MONTREAL, March 22nd - Spring makes us women long to get out of dusty, rusty Winter clothes into something light and gay and definitely ecoming. And even on a rainy March day, we can RAINMASTER! . . . Just wait 'til you see the "Rainmaster" trenchcoat - smart rain or shine smart Spring and Fall! Made with matching linings "Rainmaster" of fashion-wise corduroy is Green, Grey, Wine or Navy with a beret to match! The "Rainmaster" ... Style 710 ... just \$35.00.

Cabinet shows off my favourite china. But, I confess, d using WINDEX SPRAY on the glass

Looking For A Treat? Here's one

Kraft Dinner" you'll find two

nouth-watering ingredients . . .

special, fast-cooking macaroni and

grated cheese for mellow, cheddar

cheese flavour. So good and so

easy to prepare ... takes just 7

minutes to cook! Yes, "Kraft Din-

ner" is an ideal "emergency" dish

.. off the shelf - into the pot -

onto the table! I'd suggest you ask

your grocer tomorrow for this

delicious macaroni-'n'-cheese com-

bination. It's nutritious too - the

cooked and ready-to-serve from

every last luscious bite is good to

good dishes (casseroles — salads —

indwiches) with A.B.C. Salmon

s the Star. For a real taste treat,

Keta, wonderfully tasty and eco-

and you'll love succulent A.B.C.

A "Beauty Treatment"

a glorious choice of color

for your home . . . such fashionwise shades for your clothes! For

your Spring wardrobe you'll like

the lovely Tintex Orchid (Laven-

der) and Old Rose and Navy

Blue of course — the classic color

for Spring. Yes, All-fabric Tintex

comes in fashion's favourite col-

ors - at your drug, department

or variety store. Costs just 15c a package . . . and it's absolutely

"fool-proof" when you follow the

Because They're Trim As A

Seam - because they

make a placket that fits

as flatteringly as the

fabric itself, I always

insist on LIGHTNING

SLIDE FASTENERS

for my suit-skirts and

dresses! Yes, there's a

Lightning Fastener in

just the right size for

every weight of material

-for heavy tweeds or feather-

light chiffons. Choose the size ac-

cording to the material, then see

how that Lightning Fastener

tucks away in the seam of your

dress or suit - flows with the

fabric so flexibly that no one

knows it's there! No worry about

instructions on the package!

And it's versatile - so many

. . there's no waste -

whole family will love "Kraft

you can't afford to

miss! For just a

few pennies a serv-

ing, you can have

a main dish for

four that's so quick

and easy to pre-

pare . . . KRAFT

DINNER!In

every package of

head. Or Brunette, you'll want to guard your hair against premature greying. And I know ... that amazing E COLORTINT that ng hair your special stle Colortint lasts shampoos, yet lathers



rich, real soap with

onder . . . the way she cooks with shortcuts on time and longcuts in flavour! I confess I'm still licking the dish as I sit in her kitchen writing out her favourfor you. You'll love flavour ... looks so TE LEMON FROSTING ite corn syrup

ted lemon peel

ove, beat again and

wrinkles or bulges-and no awkward "sticking" either! For all Lightning Slide Fasteners lock where they stop! Yes, a Lightning esh, juicy SUNKIST

Slide Fastener is my First Choice for positive wearing satisfaction in clothes I home-sew or buy! with a High Popularity Quotient! . . . Just try it some how pleased the folks will be!

popular dishes, it's made with one of Heinz Condensed Soups — HEINZ TOMATO SOUP... TETTI WITH MEAT SAUCE

1 10-oz. pkg. Spaghetti Grated old Canadian

ag a lack of knowledge about feminine hygiene cast shadow over your marriage? Wise wives who want hygiene use ZONITORS, Zonitors are effective . . greaseless, stainless, snow-white vaginal suppositories that are powerfully germicidal, yet absolutely safe to delicate tissues. And they're so very dainty and convenient to use! Ask your druggist for Zonitors tomorrow . . . and write to me -Barbara Brent, 1411 Crescent St., Montreal, P.Q.—for a free booklet on feminine bygiene. It will be sent to you in a

