

Teacher "Skinny" Nervous, Gains Pep 14 Lbs. in 3 Weeks

ST. AURELIE, P. Q.—"Was nervous, exhausted, but skinny," says Miss Agnes Fortier, teacher, Trenton, P. Q. Gained 14 lbs. in 3 weeks. Now healthy and happy.

Teachers, lawyers, doctors, nurses, mothers, ministers all write of gains of 5 to 15 lbs. in 3 weeks with new Ironized Yeast. Blemished skin clears. "Nerves," constipation, indigestion go overnight. New pep first day.

Ironized Yeast is two great tonics in one. Yeast—building brewer's yeast—plus strengthening, blood-enriching Iron. Many times more effective than unmedicated yeast. Results in half the time.

Don't be "skinny," weak, nervous, in danger of serious illness. Take these pleasant little tablets. No yeast taste, no gas. If not delighted with quick gains, manufacturer refunds money. Get Ironized Yeast from druggist today. Feel great tomorrow. New pounds quick.

Steamship Sailings

For Vancouver—
 Monday—ss. Prince Rupert 4 p.m.
 Tuesday—ss. Catala 3.30 p.m.
 Wednesday—ss. Pr. Henry, 9 a.m.
 Wednesday—ss. Pr. Henry, 9 a.m.
 ss. Princess Alice, 5 p.m.
 Thursday—ss. Pr. Charles, 4 p.m.
 Friday—ss. Princess Mary, 10 p.m.
 ss. Cardena, 12 midnight
 Saturday—ss. Pr. Charlotte, 5 p.m.
 ss. Prince George, 7 p.m.

From Vancouver—
 Sunday—ss. Catala 4 p.m.
 Monday—ss. Princess Alice a.m.
 ss. Princess Charles, 11.30 a.m.
 Wednesday—ss. Pr. George, 11.30 a.m.
 Thursday—ss. Cardena p.m.
 Friday—ss. Princess Louise a.m.
 ss. Prince George, 11.30 a.m.
 ss. Princess Mary 4 p.m.
 Saturday—ss. Pr. Henry 11.30 a.m.

For Naas River and Port Simpson
 Sunday—ss. Catala 8 p.m.
 Friday—ss. Prince William, 8 p.m.

From Naas River and Port Simpson
 Tuesday—ss. Catala 11.30 a.m.
 Friday—ss. Prince William, p.m.

For Stewart and Anyox—
 Sunday—ss. Catala 8 p.m.
 Monday—ss. Pr. Charles, 8 p.m.
 Friday—ss. Pr. George, 2.30 p.m.

For Stewart and Anyox—
 Tuesday—ss. Catala 11.30 a.m.
 Thurs—ss. Pr. Charles, 10.30 a.m.
 Saturday—ss. Pr. George, 6 p.m.
 Saturday—ss. Pr. George, 6 p.m.

For Ocean Falls—
 Monday—ss. Pr. Rupert, 4 p.m.
 Friday—ss. Pr. Mary, 10 p.m.
 Sat—ss. Prince George, 7 p.m.

From Ocean Falls—
 Wed—ss. Pr. George, 11.30 a.m.
 Friday—ss. Pr. George, 11.30 a.m.
 Sat—ss. Prince Henry, 11.30 a.m.

For North Queen Charlotte Islands—
 Monday—ss. Pr. Charles, 8 p.m.
 —Princess Mary, 4 p.m.

From North Queen Charlotte Islands—
 Thurs—ss. Pr. Charles, 10.30 a.m.

Mail Schedule

For the East—
 Monday, Wednesday and Saturday 11.30 a.m.
 Tuesday, Thursday and Friday 12 noon

From the East—
 Daily except Tuesday 12.30 p.m.

For Vancouver—
 Monday 3 p.m.
 Tuesday 2.30 p.m.
 Wednesday 4 p.m.
 Thursday 3 p.m.
 Friday 11 p.m.
 Saturday 4 p.m., 6 p.m.

From Vancouver—
 Sunday 4 p.m.
 Monday 9 a.m.
 Wednesday 11.30 a.m.
 Thursday p.m.
 Friday 9 a.m.
 Saturday 11.30 a.m.

For Anyox and Stewart—
 Sunday 7 p.m.
 Monday 7 p.m.
 Friday 1.30 p.m.

From Anyox and Stewart—
 Tuesday 11.30 a.m.
 Thursday 10.30 a.m.
 Saturday 6 p.m.

For Wales Island and Port Simpson—
 Thursday p.m.

From Wales Island and Port Simpson—
 Friday p.m.

For Queen Charlottes—
 Monday 7 p.m.

