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## HOUSEKEEPING

### CONDENSED SOUPS VERSATILE—INTERESTING COMBINATIONS

CONDENSED SOUPS ARE VERSATILE

Many homemakers today do not have the time nor the cooking facilities to prepare a pot of old-fashioned soup and they usually turn to canned soups. A bowl of canned soup may be served by preparing it as a hot soup or by combining two soups or even by adding a pinch of herbs or spices to a can of soup. Depending upon the kind of soup and the family's taste, one of the soups which seem to shine very well are cream of chicken, cream of celery, cream of mushroom, cream of tomato or vegetable soup. By the way, cream soups are an excellent way to get non-alcoholic drinks to take milk.

Home economists suggest a few ways in which canned soups may be used to advantage. A cream soup such as cream of mushroom, cream of chicken, cream of celery or cream of tomato may be used as a quick sauce or gravy. For either purpose the soup may be used just as it comes or it may be diluted with milk, depending upon the thickness desired. When used as a sauce for meat loaves or in casseroles the soup is usually left undiluted but for creamed chicken and vegetables the consistency of a medium cream soup is desired. By adding an ingredient or two to a cream soup, for example, grated cheese to mushroom soup, and heating it you will have an appetizing sauce, or rabbit, as some prefer to call it. Condensed vegetable soup may be added to meat pies and stews in place of tomatoes and left-over dishes can often be made do by adding condensed soup.

Trusted sandwiches made with heated cream soups are excellent for an evening snack on a night. You can make them in a sandwich, envelope style, rolled in a bun, or as a salad. They are very nice as a fruit salad in place of a fruit roll.

If you are tired of serving the usual type of French dressing, adding a can of condensed cream soup to it. This will give color to the dressing and also a welcome change of flavor. When serving soup, or food for that matter, remember to garnish it before

serving as eye appeal is important when it comes to stimulating the appetite. Elaborate garnishes are not necessary for even a sprig of parsley or a dash of paprika will make a difference to a bowl of soup or a creamed meat or vegetables.

**Quick Luncheon Casserole**  
3 tablespoons butter  
1/2 pound mushrooms, sliced  
2 cups diced, cooked meat  
1/2 cup chopped celery  
1/2 cup chopped onions  
1 teaspoon salt  
Dash of pepper  
1 10-oz. tin tomato soup  
2/3 cup buttered bread crumbs  
Melt butter, add sliced mushrooms and saute until a golden brown. Add meat, celery and onion and cook three minutes. Season with salt and pepper and place in a greased baking dish. Cover with the tomato soup and top with buttered crumbs. Bake in a hot oven, 400°F., until the crumbs are brown, about 30 minutes. Yield: 4 cups (5-6 servings).

**Mushroom-Cheese Rarebit**  
1 10-oz. can condensed mushroom soup  
2 cups grated medium Cheddar cheese  
1/4 cup chopped sweet pickles  
1/4 cup chopped celery  
Combine soup and cheese and heat in top of a double boiler until cheese is melted, stirring occasionally. Add sweet pickles and celery. Serve on hot toast, french fried noodles or rye bread. Yield: 2 cups (four servings).

**Caruso Sauce**  
1 tablespoon fat  
1/2 cup chopped onion  
1/2 clove garlic  
1/2 cup sliced mushrooms  
1/4 cup water  
1 bouillon cube  
1 10-oz. tin condensed tomato soup  
Melt fat in a saucepan; add onions and saute 5 minutes. Add garlic, mushrooms, water, bouillon cube and condensed tomato soup. Bring to boil and simmer until thick, about 5 minutes. Yield: 1 1/4 cups.

**NOTE**—This sauce is good served with spaghetti, hard-cooked eggs or meat.

**Tells About Wood Fabrics**

An interesting address by M. Martin of Columbia Cellulose Company on wood pulp fabrics was heard at last week's dinner meeting of the United Church Men's Club.

The speaker was introduced by Vice-President A. S. Nickerson, who was in the chair owing to the absence through illness of President Dr. L. M. Greene.

Mr. Martin told of the problems encountered in manufacturing fabrics from pulp and the continuous experimenting that was being done by the industry. He said pulp from annual crops such as cotton had been tried but that the most satisfactory results had been obtained from wood pulp.

Dinner was served by Mrs. A. S. Nickerson, convener of the committee. Mrs. Douglas Payne and Mrs. Owen Green of the W.A. to the church. Members of the auxiliary contributed food.

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## U.N. Group Seeks Cease-Fire in Korea



Three men were called upon last December by the United Nations General Assembly "to determine the basis on which a satisfactory cease-fire in Korea can be arranged." They are (left to right) Mr. Lester B. Pearson, Canadian Secretary of Foreign Affairs; Ambassador Nasrollah Entezam of Iran, President of the Assembly; and Sir Benegal N. Rau, Permanent Representative of India to U.N.

## SOCIAL AND PERSONAL

J. J. McKenna, Stewart druggist, will be here aboard the Camosun tomorrow morning, going through to Vancouver on business.

Regular Moose meeting Tuesday, January 23, 8 p.m. Initiation of candidates. (19c)

J. Davis, representing the Aluminum Co. of Canada, came north from Vancouver to Butedale at the end of the week en route to Kitimat.

The fire department was called out at 8:30 yesterday evening to a chimney fire at the Pacific Cafe. No damage was caused.

The dance at Valhalla Hall Saturday was, as usual, an enjoyable affair. Music by Mike Columbus continued until midnight. Committee in charge was K. Hallberg and A. O. Morse.

Mrs. Kirby and Mrs. McDonald, Stewart nurses who came to the city last week with patients for the hospital here, returned north on the Camosun yesterday afternoon.

