

Price 50c a box

Was Weak and Run Down Could Scarcely Do Housework

Mrs. Edward A. Allen, Beranson, Alta., writes: "I would like to tell you of the great benefit I have received from your Milburn's Heart and Nerve Pills. I was feeling very much run down in health, and was so weak I could scarcely do my housework, in fact, I would have to lie down in the afternoon for an hour or so. I saw your Pills in the drug store and took a box home with me, and I was delighted with my renewed strength. I have recommended them to a neighbor and feel sure they will help her too."

Sold by all drug and general stores, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

# Personal Greeting

Our new samples are here and are ready for your inspection Interesting Cards, Booklets, Greetings

Use personal cards this year, they are doubly welcome, indicate good taste and are distinctly individual

Prices Per Dozen — \$2.00, \$2.50, \$3.00, Up

### Ornes Lid. The Pioneer Druggists

Third Ave. & Sixth St. Phones 81 & 82 THREE GRADUATE PHARMICISTS.



#### Of Outstanding Character

The name "Black & White" on a bottle of whisky is as absolute a guarantee as the hall-mark on silver. It assures that subtle difference in flavour and quality which distinguishes this whisky from all others. It guarantees that only the finest materials have been used and that always everywhere the quality is the same.

## SCOTCH WHISKY

DISTILLED, BLENDED AND BOTTLED IN SCOTLAND

This advertisement is not published or displayed by the Liquor Control Board or by the Government of British Columbia.



SCOTCH WHISKY BUCK & WHITE

Charpers and one

SAILINGS FROM PRINCE RUPERT To Ketchikan, Wrangell, Juneau, Skagway-

Nov. 15, 29. To Vancouver, Victoria, Seattle- Nov. 5, 19. Princess Mary-Ocean Falls, etc. Vancouver and Victoria, every Friday, 10 p.m.

Agents For All Steamship Lines W. C. Orchard, Gen. Agent, 3rdAv., Prince Rupert, Phone 31.

#### UNION STEAMSHIPS LIMITED

SPECIAL WINTER EXCURSION FARES. Tickets on sale from Nov. 15, 1930 to Feb. 28, 1931 (with final return limit March 31, 1931) PRINCE RUPERT TO VANCOUVER Steamers leave Prince Bupert for Vancouver:-

T.S.S. CATALA EVERY TUESDAY, 3:30 P.M. Arriving Vancouver Thursday Neon approx. T.S.S. CARDENA EVERY FRIDAY MIDNIGHT Arriving Vancouver Sunday linidblight approx. Weekly sailings to Port Simpson, Alice Arm. Anyox, Stewart and Naas

River points. Sunday, 8:00 p.m. Further information regarding all sailings and tickets at -

HALVEIDES SEIECHVIL

PRINCE RUPERT AGENCY: Sec und Avenue,

nice fenced in garden with concrete walks- \$3,500.00

A real bargain HOUSE 4 rooms and bath, sewer connection, \$1,500.00 double corner, Fifth Ave. W., partly furnished

HOUSE-7 rooms, fully modern, Fifth Ave. \$4.000.00 Terms to arrange

McCAFFERY, GIBBONS & COLLART, LTD. Phone 11 Mutual Life of Canada

#### Local Items

Glasses fitted by registered optometrist at Heilbroner's store.

Fish is Healthy Food. Eat more Fish, and support Home Industry

Ladies are specially invited to attend the boxing match Friday

"Amy From Arizona" at Rupert East United Church tonight at 8 o'clock. Admission 50c.

H. W. Macey, who has been on a business trip to the interior, returnto the city on yesterday afternoon's

Boxing! Friday night, Empress Social Club Arena— Mel Cowie, Featherweight Cham. of Western Canada vs. Billy Baines, Ketchi-

Hyggas Bazaar, Metropole Hall, Friday, Nov. 21. Program starts at 8 o'clock. Sale of fancy work. Admission to dance 25c. Everybody wel-

Dr. R. G. Large of Port Simpson, who is at present on a post-gradulate tour in the Eastern United States, will, it is understood, leave Port Simpson next year to take up the practice of his profession in

C. N. R. steamer Prince George, Capt. Harry Nedden, making her first voyage of the season on winter schedule, arrived in port at 11:30 this morning from Vancouver, Powell River and Ocean Falls and will sail at 4 o'clock this afternoon for Anyox and Stewart whence she will return here tomorrow evening southbound.

Mr. and Mrs. Oscar Bainbridge, who were married recently at Bella Bella where the groom is agent for the Imperial Oil Co., and where the bride was formerly Miss Jennie Rendle R.N., lady superintendent of the R. W. Large Memorial Hospital, were passengers aboard the Catala yesterday afternoon going through to Bella Bella where they will take up residence after having made the round trip north to Prince Rubert, Anyox and Stewart for a honeymoon.

### DO YOU SUFFER WITH

So easy to get quick relief and prebromides and dope. They relieve quickly but affect the heart and are very dangerous. They are depressing and only give temporary relief, the cause

of the headache still remains within, The sane and harmless way. First correct the cause, sweeten the sour and acid stomach, relieve the intestines of the decayed and poisonous food matter, gently stimulate the liver start the bile flowing and the bowels pass off the waste matter which causes your headache. Try Carter's Little Liver Pills. Druggists 25c red pkgs.



