AFTER ILLNESS

BOVRIL

Saves You

Weeks of Weakness

Farce Repeated With Success

Audience In Rupert East Church Enjoyed "Amy From Arizona"

The three-act farce "Amy from Arizona," which was staged with such success last week in First United Church, was repeated last night at Rupert East United Church and went over strong with a good sized audience. As in the first presentation, the whole cast acquitted itself very creditably.

Between acts, there were selections by the Rainbow Orchestra.

Advertise in the Daily News.

CANADIAN NATIONAL STEAMSHIPS

Prince Rupert

DRYDOCK AND SHIPYARD

OPERATING G. T. P. 20,000-TON FLOATING DRYDOCK

Engineers, Machinists, Boilermakers, Blacksmiths, Pattern Makers, Founders, Woodworkers, Etc.

ELECTRIC AND ACETYLENE WELDING

Our Plant Is Equipped to Handle All Kinds of MARINE AND COMMERCIAL WORK

PHONES 43 AND 385

Y. M. C. A. IN OPERATION

Aims and Objects of Association Clearly Set Forth In View of Local Situation

In order that the citizens of Prince Rupert may have a more comprehensive idea of the management and operation of the Y. M. C. A. organization of which is being proposed for the city, the following will prove of interest:

The first Y. M. C. A. was organized in London, England, in 1844. The first Y. M. C. A. organized in North America was brought into being in Montreal, Que., in 1851. It is primarily a British institution but fortunately was set up on such broad lines as to render it adaptable in its essential purposes and main program features in practically any other country in the world and today it serves the youth, young manhood and also men of mature years in 40 different nations of the earth.

Membership in the Y. M. C. A. is open to boys and men, regardless of race, creed or color and from a denominational point of view great harmony exists because the religious conceptions and practices of all the members are respected. Further the association is non-partisan. No essay, review, address or motion of a sectarian, partisan or political nature is entertained or permitted by the association or its directors in their building or under their auspices.

The Y. M. C. A. through its entire program of activities seeks the improvement of social, physical, intellectual and spiritual condition of men and boys.

The Y. M. C. A. is promoted in a given community to meet the unmet needs of boys and men and in recent years of girls and women, but not to duplicate or overlap the work of the primary and existing agencies. The Y. M. C. A. makes a contribution in co-operation with and in the supplementing of the constructive forces at work in the community.

The Y. M. C. A. is not a building containing certain furnishings and equipment. The spirit and atmosphere of the "Y" is its greatest force for good and is known and referred to with gratification the world over. Its leadership and activities generate a spirit of genuine friendship inspiring the members to fit themselves to live at their best in all their relationships. Y. M. C. A. buildings usually provide social rooms, class and committee rooms, gymnasium, shower baths, swimming pool, locker and dressing rooms, bowling alleys, reading room, library and other facilities considered necessary by the people of a given community and which they find it possible to provide.

The management of the association is vested in a local board of directors assisted by committees who have special relation to the several departments of the work. The directors on the nomination of the national council elect a general secretary to take charge of the executive leadership of the association and give direction to all its enterprises.

Official representatives of all the local association in Canada in convention assembled in Winnipeg in 1912 created what has since been known as "The National Council of the Young Men's Christian Associations of Canada." The National Council is therefore the creature of the local units and was brought into being to carry out the instructions of local associations as represented in convention, particularly in co-ordinating the whole work in the country in training and leadership, in unifying methods and program in organizing new work and giving general supervision to the work through their employed staff. The local unit holds its own property and conducts its own work in line with the general spirit and purpose of the work as a whole. Each local association has official representation on the National Council.

The general secretary is a trained association leader capable of giving leadership in administration, physical classes, competitive games, swimming and life-saving, boys' work, social activities and is able to conduct discussion groups on life problems. He gladly co-operates in all worthy community enterprises to the limit of his time and ability. He counts heavily on the individual and group assistance of the members in order to make the work effective.

The association in action not only provides constructive character building activities for the leisure time of the young people but provides a virtual school of training in worth while citizenship.

