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Three Graduate Pharmists

UNION STEAMSHIPS LIMITED

Sailings From Prince Rupert

For VANCOUVER, VICTORIA, Swanson Bay, Butedale, Alert Bay, etc., Tuesday, 1:30 p.m.

For VANCOUVER, VICTORIA, Butedale, Alert Bay, etc., Friday midnight

For ALICE ARM, ANYOX, STEWART, Naas River, Port Simpson, Sunday, 8:00 p.m.

123 2nd Avenue R. M. SMITH Agent Prince Rupert, B.C.

Through tickets sold to Victoria and Seattle and baggage checked through to destination

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DECEMBER 25 AND GOOD UNTIL MARCH 31

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To Ketchikan, Wrangell, Juneau and Skagway—December 28, January 11, 25.

To Vancouver, Victoria and Seattle—Jan. 1, 15, 29.

Princess Mary—Ocean Falls, etc., Vancouver and Victoria, every Friday, 10 p.m.

Agents For All Steamship Lines

W. C. Orchard, General Agent, 3rd Ave., Prince Rupert, Phone 31

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The Largest Railway System in America

STEAMSHIP AND TRAIN SERVICE

Sailings from PRINCE RUPERT for VANCOUVER, VICTORIA, SEATTLE, and intermediate points, each Thursday 10:00 p.m.

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For NORTH and SOUTH QUEEN CHARLOTTE ISLANDS, fortnightly.

PASSENGER TRAINS LEAVE PRINCE RUPERT

MONDAY, WEDNESDAY and SATURDAY at 11:30 a.m. for PRINCE GEORGE, EDMONTON, WINNIPEG, all points Eastern Canada, United States.

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PEMBINA EGG—Delivered, per ton $12.00
ALBERTA EGG—Delivered, per ton 12.50
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Special Prices On Your Winter Supply

WOOD

JUST ARRIVED, NEW SHIPMENT OF BIRCH AND JACK PINE

MILL ENDS—Per load $4.50
BOX CUTTINGS—Per load 3.50

HYDE TRANSFER—PHONE 580

PHONE 580

LUMBER

1x6 No. 1 Spruce Shiplap $23.00
1x10 No. 1 Spruce Shiplap $25.00
1x6 No. 2 Spruce Shiplap $20.00
1x10 No. 2 Spruce Shiplap $22.00
2x4 and 2x6, 8 to 14', S4S, No. 1 Common.... $25.00
2x4 and 2x6, 8 to 14', S4S, No. 2 Common.... $22.00

Kiln Dried Flooring, Ceiling and Finish, Mouldings Lath, Shingles, Doors, Windows, Etc.

BIG BAY LUMBER COMPANY, LIMITED

PRINCE RUPERT, B. C.

Sawmill and Head Office, Seal Cove, Telephone, 361

Retail Yard, Cow Bay, Telephone 423

If your paper does not arrive, telephone the office

Local Items

4 a Taxi Phone 4, Big 4 Taxi. tf

Dentist, Dr. J. R. Gosse. Phone 686.

Hear the Rev. C. E. Motte on the "Immortal Memory" at the Burn's Supper and Dance, Friday. (16)

J. Harvey and R. Noble, Granby Co. auditors, were passengers aboard the Catala yesterday afternoon bound from Vancouver to Anyox.

Frank M. Dockrill of Telkwa, was elected a director of the British Columbia Dairymen's Association at its annual meeting in New Westminster last week.

P. G. Russell, assistant C.N.R. superintendent, Smithers, arrived in the city on yesterday afternoon's train from the interior for a brief visit, returning to Smithers this morning.

Archie Watt, C.N.R. divisional master mechanic, arrived in the city on yesterday afternoon's train from Prince George in the course of one of his periodical visits to the coast on official duties. He returned to the interior this morning.

