Her Little Boy Had Severe Cold and Croupy Cough

Mrs. Henry E. Lyman, West River, N.B., writes:—"My little boy caught a very severe cold, and had a croupy cough.

"I tried several medicines, but he got no relief from them.

"I was advised to try

Dr. Wood's Norway Pine Syrup

and he had only taken three doses when he got relief, and before he had finished the bottle he was all rid of his cough.

"I would not be without it in the house as it is a wonderful cough medicine."

Price, 35c. a bottle; large family size 60c.; at all druggists and dealers; manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

all 75¢ Victor Records NOW 65¢

Bring in a Used Victor Record for each new one and get them for

55¢

"WHEN IT'S SPRINGTIME IN THE ROCKIES"
BUD & JOE BILLINGS
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"HAPPY DAYS ARE HERE AGAIN"
From the Motion Picture "CHASING RAINBOWS"
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"ELEVEN MONTHS AND TEN DAYS MORE"
VERNON DALHART
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Victor Talking Machine Company of Canada, Limited

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Records, Victrolas, Orthophonic Victor Radio Receivers.

RUPERT HAS MADE GOOD

Interior Paper Comments Editorially on City's Twentieth Birthday

On Monday of last week Prince Rupert was 20 years old as a city, comments the Omineca Herald editorially. There has been a lot of water pass around Kaien Island since that time. But Prince Rupert has nothing to regret and no apologies to offer. Those who saw the townsite just after it was hatched and then take a look at it today would not know it.

Twenty years is a long time while you are living it, but when one looks back over 20 years it does not seem so long, and in the life of a city it is but a day. Some there are who have lost money, have lost patience and possibly have lost their faith in life, but most of those would have lost anyway. Those who stayed with Prince Rupert, either as citizens, or as investors, have, are or will make good.

There is a great future before Prince Rupert. There will certainly be many disappointments. But no more than comes to any other place. It is sometimes a little hard to watch other cities grow faster and get the good things but if one remembers that those same cities lay dormant for many years, it does not seem so hard. When the interior country of the north is developed the city of Prince Rupert will grow so fast that few will be able to keep up with it. Until the interior is producing on a large scale, producing tonnage, the coast city will grow but slowly, so it must be admitted that the future of the coast city is dependant on the interior. Governments and railways may help and will help, but they only prepare the handling facilities for the production of the country.

In the meantime Prince Rupert is making a favorable progress. The city council has from the start built for the future and much of the work that has been done will not have to be done again. Our best wishes are with Prince Rupert. Our advice is get all you can, but don't overlook the interior.

THIS PORT IS FAVORED

Interesting Debate Staged By Members of Toc H. at Meeting Last Night

An interesting debate was held by Toc H. at its regular weekly meeting last night on the subject of whether or not Prince Rupert is really the logical railway outlet for the Peace River country. The difficulties and advantages of the various routes were cleverly outlined by the speakers and, at the conclusion, it was decided by a narrow margin that the champions of the cause of Prince Rupert had won out.

The advocates in favor of Prince Rupert were Ian Fraser and J. D. Allen, while those in opposition were A. Bradshaw and Dr. W. S. Aspinall.

The judges, whose task was not an easy one, were Ald. P. H. Linzey and Thomas Andrew.

Resided Here In Very Early Days

Mrs. MacIver, Formerly Miss Sawle, Passed Away at Duncan, Vancouver Island

Isabelle Elizabeth MacIver (nee Sawle) passed away at her home in Duncan, at 11:30 Sunday night March 16, after only an hour's illness. The deceased is survived by her husband and one daughter, Kathleen, and three brothers and two sisters. She will be remembered in New Hazelton and Prince Rupert, having arrived in Prince Rupert in 1910 and was connected with her brothers, G. R. T. and C. H. Sawle in the Optimist office, now the Prince Rupert News. She came up river with C. H. Sawle when he took over the Omineca Herald and was on the office staff for a couple of years. She married Neil MacIver in 1914 and after he returned from overseas went with him to Northern Alberta where they spent several years until they moved to Duncan.—Omineca Herald.

C. P. R. steamer Princess Royal, Capt. S. K. Gray, arrived in port at 1:30 this afternoon from Vancouver and waypoints.

District News

NEW HAZELTON

Practically the entire population of the Hazeltons attended the funeral last Sunday afternoon of Mrs. Margaret Louise Hogan, relict of the late William (Father) Hogan, whose death occurred last Friday. The service was conducted in St. Paul's Church at Hazelton by Archdeacon E. Hodson of Ocean Falls, administrator of Caledonia during the absence in England of Bishop G. A. Rix, assisted by Rev. Mr. Bannister, and Rev. T. H. Wright of the United Church. Pallbearers were E. R. Cox, R. S. Sargent, S. J. Winsby, W. J. O'Neill, G. H. Storkey, Robert Tomlinson, W. S. Harris and H. C. Hindle.

