

the Naas but sockeye are still com- limbs fill out. Blemished skin clears right up. "Nerves," indigestion, constipation end overnight. Avoid danger of serious ills, New pep first day.

Ironized Yeast is two great tonics in one. Weight-building brewer's Yeast plus strengthening, blood-enriching Iron. Many times more effective than unmedicated veast. Results in half the time.

Avoid risk of serious ills. Take these pleasant little tablets. No yeasty taste; no gas. If not delighted with quick gains, manufacturer refunds money. Get Ironized Yeast from druggist today. Feel great tomorrow. New pounds quick.

Thomas Lipton, snapped

Over one thousand boxes

from Prince Rupert last week.

strawberries from Lakelse and Kit-

sumkalum were shipped south

W. C. C. Mehan, superintenden

of the Grand Trunk Pacific, re-

turned from a trip up the line yes-

terday and reports that track lay-

crashed to the deck.

Enjoyable Picnic | Twenty Years Ago Major League In Prince Rupert Career Ended Sir Wilfred Laurier and Minister Graham both slightly injured in a head-on train collision yesterday Digby Island was a very successful near Moosejaw.

King Alfonso of Spain had a NEW YORK, Aug. 8:-Grover of Cleveland Alexander, now 43, has narrow escape when the mast the yacht Shamrock aboard of been none too successful thus far which he was the guest of . he must get some satisfaction.

In 19 years of campaigning under the big top, Alexander piled up 373 victories, and lost 108 games. In three straight seasons, beginning with 1915, Alexander won more than 30 games. This record was made with the Philadelphia Nationals who had paid \$750 to Syracuse in 1911 for him. Alex went to the Chicago Cubs in 1918, along with his catcher, Bill Killefer, for ing was finished as far as fifty, \$50,000.

mile but that scarcity of labor was was a thick haze when the Prin- the championship.

Alexander started this season with the Phillies, who had obtaine dhim on waivers. He had lost three games and won none when his big league career finally was ended.

Get the Ad. reading habit. It

can Research Foundation. The budget provides:

We get provides:

We get provides:

1			,
	Oxtail or	Nabob Soups-Vegetable,	1
-	25c	Tomato.	
1	200	2 tins	,
1	25c	Ashcroft Catsup—	0
ľ	200	26-oz. bottle	
1	25c	Hallowi Dates—	,
1		3 lbs	-
	45c	Beekist Honey—	5
1	THE RESERVE	2½'s, tin	,
	\$1.15	Sunnybrook Creamery Butter, 3-lb. brick	e
1	00	Little Chip Orange or	
1	tin 60C	Lemon Marmalade 2's	
1	lly PF	Halls Chicken Livers in Je	
1	190	11-oz. jar	
1	e4 40	Map of Italy Olive Oil-	L
1	\$1.10	32-oz. tin	ι
	65c	Garibaldi Olive Oil—	
1	nac	32-oz. tin	-
II.	\$1.15	Eggs, Fresh Extras	1
1	OT.TO	o dos	t,
	25c	Nabob Slived Peaches—	-
I		a 0-02, viiio	y -
	- 35c	Pickled Pigs Feet Cutlets	-
		7-0z. jar	t
		AND ADDRESS OF THE PARTY OF THE	

TUC large size, per doz. * Diamond Blue Plums-75c per basket

P. GAMULA, Proprietor Fifth Street. Phone 208

Any Players Not Yet Reached Are Asked to Report

With the fine weather continuing the cricket enthusiasts are getting a considerable amount of practice in. There is a practice game arrange for Saturday afternoon and while the committee think they have been in touch with all prospective players they are anxious that anyone not already personally advised should be on hand and participate.

One of the most recent additions to the bowling strength is Jimmy Doig who has been starring for the Regiment in their football team this Gazette Publishes Regiment in their football team this year. Jimmy played for the Army and Navy in the second division of the city league in Vancouver last year and his fast bowling was of decided value to them. If he is as offensive with the cricket ball as been at football our local batsmen are going to be tested out properly.

