

STILL WATERS
Because of light rainfall, residents of the island of Aruba in the West Indies subsist directly on distilled sea water.

CHINESE TRAGEDY
More than 1000 persons perished when the Chinese steamer Hong Hong struck a rock near Swatow, China, in 1921.

Barbara Buys and Whys

A WEEKLY INFORMATION SERVICE

MONTREAL, July 25th.—The "Savings-Finder" is an ingenious device a Frigidaire dealer showed me the other day to prove that no homemaker need deprive herself of the enjoyment of a FRIGIDAIRE REFRIGERATOR. The dealer sets this household budget "slide rule" at the amount you spend weekly for food and up comes a series of figures which show, as absolute proof, that a Frigidaire refrigerator actually saves more money than you save by making the weekly or monthly payments. If you have been depriving yourself of a new Frigidaire, don't do it any longer. Stop in at your nearest Frigidaire dealer and see how today's high food prices make the famous Frigidaire savings more important than ever.

Sweltering Summer Day when you're feeling "down and out" and thoroughly uncomfortable... find out about this most comfortable method of sanitary protection. No change in daily and convenient TAMPA-X, you can feel its presence! A doctor invented Tampa-X to remove many of the monthly difficulties that trouble women. With Tampa-X there is no chafing—edges—lines won't show, no matter how snug or tight your clothing. What's more—color can't form. Tampa-X is made of pure cotton throughout. Easy to use and to change... a month's supply of Tampa-X in your purse before you go on vacation. Available in three absorbencies, at drug stores and notion counters everywhere.

Share Secrets Is Fun! And I know lots of women who share this wonderful secret of how to hide greying hair! Are you blonde, brunette or redhead? It doesn't matter which you are—for marvelous NESTLE COLORINT can keep your greying hair a secret from everyone! It hides grey hair with rich, youthful color—makes you look years younger! It lasts through three shampoos, yet lathers out when you want it to! More than a rinse—but not a dye—Nestle Colorint comes in ten enchanting shades—6 capsules for just 39¢! And to highlight the beauty of your hair—there's wonderful NESTLE COLORINS. It rinses in—shampoos out—gives your hair gorgeous color and sheen—6 rinses—just 39¢!

Planning A Jamb To The Country next week-end? Then here's something to remember when you're making up your picnic lunch!... delicious BLUE BONNET MARGARINE! Now that it comes in that new, handy Yellow Quik bag it's easy as A-B-C to "dress it up" for a picnic (or a formal dinner)... to make it look as luscious as it is. All you do is press the colour button on the bag—knead the bag—and in just two minutes, Blue Bonnet is a tempting, golden yellow. No dirty mixing bowls to wash—no fuss—no bother at all! Frankly, I don't know what I'd do without country Blue Bonnet for table use and in my cooking! So good for baking, frying and seasoning vegetables... and so economical!

ADVERTISING IN THE DAILY NEWS BRINGS RESULTS

Plastic

Curtains
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Yard Goods

COLORFUL KITCHEN COTTAGE SETS...
Dutch Boy and Floral patterns with valance
Easy to Clean

GORDON & ANDERSON

Third Avenue

"Pacific Please"

IS WHAT COFFEE LOVERS ARE SAYING!

PACIFIC UNWEETENED EVAPORATED MILK

VACUUM PACKED VITAMIN D INCREASED

buy B.C. Products



REGULAR CUSTOMER of the Well Baby Clinic in Prince Rupert is 11-month-old Garry DeFehr, son of Mr. and Mrs. B. DeFehr, Eugene Apartments. "Exactly 30 pounds," says Public Health Nurse Miss Margaret Steves, giving young Garry his regular weight-check. "He's a fine, healthy baby." Clinic day is every Wednesday.

Baby Clinic Playing Its Part In Nation Building

Mothers Put Babies to Test at Local Public Health Unit

Every Wednesday in Prince Rupert is "clinic day"—a day when around 30 mothers put their babies to the test and find out how they are progressing. The place is well-baby clinic, at the Public Health Station.

Weight is checked and calculated by the public health nurse in charge of the clinic. Feeding habits are talked over and mothers often find there the answer to a particular problem which concerns raising their children. "We are interested in well babies and how to keep them that way," Miss Freda Hilton, senior public health nurse, says. "If the baby isn't progressing the way we think it should, we give advice as to feeding and other care, and if the case seems at all serious we advise a doctor's attention."

Two such clinics are held each week. Thursday is clinic day at Conrad School, for residents of the east end of the city. Let's follow a baby's course through the clinic. It begins attendance generally at three weeks of age, and up to six months weighing and progress checks are carefully kept and recorded on a folded card, like a miniature school report card.