Mrs. K. Cary, mother of Norman Cary of the Hazelton Hospital staff and herself a former resident of Hazelton for many years, died last week in Vancouver, aged seventy-seven years. Norman Cary is expected home this week-end after having attended the funeral.

The first tie train this season went through on Tuesday and distributed ties along the right-of-way for use in spring reconditioning of the roadbed.

Mrs. Moore of North Battleford Saskatchewan, is visiting in Hazelton with her sister, Mrs. G. Benson, jr.

Dr. H. C. Wrinch, M.L.A., for Skeena, who arrived home last week-end from Victoria where he has been attending the session of the legislature, states that he was assured by Minister of Public Works Lougheed that the new high level bridge at Hagwilget would be built this season and that an appropriation was also to be made for the new hospital. These two items alone will mean an expenditure in this immediate community of over $200,000 this season. Tenders for the building of the new hospital are to be called at an early date so the structure may be complete and ready for occupation by October 1.

C. W. Dawson spent a couple of days in Smithers at the first of this week on business.

Joseph Benson, one of the old timers of this district, is a patient in the Hazelton Hospital for a few days.

SKIDEGATE

Miss A. Haan, who is on the nursing staff of the Port Simpson Hospital, has been paying a brief visit with her parents at Queen Charlotte City.

Rev. James Gillett, Indian Agent, has arrived from Massett and will remain until Monday at Skidegate Mission on official business.

Mr. and Mrs. R. G. McKenzie have returned to Queen Charlotte City, where Mr. McKenzie is proprietor of the hotel, after spending the winter in California and Mexico. Mr. McKenzie expects this summer to double his business between Port Clements and Queen Charlotte City.

A meeting was held at Skidegate Mission on Monday night of this week under the auspices of the Northern B. C. Salmon Fishermen's Association to make arrangements for the coming fishing season.

TERRACE

Miss Maisie Leggat of Smithers, is a guest at the home of Mrs. A. McLeod, having arrived here last Tuesday.

The Lakelse Committee Board held a dance last Saturday night in the Lakelse school house. A good crowd gathered there and spent a pleasant evening.

Mrs. Wilson of Remo was in town on Wednesday as a guest of Canon and Mrs. T. J. Marsh.

C.N.R. TRAINS

From East—Sundays, Tuesdays, and Thursdays. 3.30 p.m.

For East—Mondays, Wednesdays

FASTEST OF MERMAIDS

Helen Madison, Seattle School Girl, Beats All Records in East For Speed

SEATTLE, March 21:—Great preparations are being made here to extend a royal welcome to 16-year old Helen Madison of the Crystal Swimming Club of this city who, at Miami and Jacksonville and other eastern points, has broken all records for women swimmers.

She beat everything in sight at Miami but it remained for her to break all existing records at Jacksonville. This has centred the eyes of the sport world upon her as the greatest woman swimmer the world has ever seen. Not only has she broken the women's records but she has come within 10 seconds of the best men's record.

Miss Madison is now known as the world's fastest woman swimmer. She is expected to compete in the next Olympiad at Los Angeles when it is hoped that she will make good her claim against the world's best.

The young lady is expected to arrive home the middle of next week when she will be acclaimed, much as Percy Williams was acclaimed in Vancouver recently.

Sport Chat

Line-ups for the Billiard League final tonight between the Elks and Grotto for the city team championship wil lbe as follows:

C. P. Balagno (Elks), vs. Don Brown (Grotto).

A. A. Easson vs. W. J. Nelson.

F. H. Stephens vs. George Waugh.

William Mitchell vs. James Andrews.

A. Donald vs. J. Hillman.

League basketball finals, postponed from last Tuesday evening because of the death of the late J. W. Scott, will be played tonight, it is announced. An attractive card of games is arranged and there should be a large crowd out to see the last encounters of the season. In the Senior League, Three-Two Taxi and Players' Club will vie for honors, in the Intermediate, Big Four will meet High School, and the evening's program will be rounded off with an ever-popular Ladies' League match between the Toilers and Maple Leafs.

Man in the Moon

Garden time is here.
God bless the hand of toil;
Soon we shall all be out
Turning up the soil.