From Queen Charlottes—
 Thursday a.m.

For Alaska—
 Mondays and Fridays a.m.
 From Alaska—
 Wednesdays and Saturdays, p.m.

CLASSIFIED ADVERTISEMENTS -- FOR SALE, FOR RENT, LOST & FOUND

THIS IS THE PAGE WHICH MOST PEOPLE READ BECAUSE IT IS FULL OF HUMAN BUSINESS INTEREST TO YOUNG AND OLD.

Holiday Resorts

RAINBOW TROUT
 Are plentiful this season in the Stuart Lake district, they take either fly or spoon. In this wide virgin country there are hundreds of miles of waterways in lake and stream with many pleasant bays and wooded isles, unexplored by white men. Now that really good accommodation is provided and modern camping equipment is obtainable, many are taking fishing trips.

Another important attraction there is a ride or hike to the top of Mount Pope, from which a wonderful picture is seen—100 miles of lake and woods in every direction.

Apply to C.N.R. or by wire or letter to Douglas Lodge, Fort St. James, B.C. 3m-je 24

FOR RENT

FOR RENT—Five roomed flat furnished. Phone Blue 345. tf

FOR RENT—Furnished apartment by day, week or month. Phone Red 607. tf

FOR RENT—Furnished suite, two rooms. Phone Mussallem Grocery. (tf)

FOR RENT—\$5.00 a month puts a piano in your home. Walker's Music Store.

FOR SALE

FOR SALE—24-foot boat. Apply Caretaker Yacht Club. 203

FOR SALE—Household furniture, kitchen utensils, garden tools, etc. Phone Blue 103. 204

FOR SALE—Piano, McClary range, Viking heater, day bed, tables, chairs, etc. Apply 1028 Second Avenue West between 7 and 9 p.m. 204

FOR SALE—New clinker built cedar rowboats \$30 up. Lindsay's Boat Works, 842 Powell Street, Vancouver. tf

WANTED

WANTED—Woman for light housework, 3 hours daily. Apply 703 Eighth Avenue West. tf

WANTED—Smart sales lady with some knowledge of ladies' shoes. Apply Box 36. Daily News Office.

WANTED—By local store, smart young lady to handle Dresses and Ladies' Coats, etc. Good references. Big salary to the right person. Apply Box 35, Daily News Office.

"GOVERNMENT LIQUOR ACT"

Notice of Application for Consent to Transfer of Beer Licence

NOTICE is hereby given that at the expiration of four weeks from the first publication hereof, the undersigned intends to apply to the Liquor Control Board for consent to transfer of Beer Licence No. 1539, and issued in respect of the premises known as the "PORT CLEMENTS HOTEL," situate at Port Clements, B.C., on the lands described as Lots 7, 8 and 9, Block 47, District Lot 746, Queen Charlotte District, Plan 1079, from Herbert Hampton, Gaetano Ciccone and Theodore Mosconi to John Pyper.

Dated this 8th day of August, 1930.
 JOHN PYPER, Applicant.

RANGE 3 COAST DISTRICT

Recording District of Prince Rupert.

TAKE NOTICE that Frederic Clare Underhill of Vancouver, B. C. Land Surveyor, intends to apply for permission to lease the following described foreshore lands:—Commencing at a post planted on the South shore of small bay on North End of Price Island about 2 miles south and 1 mile east of the south east corner of Lot 336, Schooner Passage, thence North 10 chains to opposite shore, thence westerly, southerly and Easterly along High Water Mark to point of commencement and enclosing the bay and containing 12 acres more or less.

Dated July 4th, 1930.
 Frederic Clare Underhill,
 James T. Underhill, Agent.

Lakelse Lodge

New Lakelse Lodge on the shore of Lakelse Lake is now open to guests.

Fine Fly Fishing
 On the lake and river.

Lithia Pool Springs
 (Largest in Canada)
 Good for rheumatism.

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Fare from train to Lodge and return—\$2.50
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The Home Farm
 Fine beach and meadows for Children's playgrounds.
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Parties can be met at Skidegate or Port Clements. Wireless for Reservations

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Between Port Clements and Queen Charlotte City, Mondays and Saturdays.
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Sedan Cars meet all boats at Port Clements and at Queen Charlotte City. Regular trips to Port Clements every Tuesday and Thursday leaving Q. C. City at 9 a.m. returning from Port Clements at 2 p.m.

Rate—Queen Charlotte City to Port Clements \$4.50 or \$6 return or vice versa. Intermediate points, 10c a mile.

Ride in comfort. It costs no more. Phone 2 short, 1 long. Wire or phone our expense.