Land Boom is

he curtain is the bush sawing the wood into Canada intensifies its activities eight-foot lengths for shipment with a view to the establishment of its half a billion plant in the Kitimat area, eighty miles south Democratic city politics to help H. Menzies and F. H. Seymour, of Prince Rupert, something in make a leader of Tammany Hall. North Vancouver; Mrs. O. Mcthe rature of a land boom ap- Back before Senate crime Dowell and Mrs. A. A. Shipp,

ing about to start townsite de- perome head of a potent Demo- oli.; T. W. Jennings, city R. R. velopment.

At the first of the week, a some years ago. made a trip by Queen Charlotte tigating committee. Air Lines plane to inspect prop- "I can't explain it," replied the well, C. Wilson, A. H. Wilson, C. erty of which one parcel has al- racketeer who once insisted he Richards and Miss E. V. Taylor, ready been acquired from Mr. didn't even have enough pull to Vancouver; Mrs. H. Reid and Mr.

t'on party were T. N. Youngs, A. O'Dwyer told the hearing-which Hart, Terrace; G. A. Humphrays, F Smith. R. H. Parker. Howard entered its second week today— Edmonton; L. G. Casey and H. Reid. Thomas Newton, Giles Mc- he believed a pal of Costello's F. Noakes, Terrace; R. S. Len-Kenzie. "It looks like a mini- may have helped him in the drom, Mr. and Mrs. T. C. A. Hisature Flaser Valley." said one mayoralty campaign of 1945. member of tse party describing He denied, however, that he W. Nichols and Miss Spisak, Kitstill four feet of snow there."

The local men reported remains of camps of surveyors of Alran who had been there last rear lining up land for various sites concerned with the location of the great plant.

Fisheries-

Must Appeal

OTTAWA (CP) - The fishing industry must learn to merchandise its product with efficiency of the meat industry if it expects to get a proper share of the housewives' dollars, Fisheries Minister R. W. Mayhew said yesterday.

fishing industry dare not lose sight of the kitchen," he said in an address to the sixth annual meeting of the Fisheries Council of Canada.

The housewife is interested in packages, wrappers, weights and sizes, vitamins, cleanliness and frosted food cabinets. Housewives are demanding and paying for these services and, Mr. Mayhew said, the fishing industry is moving into this merchandising.

For action use News classifieds

BUILD B.C. PAYROLLS"

WINTER SUNSHINE



wonderful all-purpose food ch nourishing Pacific Milk is epared from farm fresh milk Fraser Valley herds. Now its icreased Vitamin D content gives added "sunshine" to winter meals. It's economical too.

PACIFIC MILL Vacuum packed and Homogens

H MHOL BULGER Optometris!

tohn Julger Lia

Steamer

Prince Rupert

BAILE FUR

Vancouver and Intermediate Ports

Lach Thursday a 11:15 p.m.

For KETCHIKAN WEDNESDAY MIDNIGHT comfort and Service For Intact values Write or Call



Costello Boasts-

Is Powerful In Politics

NEW YORK (CP) - Racketeer Frank Costello admitted this

pears to be developing.

Prom Vancouver came word octore—Costello testified he help-last week of interests there be-ed the late Michael J. Kennedy

Dowell and Mis. A. A. Shipp,

West Vancouver; A. Pyper, Port

Clements; B. H. Smith, Minneapcratic Manhattan organization Willis, Montreal D. Hamilton,

party of local business men, with "What was your ability to per- G. Moe, Ocean Falls. Richard Braun,, one of the orig- suade politicians?" Costello was H. Lewis, A. J. Spillsbury, inal pre-empters at Kitimat, asked by the Senate crime inves- Stan McClay, J. Braine, B. Mac-

get a traffic ticket fixed.

the vicinity. "It is a splendid needed Costello's support to gain wanga; Mrs. T. Jordan and chiltownsite area even if there is Democratic nomination for dren, Smithers: Mr. and Mrs. F.