For Old Star

in his minor league career, but he leaves a big league record in which

Joe McCarthy, new manager of the Cubs, released Alexander to the St. Louis Cardinals in 1926. Alex promptly helped pitch the Cards to a pennant. The high point to his career came that year in the world's series, climaxed by his strike-out of Tony Lazzeri of the Yankees for

cess May struck the reef off Senti-

Specials

n,	Tomato.	25c
ng	2 tins	
50	Ashcroft Catsup—	25c
	26-oz. bottle	
08,	Hallowi Dates—	25c
e-	3 lbs	
ng	Beekist Honey—	45c
es,	2½'s, tin	
ne	Sunnybrook Creamery Butter, 3-lb. brick	\$1.15
	Little Chip Orange or	tin 60c
	Lemon Marmalade, 2's	, tin ouc
	Halls Chicken Livers in	Jelly 750
	11-oz. jar	100
ct	Map of Italy Olive Oil-	\$1.10
75	32-oz. tin	ФТОТО
	Garibaldi Olive Oil—	65c
il-		000
ial	Eggs, Fresh Extras	\$1.15
xt,	3 doz.	42.20
n- dy	Nabob Slived Peaches—	25c
ig-	2 8-oz. tins	
d-	Pickled Pigs Feet Cutle	35c
sit	7-oz. jar	
as-	Fresh Fig Bar-	25c
4	per lb.	
	Johnston's Floor Wax-	75c
d.	Old English When War	N
*	Old English Floor Wax-	70c
4	Bartlett Pears—	400
		4110



Paramount Stars Invit You to Their Party

With MAURICE CHEVALIER, RUTH CHATTERTON, GARV COOPER, CLARA BOW, DENNIS KING, NANCY CARROLL and 30 Others. A Talking, Singing and Dancing Festival. Fourteen

Song Hits and Part Technicolor.

CARTOON-"PLOWBOY"

Plan For Financial

OTTAWA, Aug. 7:-The current shares of common stock outstand. issue of the Canada Gazette pub- ing on June 9, 1930, \$57,381,666 67 lishes the announcement of the shall be capital and the remainder financial reorganization of the In- in value of such shall be distribut. ternational Nickel Co., of Canada, able capital surplus.

mains the same, with a par value \$27,679,900, but the common stock is increased from 13,928,594 shares of no par value to 15,000,000 Reorganization shares of no par value. It is provided that of the consideration received upon issues of the 13,771 800

The preferred stock of Nickel re.



White Horse is Scotland's senior Whisky. Used throughout the world wherever connoisseurs foregather.

ARRYING" is a term used IVI by experts to describe the blending process through which "White Horse" gains its smoothness and mellowness.

Scotch Whiskey is the blending of malts and grain whisky. For "White Horse" only the choicest makes of Scotch Whisky are selected. These are matured for a long period in sherry woodexpertly blended-or "married" -then aged, reblended and aged

Every drop of "White Horse" must go through this long, deliberate process and the result generously repays the effort.

DISTILLED, BLENDED AND BOTTLED IN SCOTLAND

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PEMBINA EGG-Delivered, Per Ton MINEHEAD EGG—Delivered, Per Ton ... 13.5 MINEHEAD LUMP-Delivered, Per Ton

> FURNITURE and PIANO MOVING A Specialty

HYDE TRANSFER—PHONE 580 PHONE 580

FOR generations doctors have, paid tribute to the sustaining, invigorating and health giving qualities of beer - when taken in moderation. There is no finer beverage than good beer for workers in every field of endeavor, whether mental or physical. The undermentioned beers are guaranteed to be absolutely pure. To safeguard the public they are constantly tested by Analytical Chemists employed by the B.C. Liquor Control Board. For Sale in all Government Liquor ? Stores and Beer Parlours PHOENIX EXPORT BLUE RIBBON LAGER PBIR. PILSENER LAGER

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DEMAND

"Rupert Brand" DINULIO

"THE DAINTIEST BREAKFAST FOOD" Smoked Daily by

Canadian Fish & Cold Storage Co., Ltd.

PRINCE RUPERT, B.C.

10-Day Closing Sale Peterborough Boats & Canoes

Below Factory Cost

Second Ave., next to Post Office P. O. Box 943 Phone Blue 345

Want Ads

Let Them Be Your Broker in Buying and Selling

Somebody is waiting to buy that house or bedroom set, or coat you have to sell. Somebody is waiting to sell that car, or typewriter, or whatever else it is you are in the market for. Get the habit of shopping through the Want Ads. You'll find undreamed of bargains—undreamed of opportunities. Do your shopping through these columns and see how profitable and pleasant it is.