Little Hazel Hill, daughter of Mr. and Mrs. Howard Hill, Second Avenue, Westview, is making satisfactory recovery after having broken her right arm near the shoulder, when she fell from a moving car during Christmas week.

Albert Farrow, steamboat inspector, arrived in the city on the Catala yesterday afternoon from Vancouver, being here to make an inspection of the steamer Cardena which has been undergoing overhaul in the local dry dock following her recent stranding.

GAS FORCES WOMAN TO SLEEP IN CHAIR

"Nights I sat up in a chair, I had stomach gas so bad. I took Adlerika and nothing I eat hurts me now. I sleep fine."—Mrs. Glenn Butler.

Even the FIRST spoonful of Adlerika removes gas on the stomach and removes astonishing amounts of old waste matter from the system. Makes you enjoy your meals and sleep better. No matter what you have tried for your stomach and bowels, Adlerika will surprise you. Ormes, Ltd., drugs.

ANNOUNCEMENTS

Valhalla Lodge whist drive and dance, Friday, January 24.

Werkhoven piano recital Wednesday, January 29.

Elks' Masquerade Ball, February 14.

C.N.R.A. Sixth Annual Ball, Auditorium, Friday, February 28. (15)

Catholic Women's League Spring Sale, April 24.

HOTEL ARRIVALS

Central Hotel

UNDER NEW MANAGEMENT

Steam Heated; Travellers' Sample Rooms; Hot and Cold Water

Free Bus Meets All Trains and Boats

Rates $1.00 and Up

SPECIAL MONTHLY RATES

JOHN FRY and A. DONALD Proprietors

PHONE 51

Central

P. Peterson and J. Carroll, city; J. Sallin and H. Gratland, Vancouver; George McIlmoyle, Hazelton; H. Margoll, Winnipeg; Mrs. A. Granerud, Pacific.

Savoy Hotel

Prince Rupert's leading family hotel. Hot and cold water in all rooms

A. J. PRUDHOMME, Prop.

Cor. of Fraser and Fifth Sts.

Savoy

W. J. Christy, Terrace; Chris Eden, Vancouver.

New Royal Hotel

J. Zarelli, Prop.

THE HOTEL WORTH WHILE

Hot & Cold Water; Steam Heat

75c PER DAY AND UP

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Royal

P. Laport and H. A. Watt, city; N. Todor, Kwinitsa; C. H. Underwood, C.N.R.; J. A. Black, Vancouver.

Could not Eat or Sleep after Husband's Death

Her husband's death left her very run down in health, unable to eat or sleep much. Now she is brighter in spirits and eats and sleeps well. What caused the difference? Let her answer in her own words:—

"I think Kruschen Salts are a splendid tonic. After my husband's death in December last I became very run down in health. Had terrible fits of depression and was unable to eat or sleep much. I was also troubled with rheumatism. I decided to take Kruschen Salts and have now taken the little daily dose for nearly two months, during which time my health has greatly improved. The rheumatism has completely left me. I am much brighter in spirits and both eat and sleep well."

When life begins to "get you down," when you begin to feel the results of modern artificial conditions—errors of diet, worry, overwork, lack of exercise—then you should turn to Kruschen Salts. They possess a wonderful power of giving new life and vitality to the countless millions of cells of which the human body is composed. The way to keep smiling is to take Kruschen Salts every morning—just a pinch in your first morning cup of coffee or tea.

A. J. Richmond arrived in the city on the Catala yesterday afternoon from Vancouver.

J. W. McKinley is to enter the Prince Rupert General Hospital on Wednesday for an operation.

Irwin Bruyn of the A. W. Edge Co., returned to the city on the Catala yesterday afternoon from a 10-day business trip to Vancouver.

John E. Davey has been confined to his home at Hays Cove Circle during the past few days suffering from an attack of influenza.

J. E. Miller, inspector of customs, and Thomas Mason, assistant inspector, arrived in the city on the Catala yesterday afternoon from Victoria for a visit here on official duties.