One basic principle in the philosophy of the Y. M. C. A. program is that "Prevention is better than cure." The slogans "Safety First," "Watch your step," have not only saved millions of dollars but thousands of human lives. It is believed to be a bigger thing to keep boys and girls and young men and women straight than to mend them up after their lives have been broken.

The association work has assisted thousands of men to get back to a life of purity, honor and usefulness but some think its greatest achievement has been in capturing the permanent interest of the boys and young men of Canada in the things which really matter in life such as: health, a clean mind in a clean body sport for sport's sake, team play, co-operation, supplementary education through night schools, debating, public speaking, prescribed reading, unselfish service and practical Christian behaviour.

A leading executive officer of the Canadian National Railways a few months ago paid the following tribute to the work of the Y. M. C. A.: "No finer investment could be made than in the Y. M. C. A. for results in personality. The value of the Y. M. C. A. cannot be estimated in dollars and cents and the return in better morals in invaluable. The Y. M. C. A. should be given every possible support. The half of what the Y. M. C. A. has done will never be written. We are always ready to support the Y. M. C. A."

The opportunity and challenge confronts the citizens of all our towns and cities to make an investment in building permanent citizenship, which will reflect honor and credit on them and on which they will look back with satisfaction and pride.

The value of Materials used annually in the Fish Canning & Curing Establishments of Canada is about $20,000,000. 272

CANADA'S NATIONAL FISH WEEK

November 17th to 22nd

Eat More Fish

Help Develop Canada's Industries

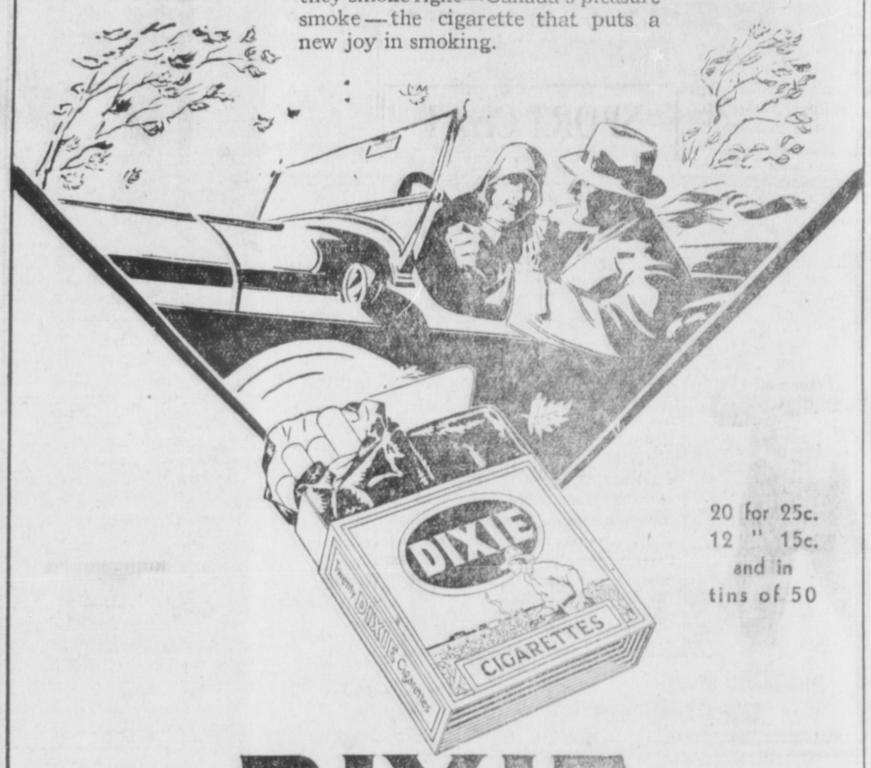
Fish Food is Healthful

FISH LOAF—Two cups cooked fish, flaked, 1 cup soft bread crumbs, ½ teaspoon salt, ¼ teaspoon paprika, ½ teaspoon grated onion, 1 teaspoon lemon juice, 2 eggs, ½ cup milk, 1 tablespoon finely chopped parsley. Mix all together (more milk may be added if fish is dry). Turn into buttered mold; cover. Cook in oven or steam until firm in centre, about ½ hour.

