

PREFERRED WHERE TASTE IS CRITICAL

Blue Ribbon
RED LABEL
DING KIPPOU
B-92

Twenty Years Ago
In Prince Rupert

October 20, 1910
The Men's Bible Class held an enjoyable social last evening in St. Andrew's Church Hall. W. H. Mitchell, the president, opened the proceedings. Those contributing to a musical program were Mrs. Archer, Miss Barker, Miss Craig, Mr. Clark, Mr. Mellor and Rev. W. G. James, the accompanists being Miss Ward, Miss Ellett and Miss Froud. There were monologues by J. G. Weston and a recitation by Rev. T. S. DesBowers. S. M. Newton gave an appropriate speech.

A sharp squall which came at the peak of a high tide yesterday afternoon did minor damage along the local waterfront. Among the places affected were the Robinson and Davis boat houses, Alfred Swanson's float and the Westholme Lumber Co. wharf.

Ald. V. W. Smith returned to the city yesterday after having spent a three weeks' vacation at his ranch near Camrose, Alta. He also paid a visit to Port Mann, the proposed terminus of the Canadian Northern Railway.



DEPRESSION
"I'm a different woman"

"Two years ago I began to get depressed, and everything was too much trouble for me. I was a misery to myself and everyone around me. I was advised to take Glauber Salts by my friends who said it was the same as Kruschen but it did me no good, so at last my husband got me a bottle of Kruschen and no one would realise the different woman I am. I have been taking Kruschen now constantly for two years. My daughter also would not be without it. I have got my neighbour to take Kruschen as well and she has found its worth as she feels a different woman."

(Mrs. G. A. K.)
The commonest cause of depression is partial constipation—an insidious complaint because the sufferer is seldom aware of it. It means the gradual accumulation of body poisons which dull the mind, damp the spirits, sap the nervous strength and lower the whole vitality.

Kruschen Salts make constipation impossible. Therefore, if you keep to Kruschen you need never know the meaning of melancholy; never feel "nervy" or depressed.

C. G. I. T. Social
Evening Friday

About Sixty Were Present at Very Enjoyable Affair

A very successful social evening was held on Friday night in the Presbyterian Church Hall, under the auspices of the C. G. I. T. with Miss Beulah McKinley, president, in the chair. Music and games were indulged in. There were about sixty present and young and old all participated in the games. J. A. Teng rendered several solos accompanied by Mrs. J. S. Black.

The program committee consisted of Miss S. Leila Stuart, Miss Helen Walker and Miss C. Mussallem. The refreshment committee consisted of Miss R. Rice and Miss W. Eby with Miss M. Willscroft at the door.

Interior Couple
Wedded Recently

The wedding took place recently at Buck Flats, south of Houston, of Miss Jean Matilda McCormick R.N., daughter of Mr. and Mrs. William McCormick of Vancouver and former member of the Burns Lake Hospital staff, and Lewis Watson of Buck Flats. The bride wore a gown of blue satin and the ceremony was performed under a floral arch by Rev. E. S. Fleming of Burns Lake. The groom's parents' home was decorated in pink and white with evergreens.

Valuable Book
Issued By Gov't

Gazetteer of British Columbia Interesting to Geographers

The Department of Lands, by direction of Hon. F. P. Burden, Minister of Lands, has issued a Geographical Gazetteer of British Columbia. This publication is a most complete and valuable one. The work has been carefully prepared by the Chief Geographer of the Department of Lands, Major G. G. Aitken, and his staff; and comprises a list of all recorded place-names, cities, towns, post offices, rivers, lakes, creeks, mountains and other geographical features, the location being shown in each case by the latitudinal and longitudinal position.

The all who are interested in the geography of British Columbia, this carefully compiled Gazetteer will prove a most valuable reference book, and will be an appreciated addition to their libraries.

In the Gazetteer are approximately 23,000 names contained in 291 pages. There is a very interesting preface in which short, concise descriptions are given dealing with early history, settlement and physiography.

Describing Prince Rupert, the Gazetteer says that this is a city of 7,500 population and the Pacific terminus of the Canadian National Railways. The geographical location is given in detail and the distance north of Vancouver is given at 477 miles. The business institutions of the city are enumerated and there is much other information of a general nature.

Daily News "Want Ads" bring quick results.

STEWART

The death occurred recently at Renton, Wash., of Frank P. (Pap) Stewart, pioneer prospector of Stewart and original discoverer of the Mountain Boy mine. The late Mr. Stewart was 78 years of age.