Miss M. J. McCormack R.N. of Vancouver has arrived at Burns Lake to take charge of the hospital there following the recent departure of Miss E. L. Scott R.N. for Vancouver.

J. C. Brady M.P. returned to the city on the Catala yesterday afternoon after a brief trip to Vancouver and Victoria. In the south, he met the Dominion Conservative leader, Hon. R. B. Bennett K.C.

Mrs. D. J. Mulcare, wife of the United States immigration inspector at Hyder, and Mrs. Martin, wife of the United States marshal there, were passengers aboard the Catala yesterday afternoon returning north after having made a trip to Idaho.

W. K. Gwyer, district engineer for the provincial department of public works, returned to the city on the Catala yesterday afternoon from a trip to departmental headquarters in Victoria, where a conference was held to lay plans for the coming season's work.

Union steamer Catala, Capt. A. E. Dickson, arrived in port at 4:15 yesterday afternoon from the south, sailing at 8 p.m. for Anyox, Stewart, and other northern points whence she will return here tomorrow morning and sail south at 1:30 p.m. The vessel brought north a fair-sized passenger list.

Mr. and Mrs. Charles McLachlan and Miss McLachlan of Anyox were passengers aboard the Catala yesterday afternoon returning to the smelter town from Vancouver. They went south recently with the remains of Mr. and Mrs. McLachlan's son, Stewart McLachlan, who died from spinal meningitis.

Dr. Victor Dalmage, formerly of the Geological Survey, has been elected president of the British Columbia Chamber of Mines in Vancouver. Directors include Dr. R. E. McKechnie, Dr. W. E. Cockfield, C. P. Browning, D. L. Pitt, R. C. W. Lett, W. G. Norrie, Prof. J. M. Turnbull, A. M. Whiteside and M. M. O'Brien, all of whom are well known in the north.

Word has been received in the city of the birth last Wednesday in the Vancouver General Hospital, Vancouver, of a daughter to Mr. and Mrs. Basil Keogh, formerly of this city. Mr. Koegh was in the service of the Canadian National Railways here some years ago, while Mrs. Keogh was formerly Miss Betty Weiler R.N., a graduate of the Prince Rupert General Hospital training school for nurses.

Frank Warne of the Dominion Fisheries staff returned to the city on the Catala yesterday afternoon from a brief trip to Vancouver.

Mr. and Mrs. Frank D. Rice, who have been visiting in Vancouver and Victoria, returned to the city from the south on the Catala yesterday afternoon.

Capt. E. Sanderson, well known Canadian Fish & Cold Storage Co. skipper, returned to the city on the Catala yesterday afternoon from a trip to Vancouver.

Catholic Women's League will hold a tea and sale of home-cooking at the home of Mrs. M. P. McCaffery, Fourth Avenue West, on Thursday afternoon from 3 to 6. (17)

George McIlmoyl, who is now located at Hazelton where he conducts a beer parlor, arrived in the city from the interior on yesterday afternoon's train for a week's visit in town.

P. G. Shalcross arrived in the city from Vancouver on the Catala yesterday afternoon. He is one of the fire insurance adjusters in the Masonic Temple which was burned last week.

William Blackstock, construction foreman for the Government Telegraphs, arrived in the city on yesterday afternoon's train from Hazelton, being here for a brief visit on official duties.

Mrs. G. A. McNicholl, formerly of this city, was one of the patronesses at the annual dance last Friday in the station of the Canadian National Railways Recreation Club of Vancouver.

Al Falconer, well known Alice Arm transportation man, was a passenger aboard the Catala yesterday afternoon returning north after a month's visit in Vancouver where Mrs. Falconer and family are in residence.

B. F. Messner, well known Smithers mining man, arrived in the city on the Catala yesterday afternoon from a business trip to Vancouver and elsewhere in the south and proceeded to the interior on this morning's train.

