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THE EXPERTS
Say...

By KAY REX
Canadian Press Staff Writer

The Versatile Bean—Bet the bean is about the most versatile food there is.

You can bake it a variety of ways, make it into a soup, even put it in sandwiches.

And—oh joy—it's inexpensive even these expensive days.

Home economists have prepared a booklet on white navy beans, otherwise known as the Ontario white pea bean.

This bean is produced in the five counties of Ontario represented by the Ontario Bean Growers Marketing Board. While a small quantity is produced in other provinces, Canada depends almost entirely on Ontario production to supply domestic requirements.



NOT EXTINCT—The cahow, a tiny petrel believed to have been extinct since 1619, has been found again on uninhabited islands in Bermuda. Dr. Robert Cushman Murphy, Lamont curator of birds at the American Museum of Natural History, holds one of three cahows he caught and tagged for identification purposes. Early colonists were believed to have killed off all the birds. (CP PHOTO)

Fight Drama
Showing Here

June Allyson and Dick Powell are co-starred with Ricardo Montalban in "Right Cross," a drama of the prize fight game which is featured on the screen of the Capitol Theatres here this Monday and Tuesday.

Powell is cast as a happy-go-lucky sports writer who carries a flaming torch for Miss Allyson, daughter of a one-time top promoter whose contract with Montalban, the middleweight champion, is the only remaining hope of regaining his lost prestige.

It is the fighter whom the girl loves but, when the champ, obsessed by a sense of social inferiority and a determination to provide himself with security, aligns himself with a rival promoter, she turns to the waiting arms of the writer. The conflict is resolved in a tension-packed fight climax in which the title is lost but the fighter regains his self-respect and the girl he loves.

Lionel Barrymore gives force and conviction to the role of the discarded promoter.

Atmosphere of the prize-fight world is said to have been accurately etched into the action of the film.

JUNE ALLYSON **DICK POWELL**
RICARDO MONTALBAN
'RIGHT CROSS'
LIONEL BARRYMORE

TODAY SHOWS AT 7 p.m. — 9 p.m.

CAPITOL

Finn Couple Happy to Live in Canada—To Live Here

Three people lately to have fallen in love in British Columbia—Prince Rupert in particular—have come 7000 miles to seek for themselves the life of complete freedom.

That's how Mr. and Mrs. Henry Seppee, and Kaj Christensen put it. They come from Copenhagen, Denmark, and arrived here a few days ago. They are nephews and niece Jack Christensen, Borden Street, resident here since 1907, and they say they have come "to stay."

Already Mr. Seppee has located employment, although of much a different nature than to which he is accustomed. He is a goldsmith but he feels there is little opportunity here of practising the old European trade of making intricate jewelry by hand from silver and gold.

"But this is not at all discouraging," says Seppee brightly. He speaks a fluent English. Right now he's a laborer and finds it invigorating, he says.

And how different is this country to Finland. He speaks gratefully when he compares the life in a country from which he fled to Denmark.

SUCH FREEDOM

"Here there is such freedom—one can feel it in the air," he told his aunt, Mrs. Christensen, upon arrival. In Finland, he said, the Communists have taken over all the farmland and industries, and the people live in fear. Even in Denmark, there are restrictions, the others said, one can do little without through a lot of "red tape."

The wife of Kaj Christensen is to arrive here in Seattle. She is a ballet dancer on contract at the Tivoli, the "ish 'Coney Island' there. She is slated to open a festival at The Opera in land.

Frankly, said Seppee, didn't think too much of it when they first arrived. They began their journey of endless miles of prairie. "It looked so beautiful a battlefield." But, at that time when they entered British Columbia, everything seemed different—so bright and new were thrilled to see, right the train, a huge bull was in Denmark, Christensen, "mixology"—the mixing drinks, cocktails—was a head-waiter.

Although they feel the difference between the new old country, the problem anticipated as most serious become comparatively easy but for several years he studied English, reading it and seeing American British movies. So that three speak and write without difficulty.

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CANADIAN NATIONAL

Meat Buyers Aided By Ship's Cooks

LONDON (CP)—Meat-starved Britons returning from continental trips have been forming long queues outside the galleys on the cross-channel steamships. They have been taking advantage of a new service provided by the shipping companies.