If a person sings out of tune over radio, she makes nearly a million mistakes. It's tremendous.

Judge—What is your occupation?
Prisoner—I haven't any, I just circulate about.
Judge (to Court Clerk)—Please note that this gentleman is retired from circulation for 30 days.

Manager to stenographer: "Are you doing anything tonight?" Stenographer to manager, hopefully: "Not a thing." "Then try to get here on time tomorrow morning."

Prince Rupert people sometimes get into a rut and it takes a big jolt to get them out. When they get out they are in danger of falling in and breaking their necks.

"You are charged," said the judge, "with beating up this government inspector. What have you to say?"

"Nothing," replied the grocer. "I am guilty. I lost my head. All morning I held my temper while government agents inspected my scales, tasted my butter, smelled my meat, graded my kerosene. In addition, your honor, I had just answered three federal questionnaires. Then this bird came along and wanted to take moving pictures of my cheese and I pasted him in the eye."

ZAM-BUK
Clears The Skin Of
ECZEMA & RASH
Ointment 50c Medicinal Soap 25c

WHIST IS WOUND UP

Grotto Wins Dybhavn Cup and City Championship—Lief Erikson Runners-Up

Final games were played last night in the Prince Rupert Fraternal Whist League. The Grotto, by defeating Oddfellows six to three in a play-off, captured the Dybhavn Cup and city championship. Lief Erikson Society is winner of the Newton Cup for runners-up. Last night's scores were:

I.O.O.F. 5, Canadian Legion 4.
Six Musketeers 6, Grotto 3.
Lief Erikson 5, Dry Dock 4.
Seal Cove 2, St. Andrews 7.
Moose 5, Elevator 4.

FINAL STANDING

Dybhavn Cup

	W.	L.	Pts.
Grotto	13	5	13
I. O. O. F.	13	5	13
Lief Erikson	11	7	11
Moose	10	8	10
Dry Dock	9	9	9
Six Musketeers	9	9	9
St. Andrews	8	10	8
Canadian Legion	7	11	7
Seal Cove	6	12	6
Elevator	4	14	4

Newton Cup

	W.	L.	Pts.
Lief Erikson	8	1	8
Grotto	6	3	6
Six Musketeers	6	3	6
I. O. O. F.	5	4	5
Moose	5	4	5
Dry Dock	4	5	4
Canadian Legion	4	5	4
Seal Cove	3	6	3
Elevator	2	7	2
St. Andrews	2	7	2

Presentation of cups will take place at whist, cribbage drive and dance at the Moose Hall on March 28.

THE WEATHER

Dominion Telegraph Service

Prince Rupert—Light snow, light easterly wind; temperature, 36.
Haysport—Snowing, calm, 32.
Port Simpson—Snowing, north wind, 22.
Smithers—Snowing, calm, 23.
Burns Lake—Snowing, windy.
Vanderhoof—Cloudy, calm, 22.
Quesnel—Cloudy, calm, mild.
Eighth Cabin—Snowing, calm.
All other cabins—Snowing.
Terrace—Snowing, calm, 28.
Rosswood—Snowing, calm, 34.
Alynash—Snowing, calm, 23.
Alice Arm—Snowing, calm, 22.
Stewart—Part cloudy, calm, 29.
Atlin—Cloudy, calm, 2.
White Horse—Clear, N. wind, 4.
Carmacks—Clear, calm, 16b.
Dawson—Clear, calm, 30b.

STOCK QUOTATIONS

(Courtesy S. D. Johnston Co.)

Bayview, 1½, 1¾.
Big Missouri, 52, 57.
Cotton Belt, 15, 25.
Duthie Mines, Nil, 23.
George Copper, 2.15, 2.25.
Georgia River, 7, 8½.
Golconda, 68, 70.
Grandview, 8¾, 9.
Independence, 3, 4.
Indian Mines, Nil, 4.
Intern. Coal & Coke, 26, 30.
Kootenay Florence, Nil, 4½.
Kootenay King, 2, 3.
L. & L., 1, Nil.
Lakeview, Nil, 1¼.
Lucky Jim, Nil, 4.
Mohawk, 1, 2.
Morton Woolsey, 6¼, 6¾.
Marmot River Gold, Nil, 6.
National Silver, 5, 5½.
Noble Five, 12, 14.
Oregon Copper, 12¼, 13½.
Pend Oreille, 2.80, 2.85.
Premier, 1.04, 1.06.
Porter-Idaho, 13, 14.
Reeves Macdonald, 73, 75.
Rufus-Argenta, 4½, 6.
Ruth-Hope, 11, 12.
Silver Crest, Nil, 4.
Silverado, 10, 20.
Snowflake, 11½, 12.
Sunloch, 75, 95.
Topley Richfield, 2, 3½.
Whitewater, Nil, 10.
Woodbine, 2, 2½.
George Enterprise, 8, 9.