TOO LATE TO CLASSIFY

FOR RENT—Flat in Wallace Block. Apply Store. (20)

FOR SALE—Wicker buggy, cheap. Phone Black 347. (tf)

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Call a physician. Then begin "emergency" treatment with

VICKS VAPORUB

Over 21 Million Jars Used Yearly

THE WEATHER

Prince Rupert — Clear, calm; temperature, 25.
Terrace — Clear, calm, light north wind, 10.
Rosswood—Clear, calm, -8.
Aiyansh—Clear, calm, -11.
Alice Arm—Clear, calm, 6.
Anyox—Clear, calm, 2.
Stewart—Clear, calm, 8.
Haysport—Clear, calm, 6.
Port Simpson—Clear, calm, 10.
Hazelton—Clear, calm, -20.
Smithers—Clear, calm, -20.
Burns Lake—Clear, calm, cold.
Vanderhoof—Clear, calm, -30.

SCALE OF CHARGES

The following is the scale of charges made for reading notices:

Birth Notices 50c.
Cards of Thanks, $2.
Funeral Notices $1.
Funeral Flowers 10c per name
Marriage and Engagement announcements $2

Two County Court cases of A. L. Evitt vs. E. G. Bellicini of Houston have been settled out of court.

Mrs. Frank Clapp will sail on the Catala tomorrow afternoon for a trip to Vancouver. She will be away for the next month or so.

Fritz Rampera, Third Avenue West, reported at the police station yesterday afternoon that his wife had threatened to jump into Cow Bay and thus take her own life. That was as far as the episode got.

A. E. Kincaid, Revelstoke insurance man, is a visitor in the city in the course of one of his periodical business tours of the district. He arrived from the interior on yesterday afternoon's train.

The Gyro Club has set forward the date for its installation of 1930 officers from Wednesday of this week to the evening of February 4 when a dance will follow the installation dinner with wives of the Gyros and club guests in attendance.

OVERSEAS II. SAFE

The Georgia River Gold Mining Co.'s power vessel Overseas II., for which some anxiety was felt last week when she left Stewart and failed to arrive here, returned safely to Stewart at the end of the week, according to word received in the city. It was too rough to make the trip here and the vessel hove to in shelter for two or three days.

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Can Be Stopped often in 48 hours. If you are losing pep, health and strength from Getting Up Nights, Backache, Bladder Weakness, Burning, Leg or Groin Pains, or Rheumatic Aches, why not try the Cystex 48 Hour Test? Get Cystex (pronounced Siss-tex) today at any drug store, for only 60c. Money back if you don't soon find pains gone, sleep fine, feel younger, stronger, and full of pep.

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More than four hundred thousand Model T Fords are still in active service and many of them can be put in shape for two, three and five more years of service—and even longer—at very small cost.

The following list gives the approximate labor charges for re-conditioning the Model T Ford:

ENGINE

Tune motor (including replacement of commutator case, brush and vibrator points if necessary)	$ 1.00
Grind valves and clean carbon	4.50
Overhaul carburetor	1.50
Deline detachable car transmission bands	1.50
Overhaul motor and transmission, $25 to	30.00

REAR SYSTEM

Reline detachable car transmission bands	1.50
Replace rear axle shaft, drive shaft pinion or drive gear	5.50
Overhaul complete rear axle assembly, $5.75 to	7.00

FRONT SYSTEM

Overhaul front axle ..... $4.00 to	5.00

CHASSIS

Overhaul steering gear	3.50
Overhaul radiator	7.50
Overhaul starting motor	3.00
Overhaul generator	3.00

These prices are approximate and are for labor only, because the number of necessary parts needed depends on the condition of the car. The charge for these parts is low, however, because of the established Ford low-price policy.

So that you may get the greatest use from your Model T Ford over the longest period of time, we suggest that you bring car to us and have us estimate on the cost of putting it in good shape. A very small expenditure may be the means of giving you thousands of miles of additional service.

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