John Basso jr. and Louis Campagnello jr., who have been on a three-months' trip to Italy and Switzerland, returned home on the Camosun yesterday afternoon.

Mr. and Mrs. C. J. Carter and daughters returned to the city on the Camosun yesterday after having been in Vancouver since the Christmas season. Mr. Carter is in charge of the Shantymen's mission work here.

Ben Allen and A. Anderson, officials of the Mine, Mill and Smelterworkers' Union from Stewart, were passengers aboard the Camosun last evening returning north after a trip to Vancouver.

From Sandspit (yesterday)—N. Falls, O. Olsen, H. J. Young. To Vancouver (yesterday)—B. Smith, H. McDonald, P. McCormick, Chen King, R. S. Gordon, T. McCaskell, C. Hult, Miss J. Shiedell, C. A. Lind, W. G. McKenzie, T. A. McKeown, J. Strachan, J. Colville.

**LAP-DOG KILLER**  
DUNDEE, South Africa.—F. Wellman told a meeting of farmers here that a Pekinese has been known to kill a sheep. "The so-called lap-dog attacks like a jackal, worrying and harrying a sheep, not like a dog, which jumps and bites," he said.

**WALKING STICK DIGNITY**  
LEEDS, England.—"To add to their dignity," 200 Leeds University students now carry walking sticks.

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## Man on Street—

## Confused And Dissatisfied

"Confused and dissatisfied" is the way Sid Gonick described the man on the street in the United States. Mr. Gonick is back from Venice and Los Angeles, California.

Mr. Gonick said many were dissatisfied with President Truman's administration and were particularly critical of the way the Korean situation had been handled. The draft status is in a state of flux with new orders being issued every day. There is, apparently, no ground for deferment and all except the upper one-third of students of draft age will probably be called up when they complete their present semester.

The country is definitely going all out on a war economy, he said, with aircraft factories working around the clock.

No feeling of shortages is apparent yet but prices are rising all the time. Prosperity is rising to dizzy heights due to war orders. The sum of \$50,000,000 has been included in the civilian defence budget. A proposed air-raid shelter in downtown Los Angeles will be under a complete city block.

But the people as a whole, Mr. Gonick said, seems to be in a muddle. They do not seem to know just where they stand. The one thing certain is that they are dissatisfied.

**REALLY FRESH**  
KARACHI.—Fresh beef in Pakistan costs 12 cents per pound. The freshness is protected by government law which demands the sale of meat on the day the cattle is slaughtered.

**ASPIRIN**  
RELIEVES PAIN AND SORE THROAT DUE TO COLDS  
FEEL BETTER FAST!

**NOTICE OF MEETING**

The Annual General meeting of the Civic Centre Association of Prince Rupert will be held Thursday, January 25, 1951, at 8:00 p.m. in the Civic Centre Auditorium.

The order of business will include the presentation of Annual Reports, Election of Directors, etc.

All paid up members of the age of nineteen years and over will be entitled to voting privileges. M-W

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## Announcements

W.O.T.M. Tea at Mrs. A. Ritchie's, 146 7th East, January 25, at 2:30.

Card party, Catholic Hall, Thursday, January 25, 8 p.m.

Presbyterian Burns Banquet, Friday, Jan. 26.

Legion Card Party, Jan. 31.

Women's Hospital Auxiliary Tea, Nurses' Home, February 1.

St. Andrew's Cathedral Tea, Mrs. W. C. R. Jones, 430 4th Ave. West, Feb. 6.

Conrad P-TA Valentine Masquerade Party, Conrad School, February 10, 8 p.m.

120th H.A.A. Valentine Dance, February 10, Armories.

United Church Valentine tea, Mrs. L. M. Greene's, February 15.

Rupert Rod and Gun banquet, February 15.

Legion masquerade party Friday, February 16.

Conrad School P-TA card party, February 16, 8 p.m.

Job's Daughters Easter tea and sale, Masonic Temple, March 22.

Legion Auxiliary Spring Sale, April 4.

St. Peter's Spring Sale, April 26.

Sonja tea, May 12.

## Timber Wolves Are Near City

Two large black timber wolves were ranging last night to within about two miles of the city limits.

The animals were spotted this side of Oliver Lake between the city and Galloway Rapids bridge about 7 p.m. They were ambling along the highway and came into full view as the lights of Hugo Kraupner's automobile caught them. They merely moved to the side of the road to let the car pass them.

The bushel as a dry measure is based on the old English Winchester bushel of 2,150 cubic inches.



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Mine Run	\$13.50 per ton in sacks
Mine Run	\$12.50 per ton loose
Slack	\$8.50 per ton in sacks
Slack	\$7.50 per ton loose
\$1.00 per ton off for lots of 5 tons or over	
100 CORDS OF WOOD FROM PRUDHOMME LAKE	
Cut any length, per cord delivered	\$12.00
In long lengths, per cord delivered	\$10.00
\$1.00 per cord off for lots of 5 cords or over	

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January 22 to 27

4 CORDUROY DRESSES, regular 4.75	Sale Price 2.95
6 BENGALINE DRESSES, regular 4.15	Sale Price 1.99
Similar savings in Crepe and Taffeta Dresses, Wool and Corduroy Jumpers	
5 SNOW PANTS, reg. 4.50	Sale Price 2.95
2 SIZE 8 REVERSIBLE PARKAS, Regular 18.00	Sale Price 9.95
6 ALL WOOL MACKINAWs, reg. 7.25	Sale Price 4.95
3 GIRLS' 3-PIECE CHINCHILLA SET, Regular 10.75	Sale Price 6.95
7 SLICKERS, reg. 5.95	Sale Price 3.95
Similar savings on One- and Two-Piece Snow Suits, Raincoats, Flannel Housecoats, Skirts.	

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