Cliff Ham is Hospital Head

Re-elected president of the board of directors of Prince Rupert Hospital Association Tuesday night was C. G. Ham. Earl Gordon is vice-president.

Also re-elected was D. C. Stevenson, as secretary of the Association and administrator of Prince Rupert General Hospital Other directors are G. F Forbes, P. H. Linzey, Mrs. Jens Munthe, Dr. L. M. Greene and Ald, H. S. Whalen.

Prince Rupert

W. E. Drake, A. H. Elliott, J. L. Bryant, G. E. Foster and R. W. Foreman, Vancouver; Mr. and week he was powerful enough in Mrs. F. W. Hooper, Montreal; J.

Eutedale; J. A. Rotinson and J. Donald, S. G. Fraser, E. R. Carsand Mrs. L. Kothonen, Port Members of the land inspec- Earlier Ex-Mayor William Essington; W. S. Dale and H.

lop and Susan, Ottawa; Miss J. W. Becker, Wells; Mr. and Mrs.

R. Paulsey, Terrace.

Want Ads. Sure Results!

SPRING COATS * CORDUROY * SILK

Sizes a months — 6 years

* WOOL

If you want to sell it, advertise it. News classifieds.

Prince Rupert Daily News Thursday, March 22, 1951



Enjoy sleep that restores your energy-

Switch to Postum!

Start each day refreshed - by 8 hours sound sleep! Drink Postum - avoid tea and coffee. Tea and coffee contain caffein - a drug that may cause you restless sleep, nervousness or indigestion. Postum contains no caffein - cannot possibly keep you awake or upset you.

A Grand Satisfying Flavor

Postum pleases grown-ups and children - with its fine vigorous rich flavor - and because they can drink as much Postum as they want, as often as they want!

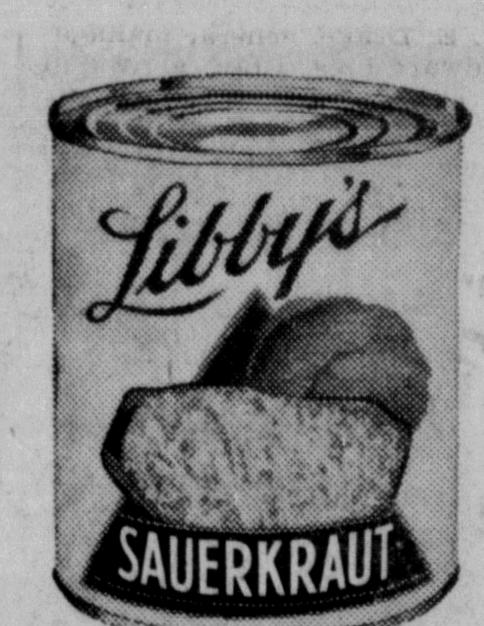
Saves you up to I¢ a cup

Make Postum your answer to rising beverage costs! -Postum saves you up to 60% of your hot beverage BUY POSTUM TODAY



THE STORK SHOPPE SAUERKRAUT IS

ONE OF THE MOST HEALTHFUL VEGETABLES YOU CAN EAT!



Science is finding out some remarkable things about that ancient food-sauerkraut. For example, sauerkraut contains the same kind of lactic bacilli which is found in yogurt, buttermilk and sour milk, all of which are well known for their wholesome properties.

Sauerkraut has all the beneficial properties of cabbage in a more easily digested form, and it is more valuable as a food. It actually increases appetite. A favourite for centuries because of its pleasantly stimulating flavour, science has discovered that it is among the most

valuable of preventive and corrective foods. Sauerkraut not only rates high in food value, but is one of the most healthful and economical dishes you can buy.



A FAVOURITE FOR CENTURIES because of its pleasantly stimulating flavour, sauerkraut richly deserves its new-found popularity. It is delicious eaten raw – just as it comes from the tin, makes a wonderful salad or baked dish. And – housewives, take note—a hearty serving costs less than 5c.



WHEN COOKING sauerkraut always use a saucepan with a tightly fitting cover. This safeguards against loss of vitamins in cooking.