Oils

A. P. Consolidated, 1.92, 1.94.
Calmont, 1.34, 1.35.
Dalhousie, 1.55, 1.60.
Fabyan ePte, 6, 6½.
Home, 8.85, 9.00.
Hargal, 1.13, Nil.
Freehold, 70, 75.
United, 72, 77.
Sterling Pacific, 24, 25.
Merland, 23½, 24.
Mercury, 42, 43.

NATURAL RELIEF FOR MOST PREVALENT DISEASE

Kellogg's ALL-BRAN Is Eaten by Millions Daily to Prevent Constipation and Anemia

Constipation has been truly described as the curse of modern life. Its poisons cause countless ills—headaches, listlessness, indigestion—often serious disease.

Yet it can be relieved and prevented in an easy, pleasant, natural way. Kellogg's ALL-BRAN, eaten daily, is guaranteed to relieve both temporary and recurring constipation. It adds the roughage to your diet that sweeps the system clean of all waste and insures regular elimination.

This delicious ready-to-eat cereal also helps prevent and relieve anemia. Scientific research shows that it is rich in iron—nearly all of which is absorbed, building red blood and bringing the glorious color of health to the complexion.

Isn't it much wiser to relieve constipation with this healthful cereal than to take pills and drugs that only give temporary help and are often dangerous?

Be sure to add Kellogg's ALL-BRAN to any reducing diet. Doctors recommend it.

If you wish to bid goodbye forever to constipation and its companion physical troubles, just begin eating Kellogg's ALL-BRAN. Your grocer has it. It is served everywhere—in restaurants, hotels and dining-cars. With cream or milk is one popular way to eat it. When sprinkled over cereals or soups, it adds flavor, as in cooking foods. Soak it in fruit juice. Whatever the style of eating, it is equally effective. In the red-and-green package—made by Kellogg in London, Ontario.

Kellogg's ALL-BRAN

Sold at all Government Liquor Stores

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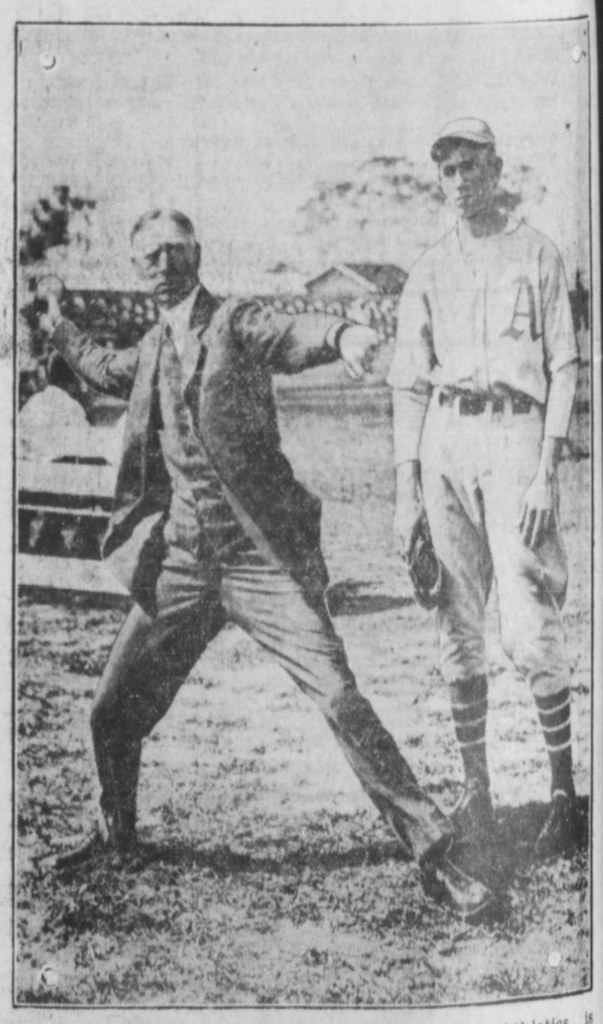

Reginald Baker, pitching recruit for Philapelphia Athletics, is seen here getting a few hurling pointers from Connie Mack, A's perennial manager, at world's champions' camp at Fort Myer, Florida

If your paper does not arrive, telephone the office