A NEW STANDARD OF PERFECTION

Cool—mild—fragrant, as captivating after months of acquaintance as at the first delicious puff.

Made from selected Virginia leaf—blended by experts—rolled right so they smoke right—Canada's pleasure smoke—the cigarette that puts a new joy in smoking.



20 for 25c.
12 " 15c.
and in tins of 50

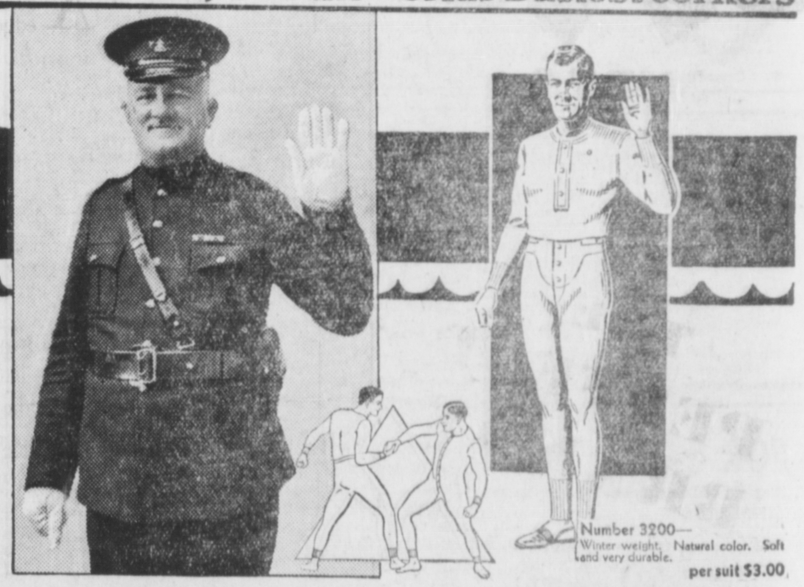
DIXIE

THE BETTER CIGARETTE

SAVE THE VALUABLE POKER HANDS

The regular monthly meeting of the board of directors of the Prince Rupert General Hospital was held last night in the hospital. Those present were: G. P. Tinker, who presided in the absence of J. H. Thompson, president; G. V. Wilkinson, Ald. S. D. Macdonald, R. E. Benson, Frank Dibb, Ald. Wm. Brown and Robt. Gordon, directors; H. W. Birch, managing secretary and Miss Jean Harrison, R.N., lady superintendent.

Comfort-Fit Helps on the Worlds Busiest Corners



Number 3200—
Winter weight. Natural color. Soft and very durable.
per suit $3.00

STREAMS of cars rolling by in endless procession : : : a deluge of questions! Crowds of people. Your Traffic Officer at a busy intersection has a mighty strenuous job.

Out in all kinds of weather—pouring rain—hail—sleet—fog—and blistering sun—if ever a man needs the comfort that's built into Stanfield's Underwear, he does.

Unshrinkable, it goes back and forth to the laundry tub time after time—giving longer service by many months—and giving greater satisfaction every day.

Buttons that won't come off! Snug fitting cuffs that will not "bell." Shoulders tailored so that the seam stays on top—instead of dragging down off the shoulder like a 10-ton truck.

5 POINTS OF STANFIELD'S SUPERIORITY

1 Accurate measurements . . superb tailoring . . perfect fit.
2 Exclusive easy-fitting closed crotch.
3 Non-rip cuff seams . . . smooth and elastic.
4 Always soft : : : always warm : : : outwears them all.
5 Buttons that won't come off.

But why go on?—All you have to do is go to your favorite store, and see for yourself. Five minutes with a Stanfield's garment will show you why we dare claim it to be the finest underwear value ever offered. There's a style and weight to meet every need—and a price to suit every purse.

STANFIELD'S Unshrinkable UNDERWEAR

SOFT-WARM-DURABLE

A QUALITY TO MEET EVERY NEED
THE BEST VALUE AT EVERY PRICE
Guaranteed to fit.—$2.00 to $10.00

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