SUFFERING FROM MALARIA

H.R.H. Prince of Wales who is ill in Africa but is recovering satisfactorily.

MODERN "BOTTLE BABIES" ARE CERTAINLY LUCKY!

by Mary Blake

Scientists of every land have been seeking and experimenting to find a milk for "bottle babies" that would give these precious future citizens as good a start in the world as falls to the lot of their cousins who begin life on mother's milk.

They have tried every kind of milk, in every modification, endeavouring to find the closest possible match for the perfect digestibility of mother's milk. And now, at last, they say they have found a *wonderful* match—even the frailest premature babies thrive upon it.

Two Secrets of Perfect Digestibility

This remarkable milk is unsweetened evaporated milk, which, as you doubtless know, is simply pure whole milk with part of the natural water removed, and *nothing* added. It is sealed in air-tight cans and sterilized so nothing can affect its purity.

Two things happen to this milk which, scientists say, explain the fact that it is so much easier to digest than cow's milk in any other form. First, there is the heat of sterilization, which alters the casein so that very fine soft curds are formed, almost identical with those formed by mother's milk, while ordinary milk forms tough, solid curds, very indigestible.

The second beneficial change in unsweetened evaporated milk comes from the process called "homogenization". This process breaks up each fat globule into a *thousand* infinitely tiny ones, as fine as those in mother's milk. This also helps the baby's delicate stomach to digest its food more perfectly.

Contains Needed Vitamins

Unsweetened evaporated milk is fully equal, from every nutritional standpoint, to the best bottled milk. It contains *all the vitamins* that any milk is depended on to supply. Even breast-fed babies nowadays are given orange juice and cod-liver oil—the only supplements needed with evaporated milk.

This milk is a splendid source of the minerals necessary to the building of sturdy bones and strong regular teeth. Safety is another advantage. Sterilization destroys all bacteria, and the baby simply can't acquire any of those milk-borne infections that upset so many bottle-fed babies.

Naturally, it is advisable to use the best evaporated milk that can be had. The most widely known brand is Carnation, the milk from "contented cows". The care with which this milk is guarded at every step, from dairy farm to final sealing and sterilizing, is a guaranty to the mother that her baby will have the purest and best of milk.

The Carnation Baby-Feeding Chart contains valuable information on this interesting subject. Please write for it, but remember that only your own physician should prescribe a formula for your baby.

I should also like to send a copy of my cook book, "My Hundred Favorite Recipes". Both publications are free, and you may obtain them by writing to Carnation Co., Limited, 134 Abbott Street, Vancouver, B.C.

and

remember

PRODUCED IN CANADA

Carnation Milk is the *perfect* milk for baby's bottle because it is unsweetened, evaporated milk of highest quality—pure, safe, nourishing, *and more digestible* than milk in any other form.

The Safeguarded Milk

"from Contented Cows"

Early Ad. Copy is appreciated

NOVA SCOTIA LEGISLATION

Mothers' Allowance, Minimum Wage Scale For Women and Old Age Pensions

HALIFAX, N.S., March 3:—Measures authorized at a provincial plebiscite and endorsed as government policy in the course of a by-election campaign will be announced in the speech from the throne when the second session of the second Rhodes administration opens in the Province House on March 5.

Whatever additional governmental legislation may be brought down, two proposed measures are certain to come before the assembly in the form of bills—Government Control of the sale of liquor, and provision for Mothers' Allowances. Government control won an overwhelming victory over the Nova Scotia Temperance Act at a province wide vote. Mothers' Allowances were announced by Premier E. N. Rhodes during Dr. G. H. Murphy's successful campaign for the seat in Halifax county made vacant by the death of Hon. John F. Mahoney. The announcement was coupled with the promise of a Minimum Wage Board, and of Old Age Pensions as soon as the province's finances were sufficiently strong to carry out the scheme.

Provision for a minimum Wage Board was first made under Premier G. H. Murray in 1920, to become effective by proclamation and the appointment of a board by governor-in-council. The act was proclaimed by the Armstrong Government in 1925, but no board was appointed. Amendments to the existing legislation, prior to the naming of a board, will likely come before the house in March.

The final report of the Commissioner on Old Age Pensions, appointed to determine the cost of such legislation, will be brought down at the forthcoming session, but it is unlikely that pension provision will be made this year. Incidental to the Premier's prediction that the province's finances would be equal to the burden in the near future, however, is the fact that a budgeted deficit of $863,000 for the fiscal year had been reduced to $138,000 when the auditor's report was issued. On the basis of an incomplete report, the government has estimated the province's share of a pension scheme at $1,250,000 in addition to the cost of administration.