B.C. Liberals Being Called

VICTORIA.—Meeting of the executive committee of the British Columbia Liberal Association has been called for the Vancouver Hotel October 4 by H. G. T. Perry, president of the association. About 180 persons will be eligible to attend including Liberal Members of Parliament and Members of the Legislative Assembly as well as defeated Liberal candidates at the last federal and provincial elections and presidents of district and local Liberal associations.

Turns Down Job At Port Alberni

I. C. Stewart, works superintendent for the City of Prince Rupert, has turned down appointment by the City of Port Alberni as superintendent of work there. City Engineer F. M. Good, formerly of Prince Rupert, recently resigned to take a position with the department of transport in connection with construction of air bases for the RCAF.

Atlin Mine Runs Again

Atlin-Ruffner Property Developing and Shipping

Atlin-Ruffner mine, former well-known B.C. silver-lead-zinc producer, is responding favorably to an extensive rehabilitation and development program, the company reports. Originally discovered in 1899, the Atlin-Ruffner property was for a number of years a consistent shipper of high grade silver-lead-zinc ore to the western smelters. Average grade of smelter shipments during the years 1922-1927, inclusive, were as follows: gold, 0.12 ozs. per ton; silver, 119 ozs. per ton; lead, 24.7 per cent; zinc, 5.6 per cent.

At the time these shipments were made, world metal prices were: silver, 66 cents per oz.; lead, 7 cents per lb.; zinc, 6 cents per lb.; gold, \$20.57 per oz. A comparison of ore grade as estimated on current metal prices shows that shipments made during the early 20's and which gave a return of approximately \$117 per ton, would now yield over \$249 per ton. In addition to the incentive created by current high metal prices, the fact that the Atlin-Ruffner area has been opened up through the construction of the Alaska Highway makes current operations economically attractive.

A substantial program of underground development work designed to explore and evaluate the quantities of primary ore in the deep workings will be carried out throughout the winter months, with major scale operations anticipated during the 1952 season. Work at the property has progressed to a point where it is expected that smelter returns from high grade ore shipments will add very substantially to the working funds of the company.

Brain Chemical, Blood Pressure

CLEVELAND, Ohio.—The Cleveland Clinic Foundation announces discovery of a key to high blood pressure, a chemical manufactured in the brain. So far, this chemical is only partly identified. It goes directly from the brain into the blood stream, and there, helps raise pressure.

CONSTIPATED BABY

Nothing better to help clear out bowels quickly—yet gently. No "sleepy" stuff—no dulling effect. Used by Mothers for more than 50 years. Also for relief of teething troubles, stomach upsets and other minor ailments of babyhood. Be sure—Get a package today. Only 30¢ at drugstores.

BABY'S OWN TABLETS

Guaranteed FRESHER to you!

Only Kellogg's says: "Double your money back if you don't agree these Bran Flakes are fresher!" (Send empty carton to Kellogg's, Dept. 4A, London, Ont.)

Bigger Flakes—Crisper, too!

No other bran flakes are Kellogg-size and so crispy in milk! Delicious way to get extra, bulk to help you "keep regular!"

That's why we've switched to Kellogg's BRAN FLAKES

Kitwanga Job To Local Firm

Provincial forestry department has let a contract to Greer & Bricker Ltd., Prince Rupert, for the erection of a new office and store building and residence to be built at Kitwanga. The award is valued at \$32,000. The company's tender was the lone bid received. Northwest Construction Co. of Prince Rupert has tendered for the construction of a similar office and store building for the forestry department at Pendleton Bay on Babine Lake. Tenders for this job closed yesterday.

ARE YOU INTERESTED IN RADIO, TELEVISION AND ELECTRONICS?

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Agnes De Mille Compares Blue Bonnet Likes It Best!



Here's a helpful idea from Agnes De Mille. Compare Blue Bonnet Margarine with any spread at any price. Like the noted choreographer, you'll love the delicate sunny-sweet flavor of Canada's fine-quality all vegetable margarine. You'll appreciate Blue Bonnet's nutrition. And you'll welcome its real economy. So buy BLUE BONNET and get "all 3"—Flavor! Nutrition! Economy! Use it in cooking, on vegetables, as a delicious spread.

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"SALADA" TEA



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only Libby's make DEEP-BROWNED BEANS with PORK

You'll say that Libby's Deep-Browned Beans are different... that they have a heartier, more delicious flavour. You'll be right, too... for no one else prepares beans the exclusive Libby way that deep-browns them through and through. No one else smothers them in such a tempting tomato sauce, generously added so the beans can't dry out when you heat them. Next time, try Libby's Deep-Browned Beans.

FLASH! How to Beat High Food Costs! Serve Libby's Deep-Browned Beans with Pork in place of a meat course. Like meat, they're a protein food... but cost so much less!

Deep-Browned Beans with Pork and Tomato Sauce

Protected flavour