wants. Why not try it yourself? Not too difficult—and it's far from dull! Pick up your copy of "PERSONAL PLANNING" your neighborhood B of M branch today.

It Light And Luscious! One very sure way to make a Spring morning look rosy is to serve this breakfast treat to the family... **QUAKER PUFFED WHEAT**. And next morning—fluffy **QUAKER PUFFED RICE**. Yes, both Quaker Puffed Wheat and Puffed Rice are "turnabout" treats for April breakfasting. You should try them with fresh fruit on top, sweetened in milk and sprinkled with sugar—so flavoured—so nourishing—so crispy and satisfying! Treat your family tomorrow to refreshing Quaker Puffed Rice and Quaker Puffed Wheat... the best Springtime breakfast idea yet!

Last Night we had BIRDS EYE French Style Green Beans for dinner and they are delicious! All the farm-fresh beans of these specially selected beans are captured in quick-frozen so that you serve and eat them at the peak of their sweet, young tenderness. The delicate, slender strips of these green beans look so pretty on a plate too—and yet there's no cutting up or work involved, just cook as package directs. I was surprised at how economical they are... one package served four of us most generously. Why not serve Birds Eye French Style Green Beans for dinner tomorrow... I know your family will love them.

A Treasure Trove of wonderful house-keeping tips... one hundred and fifty-one of them in a charmingly illustrated **FREE BOOKLET** called "A Little Bird in the Hand". Put out for you by the LIN-X folks, this booklet gives you a wealth of money-saving tips on cooking, house-cleaning and clothes care. How do you get yours? Just get any one of those grand LIN-X HOME BRIGHTENERS (Paste Wax, Anti-Slip Self Polishing Wax, or No Smudge Furniture Polish) at your grocery, hardware or department store. **Free of the booklet-offer sticker and mail with your name and address to: LIN-X, Box 489, Montreal, P.Q.** Requests unaccompanied by sticker should enclose 15c in coin or postage stamps.

Do Your Hands Are Well-Cared For—a name of bride, even after doing a big wash—when you've done that with DUZ! Yes, Duz gives you white, white hands without red hands! Every day I hear that more and more women who've been experimenting with some of these no-rinse chemicals are changing to Duz. For Duz does give you wonderfully white, sweet-smelling washes and truly marvelous care for your hands! You see, Duz combines great quantities of rich, real soap with two active ingredients—gives you snow-white wash and leaves your hands soft and white, too! I know, once you've tried it, you'll agree that Duz does Everything—beautifully!

One Of Your Most Important "Buys" is paint to save your home from wear 'n' tear—paint to save you money! Indoors, painting the part of your home that takes the worst beating are the floors. And that's why so many wise homeowners insist on the protection of Glidden FLORENAMEL. It's amazingly tough—resists scuffing and wears longer. It's easy to apply and most economical. And, for the outside of your home, there's nothing finer than Glidden Endurance HOUSE PAINT! It stands up under all kinds of weather—longer! And, remember—Endurance Paint applied over Endurance Base-Coat spreads farther, giving the coating more body and gloss. A home painted with these two paints is a job well-done—a real sense of satisfaction. See your Glidden Paint dealer for Glidden Florenamel—and Glidden Endurance House Paint—in a variety of truly handsome colours!

In These Days Of Sky-High Prices... it's a real pleasure to find something that gives you as much for your money as BLUE BONNET MARGARINE does! It's sooo good—so chunky full of country-fresh flavour—and its Vitamin A content is high every month of the year! I use Blue Bonnet for my pan-frying and baking—for seasoning vegetables—and for the table, too. For now Blue Bonnet comes in that handy, Yellow Quik bag so that you can colour it for table use in a jiffy! Just press the colour button on the bag—knead the bag—and in two minutes, Blue Bonnet is a luscious, golden yellow! Yes, I'm getting so much for my little when I buy delicious, nutritious Blue Bonnet in the Yellow Quik bag!

Time To Begin a bright April day with a breakfast treat of "Cream of Wheat"! So smoo-th—so appetizing—and so "just right" for the day! And 5 Minute "CREAM OF WHEAT" is the only food to eat—it's good for you, too! For it supplies iron for good red blood, and Calcium and Phosphorus—for diets deficient in these elements. Just try 5 Minute "Cream of Wheat" some morning soon. It takes just five minutes of boiling to cook to perfection. M-mmm! That rich, wide-awake flavour comes under so many folks like to start the day right with a 5 Minute "Cream of Wheat" breakfast!

The Magician ever made a rabbit vanish faster than my Chocolate Icebox Cookies did at the youngsters' party yesterday! I make them with BAKER'S UNSWEETENED CHOCOLATE—so they have that irresistible, real chocolate flavor that everyone loves! **CHOCOLATE ICEBOX COOKIES**—(75 Cookies)
2 cups sifted Swans
Down Cake Flour
1 3/4 tspns. Calumet
Baking Powder
1/2 tspn. salt
1/2 cup butter or other shortening
3/4 cup sugar
1 egg
1/2 tspn. vanilla
3/4 cup walnut-meats, broken

flour once, measure, add baking powder and salt, and sift again. Beat shortening, sugar, egg, chocolate and vanilla, beating with spoon until blended; add nuts. Add flour gradually, mixing well after each addition. Divide dough in halves; shape in rolls 2 inches in diameter, rolling on waxed paper. Or pack dough into cookie molds. Chill or store in refrigerator until firm. Before slicing, let rolls stand at room temperature for an hour or until soft enough to cut when pressed with finger. Cut in thin slices, using sharp knife. Bake on ungreased baking sheet in moderate oven (350 deg. F.) about 10 minutes.

