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court in the recent "sick" strikes occurred despite Army operation in railyards, and were fined of the railroads. \$75,000.

The other \$25,000 was for civil contempt intended to compensate Federal Judge Edward Tamm ordered the fine in United States the government for the cost of district court here immediately bringing legal proceedings against the union. after the surprise plea. He said on The Brother- he was fining the union \$50,000

Custom 4-door 6-passenger Tourback Sedan

HIGH-FASHION.

STYLING

Custom 2-door 6-passenger Tourback Sedane

If you want to sell it, advertise to contempt of nitive" penalty for strikes which it. News classifieds.



BAGS GUERRILLAS-Cpl. Bill O'Brien, 26, of Guelph, Ont., was the first member of the 2nd Battalion, PPCLI to kill a Communist terrorist in Korea. He encountered a group of 12 guerrillas when separated from his patrol. He killed two. Here he looks over a North Korea news sheet, intended for guerrillas, while cradling a U.S. Army carbine taken from one of the terrorists he killed.

(CP from National Defence)

HOUSEKEEPING

Old Fashioned Boiled Dinners Good for These Winter Days

BOILED DINNERS

hit on the plan of cooking meat pletely cooked, allowing only with vegetables, but whoever it enough time for them to become was, he or she is one of the unadian cookery During the cold salt and pepper such seasoning; and blustery days of winter, many as horseradish or bay leaf may homemakers are trying to tempt be used for a change. It is most jaded winter appetites with fla- important not to overlook either vorful, nutritious food.

appeal to any family than the and their shape. old-fashioned boiled dinner? Pot- The pressure saucepan, that atoes, turnips, cabbage, onions, comparatively new time-saving in fact almost any vegetables one, device, makes it possible for can name, combine well with a many homemakers to put on the variety of meats for this favorite table, in a matter of minutes, Canadian dish.

whether it is in a new spring cooking. Cooking the less tendress or in the meat chosen for der cuts of meat in a pressure a boiled dinner. Home economists saucepan requires only a frachave pointed out time and time again that the less expensive, less tender cuts, often referred to as utility cuts, when properly cooked with moist heat are just as satisfying, just as nourishing as the more tender cuts cooked with dry heat.

economical to buy for a boiled difference between a perfectly dinner are fresh or corned bris- cooked meal and one that is over ket and rump or plate pot roast. cooked. It is not necesary to buy the highest quality beef for this dish but the meat should be quite lean, with a minimum amount of gristle. Lamb shanks braised and combined with vegetables is another variation of the boiled dinner. When buying lamb be sure that the meat is moist but firm and the fat creamy and slightly pink in colour. Pork, fresh, pickled or smoked, may be used to prepare this flavourful repast, the Canadian boiled dinner. The members of the pork family specially suitable are fresh, pickled or smoked hocks, picnic shoulders and cottage rolls. The flesh of fresh pork should be firm, fine-grained and light greyish pink in colour and the

fat should be clear and white. After purchasing the meat, care should be taken to store it properly. It should be unwrapped as soon as it is brought from the store, because the wrapping papr may draw the juices from the neat. Packaged meat should be emoved from its original wrapcer. The meat should be then wiped with a damp cloth, placed on a dry plate, covered loosely

and put in the refrigerator. Home economists have described two important pointers regarding meat, of special interest to homemakers, namely, wise buying and correct storing. Now. they discuss careful cooking. The less expensive cuts of meat are often spurned, mainly because the lack of knowledge of how to prepare and use them. The cuts of meat which have been suggested for use in a boiled dinner should be covered with boiling water and cooked slowly at a simmering temperature until tender. For those who enjoy the "browned" flavour and ap-"earance of boiled dinners, the meat may be browned in fat before the water is added. If cornd beef is used it should be covered first with cold water, which is drained off as soon as it com-

to the boil and is replaced with

boiling water. The vegetables are It is not known what chef first added before the meat is comthe meat or the vegetables, as it What could have more appetite is desirable to retain their color

delicious, economical cuts of It's the cuts that count, meat usually requiring hours of tion of the usual time. The home economists advise that it is always wise to follow the manufacturer's recommendations for the particular type of cooker one has. Another point they stress is to check cooking time accurately, as a matter of minutes or, in some cases, even The beef cuts which are most half a minute, may make th

> SPECIAL ATTRACTION A favorite spot for American visitors to Britain is Pennsylvania Castle at Portland, Dorset, built for John Penn in 1800.