READ and USE

CLASSIFIED ADS

Phone 98

"If it's fully told—it's quickly sold"

holding up rapid progress. C.N.R. TRAINS The Islander left about noon today for Hazelton and Skeena river From East-Daily, except Tuesay, 12.30 noon. For East-Daily, except Sunday. The weather was calm but there

GOOD NEWS FOR New Budget Feeds the Whole Family

When Crowding Occurs

big run this year. Pinks have gone

ing in larger numbers than usual

Islands tell of the appearance of a

few fish and signs are of a good

canneries some of the purse-seines

have been taken off both on the

Naas and the Skeena while others

have been set a daily limit so that

the situation is well in control now,

and possibility of wastage has been

Digby Island Visited By Local

Group and Lady Friends

The Toc H picnic yesterday to

and enjoyable outing. Over 30 mem-

aken to the grounds in boats sup-

olied by Messrs. Cross, Bushby,

All the various competitions were

cenly contested, the winners being

Aiss Phyllis Harvey, Miss Olive

Iunro, Mrs. P. Miller, Miss Chrissie

IcLeod and Messrs. T. Barton,

'ield, Rod Brown and Alan Cross.

Many were in swimming while a

paseball game provided much ex-

Itement. Around the bonfire on the

each in the evening there was

The committee in charge of the

icnic were E. Mattingley, Denny

Dungate and P. Miller.

ommunity singing.

illan and E. Walker.

pers and friends were present being

Toc H. Holds an

To relieve the situation in the

Reports from the Queen Charlotte

for this time of the year.

season there too.

eliminated.

HERE IS WHERE YOU CAN SAVE

from. 7		
One-Cent	Candy-	5C
BREAD-		25c
3 loaves	24	200

3-lb. brick Hollybrook, Woodland and E. C. D., per lb. 3oneless Hams-30c cents. FRUITS & VEGETABLES

Fresh Pearsper doz. Peaches—Large sixe 40c per doz. Plumsper 5-lb. basket Bing Cherries-Cukes-Hothouse Tomatoes-2 lbs. Corn on Cobper doz. Fresh Green Peas-9 lbs. Green & Wax Beansper lb. Sweet Oranges-

per doz. DELIVERED FREE OF CHARGE & Granville St., Vancouver.

per doz. 11. 40c. 50cm

Sunkist Lemons-Large

Phone 360

The Economy

319 Third Ave.

Four For \$13.72 CHICAGO, Aug. 8:-A family of MONEY ON YOUR CHOCOLATE four may eat well this summer for

nel Island in Lynn Canal.

\$13.72 a week, according to a summer food budget based on current prices, made public by the Ameri-Vegetables, including cabbage,

potatoes, tomatoes, spinach, radishes, lima beans, peas, celery, asparagus and onions, to cost \$1.32. Fruits, including peaches, apples pineapples, bananas, rhubarb and

\$1.05 dried apricots, costing 78 cents. Meats, including pork, bacon 38C lamb chops, ham and beef, costin \$2.77. Margarine, two pounds,

Canned goods, including soup tuna fish, figs, salmon and grape preserving, per crate \$1.50 cream, milk and eggs, \$3.50. Staples fruit, \$1.36. Dairy items, includin including bread, tea, coffee, coco 40c flour, sugar, rice, cereal, gelatin and cheese, \$3.28.

65c Trip to Naas River On Sunday Nex

The Prince William, Capt. Wi liam Thomas, is making her specis 35C trip up the Naas on Sunday nex leaving here at 8 a.m. and return 65c ing the same evening. Alread quite a number of people have si 50c nified their intention of taking advantage of the cheap rate to vis these coast points and a big pa 10c senger list seems assured.

> The Daily News can be pur-+ chased at-

Post Office News Stand, 325 * Karl Anderson, Prince *

Smithers Drug Store, Smith- + 1 R. W. Riley, Terrace, B.C.

Daily News "Want Ads" bring quick results.