Before embarking the travellers have been buying large joints of meat, legs of lamb, enticing cuts of sirloin of beef—all easily obtainable in France.

Government restrictions, however, forbid the importation of raw meat to prevent disease being brought into the country. The steamship chefs have come to the rescue. They offered to roast or part-cook all joints brought aboard, without any charge.

Said a spokesman for the shipping companies: "This service started on its own. Passengers arriving with raw meat without knowing the restrictions looked so harassed that the chefs took pity on them."

Baked Beans—Ingredients: Two cups white (navy) beans; one-quarter pound salt pork or smoked pork fat; three tablespoons brown sugar; three tablespoons molasses; 1½ teaspoons salt; one-half teaspoon mustard; one-quarter cup chopped onion; two tablespoons catsup; 2½ cups water.

Pressure saucapan method; soak beans overnight in enough water to cover. Drain and place in bottom of pressure saucapan with other ingredients. Cook at 15 pounds pressure for 50 minutes. Yield: about six cups.

Oven method: If using a three-quarter bean pot or baking-dish, double the above recipe. Soak beans overnight in water to cover. Drain. Cover with fresh water and simmer, covered for one-half hour. Drain. Place piece of salt pork in bottom of bean pot. Add beans and remaining salt pork. Mix brown sugar, molasses, salt, mustard, onion, catsup and water and add to beans.

Cover pot and bake in a slow oven (250 degrees Fahrenheit) from six to eight hours. Remove cover during last half hour of baking. Add boiling water as required during baking to keep beans covered with liquid. Yield: about 12 cups.

Ham and Bean Sandwich Spread—Ingredients: Two cups baked beans; one cup chopped cooked ham; one-half cup chopped celery; two tablespoons chili sauce; one teaspoon horseradish; three-quarters teaspoon salt.

Combine ingredients and blend together lightly. Yield: Three cups.

SASKATCHEWAN BLIND REGINA (CP)—A recent provincial report shows that Saskatchewan has 824 registered blind persons. Of the total there are 111 in Regina.

HISTORIC PAPER WINNIPEG (CP)—The Israelite Press celebrated its 40th year of publication here with a 40-page issue, printed in English and Yiddish.

I Was Nearly Crazy With Fiery Itch—

When I discovered Dr. D. D. Desoto's amazingly fast relief—B. D. Prescription. World famous, this pure, cooling, liquid medication speeds peace and comfort from cruel itching caused by eczema, rashes, hives, athlete's foot and other itchy troubles. Trial bottle, 40¢. First application checks even the most intense itch or money back. Ask druggist for Dr. D. D. Prescription (ordinary or extra strength).

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Ham and Bean Sandwich Spread—Ingredients: Two cups baked beans; one cup chopped cooked ham; one-half cup chopped celery; two tablespoons chili sauce; one teaspoon horseradish; three-quarters teaspoon salt.

Combine ingredients and blend together lightly. Yield: Three cups.

Cream of Bean Soup—Ingredients: One cup dried white (navy) beans; six cups boiling water; one teaspoon salt; one tablespoon fat; one-half cup chopped onion; one tablespoon flour; one quart (five cups) hot milk; one teaspoon salt; one-quarter teaspoon pepper.

Soak beans overnight in enough water to cover. Drain, add boiling water and one teaspoon salt. Simmer covered until tender (about two hours).

If a pressure saucapan is used cook the soaked beans in water to barely cover for 50 minutes at 15 pounds pressure. Fry onion in fat until clear, add flour and blend well. Add hot milk, cooking and stirring until slightly thickened. Add drained, cooked beans and season with remaining salt and pepper. Re-heat and serve hot. Yield: Six servings.

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GUELPH, Ont. (CP)—From 20 different countries, 73 foreign students are attending regular courses at the Ontario Agricultural College and Veterinary College here. Every week is "brotherhood week" and the famous institution where they mingle with 140 others.

Wage Offer Is Rejected

But Fishermen Putting New Proposals Before Companies

With a vote of 167 to 3, the Shoreworkers' local of the United Fishermen and Allied Workers' Union, turned down a wage offer from the companies on Thursday night.

Overflowing onto the stairs of the Metropole Hall, the record attendance, both men and women members of the union, voted by secret ballot.