HISTORIC HALL The picturesque town hall of The Hague, capital of the Netherlands, was erected in 1565.



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> PRINCE RUPERT SAILINGS SOUTHBOUND

Wednesday, Feb. 21 Wednesday, March 7 Wednesday, March 21

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Observing of Education Week

Plans for the observance o Education Week (March 4-10) in Prince Rupert were outlined at the February meeting of th Prince Rupert District Teachers Association by R. H. Davidson, committee chairman. The comnittee includes representatives of the Parent-Teacher Association, the Boards of Trade, Social Welfare Department, City Council, School Board, Ministerial Association, the press and the Teachers' Association.

F. H. Moore, treasurer, submitted his report on Association fin-

Chairman of the salary committee, R. G. Moore, announced the completion of negotiations for the 1951 salary schedule and made recommendations regarding policy in the future.

The meeting voted to renew membership in the Prince Rupert Music and Drama Festival Asso-

A. H. Robertson, Industrial Arts teacher at Booth Memorial High School was elected chairman of the public relations committee, succeeding Miss M. Watson, who had resigned.

It was pointed out by the chairman, F. R. Wright, that the Prince Rupert Daily News Monday, February 19, 1951

annual convention of the British the convention will be circulated Columbia Teachers' Association among teachers in the city was to be held in Vancouver schools as soon as they are March 26-29. This district will printed. Delegates wil be apbe allowed six official delegates, pointed at the next meeting Resolutions to be presented at March 12.

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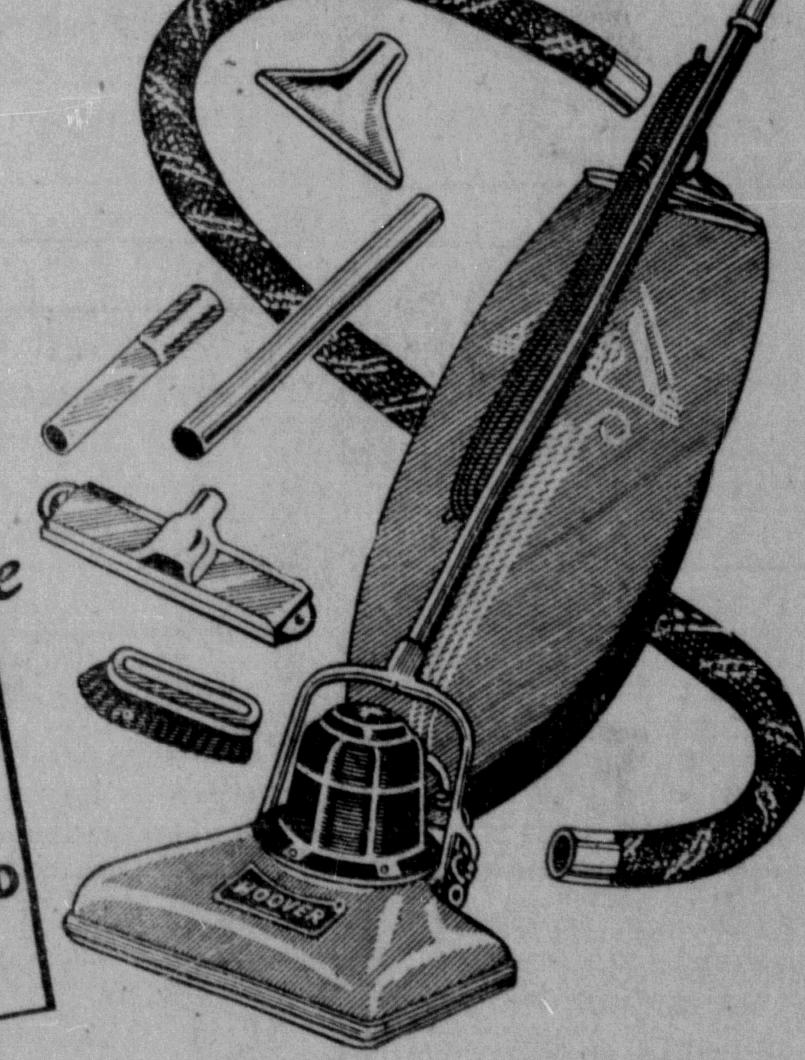
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