25 YEARS AGO

April 26, 1926
Over \$200 was realized at a Hard Times dance held in the Exhibition Hall, last night. It will be donated for exhibition purposes. Music was provided by the Boys' Pipe and Jazz bands. Committee in charge consisted of R. E. Benson, Bert Morgan, W. D. Vance, D. J. J. J. Seadon, Ald. J. McKechnie and Howard Frizzell.

A new up-to-date cannery will be built at Masset Inlet by Watson & Kennedy, Vancouver contractors, for the Gossie-Miller Canning Co. at Shannon Bay.

William Draney will be manager of the cannery, with Thomas Scott, foreman.

By a vote of five to three, the city council, last evening went on record in favor of having the policing of Prince Rupert done by the provincial police authorities.

With all blades stripped from her propeller in striking a submerged object in Masset Inlet, the Fisheries patrol boat Givenchy will be towed to Prince Rupert.

Col. J. H. McMullin, superintendent of Provincial Police, arrived from Victoria for the discussion of city policing with the council.

The Duke and Duchess of York, to whom a daughter was born this week in London, are celebrating their first born named Princess Elizabeth.

David F. Robb, grandfather of William Robb, of Prince Rupert, celebrated his 100th year birthday recently.

10 YEARS AGO

April 26, 1941
Ten ships of sixty-six involving \$175,000,000 will be built here according to private advice reaching Victoria today. Minister of Munitions, C. D. Howe, said that he had been informed by T. R. MacMillan, president of Wartime Merchant Shipping Ltd., that a program for the building of ninety-six cargo ships was on its way to the minister.

A committee of Rev. J. H. Myrskog, Oscar Sather, John Storeth and Peter Lien will be in charge of the Norwegian Independence Day celebration. General William Steffens, commander-in-chief of Norwegian forces in Canada, informed Dr. Jens Munthe that he would visit the city May 15.

The entire British Columbia salmon pack may be taken over this year by the federal government to be used for the supply of military forces.

In aid of the Canadian War Services, \$164.05 was raised in one evening at a concert and dance held by the Skidgate Concert Band, at Skidgate Friday.

B. J. Bacon was elected president of the Prince Rupert Rod and Gun Club at the annual meeting last night. Other officers included Earl Brochu, vice-president; F. W. Grimble, secretary; G. S. Copeland and Harry Edgar, executive.

Adjutant and Mrs. Edward Brunston, who have been in charge of Salvation Army work at Hazelton, are being transferred to Prince Rupert to succeed Adjutant and Mrs. Ivan Halsey who are being moved to Nanaimo.

Halibut sales: Canadian, 61,000 pounds, 9.2c and 7c to 9.5c and 7.1c.; American, 74,000 pounds, 8.4c and 7c to 9.8c and 7c.

Use of Fish Is Boosted

Japanese Competition Referred to at Boston Meet

BOSTON — American and Canadian fish producers and distributors have been urged to join an international campaign to increase sea food consumption in the two countries.

Clarence Morrow of Lunenburg, N.S., has invited members of the American fishing industry to join with the Canadian industry in raising and spending \$1,000,000 a year to develop bigger markets for seafoods in Canada and the United States.

A prominent spokesman for Canadian fishing interests and an official of National Sea Products, Ltd., in Halifax, Mr. Morrow spoke before the 6th annual convention of the National Fisheries Institute at the Hotel Statler. About 1,500 persons are attending the meeting.

EXPANSION OF MARKETS
Declaring that there should be an expansion of markets rather than talk of limited imports and restrictions on Canadian-American trade, Mr. Morrow advocated a five-year campaign to "up" the small per capita fish consumption in North America, educating the public that fresh fish can now be easily obtained at points far inland as well as along the coasts.

Invited to present Canada's viewpoint on fish exports to the United States, a trade which has been roughly assailed at the convention, by representatives of the New England fishing industry, Mr. Morrow pointed out that Canada buys more than ten times as much goods from the United States as this country

buys from it and that any limit on purchases from Canada will force that nation to further curtail its imports from the United States.

"Canadian purchases of American automobiles and other products," he pointed out, "go a long way toward providing full employment for the United States."

MEXICAN SHRIMP
American imports of Mexican shrimp were assailed by Virgil Versaggi of Brownsville, Texas. He asserted that these imports, which hit the 40,000,000 pound mark in 1950, would stifle the American Gulf Coast shrimp industry if not drastically limited in the future.

William Herrington of the United States Fish and Wildlife Service forecast a big increase in the extent and production of Japanese fisheries. Formerly with the Fish and Wildlife Service in New England, Mr. Herrington spent several years in Japan as a fisheries adviser to the United States occupation authorities.

Because of great pressure to boost its food supply and provide work for thousands of unemployed fishermen, the Japanese are planning to extend their fishing operations and export

more fish, especially tuna and skipjack, to the United States.

Japan, Mr. Herrington added, now has a fleet of 1,000 vessels in the deep-sea fisheries alone, with shipyards capacity to increase this armada to any size when conditions permit. He pointed out that Japanese fishing vessels are government licensed to fish only one species, Tuna fishermen for instance, cannot bring in any other kind of fish.

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