Offering seven-per-cent increase against the union's flat 40-cents-an-hour demand which included a union shop, the companies had agreed to make some changes in the working conditions. The basic wage is now \$1 per hour.

To reach a settlement the union agreed to scale down their original proposal of 40 cents an hour.

With Vice-President David McPhee in the chair, Ray Gardner, secretary of the local, read a report of the negotiations from the business agent in Vancouver, Thomas Parkin, field representative of the U.F. & A.W.U., also attended the meeting.

With the new proposals now being put before the companies, the union has decided that, failing agreement, they will ask for conciliation. In turning down the offer from the Salmon Cannery's operating committee, the Shoremen's local asked their Vancouver negotiating committee to set a dead line for settlement.

The local, subject to approval of other B.C. Pacific coast locals, asked their committee not to go below the minimum wage demand.

Resolutions, to be read at the convention in Vancouver March 19, were also drafted at the meeting.

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Jellied Gas
Deadly Weapon

ABOARD U.S. CARRIER PHILIPPINE SEA (AP)—On one side of this aircraft carrier off Korea is a contraption that would look familiar to a Kentucky moonshiner. It's a rusty barrel with coils.

But it doesn't make whisky—it's used to mix napalm, a product known as jellied gasoline and a deadly fire weapon. Pilots of warplanes think it's a mighty fine piece of equipment.

The napalm must be mixed properly to produce the best results, fiery destruction of the targets on which it is dropped.

Pilots complained that the jellied gasoline bomb they were getting did not work properly. So Lt. Anthony Modica, Jr., a short, muscular Navy officer, and his special aircraft service crews tackled the problem.

The barrel and coils were the result.

Modica has spent 23 years in the navy. The Korean war provided his first experience with napalm. But in a few short months he has become the ship's expert on this hellish weapon which Communist prisoners of war admit they fear most of all.

"You know, the guy who conceived it must have had a weird mind," Modica said in tribute to the bomb.

Modica's unorthodox mixing barrel is as simple as the result it seeks. The proper mix looks like a pot of starch, except that the coloring is light wine instead of white.

Modica and his crew usually turn out about 2:30 a.m. to get ready for a strike. Napalm is mixed the day the planes take off.

EASY TO HANDLE

They never get to witness the results of their work but pilots oblige them with vivid accounts. Modica quotes one pilot who dropped a napalm bomb on a trench and claimed 50 Communists were killed. Another put a tank out of commission with a direct hit.

In the pilots' room Lieut. Floyd Lissy said: "It works now; results are fine." Another said: "Napalm is the best weapon we've got."

The stuff isn't particularly dangerous to handle, according

SHIPS AND WATERFRONT

Camosun Has Roughest Voyage—Pine Island Lighthouses Damaged

Roughest crossing of Queen Charlotte Sound in the vessel's experience was that which Union steamer Camosun, Capt. William McCombe, had, Saturday evening as she came north from Vancouver to Prince Rupert. The vessel ran into a 40-mile northwester sweeping in from the open sea with heavy rollers and huge crests. The serving of dinner was deferred for one hour until the vessel passed out of the Sound. The same gale-lashed seas are reported to have carried off the verandah of one of the buildings at Pine Island lighthouse. The Camosun arrived in port at 2 o'clock Sunday afternoon from the south and sailed at 11 p.m. for Alice Arm and Stewart whence she will return here tomorrow morning southbound.

Stormy weather also delayed the Union steamer Chilcotin, Capt. Harry McLean, on her week-end voyage to the south Queen Charlotte Islands. She reached Port Moresby last evening from the Islands and sailed at 8 p.m. on continuation of her voyage to Vancouver.

Six Months for Garage Theft

Six months imprisonment in Oakalla jail was the sentence given Malcolm McDonald, 22, by Magistrate W. D. Vance in city police court last week.

McDonald had pleaded guilty to stealing money from Bill's Service Station, where he was employed, February 15. William Thain, owner of the garage, said he lost \$110.

to Modica. "All you have to do is keep your wits about you," he said.

Once loaded aboard a plane and taken into the air, the napalm must be dropped. Pilots do not try to land aboard the carrier with this fiery load.

Although satisfied with the results of the rusty barrel and coils, Modica isn't resting on his laurels. He's mulling over a plan that would enable planes to carry more napalm.

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