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FOR SALE Launch "Gwen", 19 feet long, wide beam, 4 h.p. 4 cycle engine, canvas cover. Good condition. Apply Pullen, Daily News.

FOR SALE

An 8-roomed house with 6 bedrooms, in live town and doing good boarding house business. Ill-health compels owner to sell for \$1100.00 cash as going concern 16 boarders.

M. M. STEPHENS & Co. LTD.

To Whom it may concern:

This is to warn any party or parties contemplating purchasing or chartering gasoline launch "Billiken" registered No. 126544, now in Prince Rupert, B.C., that they will have to deal direct with the owner H. H. Hogan, Bella Bella, B.C. The authority of any agent to sell or charter said gasoline launch has this day been withdrawn.

H. HOGAN,
 Bella Bella, B.C.

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 Sunshine and Red Ray Treatments
 Nervous, Female and Children's Diseases Specially Treated

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Why not enjoy a nice drive this evening or tomorrow?
 If you cannot drive now, why not learn? There'll be a day when you'll wish you could.
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THOROUGHLY experienced Bindery Girl seeks position. Box 34, Daily News. 202

YOUNG man, 4 years refrigerating and Diesel experience, wants position. Handy with tools, understands gas engines. Apply Box 37, Daily News Office. 204

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 SALARY increased selling Imperial Art "Made-In-Canada" Christmas Greeting Cards. Selection entirely new. Novelty and beauty combined, at prices unequalled elsewhere. Sample book sent on approval to reliable men and women only. Write "Imperial Art", 51 Wellington West, Toronto. tf

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FOR EXCHANGE—Boat for car of equal value. Phone Blue 345. 204

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 Early Delivery Throughout the City

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SUITS—Special order complete and finished in three days.
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SCALE OF CHARGES

The following is the scale of charges made for reading notices:

- Marriage and Engagement announcements \$2.
- name.
- Birth Notices 50c.
- Funeral Notices \$1.
- Cards of Thanks, \$2
- Funeral Flowers 10c per

RANGE 3 COAST DISTRICT

Recording District of Prince Rupert.

TAKE NOTICE that Frederick Russel Barlett of Vancouver, B.C. Secretary, intends to apply for permission to lease the following described foreshore lands:—Commencing at a post planted on the south shore of Swindle Island about 20 chains south and 100 chains west of the south west corner of Lot 335, thence easterly and northerly along High Water Mark to the south west corner of Lot 335, thence to Low Water Mark, thence southerly and westerly along Low Water Mark, thence north 3 chains to point of commencement, and enclosing all tidal flats and lagoons, and containing 80 acres more or less.

Dated July 6th, 1930.
 Frederick Russell Barlett,
 James T. Underhill, Agent.

RANGE 3 COAST DISTRICT

Recording District of Prince Rupert.

TAKE NOTICE that Richard Walter Underhill of Vancouver, B.C. Accountant, intends to apply for permission to lease the following described foreshore lands:—Commencing at a post planted at High Water Mark about 1-2 mile east and 1-2 mile east of the south west corner of Lot 336, Swindle Island, thence south 5 chains to the south east 7 chains to shore, thence northerly westerly and southerly along High Water Mark to point of commencement and containing 20 acres more or less.

Dated July 5th, 1930.
 Richard Walter Underhill,
 James T. Underhill, Agent.

RANGE 3 COAST DISTRICT

Recording District of Prince Rupert.

TAKE NOTICE that John Edward Underhill of Vancouver, B.C. Engineer, intends to apply for permission to lease the following described foreshore lands:—Commencing at a post planted at the west end of small bay about 1-1/2 miles south and 2 miles east of the south east corner of Lot 336 Swindle Island, thence south east 20 chains, to east entrance to bay, thence easterly, northerly and westerly along High Water Mark to point of commencement and containing 30 acres more or less.

Dated July 4th, 1930.
 John Edward Underhill,
 James T. Underhill, Agent.

RANGE 3 COAST DISTRICT

Recording District of Prince Rupert.

TAKE NOTICE that Norman Hill of Vancouver, B.C. Clerk, intends to apply for permission to lease the following described foreshore lands:—Commencing at a post planted on the south shore of Swindle Island about 20 chains south and 100 chains west of the south west corner of Lot 335 thence westerly along High Water Mark about 240 chains to a point behind Double Island, thence 3 chains more or less to Low Water Mark, thence easterly along Low Water Mark, thence north to point of commencement and enclosing all tidal flats and lagoons and containing 120 acres more or less.

Dated July 6th, 1930.
 Norman Hill,
 James T. Underhill, Agent.

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 Quality Guaranteed, Prices Reasonable

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