



THE advantage of J using St. Charles Milk wherever the recipe calls for milk may be expressed in a few words-it gives to food

old favorites. The hints on pastry making will appeal to every woman interested in knowing the latest methods.

PASTRIES

In "The Good Provider's Cook Book" you will find entirely new recipes and new ways of baking

CHOCOLATE FUDGE CAKE 4 squares unsweetened chocolate.

tablespoons sugar. tablespoons boiling water. 2 cup butter. 1-4 cups of sugar. egg yolks well beaten. -2 cup Borden's St. Charles Milk. 3-4 cups flour. teaspoons baking powder. l teaspoon vanilla. 3 egg whites, stiffly beaten. Shave or break the choco-

late in small pieces, add three tablespoons sugar and the boiling water, and melt over hot water. Cream the butter, add sugar gradually, peating well after each addition. Add the egg yolks, continue beating. Stir in the chocolate. Add flour mixed and sifted with baking powder, alternately with milk. Beat vigorously, flavor and fold in the egg whites. Bake in two layers in moderate oven. Fill and cover the top with the following: THE FILLING squares unsweetened chocolate.

543

cup brown sugar.

bad condition, will be also examined. Trustee Earl Barrie suggested that laying of heavy cork linoleum where needed might meet the si-At Westview School, the top of dosing-Just rub on

Week-End BIGLOAD

Specials

Granulated Sugar---

Kellogg's All-Bran

Quaker Puffed Wheat-

Lily White Corn Syrup-

Ormand's Fancy Biscuits-

Del Monte Prunes-Large

Assorted, per pkg.

Garden Brand Peas-

per pkg.

per pkg.....

Minute Tapioca-

2-lb. tin

2 pkgs.

No. 4 tin

16 lbs.

the chimney will be examined; Miss . D. Moffatt, principal of this school; reporting that it was not very satisfactory, the draft being

insufficient and smoke pouring forth whenever the door was open.

Capt. Jimmy Thomas Takes 12,000 **Pounds From Squadaree to** \$1.00 Claxton

OF FISH

20c Capt. Jimmy Thomas was in port 15c yesterday afternoon with his fish packer Viner en route back to Squadaree and Dundas Island after 20C having delivered from there to Claxton cannery the biggest load of 25C spring salmon to be carried this season so far, there having been 10c 12,000 pounds altogether. Fishing is particularly good at 15c Squadaree, Capt. Thomas reports.

Carnation Milk makes such delicious dishes because it is such good milk. Evaporated to double richness and sterilized for safekeeping, it is convenient, economical and dependable.

Write for Mary Blake Cook Book CARNATION CO., LIMITED 134 Abbott Street, Vancouver, B.C.



PRODUCED

IN CANADA

REMEMBER

er cut of meat and you have a dish of high food value and delicious flavor. For recipes see page 17, "The Good Provider's Cook Book".



1 cup granulated sugar. 3-4 cup Borden's St. Charles Milk. that richness, that tablespoon butter. teaspoon vanilla. cup nutmeats, chopped or broken in pleces. smoothness of texture, that "cooked with Shave or break the chocolate

in small pieces and cook with cream" flavor which sugar and milk until it forms a soft ball when tested in makes the dish a succold water. Remove from stove, add butter, but do cess. Yet its cost is so not stir it in. Cool slightly, beat until creamy. Add reasonable you can use vanilla and nuts, spread between layers, and cover top of cake.

Borden's

it freely.

ADDRESS

ST. CHARLES MILK UNSWEETENED ---- EVAPORATED

THE BORDEN CO. LIMITED, Homer Arcade, Vancouver Send me free, St. Charles recipe book, "The Good Provider".

the second with the second of the second of

NAME

Daily News Want Ads. Bring Quick Returns





Be proud to say: This is where I live"

The Safeguarded Milk

om Contented Cows"

VOUR home is where you spend the greater part I of your time. It deserves your most careful attention!

Some houses are bright, charming, worthy of the pride their owners show in them. Others just miss attractiveness . . . through lack of tasteful and sufficiently frequent painting.

Decide now that this spring you will smarten up your home and re-beautify'it with the help of B-H 'English" Paint and other Brandram-Henderson pro-

You have, we know, often imagined gay and pleasing colour schemes. This is your opportunity to put some of them into effect in your own home. Visit our store today and ask for a card showing the full range of shades of B-H "English" Paint available.



FOR SALE BY **GORDON'S HARDWARE** Seventh Ave. E. Telephone 311