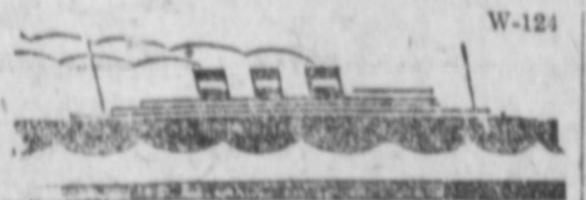
THE HOLIDAYS!

LIOW pleasant to see the old folks at home this year . . . doubly so when Canadian National books your passage and arranges all transportation details for you.

Choice accommodation. Courteous, efficient service. Moderate cost.

# NATIONAL

For Information Call or Write R. F. McNaughton, District Passenger Agent, Prince Rupert, B.C.



lullaby, for her work never ceased. In those days, people were born to work or they were born to play, and the dividing line was seldom crossed. The new household servant-electricity-by performing much of the

HE spinning-wheel, whirring far

companiment to our grandmother's

into the night, provided the ac-

housework that was formerly done by the housewife, has made it possible for her to devote more and more hours of the day or night to social duties and even to political affairs. Nowadays, it is not only the Duchess who is a leader of community thought and activity-modern society is benefitting from the rich experience of individuals from all walks of life.

Certainly, to-day, woman's vocation is to wield an influence not only in her primary field, which is the home, but also in national and civic affairs. There she has the opportunity to weave into our social fabric those designs and patterns which benefit ourselves and our children.





DOYOUKNOW That there are 413 textile mills in Canada, with a capital investment of nearly \$200,-





Dinnerware, china, crockery, glassware. Heilbroner's Store.

The percapita consumption of about \$20,000,000. fish in Canada is low. Help build

All seats for Boxing match Friday night are reserved and on sale at Empress Social Club. Phone 592 for reservations.

George Gartell of the Dominion Rooms, charged with supplying liquor to Indians, has been remanded for eight days.

Hugh Ferguson of McRae Bros. staff sailed yesterday afternoon on the Catala for a holiday trip to Vancouver and elsewhere in the

Presbyterian Bazaar tomorrow afternoon in Church Hall. Supper will be served from 5.30 to 7.30 p. m. Price 50c. Good music program Everybody welcome.

W.M.S. of First United Church will hold a tea and sale of homecooking at the home of Mrs. W. T. Kergin Fourth Avenue West, Friday, Nov. 21, from 3 to 6. 270

When you want real warmth hi your home order Nanaimo-Wellington Coal. The coal that made Nanaimo a city. Albert & McCaffery. Phone 116 and 117.

W. Bean and N. Nelson, who have been in the service of the Power W-124 | Corporation of Canada here on construction work, sailed yesterday afternoon on the Catala for Vancouver. Mr. Bean will go to his; home at Fernie

The value of Materials used annually in the Fish Canning & Curing Establishments of Canada

ANNOUNCEMENTS

Presbyterian Bazaar Nov. 20.

St. Andrews Dance, November 28 Moose Hall.

Royal Purple Bridge and Whist series, next game, December 1.

Anglican W. A. Bazaar Dec. 2. United Church Bazaar Dec. 4.

Hard time dance Queen Mary Chapter, I.O.D.E. Hall December 4.

High School Concert, Dec. 11.



that tickle. Loosens phlegm. Penetrates and clears the tubes. Stops the cough. Every druggist sells it.

BUCKLEY MIXTURE Acts Like a Flash --- / A SINGLE SIP PROVES IT!

#### TENDERS WANTED

Sealed tenders for the purchase ada. 272 of the Anglican Mission Boat "Northern Cross" will be received by the undersigned up to noon December 15, 1930. Terms strictly cash. The boat may be inspected at the local Dry Dock and typed, general particulars may be had from Rev. W. H. Rushbrook, P. O. 533, Prince Rupert, B.C.

Can Pay For

What do you say to insurance at cost? You pay for no salaried officers and heavy overhead in the Family Beneficiary Society, of Vancouver, B.C. There is something you owe your family-

PROTECTION!

Investigate our plan. Write for information.

LEIGH SPENCER BLDG. 553 Granville Street Vancouver, B.C.

About 85,000 persons are employed in the Fishing Industry of Can-

HOTEL ARRIVALS

Central Hotel UNDER NEW MANAGEMENT

Steam Heated: Travellers' Sample Rooms; Hot and Cold Water Free Bus Meets All Trains and

Rates \$1.00 and Up SPECIAL MONTHLY RATES C. R. BIGGART & A. DONALD Proprietors

PHONE 51

Savoy Hotel Prince Rupert's leading family hotel. Hot and cold water in all rooms

A. J. PRUDHOMME, Prop. Cor. of Fraser and Fifth Sts. Savoy

Fred Brown, Anyox; Mrs. H. Pelletier, Edmonton; Mrs. L. Levoir, Anyox; Mrs. P. Blair, Winnipeg.

New Royal Hotel I. Zarelli, Prop.

THE HOTEL WORTH WHILE Hot & Cold Water: Steam Heat 75c PER DAY AND UP Telephone 281

Royal

Earle Lockwood, Jack E. Lockwood and Carl Eiede, Ketchikan; Mr. and Mrs. William Yuskow, Two Hills, Alta.; P. Brentzen, Port Simpson; N. L. Brewer, Digby; P. Calin, J. Hansen and V. Colussi, city.