A. Link, managing director of the North Country Mining Co., which is developing a group of claims on Bulldog Creek, states that the company plans to continue work on the property during the winter with a small crew of men employed.

A son was born last Thursday in Vancouver to Mr. and Mrs. Henry D. Rochfort of Stewart.

The home of George Bolen, just across the railway track at the east end of town, was destroyed by fire last Wednesday evening. The house was a small one and its contents were insured for \$500.

JAMES BOYD SAILS SOUTH

James Boyd, supervisor of fisheries for District No. 2, sailed last night on the Prince Rupert for a trip to Vancouver on official duties.

Children's Colds
Checked without "dosing" Rub or VICKS VAPORUB
OVER 21 MILLION JARS USED YEARLY

MONDAY and TUESDAY
Two Shows — 7 & 9 p.m.

Capitol
CANADA'S FINEST Entertainment

Richard Arlen
— in —
The Light of Western Stars
An All Talking Zane Gray Story — A Paramount Picture

Comedy—
CHIC SALES in "Ladies Man"
CARTOON and PARAMOUNT SOUND NEWS
Novelty—
"OLD TUNES FOR NEW"
Admission — 20c & 40c
Feature starts at 7:50 & 9:15

WEDNESDAY & THURSDAY
Ladies of Leisure

John Kristmansson of Odessa was a passenger leaving aboard the Prince Rupert last night bound for Vancouver on a holiday visit.

COAL!

PEMBINA EGG—Delivered, Per Ton \$12.25
MINEHEAD EGG—Delivered, Per Ton 12.50
MINEHEAD LUMP—Delivered, Per Ton ... 13.50

FURNITURE and PIANO MOVING
A Specialty

HYDE TRANSFER—PHONE 580
PHONE 580

Sore Throat

SORENESS or inflammation of throat often leads to laryngitis and bronchial catarrh. Peps tablets are the speedy, soothing remedy. The medicinal fumes given off the dissolving Peps, destroy mischievous germs, and soothe and invigorate the whole of the breathing passages. A Peps in the mouth keeps infection out!

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INFECTION-KILLING TABLETS

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OPERATING G. T. P. 20,000-TON FLOATING DRYDOCK
Engineers, Machinists, Boilermakers, Blacksmiths, Pattern Makers, Founders, Woodworkers, Etc.
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Our Plant is Equipped to Handle All Kinds of MARINE AND COMMERCIAL WORK
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DEMAND

"Rupert Brand" Kippers

"THE DAINTIEST BREAKFAST FOOD"
Smoked Daily by

Canadian Fish & Cold Storage Co., Ltd.
PRINCE RUPERT, B.C.

SAFETY'S TEN COMMANDMENTS

- First: Thou shalt have no other thoughts but thy work.
- Second: Thou shalt take no unnecessary risks, nor try to show off, nor play practical jokes, for by this carelessness thou mayst do injury which will have effect unto the third and fourth generations to follow.
- Third: Thou shalt not swear nor lose thy temper when things do not go just right.
- Fourth: Remember thou art not the only one on the job and that lives of others are just as important as thine own.
- Fifth: Honor thy job and thyself that thy days may be long in employment.
- Sixth: Thou shalt not clean machinery when it is in motion.
- Seventh: Thou shalt not watch thy neighbor's work, but attend to thine own.
- Eighth: Thou shalt not let the sleeves of thy shirt hang loose, nor the flaps of thy coat to be unbuttoned, as they may get caught in machinery and thereby do great bodily harm.
- Ninth: Thou shalt not throw matches nor greasy waste on the floor, nor scatter oil around the bearings, as a dirty worker is a clumsy worker and a clumsy worker is a menace to his fellow workers.
- Tenth: Thou shalt not interfere with the switches, nor the dynamos, nor the belts, nor the cables, nor the engines, nor anything else thou art told is dangerous.

95c.
Combination
Specials

- GROUP NO. 1**
2 lbs. Ginger Snaps—
2 cans Plums, 2's—
1 can Potted Meat, 1/2's—
1 bottle Sweet Relish—
All for **95c**
- GROUP NO. 2**
6 lbs. Green Tomatoes—
2 lbs. Pickling Cucumbers—
1 lb. Green Pepper—
1 quart White Vinegar—
1 lb. Mixed Biscuits—
All for **95c**
- GROUP NO. 3**
8 lbs. Turnips—
8 lbs. Carrots—
4 lbs. Onions—
4 lbs. Beets—
1 bunch Celery—
All for **95c**

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