Pulpwood Restriction

The possibility of legislation to restrict the exportation of pulpwood is seen in a statement drawn from Hon. W. L. Hall, attorney general, by reports of newsprint mills planned for construction in Maine, to operate mainly on wood cut in Nova Scotia. "The government intends to conserve and retain the raw materials necessary for the success and permanence of our industries," said Mr. Hall, "and will resist with all its power any attempt to exploit our natural resources for the benefit of a foreign country, even though stringent measures have to be taken to enforce this policy."

The matter was discussed in the Nova Scotia legislature in 1926, when the government undertook to stop the shipping of raw wood "as soon as this could be done without inflicting too serious hardship upon those engaged in the production of pulpwood."

A major development since that time was the coming into production in December of last year of the Mersey newsprint mill with a yearly full time capacity of 75,000 tons of newsprint, representing the refining of 135,000 cords of wood. Other pulp mills handled 49,000 cords last year. Thus the capacity of Nova Scotia's mills for partial or complete manufacture at the present time is approximately 184,000 cords.

This figure compares with a total of 291,000 cords cut in the province last year, of which approximately 187,000 were for export in the raw state, 104,000 cords being cut for manufacture into pulp, or in advance for the Mersey newsprint plant.

The proposed doubling of the Mersey newsprint mills would increase the manufacturing capacity of Nova Scotia's pulp and paper facilities to 311,000 cords, or about 20,000 cords in excess of last year's total cut. On the other hand, the cut of pulpwood in Nova Scotia is increasing yearly.

The restriction of pulpwood export undoubtedly will again come before the Nova Scotia assembly; but whether or not it will be an issue in the forthcoming session is still purely conjectural. The government is keeping its own counsel. Liquor Control and Mother's Allowances are the immediate measures publicly announced as sponsored by the administration.

A WINTER TONIC
FAMOUS OVER 50 YEARS
SCOTT'S EMULSION

She Won't Cook Can't Stand Smell

"I could not eat or cook, because the smell of food sickened me. I took Adlerika and now I eat anything without discomfort." —Mrs. John R. Gall.

Just ONE spoonful Adlerika relieves gas and that bloated feeling so that you can eat and sleep well. Acts on BOTH upper and lower bowel and removes old waste matter you never thought was there. No matter what you have tried for your stomach and bowels, Adlerika will surprise you. Ormes Ltd., Drugs.

Get the Ad. reading habit. It pays.

Remo Hall Falls Under Heavy Rain

Hay Barn Belonging to P. Murphy Also Collapsed

REMO, March 3:—The hay barn belonging to P. Murphy, and also the Remo Farmers' Association Hall collapsed owing to the unusually heavy rain on the snow. The R.F.A. Hall will be immediately rebuilt, work commencing at once.

Twenty Years Ago

In Prince Rupert

March 3, 1910

O. M. Helgerson has turned down an offer of $25,000 cash for the double corner at Third Avenue and Sixth Street.

Frank Keeley is to open up a drug store in the new Alder Block at the corner of Third Avenue and Sixth Street.

Martin O'Reilly is visiting in Norwood, Ont., with his father, Charles O'Reilly.

BELLA COOLA TO HAVE FAIR

Donation of $100 Is Made By Farmers' Institute

HAGENSBORG, March 3.—Members of Bella Coola Farmers' Institute donated $100 toward the fall fair to be held during the first week of October.

Mr. A. Hammer is president the institute, Mr. O. Kellog, president, and Mr. O. J. Nyg secretary-treasurer. On the are Messrs. M. Nygaard, J. Har E. Gorden and A. Swisdal.

The necessity of procuring for local soil was discussed.

It was decided to experi with crushed sea shells in vie the heavy cost of shipping in

Mirage . . . or Reality

ON the horizon we all catch glimpses of El Dorado . . . the city of gold . . . where there will be no more hardship or privation.

It is human—and indeed commendable—to seek always after financial independence. It is human . . . but none the less tragic . . . that so many are tempted to seek some short cut or royal road to wealth.

For many and unscrupulous are those who prey upon inexperience.

Get-rich-quick schemes and promoters of doubtful speculations—they lead us on with alluring promises of prosperity — lead us on to disillusionment and loss.

And all the while the reality lies within our grasp. For, by means of adequate, well-selected Life Insurance, even the humblest of us may build up an estate beyond our expectations . . . may win independence and security for ourselves and those we love.

Any Life Insurance representative will show you the safe method of creating an estate.

Life Insurance Service