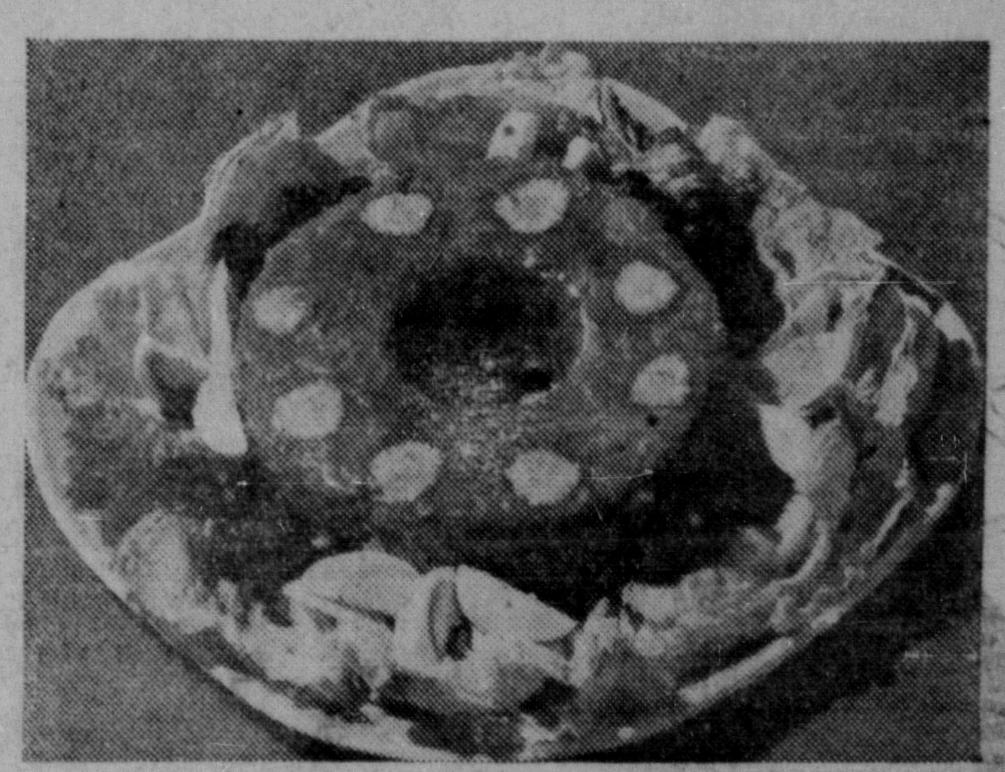
USE JUICE when serving sauerkraut. When Sauerkraut is served dry, the useful lactic acid content is diminished.



SAUERKRAUT AND FRANKFURTS-In heavy skillet or frying pan, put one can of Libby's Sauerkraut, including juice. Top with one pound of Frankfurts. Cover tightly. Bring to boiling point. Turn down heat and simmer for 7 minutes. Serve as in picture, garnished with tomato slices and dill pickles.



SAUERKRAUT AND SPARERIBS—Brown two pounds spareribs in heavy skillet or frying pan with a little fat. When well browned, remove from skillet. Place undrained sauerkraut in skillet. Top with browned spareribs. Cover tightly. Bake in moderate oven (350°F.) about one hour, or until ribs are fork-tender. Serve as shown, garnished with green pepper slices. Serves 4.



SAUERKRAUT CUCUMBER SALAD-Soften two tablespoons gelatine in half cup cold water ten minutes. Bring one can Libby's Tomato Soup to a boil and dissolve softened gelatine in it. When cool, add two cups Libby's Sauerkraut; 2 tablespoons finely chopped onion; 2 frankfurts, sliced penny-wise; 1/4 teaspoon salt; 1/8 teaspoon paprika. Slice cucumber in thin rings and place in bottom of mold. Fill with tomato sauerkraut mixture. Chill. When ready to serve, turn out on lettuce leaves. Garnish with lemon wedges, hard-cooked eggs and olives. Serve with mayonnaise.